

restoring the shattered soul,
Isaiah 61:1-2



March 2014



DID/SRA ADVANCED TRAINING

Amanda Buys' Spiritual Covering

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FOREWORD

What Amanda is presenting is NOT a method that you need to learn from ME, Doug Riggs.

Abiding in Messiah is the only reality that produces lasting results — ***“Abide in ME and I in you and YOU WILL BEAR MUCH FRUIT for APART from ME you can do NOTHING”*** (John 15).

This is FACT for me ... NOT theory!

For FROM HIM (GOD the FATHER as the Ultimate Source) **and THROUGH HIM** (Messiah Y'shua¹/Jesus Christ as the ONLY means and Divine Agency) **and TO HIM** (the HOLY SPIRIT Who brings all things into Oneness with GOD's Nature and His Eternal Purpose) **is the GLORY FOR EVER, AMEN!**

Blessings,
Doug Riggs
March 2014

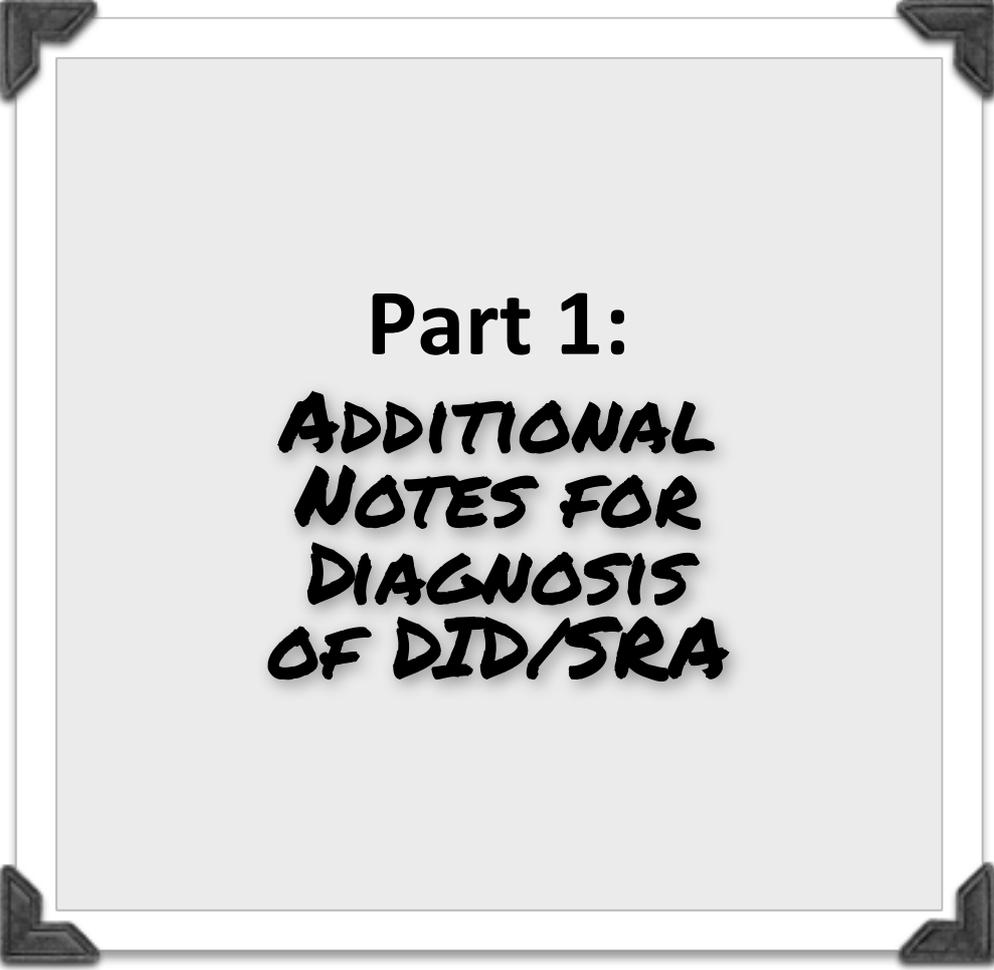
CASE STUDIES

PLEASE NOTE: The dynamics and illustrations that are presented in this manual are primarily applicable to WOMEN.

With MEN the DID dynamics are similar in principle at the core level but the internal structuring and phenomenology are unique for men.

Men are generally less complex than women. For example it takes longer to work through and resolve the dissociated domain holding the ANGER in men than with women.

¹ *Y'shua* (Hebrew) is Jesus' real name, which means "Salvation". We have no problem with the name "Jesus" — it is merely the Greek transliteration of "Y'shua". Jesus is the name most of us grew up with. Remember though, Y'shua was a Jew, of the Tribe of Judah, not a Greek. It's sort of like this ... when you come to know someone's real name, you want to use it, hence the use of *Y'shua* instead of Jesus. Another powerful reason to use Y'shua is that every time you say His Name, you are proclaiming "Salvation". You will also note in some places, we have used the real Name of the FATHER, YHVH. The Name is made up of the Hebrew letters, **Y**od-**H**ey-**V**av-**H**ey, and is most commonly pronounced "Yahweh" or "Jehovah". Again, we have chosen to use this, as YHVH is the FATHER's Name.



Part 1:
ADDITIONAL
NOTES FOR
DIAGNOSIS
OF DID/SRA

Diagnosis and Treatment

The following are edited notes, taken from:
“Diagnosis And Treatment of Multiple Personality Disorder”

Author: Frank W. Putnam

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Alter Identity FUNCTIONS

Alter identities can be thought of as performing specific functions or tasks required by the patient for overall functioning. Some of these tasks are related to the demands of the external world, such as performing a job, raising a family, or creating a work of art. Other functions have to do with the needs of the internal psychological world of the DID patient.

The external functions are the most obvious, but a therapist must be aware that many identities also perform important internal functions in addition to their external duties. Examples of internal functions include controlling which alter identities are allowed "out" in specific situations, holding traumatic memories or intolerable affects, and transferring information across identities. Often these internal functions are extrapolations of the external role. For example, an alter identity who functioned as a prostitute in the external world also functioned internally to titrate and buffer sexuality for the patient. This prostitute identity, initially thought to be of minor importance because of her infrequent overt appearances, turned out to be a prime mover in the personality system's internal politics.

➤ **Evolution of Alter Identities over Time and Treatment**

In most instances, alter identities arise as a defensive response by the individual to what is experienced as an overwhelming traumatic experience. Over time, identities may come to acquire a significant degree of autonomy and investment in their separateness. They may change from performing psychologically defensive tasks, such as screening out or absorbing unbearable experiences, to having their own independent objectives that are in conflict with those of the individual as a whole. Alter identities change over time. They may acquire new functions or relinquish old ones. It is important to learn about both the **external and internal functions** of specific alter identities and to recognize that these may change over the course of time and with treatment.

Types of ALTER IDENTITIES

Almost everyone hates to be stereotyped, and multiples are no exception. Therapists who have been exposed to a number of cases of DID, however, quickly come to recognize that certain broad categories of alter identities can be found in common across most patients. The overriding common denominators that allow characterization of alter identity types are the functions that the identities serve and the affects and memories that they carry. Although each person with DID is unique, some principles of organization are typical.

1. The Host Personality

All individuals with DID have at least one identity who serves as the "host." The host has been defined as "the one who has executive control of the body the greatest percentage of time during a given time".

Frequently this is the identity that presents for treatment and the one who becomes identified as the "patient" prior to the diagnosis of DID.

The typical host identity is depressed, anxious, rigid, frigid, compulsively good, conscience-stricken, and masochistic, and suffers from a variety of somatic symptoms, particularly headaches. Host identities are often overwhelmed by their life circumstances and present themselves as powerless and at the mercy of forces beyond their control or comprehension. In two-thirds of the cases in a certain survey, the host identity did not know about the existence of other alter identities, and lost time when other alters emerged. It is more often the case that the host identity actively denies evidence of the existence of alter selves than that the alter identities deliberately hide themselves from the host. When presented with **evidence** of alter identities, the host may **flee** from treatment.

The host may not always be a single alter identity. In some cases, the host is a **social facade** created by a more or less cooperative effort of several identities agreeing to pass as one. These **facade hosts** may disintegrate early in the course of treatment, leaving the novice therapist wondering what has become of the "patient" who first entered therapy.

2. Child Personalities

Child and infant personalities are found in virtually every DID patient's system of alter identities. Usually there will be a number of child identities, and they often exceed the number of adult identities. The child and infant identities are usually frozen in time; they are locked into a given age until late in the course of therapy when, relieved of their psychological burden, they may "grow up" prior to integration.

Child and infant identities frequently serve the function of holding memories and affects generated by earlier traumatic experiences. When these identities come "out," they may repeatedly abreact the traumatic experiences in some fashion. Since many infant or small child identities are **nonverbal** or only able to express themselves in an age-related manner, the abreactions often take the form of writhing on the floor, re-enacting the experience, throwing themselves into walls, or some equally disturbing and potentially dangerous behavior. They may also curl up into a **fetal position** or become unresponsive. It is not uncommon for them to perceive the therapist as if he or she were the original abuser.

Usually there will be other child or infant identities who serve to counterbalance the frightened and abused ones. These child identities are often love seekers and may be very **Pollyanna-like**, seeing everything as wonderful and idealizing the abuser(s). They retain a childhood innocence that the other identities have lost. They can cause problems for a patient, however, because they lack the judgment or skills necessary to cope with situations into which they emerge.

3. Persecutor Identities

At least half or more of DID patients have alter identities who see themselves in diametric **conflict** with the host personality. This group of alter-identities, sometimes referred to as "**internal persecutors**," will sabotage the patient's life and may inflict serious injury upon the body in attempts to **harm or kill the host** or other identities. They may be responsible for episodes of **self-mutilation or for "suicide" attempts**, which are actually "internal homicides" as persecutor identities attempt to maim or kill the host.

The perceived degree of separateness that allows one identity to believe that it can kill another identity without endangering itself has been labeled a "pseudo-delusion" and a form of "**trance logic**".

Some persecutor identities can be recognized as "**introjects**" of the original abuser(s); others have evolved from original helper identities into current persecutors. Typically, they strike a contemptuous or condescending attitude toward the therapist and often actively seek to **undermine treatment**. In spite of their history of hostile behavior toward the patient as a whole and their negative reactions toward the therapy, they can be won over and enlisted in the patient's struggle to improve the quality of his or her life. In their **anger**, they **contain much of the energy and strength** that a DID patient needs to survive and improve.

4. Suicidal Identities

In addition to the persecutors who may attempt to kill the patient, there may be **suicidal identities** who are driven to kill themselves.

These alter identities often have a single-minded dedication to their task of suicide and may have no awareness of the host or other personalities. They can be very difficult to reason with and may represent a significant danger to the patient. The system of identities, however, usually can be enlisted to hold in check the self-destructive impulses of these identities.

5. Protector and Helper Identities

Fortunately, most DID patients also have an array of protector and helper identities, who serve as a counterbalance to the persecutors and suicidal personalities. The degree of control that these protectors can exert on the more dangerous or self-compromising behaviors of the persecutors varies with each case and is also a function of the stage of treatment. In a patient who has not been actively treated as a multiple, the protectors may be too weak or only erratically available to aid the patient. As therapy progresses, and as more internal communication and cooperation is established within the system of alter identities, the protectors will usually gain influence and control and will be able to intervene more effectively to suppress or redirect violence aimed at self and others.

Protector identities come in a number of different forms, depending upon what the multiple requires protection from. There may be identities who simply protect the **body** from any perceived external danger. In female multiples, these guardians are often **male alters**. Even in petite female patients, these protectors can be unexpectedly physically powerful. They will emerge if they believe that the body is in danger or threatened by circumstances reminiscent of previous trauma. They may be inadvertently triggered during therapy sessions. Since they are basically defensive in nature, it is important to assure and demonstrate to them that no harm is intended to the patient.

Protector identities also serve as part of an **internal system of checks and balances** to counteract some of the self-destructive personalities. They may abort or sabotage self-destructive behavior or ensure that the patient gets help if a suicide attempt should occur. It is not uncommon for a suicidal or internally homicidal identities to take an **overdose medication**, and for a protector identity then to emerge and call the rescue squad.

6. The Internal Self-Helper

A special form of helper or protector personality is the "internal self-helper" (ISH). Experienced therapists disagree about the nature of ISH identities and whether they occur in all DID patients. ISHs appear to occur in at least 50-80% of DID cases where they have been sought. **Typically, they are physically passive and relatively emotionless** identities, who provide information and insights into the inner workings of the system. Once they are identified, many therapists have found them to be invaluable guides, who can provide timely suggestions about problems and issues in therapy.

7. Memory Trace Identities

The memory trace is an identity who usually has a more or less **complete memory** of the individual's life history. This identity is commonly found in DID patients and can provide **historical information** on past events and the activities of other personalities. The memory trace tends to be passive and usually must be sought out by the therapist.

