## The following sections have been written based on the programming/experience of a highly-programmed DID/SRA survivor.

## SCREEN MEMORIES

Screen memories are not anything like remote viewing.

A screen memory is an event that did take place, but is purposefully staged in a way so that if the person ever starts remembering, they will only remember a certain part of the event – this part actually works as a screen, covering up something else with far more significance – hence the name "screen memories".

For instance, the person may report that the nephilim sons and human men were in the house, and raped them and did all manner of evil. They will report what the target was and what the message was, and will have a measure of freedom after doing the work around the event in the house.

However, as time goes on, that person or the facilitator, or the trustworthy brothers and sisters of their community, may feel that there is something unresolved. If you ask the person when they last were with their nephilim son, they may still take you back to the event that they already reported – but there is now more to the event. As they continue to do the work they will say, "Oh, I can see more now, I didn't just stay in the house. They took me to Jerusalem". They will then need to have counseling/ministry for the event that continued in Jerusalem.

The event in the house did happen ... but it was set up in a way that if the person ever started remembering, they will only remember the house part of the event, and not the more significant part of the memory – the event in Jerusalem.

The screen memory is real – but it is shielding/hiding something more significant that the enemy doesn't want the counselee/person to remember and work through at deeper core level.

## HOW TO FOLLOW THE TRAIL OF BODY TALK / MEMORIES

In my own experience when Doug would ask questions, I didn't always have a cognitive/verbal answer. But, if he would ask the body to tell what happened when I was accessed, my body would begin to tell the story ... I would have a bad headache, or couldn't breath, or maybe feel like I could vomit, or there was pressure on my chest. As I experience these body memories, Doug might ask, "Is there someone still stuck in this state [your feeling now]". My answer might be yes – Doug would then ask if I can reach out (in a phenomenological sense) and "touch" that aspect of the persons identity still captive and dissociated in that state. He'd explain that as long as this part of me is separate, they are still remain trapped (dissociated) in the framework and context of that traumatic event, they will remain "stuck" in that state. At this point I would often have some fear – I would think: "If we do that the world will

blow up, people will die, diseases will be released, etc." At which, Doug would be encouraging, because it is important that the person be a good "reporter" of what is going on inside, even if it is a body sensation. (Sometimes this may be embarrassing, if the person feels their body going into an orgasmic state.)

You have to remember, the original events may have happened at a very young, pre-verbal age, so there won't be words – only "toxic" emotions, pain, etc. A baby does not know how to process what is happening, but the body still feels all the horror/trauma ... and when this part is released, that may be all the person knows. Obviously, as the pre-verbal emotion/body-memory is released, the Host-Presenter or other parts will have more knowing, and with the healing, the pre-verbal part will realize that her body grew up and did adult things, and will have to own that these other aspects of herself went on living life, because she couldn't handle things as a baby. She didn't know how to process all of this, but now it is time – she has to embrace this adult body and all that it had to do, see, and experience.

In addition, when addressing a dissociated pre-verbal state, ask if the littleone/infant has her eyes open. It is usually always no. The counsellor/facilitator should encourage the little-one/infant to open her eyes, and look at her hands, and see where she is – to realize she is now all grown up. When this occurs re-association is accomplished – and more humanity restored.

## BIRTHDAYS

Another very clever way of hiding a person's true identity is by faking the date on their birth certificate. For example, most often, the person was in reality really born earlier than the date on their "birth certificate". The names on their birth certificate are also very important. For example, if they have TWO/THREE names, then they are usually programmed with different parts answering to those names. The cult will do major rituals on the "birth date" they have chosen for the person throughout their lives.

Below is an example of how to pray with a survivor who is being triggered on her "birthday" – the date on her birth certificate.

Following are some questions the counsellor can ask, to help the survivor identify exactly what is going on:

- Can the birth certificate person join with the **original** birthday girl?
- Is this really about the external birthday ... or does the external birthday trigger things from the past with the original birth person?
- What was a birthday like for the original person?

It will be important to make sure ALL the birthday people – no matter what age, religion, or parentage or perception, etc – can just BE and come into the present and be together. There shouldn't be any trying to just figure things out and make sense of it all.

The counsellor can say (as a guideline) – "We welcome the first little birthday girl trapped in terror/pain/shame and death to be here to today ... make sure the adult extension off of her is also there because that adult extension and representation of the original person is the one that goes to meet their son/satan on her birthday, the one that is both crushed as an infant and exalted as an adult. Make sure she is here present in the body too. We invite all to BE – no running away from the birthday girl ... it's not fair to leave her stranded here to deal with this alone. We need all of the adults (from 13 to the present age) ... especially the adult that is an extension of that original birthday person. Together, you can all go back and get that original person still stuck in the past."

Or the counsellor could take the following approach – "Look at the original birthday where you were crushed, and at the other end the full adult extension of that original person that was exalted ... and also the one in between that wanted nothing to do with either – just wanted to be left alone. What would happen if they just all came together?"

The counsellor then needs to work with these parts, to merge and come together into the present, that more humanity can be restored. Use the previous case studies as guidelines ... and be led by the Spirit.