8. Cross-Gender Identities

At least half of all DID patients have cross-gender alter identities. In female DID patients, child, adolescent, or adult male identities are found in about half of cases. In male DID patients, female alter identities appear to be present in about two-thirds to three-quarters of all cases.

These opposite gender identities often cross-dress and may be responsible for the unisex look adopted by many DID patients. Female DID patients frequently have short hair and wear clothing (blouse or shirt and pants) that allows their male alter identities to emerge comfortably. As noted earlier, the male alters of female patients tend to serve in masculine roles, such as physical protection and operation of machinery.

The male alter identities of female DID patients can be strikingly masculine in speech, mannerisms, and behavior.

In male DID patients, the female identities often are older, "good-mother" figures, who provide counsel and attempt to soften some of the angry and destructive behavior common in male DID victims. The female identities of male DID patients are usually more active in the internal system's dynamics than in the outside world; consequently, they tend to emerge less frequently and as a rule are not as strikingly different. **In both sexes, cross-gender alter identities may be sexually active with either heterosexual or homosexual orientations, leading to much confusion.**

9. Promiscuous Identities

In most cases of DID, there are identities that express forbidden impulses. Often these impulses are sexual. Promiscuous alters may lead turbulent sexual lives, leaving the bewildered host wondering how he or she has once again gotten into a compromising situation. Promiscuous alters may also re-enact previous sexual abuse in and out of the therapy setting.

A common scenario reported by female DID patients is for a promiscuous alter to pick up a strange man, set up an intimate and often masochistic situation, and then vanish, leaving the frightened and usually sexually frigid host identity to contend with the stranger's advances.

Not unexpectedly, the host interprets the outcome of this internal setup as rape. **Prostitute personalities are common in female DID patients.** They may handle the sexuality for the identity system, as well as providing a source of income.

10. Administrators and Obsessive-Compulsive Identities

Administrator and obsessive identities are two types of alters who frequently emerge in the **workplace** and aid a multiple in **earning a living**. They may be quite **competent professionally** and often perform the additional internal function of organizing an otherwise fragmented individual. Coworkers typically see only these personalities, whom they "know" as the individual. Administrator identities are often described as **cold, distant, and authoritarian**. Their aloofness discourages any familiarity that could disclose the existence of other identities.

11. Substance Abusers

As previously discussed, substance abuse is not uncommon in DID. **Sedatives, hypnotics, and analgesics** are the most commonly abused drugs, closely followed by **stimulants and alcohol**. The drug abuse in DID is usually limited to specific alter identities. There are many anecdotal reports suggesting that the alter identity who abuses a substance may be the only one within the multiple's system of identities who experiences symptoms upon withdrawal. These reports have not been verified in a controlled setting, however.

12. Autistic and Handicapped Identities

Identities who appear autistic may be found within a multiple's system of identities. Generally these are **child or infant identities**. When active, they may sit and rock or self-stimulate in the manner of autistic children. They often are sent "out" when no other alter identities are interested in being in control. They are particularly likely to emerge in situations where a multiple is being confined, controlled, or under intense scrutiny (e.g., in a seclusion room or wet-sheet pack in a hospital or under questioning by police).

Identities with specific handicaps (e.g., blindness, deafness, loss of limb function) are relatively common in more complex DID patients. The psychological meaning of the handicap may ultimately be understood in the therapy, but prior to recognition, these alters may create many difficult situations for the patient and therapist. There are DID patients who are in programs for the deaf because hearing impaired alters are in control much of the time. None of these patients suffered from a physiological hearing impairment.

13. Identities with Special Talents or Skills

Alter identities who contain special abilities often exist within a multiple's system of identities. These skills may be **work-related**, or they may be **artistic or athletic**. Typically, the alters who express these abilities tend to be identities fragments. They may be **exceptionally skilled** at what they do and exist purely for the expression of a specific ability or talent.

14. Anesthetic or Analgesic Identities

Anesthetic or analgesic identities are common in cases of DID and often trace their origin to painful physical or sexual abuse. They deny feeling pain and are activated when the body is injured by self or others. They may be involved in self-mutilative behaviors.

15. Imitators and Imposters

Some multiples have within their system alters whose function is to mimic other identities. When these imposters emerge, they appear and sound like the alter they are imitating. The intention will differ from case to case. In some instances they simply handle situations that the identity they are mimicking cannot; for example, one patient had an "imposter" who handled flirting and men for the asexual host. In other cases, the imposters may serve to confuse or sabotage the therapy and lead the therapist astray. identities who imitate the ISH identity have been reported.

16. Demons and Spirits

In some multiples, particularly those who come from rural areas or with fundamentalist religious beliefs, there will be alter identities who identify themselves as spirits or demons. The spirits are often identities who provide guidance along the lines of an ISH. The demons are usually malevolent, persecutor-type identities and may identify themselves as Satan / Lucifer or one of his disciples.

Benevolent spirit identities can be treated in the same manner as an ISH. Demons should be handled in the same fashion as other persecutor identities. Attempts at exorcism or other religious practices to deal with these identities are only transiently effective in suppressing them and are therapeutically contraindicated.

Many therapists working with their first DID cases will attempt to suppress the angry, hostile, and malevolent identities. This does not work for any length of time and usually leads to problems in the therapeutic alliance, because the therapist is denying part of what the patient is experiencing.

17. The Original identity (CORE)

Many multiples have a identity who is identified by the other identities of the system as the "original" identity from whom all others are derived. Described as: "The identity at birth from which the first new identity split off in order to help the body survive a severe stress".

Typically the original is not active and is often described as having been "put to sleep" / "wrapped in death", or otherwise incapacitated at some much earlier point because he or she was not able to cope with the trauma. The original usually does not surface until late in the course of therapy, after much of the trauma has been metabolized by therapeutic abreaction. The host identity is not the original identity in most patients.

PSYCHOTHERAPEUTIC Techniques

➤ Talking Through

"Talking through", or talking to the identity system as a whole, is an effective and useful technique in working with a DID patient. It is useful:

- In making contracts,
- In establishing general principles or boundaries,
- In informing the patient about events affecting the therapy (e.g., vacations),
- In working with the patient in times of crisis.

Although one should always assume that all of the identities are listening all of the time during therapy, this is often not true. This assumption is useful because it forces the therapist never to make interventions or remarks that he or she would not wish all of the identities to be aware of. **Talking-through is a technique to ensure that as many alters as possible actually are listening.**

When talking through, I usually begin by saying something like this:

"I want everyone in there to give me their full and undivided attention. I want everybody to be listening." I will usually repeat this several times. There is no way to know whether all of the alters are listening, but usually enough are tuned in that the effect is achieved. I may also specify that if any alters are unable to listen, then someone else in the system must take responsibility for informing them of what they may need to know.

After getting the identity system's attention, I tell the patient whatever it is that I wish to communicate. I usually repeat the message several times at different levels of abstraction. I may also ask some of the adult alters to help the child alters understand whatever it is that they need to know. I then invite all of the alters who have questions or comments to come "out" and speak with me directly. It is usually clear pretty quickly whether I have gotten my message across.

The advantages to talking to the identity system as a whole are for the most part obvious.

- It saves time and energy.
- It addresses the patient as a whole.
- It fosters internal cooperation and co-consciousness, and
- It reaches alters that the therapist may not even suspect exist.

The major problem that I have had is when the identity who is "out" during the talking-through process is an **amnesic host identity** who may not accept the diagnosis of DID. Talking through an unaware host to the rest of the identity system may produce strong feelings of depersonalization or passive-influence phenomena. On a number of occasions, an amnesic host has become upset and told me to stop it because I was causing discomfort. I respond by asking the host to relax and listen quietly.

Often the host will go into a trance-like state during the process of talking through and will be amnesic for much of the content. It is usually worthwhile to make sure that the host has also heard the message directed to the larger system.

An example of how I use talking through involved a newly diagnosed DID patient whose identity system I did not know well at all. The host kept finding herself in the parking lot of her old employer, miles away from where she was supposed to be at that hour. Her current employer had threatened to fire her if she continued to be late for work.

I was unable to elicit an alter who took responsibility for these actions. I then talked through the amnesic host to the identity system as a whole, explaining that I did not know many of them yet, but that collectively I would require them all to make sure that they made it to work each day on time. I explained that it was necessary to keep a job if they as a group were going to be able to remain financially independent and continue in treatment. The acting out ceased. At a later point, I met the alter who was responsible for these episodes; "he" had been dealing drugs in the parking lot.

➤ **Assembling Whole Memories From Fragments**

Even in non-DID patients, traumatic experiences often produce fragmentary recall of an event. In a multiple, the memory of a traumatic experience may be contained within a single alter, or it may be spread across several alters. When a memory is divided among several alters, each alter may contain a fragment of the event, or one alter may contain the memory for the details of the event while others hold the affects generated by the event. It is the therapist's job to help the patient reassemble the whole memory, both content and affects, and to integrate this structure into the person as a whole.

This is slow, methodical work. In the beginning, little is going to make sense. The therapist will meet some alters who exhibit powerful affects for which there is little content; other alters have bits and pieces of vivid memory detail, but are unable to place this content into a larger context. This is a large, multi-dimensional puzzle that the therapist and patient have to assemble one piece at a time. The patient will continually provide clues, but he or she does not know the answer either, and powerful psychic processes are at work that attempt to suppress, distort, or otherwise impair recall of traumas. Time, patience, trust, and working through alter by alter, level by level, will slowly assemble a coherent and chronological picture of the trauma that precipitated and perpetuated the patient's fragmentation into a multiple identity.

The puzzle metaphor is a useful one to keep in mind. With a puzzle, one usually begins by assembling pieces with a common background into small units, fitting the units roughly together, and then filling in the gaps that separate these units from each other. A similar process often occurs in assembling the life history of an DID patient. Affects are often a useful place to start.

➤ **“Affect Bridge” Technique**

This involves identifying a strong, but often contentless, affect and tracing it through alter identities. This allows the affect to change (e.g., from anger to fear) and to trace this new affect to its roots.

Memories may also be traced in a similar fashion. Suggestions are to start with the last piece of memory and working backwards in time, eliciting alters who have the next piece in a sequential fashion. Often one traces memory and affect in a parallel fashion, slowly assembling a coherent whole from the bits and pieces of abreactive fragments.

In one patient, for example, the work began with a feeling of overwhelming sick dread that was evoked by the sound of a train. The patient was unable to associate any memories to this stimulus, but the sounds of a passing locomotive or train whistle would result in rapid switching of alters who exhibited affects of fear, horror, grief, and anger, respectively.

- The angry alter threatened to kill the patient's father because he was a bastard, but provided no other details.

- The grief-stricken alter mourned the death of a dog who was her only companion on an isolated Midwestern farm.
- The horrified alter reported watching her father tie her dog to the railroad tracks that passed behind the family farm, and the fearful alter was still bound by the threat that this would happen to her someday.

The memory that emerged was of her father taking her pet, tying it to the railroad tracks, and making her watch the yelping dog ground to pieces by a freight train. He threatened that the same would happen to her if she ever revealed his incestuous activities to anyone.

The memories (often recalled as intensely vivid images), together with the affects generated by this experience, were divided among several alters. There were several additional alters connected with this episode who were not discussed above, but all were connected to memories or affects associated with this event. Once the general outline of the event was determined, it was possible to deduce some of the missing pieces and search for alters who contained these elements. Unfortunately, this was just one of many traumatic experiences endured by this woman.

➤ **Cross-Inventorying**

Like many such techniques, its effect is probably dependent to a large extent on the way in which it is implemented. The basic process is simply to have each alter identity state in detail his or her opinions about the strengths and weaknesses of the other alters. The therapist listens carefully, sorting out the negative and positive aspects, and comments on instances of complementarity between pairs or across groups of alters.

The comments need to be subtle and directed to both the alter who is "out" and the identity system in general.

The therapist should not favor the presence or absence of one trait or ability over another, but rather should convey the sense that the combination of traits (e.g., anger in one alter and passivity in another) provides the identity system with a wider range of responses to the world. The therapist should constantly focus on the positive aspects of the identities and attempt to identify the negative influences within the identities without making them feel guilty or ashamed.

The point of cross-inventorying is to help the alters recognize that:

- 1) Even though they may hold antithetical values and ways of responding to events, the responses of other alters to the same stimuli may be appropriate in some circumstances;
- 2) The identity system as a whole gains from having the **flexibility** inherent in a wider range of complementary strengths;

- 3) And the weaknesses of one alter are compensated for by the strengths of another.

It is a way of showing the alters that they do, in fact, fit together to make a larger whole that is more powerful and effective than anyone of them is individually. The technique is most effective when used in a background manner (i.e., continuously and subtly), so that over time the identity system repeatedly receives input about the nature of the larger whole. After a while, the alters will begin telling the therapist about how they compensate for one another's strengths and weaknesses.

➤ **Dream Work With Multiples**

Although nightmares, night terrors, hypnagogic (before sleep) and hypnopompic (between sleeping and waking) phenomena, and other evidence of traumatic sleep disturbances are common in multiples and other victims of trauma, little has been written about the role of dreams in the dissociative disorders. Dreams can play an important role in uncovering buried trauma and identifying secretive alters. Not infrequently, a DID patient will bring to therapy dream material containing information about past trauma that is unavailable in the waking state.

My experience with dream material from DID patients suggests that it can provide access to deeply hidden trauma that is difficult to elicit even with hypnotic techniques such as age regression or the affect bridge. Dreams containing traumatic material are usually **repetitive** and leave the patient with sustained strong affects or profound feelings of **depersonalization** upon awakening. The patient may be afraid to go to sleep for fear that the dream will recur. In some cases, patients will request sleeping medications or use alcohol to suppress dreams and nightmares.

The emotional state of anxiety, depression, or unease associated with these dreams is so intense that few patients seem to be able to record the details upon awakening. Fragmentary recall usually persists, however, so that it is possible to glean details at a later date.

When listening to this material, I treat it as a dissociative experience similar to, for example, an out-of-body experience. The details and setting of these **repetitive traumatic nightmares** seem to be more clearly based on actual settings than are most dreamscapes and can often be used to determine what age the person was and where he or she was when the trauma occurred.

One can search the identity system for alters who were created during this time period in the patient's life. The post-dream residual affects are also important and can be used as a starting point for affect bridge-work. DID patients seem to be more willing to share and work with dream material than with other forms of memory for trauma.

The INTERNAL SELF-HELPER

➤ Definitions

The internal self-helper is also known as the ISH. It is not clear whether an ISH is a universally present alter or only occurs in some DID patients. There may be more than one ISH present within a given multiple.

➤ Working With An ISH

The ISH and the therapist has been described as carrying on a dialogue about the patient as a third party. "There is no human to human relationship with which to compare this partnership. It is so unique a relationship it has to be experienced to be believed" The ISH will discuss the patient's strengths and weaknesses and tell the therapist what needs to be done to help the patient.

The therapist must not be afraid to "horse trade" with the ISH, who will always be protective of the identities and will see to it that therapy is provided and that the identities will get the best deal possible. If the therapist becomes hindered, it is recommended that the therapist inform the ISH that special help is needed from that source in order to proceed with the therapy. The ISH will almost never play all of his cards at once. The therapist must learn and understand that for the most part the ISH can do more and exert more influence than the therapist realizes.

My own experience with ISHs has been limited. I have met several, and find that in some cases they are invaluable sources of information and guidance in working with multiples. I certainly have not found an ISH in every multiple, although I usually do find at least one alter who is primarily focused on seeing that the patient gets appropriate treatment.

I usually seek an ISH in the same way I seek other alters, by directly asking. I ask whether there is one who sees itself as a **guide, helper, or healer**, and who can assist me in working with the patient. The first identity to step forward after this request is often not the ISH, so the therapist should not accept an alter's statement that it is an ISH at face value.

A true ISH will prove itself in the long run. The other alters can also help in deciding whether or not the therapist is working with a true ISH.

I see the ISH as a **guide or a source of information** about the identity system and the direction that the therapy needs to take.

The ISH will rarely reveal more than a small amount of information at a given time, and that information may be incomplete or contain unstated assumptions that the therapist does not understand. ISHs are enigmatic, leaving the therapist with the problem of deciphering their Delphic statements.

The therapist can ask for clarification, but will not always get it. In general, if I believe that I am talking to an ISH, I will try to incorporate his or her advice into my interventions, but I take it with a grain of salt. There are ISH imposters who can give misleading or destructive advice, so the therapist should be wary.

There will often be a number of ISHs within a patient, each having authority over a group or family of alters, but none having access to the whole system. Therapists new to DID often become upset when, as they move to a new level in the identity system, their former ISH fades out or abandons them. The ISH has simply reached the limit of its knowledge or authority, but a new helper can usually be found as the therapy progresses. It should also be noted that ISH identities often lack staying power and cannot remain "out" for lengthy periods.

The principle embodied in the ISH is that at some level the patient has an observing ego function that can comment accurately on the ongoing processes and provide advice and suggestions as to how to aid the rest of the patient in achieving some insight and control over his or her pathology. One can often find this type of function in non-DID patients as well as within one's own self.

It is important to listen to these voices of inner wisdom, but it is a mistake to view them as all-knowledgeable or all-powerful. When one is struggling with a difficult patient, one often wishes for some miraculous intervention, and I think that this wish is what leads some therapists to ascribe omniscience to ISHs. One should of course listen to the patient, particularly if an ISH appears to be available, but in the long run one must use one's own therapeutic judgment.

The Use of JOURNALS and DIARIES

Many therapists and DID patients report that the keeping of a diary and/ or the writing of a life history is a valuable therapeutic task that aids in learning more about the identity system, recovering amnesic material, and, in the patient, gaining a sense of his or her continuity across time. The use of a daily writing exercise can be a very helpful form to diagnose DID. A suggestion is that the patient writes whatever goes through his or her mind each day and bring the written thoughts to the session. Another suggestion is that patients write a "chronologue" of their past history.

I have found that keeping a diary (and/ or writing an autobiography or other form of life history) is a very powerful technique for uncovering information about how the identity system fits together with the patient's life history. Initially the patient, particularly the host identity, may balk at a suggestion that he or she consider doing this. **This reluctance is usually caused by the experience of losing time or becoming profoundly depersonalized during these writing sessions, and sometimes finding strange, obscene, threatening, or frightening messages in the journal.**

In later stages of therapy, when there is some acceptance of the diagnosis, DID patients often become hyper graphic and bury the therapist with lengthy excerpts of autobiographical writings. In some cases, these autobiographies become important projects that unite the alters around a common theme and serve as a focus of internal collaboration and self-revelation. Each alter can add his or her piece to the puzzle, and each can come to know the others through their contributions. The patient first assembles himself or herself on paper as preparation for fusion and integration. Abreactions may accompany the recording of some past experiences, but many patients learn to take this in stride and use it as a technique to continue the work outside of the treatment setting. Because of the extensive trauma suffered by most multiples, it is useful if the patients can do some of this abreactive work on their own time.

Working with INTERNAL Persecutor Identities

Internal persecutor identities are found in the majority of DID patients. The persecutor identities usually direct their acts of hostility toward the host identity. The various forms of harassment and the patient's reactions to them constitute a major source of torment for a DID patient. In identity systems that contain persecutor alters, the therapist must engage and work with these identities. They will not go away spontaneously, and they cannot be exorcised. On first meeting, they will be **fearsome, loathsome, demon-like entities** totally committed to the malicious harassment and abuse of the patient. In the long run, they often prove to be one of the therapist's **strongest allies** and can play a major role in the healing of the patient.

➤ **Forms of Internal Persecution**

Among the most common manifestations of internal persecution are **critical and condemning voices usually heard by the host** identity. These voices will berate and belittle the patient, threaten or urge suicide, and sarcastically and gleefully taunt the patient about their total control over him or her. Hosts who are unaware of or unwilling to acknowledge other alters will react to these voices with terror and/ or despairing resignation at their apparent imminent destruction. The voices can also distract and disturb a host at times when he or she is attempting to concentrate on a difficult task. Some multiples refer to this experience as "jamming." The patients are often reluctant to admit the existence of voices, lest they be thought to be "crazy."

Direct injury to a patient's body is usually the form of internal persecution that disturbs therapists most, although many patients regard this as less troublesome than some other forms of persecution. **Suicide is an ever-present issue with multiples.** The internal persecutors may be threatening to commit suicide themselves, threatening to kill the host (internal homicide), or urging or commanding the host to kill himself or herself. The host may also be considering suicide as the only way of ending the ceaseless torment.

The therapist cannot ignore the possibility of suicide; however, the therapist must come to terms with a high background level of suicidal thoughts within the identity system. Suicidal gestures are frequent, and serious attempts are not uncommon. Frequently these are aborted by other alters. But **most multiples seem to teeter continually on the knife's edge of destruction through the early stages of therapy.**

Self-mutilation by persecutors to punish the host or other alters is common. The host may "wake up" to find that he or she is covered with blood or injured in some fashion. These experiences are terrifying for the patient. The host may also find threatening notes or even more graphic warnings of future mutilation; for example, one patient found a threatening message written in her own blood on her bedroom wall. Episodes of self-mutilation are frequently triggered by disclosures in therapy of past trauma, and the warnings or messages left by the persecutors often explicitly specify that any further revelations will be met with more injury or death. Needless to say, such experiences often stifle the patient's attempts to remember or reveal the past. This is, of course, one of the primary functions of the persecutor personalities.

Persecutor identities may harass the patient in other ways. Disruptions of the patient's family, social, and occupational life are common. Many multiples become socially isolated because the persecutors deliberately alienate their friends. **Persecutors can make a patient's family life difficult, resulting in divorce and in rejection by their children.**

Other forms of social sabotage may involve **huge debts** for the patient or legal problems resulting from the behavior of the persecutor alters; the latter may be more common in male DID patients. A particularly virulent form of sabotage involves the persecutor identity's setting the patient up for rape or physical abuse. Disruption of therapy is another form of harassment undertaken by the internal persecutors. They may prevent the patient from attending sessions in a number of ways. They may threaten to harm the patient if significant information is revealed to the therapist, and in some cases they may threaten to harm the therapist unless the host withdraws from treatment.

➤ **Origin and Functions of Internal Persecutors**

Therapists working with their first cases of DID are often baffled by the apparent hatred of the persecutors for the host or the patient as a whole. There seems to be no justification for the intensity of their malevolence or for the unremitting hostility and violence wreaked upon the poor, defenseless host.

"What did she ever do to you to deserve this?" one therapist demanded of a persecutor after his patient was hospitalized for esophageal ulcerations caused by the persecutor's swallowing a corrosive drain cleaner. The persecutor, who was in no apparent discomfort (although the host was in significant pain), replied, "She is a total loser and deserves to die".

This is typical of the rationale given by internal persecutors to justify their harassment and self-mutilation. They usually express **extreme contempt toward the host**. Paradoxically, the dominant emotion of the persecutor toward the host may really be love.

Observation has been made that many of these "demons" are **angry children**. My experience supports this observation that persecutors tend overwhelmingly to be child or adolescent identities.

All of the personalities begin as friends and allies, or, if you will, invited guests". In child DID patients there is a "notable" absence of persecutors as well as of pure ISH alters. It is speculated that the persecutors develop both from a masochistic turning inward of hostile affect and from early helper identities who were initially created to suffer abuses and over time have come to identify with the aggressor and to resent suffering for the others. The clinical impression at this time is that **the majority of the persecutor identities initially began as helper or abuse-absorbing identities and have been transformed over time into the hostile, punitive alters found in most adult DID patients**.

It is worth keeping this origin in mind while dealing with some incredibly insulting persecutor alter who is gleefully threatening the total destruction of a patient.

I think that the persecutors serve a number of important functions within the identity system, and that acknowledging and understanding these functions help the therapist and the identity system to develop an alliance with them. In many instances, persecutors contain the energy and affects that the depressed and apathetic host cannot sustain. Often, this is why they are so contemptuous of the "weak" and "wimpy" host. **If one ignores the content and focuses on the energy and affects, these "demons" contain much of the patient's life force.**

The persecutors also function to maintain the silence and secrecy that have surrounded the past abuse. Initially, this may also have been a life-protecting role. They protect the past by threatening the patient and/ or the therapist with disastrous consequences if it is revealed, and by creating such an uproar in therapy that the therapist never has a chance to focus on the past.

The persecutor alters often serve as an DID patient's "trauma membrane." These alters and the identity system as a whole must be convinced that the therapist is a healing agent and that it is safe to allow him or her behind the shield.

➤ **Relating to Persecutors**

The therapist must remember that ultimately all of the identities, persecutors included, have a role and a place in the patient as a Whole.

The therapist should relate to all of the personalities with honesty and respect, though there is a caution that this does not mean tolerance. It is important to be non judgmental when dealing with persecutors. They are not bad per se; it is the things that they are doing to the host, the others, and the body that are bad.

The therapist should try not to get into struggles with the persecutors over control of their behavior or the patient as a whole; since they are part of the patient as a whole, they have more power to influence the outcome, for better or for worse, than the therapist does. Instead, **the therapist should talk with them, bargain with them, contract with them, and try to make friends with them.** It often seems surprisingly easy, until one remembers that most of them are really like frightened children filled with rage and an infantile sense of omnipotence. They welcome the attention and relief that a therapist can bring to them. Obviously, one does not reinforce their destructive behavior, but rather their cooperation.

Many therapists initially avoid their patients' persecutor personalities. They are afraid to have them come out in sessions and often seek ways to banish, exorcise, or suppress them. I usually try to get them to appear and stay "out" for at least 15 minutes during a session. They may emerge roaring, but often leave meekly. Simply keeping them "out" for a period of time seems to deplete their energies. Repeatedly, I have had the experience of having a ferocious persecutor tell me that he or she is getting tired and has to go now.

When a persecutor comes out, I try to find out all I can about his or her **origin** and present role in the identity system.

- When did he or she first come?
- When did he or she first start to come out?
- What was his or her original purpose?
- What is his or her role now?

I try to get him or her to tell me all about his or her relationship with the host and with other alters, and I empathize with this alter as with any other.

It is important to validate the existence and importance of persecutor alters — to recognize that they represent needs, feelings, hopes, and fears.

One of the common fears is that the therapist may attempt to do away with them. They should be reassured that this is not so; that the therapist has neither the power nor the wish to kill them off; and that the therapist recognizes that in some way, at some level, they must be doing what they are doing because they believe that it is necessary to help the patient. They should be reminded of their past and of the fact that they originally came to help the patient deal with what he or she could not face.

In cases where a persecutor seems to be functioning as a **trauma membrane** to protect the host from the recovery of painful memories, the persecutor should be assured that the therapist will work with him or her to allow the host to "remember" the material in a way that is tolerable for the identity system as a whole.

The therapist should ask the persecutor's advice about how this may be accomplished. One of the dynamics of the internal persecution process is the persecutor's attempt to transfer back to the host and other alters some of the trauma and affects that he or she originally absorbed to protect the patient. It is often done in a childish attempt at recapitulation of abusive experiences ("I took that for her and now she's going to feel what it was like"). The therapist needs to help the persecutor understand that there are other ways for the patient as a whole to re-own painful memories and affects.

In many instances, the host is actually abusing the persecutors.

Usually this is through an unknowing suppression or a dimly aware rejection of the persecutor. **Helping the host acknowledge the persecutor's existence, and the fact that the persecutor part represents needs and feelings, often helps to lower the intensity of the internal conflict.**

Ultimately, the patient as a whole needs to re-own and reabsorb all of the persecutors. Fortunately, the persecutors, despite their apparent attempts at annihilating the patient, are often willing to give up the pain they contain and work with the others. Many of these destroyers become healers at a later stage in the therapy.

➤ **Levels of Persecutors**

Like ISH identities, internal persecutors often exist at a number of levels in the identity system. As a given persecutor begins to mellow and becomes cooperative, he or she will tell the therapist about another persecutor lurking in the background, who is "10 times worse." The therapist should question these estimates of malignancy, as they are usually derived from the persecutor's infantile omnipotence and rage.

The increasing "anger" of the deeper levels of persecutors stems from the fact that they are usually the guardians of more traumatic layers of dissociated memories and affects. If the patient is layered (and many DID patients are), then the therapist must work through each layer, dealing with the alters at each level. This can be a monumental task. On the other hand, after working through a number of layers, the therapist will have a good idea of who and what to expect in subsequent layers.

The Management of Specific Types of Crises

➤ Self-Destructive Behavior

Suicidal or self-destructive impulses or actions lead the list of crisis events in DID. Patients' feelings of being overwhelmed by the pain and chaos in their lives, fears of being rejected and abandoned by the therapist or significant others, and anger and dysphoria (an emotional state characterized by anxiety, depression, or unease) that they cannot express outwardly are all common precipitants of suicidal urges.

In most DID patients, the background level of suicidal ideation is high even during the calmer moments of their lives. It takes little to tip the balance into a more active expression of these thoughts. The host identity may become suicidal or depressed; suicidal alters may be attempting to take control; or alters seeking to harm other alters may be threatening to emerge. Often the identities who serve as counterweights to more pathological alters report losing control or becoming "too tired" to prevent the dangerous alters from gaining control. The therapist is thrust into this breakdown of internal control and disequilibrium, with the mandate of preventing disaster and restoring order. Frequently the therapist's hands are tied by other constraints (e.g., lack of hospitalization insurance), which severely limit the range of responses.

➤ Suicide Attempts and Gestures are Frequent

The usual methods such as wrist cutting and overdoses are frequent, but bizarre methods are not uncommon. Suicidal alters may grab the wheel when another alter is driving and attempt to crash the car, or seek to turn some other innocent everyday activity into a self-destructive act. The mortality rate of multiples as a group is unknown. Personal experiences tell us that there are frequent reports of suicide attempts' being aborted by other alters, who seize control at the last moment and avert disaster.

The "internal homicide" is another form of suicide attempt, in which one alter attempts to kill another alter. **The alter attempting to murder another alter always fails to grasp the obvious fact that if the attempt is successful, the first alter too will die.**

Attempts to point this out are almost always futile. This phenomena is called a "pseudo-delusion" of separateness. The intensity and fixity of this conviction of separateness can, however, easily qualify as frankly delusional in many patients. This conviction of separateness will slowly yield over time to frequent statements and interpretations by the therapist to the effect that **whatever happens to one alter ultimately happens to all**. Attempted internal homicides were reported in over half of all patients in a certain survey and were driven by the usual dynamics of internal conflict.

In some cases, the internal homicide attempt is a direct act in which one alter tries to kill another or to set up the death of another.

In other instances, the attempt may be indirect: **The homicidal alter urges or commands a suicidal alter or the host personality to kill himself or herself.** An internal homicide attempt may be accompanied by co-presence phenomena, so that the alter who is the intended victim watches helplessly as the homicidal alter attempts to carry out the act. One patient told me, for example, of watching herself phone her boss to tell him that she would not be in because there was a "death in the family," then watching in helpless horror as she attempted to suffocate herself with a plastic bag. She, like many other DID patients, was saved at the last minute by a protector alter.

The therapeutic interventions one chooses when faced with a crisis involving self-destructive behavior depend on a number of factors that are difficult to specify and must be determined individually for each patient.

The patient's track record with respect to a number of issues should be reviewed by the therapist.

- What has worked in similar situations in the past, and what has not worked?
- What is the patient's degree of lethality?

All of the usual suicidal predictors are relevant, as well as some factors specific to DID.

The identity system's track record with respect to honoring contracts is critical.

- Can the system or specific alters be trusted to make and keep contracts?
- What is the level of internal communication among the alters?

Breakdowns in internal communication during a crisis are common and need to be addressed early in the process. The **strength** of the protector identities is important.

- Are they able to **contain** or **abort** the self-destructive behavior, or to alert the therapist in sufficient time that action may be taken to ensure the patient's safety?
- What do the protector and helper identities **think**?
- Are they frightened by the power of the self-destructive alter?
- Do they foresee periods of danger?

- Are the self-destructive identities adamantly committed to the destruction of the patient, or do they show **willingness to compromise**?
- Do the self-destructive identities manifest delusional ideas of separateness?

If the answers to these questions suggest that the patient is a poor risk, then **hospitalization** or other protective measures should be initiated.

The particulars of the crisis itself will suggest some interventions and eliminate others.

Is this an acute crisis or one more round in a more chronic crisis?

In the latter cases, the therapist should choose interventions that he or she can sustain over a long period without exhausting therapeutic resources and energies. In the former case, intense and highly focused short-term interventions can be used.

- What is the role of outside factors in precipitating and perpetuating the crisis?
- Are abusers or pathological significant others playing a major role that must be directly addressed by the therapist?

The therapist's experience and comfort with possible interventions are also crucial factors. For example, if a therapist is inexperienced in the use of hypnosis, a crisis is not the time to begin hypnotic work with the patient. The state of the therapeutic alliance is likewise critical.

Early in the course of treatment, when patient and therapist do not know each other well, the preferable response is one of extreme caution and overreaction. Later, therapist and patient can more realistically evaluate the seriousness of the crisis and the degree of response required. The therapist's ability to tolerate anxiety and uncertainty is another crucial element. Feeling responsible for a self-destructive outpatient multiple can be a harrowing experience that depletes the therapist and seriously weakens the therapeutic alliance. Each clinician has a threshold that he or she must take into account when contemplating the pros and cons of various interventions.

A number of therapeutic interventions are available to a therapist working with a self-destructive DID patient. Among the first that should come to mind is hospitalization. Inpatient treatment of DID is a complex and difficult task that often creates its own subset of crises, but it is clearly necessary at times with some patients.

➤ Contracting

Contracting is an important intervention that can be used to control dangerous behavior. The basis statement, "**I will not hurt myself or kill myself, nor anyone else, external or internal, accidentally or on purpose, at any time,**" is the starting point for negotiations.

Contracts can be made that cover specific ranges of behavior or specific time periods. When contracting is used to control dangerous behavior, the therapist must be **extremely cautious in choosing the wording and attentive to the expiration date of the contract.**

Very often self-destructive behavior on the part of a specific alter can be addressed by allowing that alter to emerge, ventilate, and work through feelings.

This is particularly effective with persecutor alters who influence other identities toward self-destructive acts. Validation of the feelings expressed by the alter, together with an emphasis on the alter's importance in the identity system and facilitation of negotiations between the self-destructive alter and others in the system, will often defuse a crisis.

When delusions of separateness are not fixedly established, self-destructive alters may, on occasion, be persuaded of their own inevitable mortality. In some instances, the self-destructive alter can be convinced to relinquish control or responsibility to a non-destructive alter.

The utilization and strengthening of **protector and helper alters** are important interventions for chronic self-destructive crises. These alters can be recruited to guard the patient's safety and to intervene to stop self-destructive alters.

➤ Body Protector Alters

Some multiple identity systems, typically the larger and more complex systems, have **body protector alters** whose function is to guard the safety of the body, irrespective of which other personalities are "out."

These body protectors are usually more or less constantly monitoring the patient's status and situation, and are ready to emerge and take over if danger should arise.

Prior to crisis situations, body protector alters need to be sought out and their abilities assessed. Some are very strong; others are considerably weaker and may need help in establishing a route of access to control over the body in times of crisis.

Helper identities tend to be weaker and to have less of a mandate from the identity system to protect the patient. They are more useful as consultants and predictors of possible danger.

➤ **Blackouts, Amnesias, and Rapid Switching**

Blackouts, amnesias, and trances or depersonalized states are common expressions of crisis in DID patients and are frequent responses to the recovery of painful, frightening, or disturbing memories that are too overwhelming for the patients to accept.

Not infrequently, a patient may go into a dazed trance-like state in the therapist's office following a particularly intense abreactive session. The therapist is then left with the responsibility of getting the patient "back" so that he or she can safely leave the office.

After a few of these episodes, the therapist may be reluctant to do any significant abreactive work. Similarly, amnesic episodes frequently follow recovery of traumatic material or confrontation with a disowned part. Not uncommonly, a panicked patient will call the therapist after finding himself or herself in some distant place.

These dissociative experiences are disturbing for patients. Amnesic episodes, in particular, will cause panic and confusion and will increase resistance to uncovering work. These episodes frighten patients because they find that they have done something — often something dramatic, such as traveling a great distance — with little or no memory for what happened.

Many patients are fearful that they may have done something terrible during these prolonged blank periods. One patient, for example, was afraid that she was responsible for a series of murders occurring in her city. Patients may, in fact, find evidence that during these episodes they are behaving in ways that are morally repugnant to them. They will also fear amnesic episodes because they often "wake up" in some frightening or messy situation and are left to deal with the consequences.

Inquiry can often elicit the alter(s) responsible for seizing control and taking off. Sometimes these are frightened alters seeking to flee from trauma relived in therapy or other intrusive phenomena.

Sometimes the alters responsible are **persecutors** who are punishing the patient, often by setting up situations that recapitulate earlier trauma. The cause of such amnesic episodes is usually readily apparent; if it is not found after a few hours of inquiry, the patient may require a protective setting.

Often the therapist is plunged into the middle of this type of crisis by a phone call from a frightened and confused host or other alter who has just found himself or herself in the middle of nowhere. Telephone interventions are tricky, but usually the therapist has no choice but to try them. The therapist must keep the patient talking; just hearing the therapist's voice provides a calming effect. Given time and the therapist's telephone presence, protector or helper alters may be able to regain control. The therapist should **talk through** the specific alter on the phone to the larger identity system. Confrontation or provocation of hostile identities should be avoided.

Sometimes, frightened alters can be calmed by reminding them of the next session and providing reassurance that the therapist is available if necessary. Please take note that multiples with **borderline, masochistic, or narcissistic** tendencies may not respond to these interventions. When this is the case, the therapist should try to elicit sufficient information to allow the authorities to locate the patient.

➤ **Rapid Switching or the Revolving-Door Syndrome**

Rapid switching or the revolving-door syndrome usually occurs when the patient is in the midst of a highly anxiety-provoking situation or when he or she is caught between two intensely conflicting demands.

A classic example of rapid switching occurred when a patient presented in the emergency room with her two lesbian lovers, both of whom were insisting that they were married to her. The patient "began to switch quickly between identities, and the rapidity of these changes became frightening to her, her children, and her lovers".

When a patient is in a rapid-switching crisis, either no identity wants to be "out" and therefore various alters are pushed "out" by other alters and immediately seek to retreat, or two or more identities are struggling for control of the body and each is displacing the other in a circular fashion.

Patients caught in a revolving-door crisis look exceedingly disturbed and not infrequently appear **psychotic**. The rapid alternation of identities produces extreme lability of affect as **frightened, laughing, angry, and depressed alters** whiz by.

The patient will not be able to carry on a coherent conversation, and his or her speech will be akin to the "word salad" one would get from rapidly changing the channels on a television set. The therapist needs to look behind this disturbed behavior to **determine whether a series of alters is involved or whether the rapid switching is limited to two or three alters**. In the latter case, it is likely that this represents a struggle for control over the body and behavior. In the former case, it is more likely that no identity wants to be "out" and in control.

If the rapid switching is due to a struggle for control over the body, the therapist should try to get the alters to relinquish control to a **neutral party** and resolve their conflict through communication and cooperation.

This crisis should be viewed as an opportunity to further the identity system's experience in negotiation and compromise. In some cases, the struggle between two alters involves a self-destructive alter and a protector seeking to prevent injury. In this case, provisions for the protection of the body should precede the relinquishing of control by the protector alter.

In cases where the rapid switching results from the unwillingness of any alter to be "out," the therapist should look for an immediate environmental cause. This pattern of rapid switching is usually a response to an acute situational precipitant, and the elimination of this stimulus and the creation of a safe environment will stop the rapid switching.

In some instances, the rapid switching is an attempt to stave off an impending abreaction. One patient, for example, began rapid switching shortly after an unexpected visit from his father, who had just been released from jail, where he had been serving time for molesting the patient's sisters. His group home leader brought him to the hospital, where we were able to stop the rapid switching by abreacting a specific abuse episode triggered by his father's visit.

➤ **Acute Somatic Symptoms**

Acute somatic symptoms are another manifestation of crisis in multiples. Many times these symptoms are blatantly hysterical, but sometimes they may closely **resemble true medical emergencies**, and in some instances they may actually be **life-threatening**.

Headaches are the most common somatic complaint in multiples. Often they are migraine-like on the one or other side of the head with visual black spots, and are described as "blinding."

Unexplained pain syndromes, particularly **abdominal** and **pelvic** pain, **colitis**, and other "functional" **gastrointestinal** disturbances, are common.

Classic hysterical **paralysis**, loss of voice, deafness without a physical cause, blindness, and pseudo-seizures are not rare.

Patients may have **cardiac, respiratory, and neurological crises** that at times demand acute medical responses, even though the cause is often later found to be psychogenic.

Significant **fluctuations in body weight** often occur, particularly in females. **Anorexic behavior** is seen in a surprisingly high percentage of cases, with a lesser percentage exhibiting **bulimia**. In some patients, these symptoms can become life-threatening crises.

The causes of these crises are usually:

- **Conflicts among alters,**
- The recall and re-experience of **prior trauma** (this is a frequent cause of the unexplained pain syndromes),
- **Self-destructive** urges.

The therapist should first determine, as much as possible, whether the symptoms are being experienced by only a few of the identities or are shared by all or a large number of alters.

In the former case, it is usually safe to assume that the symptoms are psychosomatic. In the latter case, a medical workup for the symptom(s) may be indicated to rule out any organic pathology and to allow the therapist to address the symptoms with a greater assurance that they are in fact psychogenic.

In seeking effective interventions for somatic crises, the therapist should try to differentiate between crises that appear to have acute causes and those that reflect chronic problems.

Acute crises usually respond well to interventions directed at identity system issues. Seeking out alters involved in the crisis and allowing them to ventilate and work through feelings can be effective.

Many times, acute somatic symptoms are a gut expression of repressed trauma that is now close to conscious awareness and needs to be fully recovered and abreacted.

Age regression of the patient as a whole or specific identities back to the first time that the symptom appeared, or the use of the affect bridge is often effective in uncovering the source of somatic symptoms.

Long-standing somatic symptoms often reflect deeply dissociated gut memories of traumas, long-standing inter-personality conflicts, and chronic self-destructive behavior.

These symptoms respond slowly to the improved level of internal communication that, one hopes, occurs as therapy progresses. Ventilation, inner dialogues, compromises, and the recovery of repressed traumas will wear away at these symptoms.

Chronic headaches are a particularly troublesome symptom and often represent **covert struggles over control of the body and behavior**. They can be acutely dealt with by asking the identities involved to "stand aside" and allow one another to possess the body in sequence.

In the long run, as inter-personality communication and trust improve, alters will be more willing to "hand over" control of behavior, because they know that the other alters will give it back in an appropriate manner and place.

In some rare but not unheard-of cases, chronic medical symptoms are secondary to artificial induction by one alter inflicted on an amnesic host.

A case of a woman is discussed who had severe and inexplicable dermatitis limited to her left arm. During hospitalization for medical treatment, (they suspected something was wrong with her blood vessels), it was discovered that the patient was suffering from DID and that an alter was applying fresh poison ivy leaves with a gloved right hand to the patient's left arm.

This alter was also responsible for producing large, mysterious hematomas (a collection of blood outside a blood vessel) on two occasions. The possibility of making up false **symptoms** that are not due to actual physical illnesses / mysterious symptoms needs to be kept in mind when one is medically working with somatic symptoms in multiples.

In some instances (e.g., severe anorexic crises), the psychosomatic symptoms become life-threatening and require medical interventions.

However, medical interventions in such cases usually lead quickly to complicated chronic crises.

These interventions run several risks:

- 1) **The first is that the inter-personality conflict fueling this type of crisis now can be played out between the medical staff and the patient.** I have seen numerous protracted battles between self-destructive alters and medical staff members who are determined to "save" the patient even if they kill the patient in the process. These battles follow a pattern of cyclic escalation, with both sides pulling out all stops. The culmination of one such battle found the patient in four-way restraints, a nasogastric feeding tube taped in place, and a staff member detailed round the clock to sit by her bed to prevent her from removing the feeding tube.

The anorexic/self-destructive alters, on their part, had made two very serious suicide attempts while on stringent suicide precautions, and had managed to lose weight to the point where the patient had severe anemia and general malnutrition. Both sides were exhausted, depleted, and grimly determined to "win."

- 2) The second difficulty involved with medical interventions is that some types of interventions (e.g., gynecological procedures) **often symbolically represent a recapitulation of the original trauma.**

This can be gratifying to some alters at times and can drive the crisis to new heights. One should be alert to this possibility when a patient repeatedly has somatic symptoms that receive medical treatment.

3) The third problem with medical interventions is that they are of limited value in the long run.

They may be necessary to rule out possible serious organic illness or even to keep the patient alive in the short term, but they quickly become complicated by other dynamics and serve to derail the psychotherapy. Every clinician must do what is necessary to ensure that a patient is not suffering from a medical problem, but once some reasonable degree of assurance is possible, the interventions for somatic symptoms and crises should be treated therapeutically.

Additional Types of ALTERS²

ALTER (compartmentalized parts, alter ego, alternate part, alternate personality): Those with DID have traumatized and dissociated parts of the personality which are commonly called alters. The only disorder with alters is DID. No alter, including the host, is a complete self, even though each might feel as if it is. These are dissociated parts of the self that can occur when "a person is severely abused in early childhood, "the experience may remain fragmented and separated into compartmentalized components.

Abuser Alters: These parts are often **introjects** of the **original abuser(s)** which often injure or attempt to kill alters including the host — yet at the same time these parts often feel they are protecting the system by reducing behavior that as a child would have brought the wrath of the abuser(s).

Apparently Normal Part (ANP): These dissociated states engage in normal life and are often thought of as the parts that are called the **hosts**. Those with DID will have at least two ANP, which is one of the criteria that differentiates DID from DDNOS-1.

Child Alter: These are alters that are usually stuck at the time the child was subjected to trauma and they are normally desperate for attachment. They are not a stuck state, nor are they the concept referred to as an inner child. These parts are usually exiled by the others in the system because they hold trauma memories.

Dead Alter: Some alters endured "such horrific abuse that they believed they were about to die and that they did die." If there is no one that can help the child "assimilate the experience and to recognize that they lived through it," then the part is in essence dead.

² Taken from <http://www.dissociative-identity-disorder.org/alters.html>

Emotional Part (EP, victim parts, exile): This is a dissociated part of the personality that holds essentially traumatic memories and dedicates itself to the survival of threat and to the survival of the individual, as opposed to the ANP. Enduring child EP's are usually fixated at the time of traumatization."

An EP is a dissociated part of self, which owns a memory that is emotional because it has not been processed to the ultimate form all memories eventually reach.

Differently Gendered Alter (opposite or cross gender): Alters that are the opposite gender from the body.

Fictive Alter: A term sometimes used by people with DID to describe alters that are an **introject of a fictional character**.

Fragment: This type of part may be too limited to classify as an alter, but it is a dissociated part that usually holds one or two emotions or responds to a few specific situations.

Gatekeeper Alter: A label that is sometimes used by those with DID to refer to those alters who keep other alters from doing things, including keeping them from being the one in executive control or even coming forward. These parts often come in the form of **animals**, and function as the one who watches and/or remembers.

Handicapped Alter: Those with DID often have alters that are deaf, blind, missing limbs, sickly, dying, have a "broken heart" (heart disease) or other handicaps or illness.

Host Alter: (see ANP) "The host is an alter that has the function of living daily life and has not, or not fully, realized the traumatization. "There may be more than one part aiding in this function who would also be considered to be a host. It is important to understand that any alter, including the host is lacking in self-awareness and functioning — they are not a complete personality. Different hosts can be in charge during various times in life and new ones can be created if needed.

ISH (internal self helper, inner self helper, guidance, unconscious mind, observing ego, higher self, hidden observer, inner wisdom): Sometimes these parts are called **managers**, but that then gets confused with the parts that do perform the role of managing the system. This part does not see itself as an alter usually, but it is a dissociated part that objectively observes and **holds little emotion** or effect.

Although there is usually only one in a system, the larger systems can have more than one ISH. "Because the ISH is thought to have access to the memories of the person as a whole as well as to the memories of each alter individually, (because the ISH was there and observed, not because this part can read minds) and because each alter knows a relatively small part of the real history of the patient, one of the most frequently requested clinical applications of work with the ISH involves its sharing information."

Those without DID also have this part of the self, but it is most commonly called the hidden observer in those who do not have DID.

Little Alter: A term often used by those with DID to indicated alters that acts much like a child who is 7 years old or younger. It can be thought of as "developmental states that are encapsulated and stored inside the brain."

Manager Alter: A system manager might be seen as a leader to the other alters as they attempt to manage the system. They are involved inside and outside if needed — including acting as a temporary host, but mostly they operate inside. They direct what is going on in the system in many ways. Although the system managers usually know all parts of the system and have memory back to the beginning they are not ISH's. They also are the ones that know when integration is taking place. The managers are usually as emotional as other alters.

Main Alter: (See host) The alter out most often.

Memory Trace Alter: One that has a more or less complete life, unlike how most alters which have a limited range of memories. System managers and ISH's often have this ability.

Middle Alter: A term often used by those with DID to describe an alter that appears to be between the ages of 8 and 12. It can be thought of as "developmental states that are encapsulated and stored inside the brain."

Otherkin Alter: A term sometimes used by those with DID to described alters that have taken **any form other than human**.

Protector Alter: There are three types: **persecutory, fight and caretaker alters** which all, in their own way, protect the system and can "dominate consciousness", leaving the host unaware of what they have done.

Persecutory Alters: These alters defensively "protect" the system, but their idea of how to do this, once the body is no longer a child, can be damaging to the whole — in fact they can terrorize the person in the same way the original abuser did. They are **often introjects of the original abuser(s)** and tend to respond to both inner and external "perceived threats," harming alters inside and out the same way the original abuser did, plus they often **self harm**, including cutting and purging. These parts do not have skills to regulate feelings such as anger, fear, pain, shame and needs.

Fight Alters: These alters appear almost fearless in their protection. They protect from both inside and outside abuse.

Caretaker Alters (soother alter): These alters are what one would think of as true protectors of the system. They act as caretakers both internally and externally but are limited to care of others and are depleted easily, lacking awareness needed for self care. They are often **introjects of caring adults** that were in the child's life.

Secret-Keeper Alter: A term used by some with DID to refer to an alter that keeps information of abuse or other information away from others in the system.

Sleeping Alter: A term used by some with DID to refer to when a specific alter has no direct contact with the external world or in other words, for this alter, time passes without knowing while asleep.

Slider Alter: A term sometimes used by those with DID to mean an alter does not just increase in age with time, but who's age is thought to vary. It can be thought of as "developmental states that are encapsulated and stored inside the brain."

Sexual Alters: A term sometimes used by those with DID to refer to parts are often sensual and perform the job of sex and perhaps romance.

Suicidal Alters: Often there is a least one alter in a system that will harm other alters and perhaps even attempt to kill them and that does not exclude harm to the host. They threaten and hurt others to keep parts from telling about the system or about the abuse they suffered. See protector alters for more information.

Teen Alter: A part between the ages of 13 and 18. These parts can be thought of as "developmental states that are encapsulated and stored inside the brain."

Twin Alters: Twins appear the same in many ways and may even have the same name, often, but certainly not always, one twin is good while the other is bad.

Reducing and Preventing Re-contact with Abusers

Ritual Abuse and Torture-based Mind Control: Reducing and Preventing Re-contact with Abusers

Cautionary Notes: This is one of the more distressing pages on my website. Survivors in therapy should read this webpage only after their therapists have first read it and assessed that the survivor would benefit from reading it. If a survivor does not have a therapist, I strongly recommend that she/he obtain a therapist and only read this webpage with the therapist's approval.

Information on this website and webpage should not be construed as a substitute for therapy. Even if a survivor is certain that she or he is no longer in abuser contact, this material may exacerbate trauma-based fear, and should only be read with proper support. It is also important that this piece be read slowly, in small installments, taking time to cognitively and emotionally process the material, and to psychologically rest, even sleep, periodically. Finally, it is important to guard against quickly believing that all of the things discussed on this webpage apply to you.

Each survivor's experience is unique and ultimately, the truth of one's life must be discovered from within.

This page represents my current opinions on mind-sets and measures that help survivors of ritual abuse and torture-based mind control to reduce and prevent re-contact with their abusers.

Most definitions of the term "ritual abuse" refer to ceremonial practices that involve physical and sexual abuse of children and adults, and human sacrifice, to appease, win favor with, or empower deities whom the abusers believe demand abuse and sacrifice, such as Satan and other polytheistic gods and goddesses.

Torture-based mind control programming can be defined as systematic torture that blocks the victim's capacity for conscious processing (through pain, terror, drugs, illusion, sensory deprivation, sensory over-stimulation, oxygen deprivation, cold, heat, spinning, brain stimulation, and often, near-death), and then employs suggestion and/or conditioning to implant thoughts, directives, and perceptions in the unconscious mind, often in newly-formed trauma-induced dissociated identities, that force the victim to do, feel, think, or perceive things for the purposes of the programmer. The objective is for the victim to follow directives with no conscious awareness, including execution of acts in clear violation of the victim's volition, moral principles, and spiritual convictions.

Torture-based mind control is practiced by individuals and groups who seek to maximally control and exploit others, usually beginning in childhood.

Included are practitioners of abusive religious rituals (e.g., Satanism and abusive witchcraft), organized crimes against children (child pornography, prostitution, and trafficking), and groups with political, military, and espionage agendas.

My opinions are based on a synthesis of 17 years of experience in providing psychotherapy to victims and survivors of ritual abuse and mind control and extensive interviews of other survivors, including many survivor-therapists, and my ongoing communication with therapist and clergy colleagues working with survivors.

The two primary forms of re-contact with abusers include reporting back by phone or written correspondence, and physically returning to abusers to be abused again. Perpetrators of ritual abuse and mind control attempt to coerce their victims into submission and service to the abuser group for a lifetime. Abuser methods of exerting long-term contact and control vary in relation to the level of psychological sophistication of the abusers and the size of the abusers's criminal network.

Some abuser groups rely primarily on threats to force their victims into compliance and to prevent their victims from escaping. For some of these groups, these are empty threats. The groups may be limited to one or two extended families or a relatively small abuser network. They make claims of having more power than they have, and may even claim responsibility for murders that they did not commit, much like political terrorists. Some abuser groups have larger criminal networks and thus, more power to carry out their threats. But, they too reliably overstate their power to maximally terrorize their victims.

This is not to dismiss the reality that these abusers commit murder, but it is to say that they lie and exaggerate their power. Clearly, people who systematically abuse others lie to further their own interests. Words are just one more tool of manipulation to control their victims. Everything they say should be questioned and examined for underlying motives and feasibility.

This holds particularly true for their claims of having the man power, technological power, and magical/spiritual power to carry out their surveillance and threats.

Many of these abusers also manipulate their victims' attachment needs, that is, their basic survival needs and needs for security and love, usually beginning in early childhood. They also go to great lengths to try to make their victims believe that the victims are accomplices to the abuse, that they are as evil as their abusers themselves, and that they are unworthy and incapable of belonging anywhere but with the abusers.

Some abuser groups go a step further and manipulate their victims' psychological capacity to form dissociated self-states in response to extreme pain and terror. I am using the term, "dissociated self-states," here to refer to states of consciousness with some sense of self that exist out of the conscious awareness of the most-often conscious parts of the psyche, and that typify DSM-IV Dissociative Identity Disorder, and forms of Dissociative Disorder Not Otherwise Specified in which self-states exist internally, affecting the psyche from within, but never assume complete control of executive functions (e.g., purposive action).

These Machiavellian abusers systematically torture their victims for the intended purpose of coercing their victims' psyches into forming new dissociated self-states that they then work to exploit. They "torture-hypno-condition" these self-states, that is, they use torture, hypnosis, and behavioral conditioning, to try to coerce these dissociated self-states into fulfilling functions that serve the abusers. (I thank Hans Ulrich Gresch, Ph.D., psychologist, mind control survivor, and respected colleague, for the term, "torture-hypno-conditioning," the most succinct descriptive phrase that I have found that explains what occurs in most torture-based mind control programming; see: <http://www.mind-control.psychoprobleme.de/>).

These abusers "program" some of these dissociated self-states to take on "reporter" and "re-contact" functions, that is, to report to the abusers on a regular basis from a distance, and to return to the abusers as directed.

In many cases, even though the survivor is working hard to break free of her or his abusers, these programmed self-states continue to report to, and return to, the abusers, often out of the conscious awareness of the most-often conscious parts of the psyche.

Ongoing access allows the abusers to retaliate against their victims for attempting to break free and to escalate their abuse and programming in efforts to increase their control of their victims.

The purpose of this article is to help survivors, therapists, clergy, and other support people, to understand the tactics, briefly outlined above, used by ritually abusive and mind control abusers to attempt to trap their victims into life-long submission, and to use this knowledge to help survivors to overcome these abuser tactics of control, to break free of their abusers more easily and more quickly, and to prevent re-contact.

- **1. Pain and Terror Held in Programmed Dissociated Self-States**

Highly psychologically sophisticated abusers invest great time and effort into developing particular self-states in their victims who reflexively obey their abusers' directives, against their own interests, and in many instances, even in opposition to their own instinct for self-preservation, e.g., suicide bombers (see note).

Note: The United States Central Intelligence Agency (CIA) declassified MKULTRA document MORI 0000190527, dated September 25, 1951, titled “SI and H Experimentation,” likely indicating, “Subconscious Isolation and Hypnosis Experimentation” (see *The Mind Manipulators* (1978), Schefflin and Opton), details an experiment in which two children were successfully hypnotized to plant a bomb, set it to detonate in 82 seconds, turn it on, and then sit in an adjacent room (This document is on page 32 of the following website: <http://abuse-of-power.org/modules/content/index.php?id=31>, retrieved April 24, 2011).

While child victims are still under the relatively complete control of the abusers, they are severely punished for any attempt to tell anyone of the abuse or to reach out for any kind of help. In many cases, abusers manipulate children into seeking help in order to immediately wield punishment with the goal of developing a deeply entrenched fear of telling.

For example, some abusers provide a child with a faux confidant, a counterfeit ally, who is actually a member of the abuser group, who gains the child’s trust with the intended purpose of the child disclosing the abuse to this person. The faux confidant immediately reports this disclosure to the abusers. The child is tortured in retaliation, and told that the abusers know, see, and hear everything the child does. In many cases, particular self-states are also trained with reward and punishment (by torture) to remember what the abusers wish them to remember and to forget what the abusers want them to forget, to prevent the victim recalling and disclosing the abuse.

These kinds of set-ups are examples of two of the most common kinds of “programming” done by psychologically sophisticated abusers— “don’t talk; don’t tell” programming and amnesia programming. These two kinds of programming form the basis of much other programming.

“Don’t talk; don’t tell” programming and amnesia programming are often done with particular dissociated self-states that were first induced to form in response to severe torture. This is designed to result in the development of dissociated self-states who perceive themselves as existing in the original sites of their torture within the internal landscape (see note). Defiance of abuser dictates by these self-states, or wishes by *any* self-state to defy the abusers, is intended to cause these self-states to experience themselves as being tortured once again. Such self-states may be further torture-hypno-conditioned to develop them into “reporter” and “re-contact” self-states.

Note: Individuals with Dissociative Identity Disorder tend to have an imagistic internal landscape in which many of their dissociated identities reside. John O’Neil, MD, calls this the “Inscape” in his article, “Expanding the Psychoanalytic View of the Intrapsychic: Psychic Conflict in the Inscape” (available on the internet: <https://scholarsbank.uoregon.edu/xmlui/handle/1794/1795>; click on “view/open” for full text).

In many cases, self-states are simply commanded to take on reporter and re-contact functions. As one survivor explains, their parts obey out of “complete resignation”:

For these parts, the only reality they know is the reality created by the abusers, by their violent, punitive training and by their lies. The abusers say,

“You’re utterly alone, there’s nothing more to your life than these missions/jobs/horrors, and every fiber of your being belongs to us.” They believe this. They have no sense of sovereignty over their own existence.

The abusers define their identity and value. They are much like soldiers committing horrendous acts in the line of duty. But they have no other self, no home to come home to. They have an artificially-induced sense of belonging only to the abusers and complete isolation from the rest of the world. In their reality, people who don’t do as they’re told tend to drop dead, sometimes in unspeakably excruciating ways. When a part doesn’t behave, very, very bad things happen to them.

Parts may even be sent to “compliance centers” to be “re-tooled” [more intense and sophisticated torture-hypno-conditioning].

In many cases, self-states have been created and/or conditioned to be loyal to their programmers and abusers and to function as their spies. These self-states know full-well the dangerous consequences of non-compliance. Driven ultimately by fear, such self-states “rat-out” any self-states who defy abuser directives.

In most of these cases, the pain, dread, and helplessness of very young and severely tortured self-states “spill over” into the reporter self-states, contributing to their feeling compelled to comply with the abusers’ directives and wishes. However the reporter and re-contact programming is accomplished, it can be considered the acid test for sophisticated programming. Maintaining continuous future control of victims, outside of the conscious awareness of “daytime” self-states, is the aim of most mind control.

Note: I use the term “daytime” self-states very loosely for convenience to refer to the self-states who take care of required daily functioning and who do not know of the abuse until significant self-work, in therapy or otherwise, has occurred. “Daytime” self-states are not limited to being conscious only in the daytime.

In some cases, “reporter” self-states have been programmed to regularly, or daily, phone their abusers in the early morning hours at a previously memorized toll-free number (so it will not appear on the survivor’s phone bill) or from other phones that do not create phone records, like phone booths or pre-paid cell phones.

When the programming is working as intended, “reporter” and “re-contact” self-states do their jobs without the “daytime” more-often-conscious parts of the psyche having any awareness or memory of their actions. “Daytime” self-states may occasionally “awaken” to find a telephone in their hand at 3:00am, not understanding why they are holding a phone.

They often dismiss this as simply an odd event, the kind of odd events they have become accustomed to for a lifetime. Dismissal of such events is often unconsciously driven by the dread of knowing “the whole story,” or in some cases, is directed by self-states programmed to ensure that the “daytime” states never learn the truth.

In many cases, particular dissociated self-states have been torture-hypno-conditioned to perform particular behaviors in response to particular abuser “cues” and “triggers.” For example, a hand signal from across a parking lot may be used to “trigger” a reporter self-state to immediately telephone the abusers to receive directives. The directive is usually to go to a designated place to make renewed contact with the abusers. If the victim is geographically distant from the abusers or without transportation, he or she may be directed to report her or his location and may then be directed to walk to a specific location to wait to be picked up.

In some cases, particular dissociated self-states have been programmed to respond to naturally-occurring stimuli by re-setting programming, such as directives to obey, or programs that may have been discovered and tampered with by the survivor, a therapist, or an other programmer. Stimuli survivors have discovered to have been used as re-sets are the sight of a trademark of a common chain store or restaurant, or a self-state programmed to perceive that there is a button on the body that gets pressed each day while dressing.

Until these kinds of programming are made conscious, or otherwise deactivated (e.g., by the survivor learning how to prevent “switching” into programmed self-states, or devising a means of internally sequestering programmed self-states), “handlers” (abusers who control victims — not necessarily programmers) can activate this programming with hand signals, phone tones, words, etc., which are communicated in what appears to be normal conversation, normal public activity, or seemingly benign phone calls, text messages, emails, greeting cards, etc., or that simply occur naturally.

Should the designated self-states fail to perform the conditioned behavior in response to the “cues” and stimuli, they and other torture-conditioned self-states are intended to re-experience their torture-conditioning internally.

This programming is intended to function out of the conscious awareness of the daytime, most-often-conscious self-states. In this way, survivors may be in ongoing abuser contact and have no knowledge of this.

The use of such techniques by the United States CIA is documented in an untitled Project ARTICHOKE document dated 7 January 1953, under a section heading, "Outline of Special H [Hypnosis] Cases," cited in "Bluebird," by Colin Ross, 2000, p. 32):

In all of these cases, these subjects have clearly demonstrated that they can pass from a fully awake state to a deep H [hypnotic] controlled state via the telephone, via some very subtle signal that cannot be detected by other persons in the room and without the other individual being able to note the change. It has been clearly shown that physically individuals can be induced into H [hypnosis] by telephone, by receiving written matter, or by the use of code, signals or word and that control of those hypnotized can be passed from one individual to another without great difficulty.

It has also been shown by experimentation with these girls [age 19 years] that they can act as unwilling couriers for information purposes and that they can be conditioned to a point where they can believe a change in identity on their part even on the polygraph.

In some cases, victims perceive that they are being abused more often than is actually the case. For example, some abusers program their victims to perceive that after each therapy session, they return to the abusers to report on the content of the session and to be punished for seeking help, for recalling the abuse, and for disclosing it. Such programming, in effect, does the abusers' work for them. In some cases, self-states who are obedient to, or identified with, their abusers internally punish other self-states for disobeying the abusers.

The punished self-states generally perceive this internal punishment as actual external abuse. Alison Miller, Ph.D., a psychologist specializing in therapy with ritual abuse and mind control survivors, states, "A clue to whether a memory of current abuse is actual or perceived is that if the memory is identical each time it occurs, it is likely simply a memory being triggered." (Personal communication, 2011)

To overcome all of these kinds of programming, survivors need to discover these programmed self-states, including torture-hypno-conditioned self-states, reporter and re-contact self-states, and "back-up" and hidden reporter or re-contact self-states, and to become conscious of,

1. How they were manipulated into taking on their functions that serve the abusers,
2. The dictates and "jobs" given to them,
3. And the "cues" and "triggers" to which they have been trained or hypnotized.

These self-states can then exercise their free will for the first time. Self-states can also “change sides” and begin to work for the survivor. They can make a conscious choice to override all of these set-ups, dictates, and triggering stimuli. Survivors can use self-hypnosis to change all programmed “cues” and “triggers” into impossible stimuli, stimuli that can not exist in reality, that none could possibly ever see, hear, feel, smell, or taste, so that they can never be triggered to behave as programmed again.

In some cases, particular self-states have been torture-hypno-conditioned to control the “switching” between self-states, as in switching from “daytime” self-states to “reporter” and “re-contact” self-states. When self-states that control switching align with the best interests of the victim rather than submit to the wishes of the abusers, much more safety can be achieved.

When “reporter” self-states change sides, they can give false information to the abusers to make the abusers believe that their programming is intact as the survivor completes the work of dismantling the programming. As I have told survivors,

“If you are playing checkers with a known cheater, you would be crazy not to cheat.” Survivors can also internally re-locate their programmed self-states out of their internal torture sites to self-created places of safety and healing in their internal landscape. Re-locating self-states, and transforming one’s internal landscape to serve oneself, are very powerful means of protecting one’s self-states from internally re-experiencing their torture, and thereby greatly weakening the power of the programming.

The process of discovering and internally rescuing programmed self-states is a step-by-step, often lengthy, process, often done in therapy or counseling with psychotherapists or clergy who understand mind control. Some survivors find that before all self-states can be discovered and re-located, they can develop means of increasing their mental focus to stay mentally present in a self-state that can exercise critical thinking, self-observation, free will, and can thereby: a) override the impact of programmed self-states, and b) learn to prevent reporter and re-contact self-states from switching into executive control.

A more comprehensive discussion of mind control and means of doing the internal work to resolve and overcome mind control, is provided in my chapter, “Torture-based Mind Control: Psychological Mechanisms and Psychotherapeutic Approaches to Overcoming Mind Control,” in the book, “Ritual Abuse and Mind Control: The Manipulation of Attachment Needs,” published in March, 2011, by Karnac Books of London. It is available on

Amazon: <http://www.amazon.com/Ritual-Abuse-Mind-Control-Manipulation/dp/1855758393> or from the publisher: <http://www.karnacbooks.com/Product.asp?PID=29482> .

Note: I have never asked Karnac Books for remuneration for submitting my chapter to this book. I am grateful to Karnac for taking on the subjects of ritual abuse and mind control when so many publishers will not commit to this subject.

- **2. Threats of Greater Harm for Breaking Free**

As discussed above, threats are a mainstay of ritually abusive and mind control abusers. Some threats are lies. Other threats carry genuine risk. Most are probably a combination of the two. Some abuser threats are consciously registered by the “daytime” self-states. Some are held only in specific dissociated self-states and affect other self-states more diffusely, by “leaking” or spreading fear throughout the system of self-states.

Ritual and mind control abusers want their victims to believe that there is no way out, that it is impossible to escape, and that they will be punished or killed if they try to break free. These are terrifying threats. However, many survivors decide that the alternative of submitting to their abusers is much worse.

These abuser groups seek life-time control of their victims. Submission is not rewarded with freedom in a year or in a decade.

To submit is to begin a life-sentence. The longer one submits, the longer one is abused. And worse for many victims than being abused themselves, submission usually means that the victim will be forced to abuse, harm, or kill others — children, adults, and animals, for the rest of her or his life.

Sophisticated abusers usually claim that they always know where their victims are. And they threaten to abduct them, that is, to take them by force, and punish them severely, if they do not willingly comply with abuser directives. These abusers generally trick their victims, and particular self-states, into believing that the abusers are always watching, listening, reading their minds, etc., by means of malevolent spiritual entities, all-seeing eyes, computer microchips implanted in their brains to read their thoughts and to transmit directives, etc. (See next section on “Fear of Electromagnetic Surveillance and Harassment”)

Abuser threats of abduction are often exaggerated. It is the preference of programmers not to abduct their victims because this demonstrates a weakness in their programming. Only when their victims respond to post-hypnotic suggestions and programmed “triggers” is their programming demonstrated to be effective.

The more effective their programming, the more they gain in status, ego, and money. Programmers who are successful get paid more by other abusers to teach and do their programming than programmers who “fail” and who have failed “projects” (victims).

In addition, abusers may be punished for losing control of victims. Rather than resort to abduction, they prefer to keep trying to prove that their programming is working. They try to activate their victims' programming with "triggers" such as phone calls, hand signals, etc.

Ritually abusive and mind control abusers also rely on the "call-back" programs they have "installed" in their victims beginning in childhood. These programs are designed to "activate" at particular future dates or events, to make victims telephone or visit their abusers, or to attend large rituals that were planned years in advance. Future "call-back" events reported by survivors include particular birthdays of the survivor and the survivor's children, particular large holiday rituals in years believed to hold particular political or spiritual significance to the abuser group, and to return to primary family abusers as they are on their death beds.

Carole Smith describes this kind of programming in her book, "The Magic Castle: A Mother's Harrowing True Story Of Her Adoptive Son's Multiple Personalities — And The Triumph Of Healing" (1998). Smith adopted a boy at 10 years of age and soon discovered that he had Multiple Personality Disorder (the former term for Dissociative Identity Disorder) and that he had been victimized by a ritually abusive cult. She details her struggle to raise this child, to keep him safe, and to find him proper psychotherapy.

Despite all of her love and the expert therapeutic help she eventually found, her son, in a programmed self-state, returned for a ritual on his 18th birthday. This is the kind of behavior such abusers seek to produce and hope to rely upon. It satisfies their grandiosity. To programmers, the need for abduction signifies a failure.

In cases of survivors who have broken a good deal of their programming, the risk of abduction is likely to be even more reduced. These survivors have good co-consciousness between previously dissociated self-states, and good intra-system cooperation between self-states in their desire to defy their abusers. This largely disables their amnesia programming. This poses a risk to the programmers in that these survivors can recall everything about any contact with their abusers, including the sites of the abuse and the identities of the perpetrators. It is also often a waste of abuser resources to try to regain control of these survivors.

However, the risk of abduction should not be discounted, especially when a victim first begins to defy his or her abusers and does not "show up" as "ordered." Abusers may abduct victims at such times to try to reinforce their programming.

This is when victims need to be the most cautious about their physical safety, to not be alone, to not go to isolated places, etc.

See this page on this website for more ideas about increasing one's safety: "Safety Tips for Ritual Abuse Survivors": <http://endritualabuse.org/activism/safety-tips-for-ritual-abuse-survivors/>

Murder is a fact of organized abuse and other organized crime. Consider the Mafia and KKK. Organized abusers commit murders for ritual sacrifice, to appease and win favor with their deities, to punish victims, to eliminate rivals and people who threaten to expose them, in snuff films made for profit, and out of rage or pure sadism. However, I believe that organized abusers threaten far more murders than they actually commit.

It is also my sense, and the sense of many of my colleagues, that organized abusers have become more concerned about potential exposure in recent years than they were 15 or 20 years ago, and that this is a deterrent to killing their victims. Despite the media campaign of the False Memory Syndrome Foundation to raise doubt about the existence of recovered memories of abuse, to try to discredit Dissociative Identity Disorder as a valid diagnosis, and to try to make the public believe that ritual abuse does not exist, information about organized abuse and ritual abuse has become more publicly available in recent years.

Clergy abuse has been making headlines, especially in the last 10 years, including evidence of organized cover-up. There have been criminal convictions of ritual abuse, notably the 2006 conviction of Father Gerald Robinson for the 1980 ritual murder of Sister Margaret Ann Pahl (see "Sin, Shame, and Secrets: The Murder of a Nun, the Conviction of a Priest, and Cover-up in the Catholic Church," by David Yonke, 2006), and the most recent South Wales conviction (March 9, 2011) of Satanic sex cult leader, Colin Batley, and three of his followers of sexual offenses against children.

There are also numerous recent academic publications available on the subject of ritual abuse. Some are listed on this website on this page "Publications on Ritual Abuse and Mind Control in 2008" (I will update this soon): <http://endritualabuse.org/evidence/publications-on-ritual-abuse-and-mind-control-in-2008/> . There have been significant additions since 2008.

Many survivors understand that they may suffer an initial escalation in abuse as they work to break free, that this is often an inevitable part of the process. Yet, they make the choice to proceed anyway because they decide it is worth it in the long run, and because they demand their right to freedom.

These survivors are often fueled by "holy rage" (thank you to Hans Ulrich Gresch, Ph.D., for this phrase) <http://www.mind-control.psychoprobleme.de/%29> and they will not be stopped no matter what the abusers do. Many feel, "If you are going to kill me, go ahead and kill me — that would be better than living a life under your control."

Support people, e.g., therapists, clergy, advocates, loved ones, etc., often feel highly personally traumatized as they learn of the abuse that a survivor may still be suffering. Short of support people being able to watch the survivor around the clock (this has helped some survivors), it is often impossible, for some time, to stop the survivor from reporting back, or submitting, to her or his abusers. Support people must grapple with what they can and cannot do, what they can and cannot stop, how much support and survivor supervision they can and cannot give, and how much they can and cannot sacrifice of themselves.

These situations pose very difficult clinical, ethical, legal, personal, and spiritual dilemmas for the therapist, clergy-person, etc. Many therapists working with survivors in these life and death situations extend themselves in ways that they would not with other clients. Many do things that they know could place them at risk with their regulatory and licensing bodies and professional organizations, but in many cases, believe that they nonetheless made the right ethical decision in taking such risks.

Even when therapists, clergy, and support people go to great lengths to support a survivor, it is often the case that the abuse continues for some time as the survivor fights for her or his freedom, until much of the programming and other destructive internal mechanisms (e.g., self-hatred) within the survivor are resolved. How can a therapist, clergy-person, or support person psychologically manage the distress of knowing that the abuse is ongoing? Many cannot. They feel too helpless, too personally traumatized, and they abandon the survivor, or refuse to work with other survivors in the future, or deem these victims as “untreatable.”

Other therapists, clergy, and support people learn to accept the things they cannot change (yes- the serenity prayer), often through consulting with peers for advice and support, and then continue the work, doing what they can. They also often eventually realize that victims with dissociative capacities can generally manage ongoing abuse in ways that non-dissociative individuals could not. Dissociation is a powerful psychological mechanism for managing intense trauma. I have no wish to diminish the fact that torture is torture and that it is completely unacceptable.

However, I am stating that victims can often psychologically manage abuse in ways that therapists, clergy, support people, etc., can only begin to understand.

- **3. Fear of Electromagnetic Surveillance and Harassment**

Many victims of sophisticated abuse who initially believed that their abusers surgically placed microchips in their brains eventually recall that these were pseudo-surgeries, with abusers wearing surgical scrubs, a tray of surgical supplies, a superficial cut, and sometimes a superficial scar.

I have asked neuroscientists about the feasibility of an implanted electronic device interfacing with the brain to decipher a person's thoughts or to transmit thoughts. They have explained that, although it is possible for an implanted electronic device to interface with the brain in a localized area, such as electrically stimulating areas of the brain damaged by a stroke to amplify neural action potentials, it is not possible for any device to decipher a person's thoughts or to transmit specific thoughts.

The mental functions involved in thought are too neurologically-widespread, and involve too many complex chemical, biological and electrical brain mechanisms, for an implanted electronic device to possibly decipher or control. It is conceivable that a small radio receiver could be implanted in or near the ear that could receive audible verbal commands, but these would be received through the sense of hearing, not directly by the brain. But abusers can easily convince frightened children that they can read their minds and control their thoughts with electronic devices, especially when they use tricks, hypnosis, and hallucinogenic drugs, to "seal the deal", and these programmed child self-states often influence the victim as a whole to feel watched, monitored, and to believe that their mind are being read.

Some survivors report that computer microchips were placed in their bodies to allow their abusers to identify them with a scanner. This technology has been available to identify lost pets for many decades. However, this technology serves no function at a distance. And, in many, if not most, cases, placement of identification chips is likely an abuser deception to intimidate victims.

Some survivors believe that they have been implanted with global positioning system (GPS) signaling devices that constantly alert their abusers of their whereabouts.

From what I have read about use of such systems in tracking animals and criminals, the signaling device requires a power source, such as a battery or solar energy, to transmit a signal. This raises questions about how long such a device could potentially work if implanted in the body or brain. However, I understand that there may be advances in this technology that may not be public.

I am not a physicist and do not have enough knowledge to parse out true from false information about this and other technologies alleged to be used to track, harass, or harm people. However, there is ample evidence for many kinds of non-lethal technological weaponry, and for intelligence agencies experimenting with these on unwitting victims, as far back as the CIA using radiation and psychoactive drugs on unwitting victims in the MKULTRA program.

See: Project MKULTRA, the CIA's Program of Research into Behavioral Modification. Joint Hearing before the Select Committee on Intelligence and the Subcommittee on Health and Scientific Research of the Committee on Human Resources, United State Senate, Ninety-Fifth Congress, First Session. (1977). U.S. Government Printing Office (copy hosted at the New York Times website). Retrieved March 24, 2011, from: http://www.nytimes.com/packages/pdf/national/13inmate_ProjectMKULTRA.pdf.

On the other hand, much information on the internet on these technologies clearly overstates the implications of the research being cited and is filled with logical flaws. Some of this poorly-reasoned information is likely driven by genuine fear in trauma victims and survivors. However, some of this information may be deliberate fear-mongering.

It is conceivable that ritual and mind control abusers have posted disinformation on the internet about these technologies to terrorize their victims, to try to make them believe that they are in constant danger and under constant surveillance, and even to distract them from being able to recall their ritual abuse or mind control abuse and from discovering their dissociated identities.

Survivors of organized abuse who believe, or fear, that they may be being victimized by technological surveillance and non-lethal weapons should work to prevent their fears from snowballing out of control in over-generalized fear. They should do the internal work of looking at the possibility that other dissociated trauma, such as early child abuse, ritual abuse, or torture-based mind control, may hold the roots of their fears.

And they should attempt to conduct a reasoned, vs. fear-driven, investigation of what kinds of applications of technological harassment are feasible and which are impossible, of what is science, and what may be disinformation. Even though the study of non-lethal weaponry is very complex, and even though intelligence agencies likely have knowledge not available to the public, it is important that individuals not ascribe omniscience (unlimited knowledge), omnipotence (unlimited power), or omnipresence (being everywhere at once) to these agencies.

Note: It is critical that both survivors and professionals working with survivors (therapists, clergy, etc.), tolerate conflicting views on matters of non-lethal weaponry and harassment. Professional helpers should not dismiss survivor claims offhandedly, should be humble in acknowledging their lack of expertise in such matters, and should maintain a stance of running multiple hypotheses at once, pro and con, to continue to critically evaluate such claims.

Likewise, survivors who believe they are being controlled by microchips or targeted by non-lethal weaponry must not reflexively dismiss professionals who seek to critically evaluate the feasibility of such claims, but should understand that these professionals do not want survivors to suffer from unnecessary or over-generalized fear. In my work as a psychologist, clients have both viewed me as insensitive when I did not immediately believe their claims of non-lethal weaponry or implanted microchips, and have viewed me as gullible when I did not express uncertainty about such claims.

- **4. Threats of Harm to Others for Breaking Free**

Psychologically-sophisticated abusers (including political torturers) know well that they can get more cooperation from victims by threatening or harming people whom the victim cares about than by threatening or harming the victim her/himself. In this devastating form of psychological torture, the abusers, many of whom have completely disconnected from their own humanity, exploit their victims' capacity for love.

Beginning in early childhood, these abusers almost always demonstrate to their victims that others will be harmed when they do not submit. It is a deliberate set-up to make victims feel damned if they do and damned if they don't. If they submit, they and others are harmed less in the short-run, but are cumulatively harmed more in the long-run, since the abusers have more long-term access. If they defy their abusers, others may be hurt more brutally in the short-run in the name of their defiance, but the cumulative long-term abuse is reduced, because the access is stopped sooner.

However, to have anyone hurt in one's name is devastating, whether the harm occurs in one's presence, or in cases of knowing that others will be harmed in punishment for failing to attend a ritual or mind control session as ordered. One survivor explained, "The guilt experienced is absolutely crushing, agonizing, and is very challenging to overcome."

Victims also fear that when they do defy the abusers, and others are punished in retaliation, that the other victims will hate and condemn them for this. However, some victims report that they secretly applaud those who defy the abusers, that it helps them realize that they too can break all of the abusers' "rules," that they too can fight for their own rights, and that they too can break free, even if others will be harmed in retaliation.

It is important to remember that when abusers threaten murder in retaliation for a survivor breaking free, and even if they carry out that threat, this crime is the abuser's crime, not the survivor's, as much as the abusers try to set-up victims to blame themselves.

It is also important to note that some murders that occur in rituals and programming sessions are staged, not actual.

Victims are tricked into believing that the murders are actual to terrorize them. It is not only the abusers' words that should never be trusted. Memories of abusers' actions must also be carefully scrutinized for possible deception, faked and staged acts, "smoke and mirrors," and use of film combined with drugged states to make victims believe that the events in the film actually occurred.

Unfortunately, murder by organized abusers is a reality, and we must not discount survivors' concerns about the possibility of murders being committed in retaliation for their defying their abusers.

Many ritual abuse survivors report that the people most likely to be killed by organized abusers are:

1. Homeless people (when they go missing, no one may notice and foul play is less likely to be suspected),
2. Children abducted from third-world countries,
3. Infants delivered pre-term by the abusers,
4. And people born "off the grid," raised in captivity by abuser groups and abuser families.

People "on the grid" with registered births, social security numbers, etc., are less likely to be killed, because the abusers do not want to risk drawing any attention from law enforcement. The abusers' greatest concern is maintaining their secrecy.

Many ritual abuse survivors report that their abusers take children of their victims to be raised by someone else, in part to control victims by repeatedly telling them that this child will be killed if they ever defy the abusers. In some cases, this is an empty threat. Many victims are significant "projects" of the abusers, an investment of significant money, time, and ego, a valuable asset to be used by the abuser group in the future in some manner, e.g., a profession that benefits the abuser group, or a function in the abuser group.

Such victims are not easily expendable to the abusers. If the child was born "on the grid," it is more risky for the abusers for that child to come up missing. The children at highest risk of being killed are children whom the abuser group always intended to kill for some purpose.

Some victims have loved ones who were not raised in the abuser group and who are of no direct value to the abusers. Some survivors report that such people have been killed in retaliation for their breaking free. This may be made to look like an accident, such as a fatal car accident, suicide, or willful disappearance.

Therapists and clergy should not try to convince survivors that abusers will never kill someone in retaliation for their breaking free. No one can guarantee that this will not happen. This is life and death organized crime, and very similar to what we know about more overt organized crime.

Survivors' fears that law enforcement, on a local or larger level, is compromised should also not be discounted. The book, "The Franklin Scandal," by Nick Bryant, documents an important case of a nationwide pedophile ring that Nebraska legislators nearly exposed in 1990.

However, Bryant writes, "The legislators' efforts resulted in rash of mysterious deaths and the overpowering corruption of federal and local law enforcement, including the FBI, Secret Service, and Justice Department, effecting an immaculate cover-up of the trafficking network." There were many deaths in the Franklin case that raise very troubling questions of foul-play connected to the cover-up. See: <http://franklinscandal.com/> .

So, the decision to leave or stay is sometimes a true life and death decision. On the one hand, people may truly be killed in retaliation for leaving. On the other hand, to not break free is to subject oneself to the will of the abusers for a lifetime, which usually includes being forced to hurt or kill many other people.

And to not break free, to submit to the abusers for a lifetime, for fear of their carrying out their threats, plays right into the hands of the abusers, making threats as a means of control of survivors all the more effective.

There are measures that can be taken to reduce danger to victims and loved ones. Survivors who believe that they or others might be killed, or made to appear to have committed suicide, should make a clear and convincing written document or DVD or videotape of their fear of being murdered, their desire to live rather than to suicide, and their having no plans to disappear.

This can increase the fear of an abuser or abuser group of being identified upon committing a murder or a murder staged to appear as a suicide, accident, or willful disappearance.

Guidelines for making a Safety DVD or Video-tape are outlined on the page on this website "Safety Tips for Ritual Abuse Survivors": <http://endritualabuse.org/activism/safety-tips-for-ritual-abuse-survivors/>

- **5. Promises of Status and Power for Cooperation**

Ritual abusers usually make false promises to their victims of greater safety and status in return for greater obedience. These lies are a standard part of programming. There simply are not enough high positions in cult groups for all of the victims with self-states who have been told that they were slated for high positions.

There are always higher levels and more horrible things one must do and endure in order to rise yet another rank. In cult groups, higher status usually includes needing to prove that one can take more pain than the people “below.” Additionally, since cult members distrust each other and are always vying for position, the higher one rises in the group, the more members “below” them will try to set them up to sabotage them.

Self-states motivated by status and power are generally dissociated from self-states who know the more painful truths about their abuse — that staying in the abuser group means a lifetime of extreme abuse, that no matter what they do, they will be abused, and that there is an enormous emotional and spiritual cost of hurting others.

I know a survivor whose children told her, as she drove them home from a ritual, that she said, “I just can’t hurt people anymore.” This was the beginning of her breaking free. Self-states motivated by status and power need to eventually face that their wishful hopes for power and status are rooted in dissociation from great physical, emotional, and even spiritual pain and suffering.

I believe that self-states motivated by status and power will almost always be present in victims of ritual abuse and mind control. Their existence does not mean that the “whole person,” or bulk of the person, or the “core” or “heart” of the person has opted for evil. Identification with the aggressor is almost always a response, on some level, to extreme abuse, even if only unconscious or held in dissociated self-states.

When helplessness, pain, and terror reach levels of psychological intolerableness, there is a natural human tendency, on some level, even if only unconscious, to wish to be a powerful abuser rather than a helpless victim, and to have impulses to discharge our rage onto others.

This is a painful harsh human reality that survivors must learn to face within themselves in order to genuinely be able to work this through, a reality that non-abused individuals can pretend they would never feel.

- **6. Loyalty and Attachment Based Ultimately in Extreme fear**

Loyalty and attachment to abusers is a survival mechanism, exemplified by “Stockholm Syndrome.”

(See: Brief History: Stockholm Syndrome, by Laura Fitzpatrick (2009): <http://www.time.com/time/nation/article/0,8599,1919757,00.html>)

Adah Sachs, attachment-based psychoanalytic psychotherapist in London, explains that since attachment is ultimately a survival response, victims of extreme abuse, such as ritual abuse, inevitably attach strongly to extreme abusers in order to survive.

Extreme and sadistic abusers fully engage with their victims only during their abuse of them. Therefore, the victim's need for proximity to the abuser, and the full engagement of this abuser/attachment figure, is highest during the acts of extreme abuse, when threat to life is the highest.

For the victim, terrifying abuse becomes the inevitable gateway to engage with the abuser/attachment figure on whom their life depends. The victim cannot fight the abuser off or set him/herself free from the abuser because of the heightened intensity of the need for attachment in the midst of terror. This consequently forms a "blueprint" for the victim's attachment style. Sachs posits that working through this attachment "blueprint" or style needs to be the focus of therapy and that transformation of this style of attachment is the key to any lasting freedom.

Sachs discusses these ideas in depth in her chapter, "As Thick as Thieves, or the Ritual Abuse Family — an Attachment Perspective on a Forensic Relationship," in the new book, "Attachment, Trauma and Multiplicity (second edition)" (2011), edited by Valerie Sinason (see: http://www.amazon.com/Attachment-Trauma-Multiplicity-Dissociative-Identity/dp/0415491819/ref=dp_ob_title_bk/192-4529334-2985350).

In addition, many sophisticated abusers deliberately set up particular self-states to bond to them, to be loyal to them, and to serve them. They go to great lengths to convince these self-states that only the abusers love them, and that any people who truly care for them, or who are a potential source of help or support, including loved ones, therapists, clergy, law enforcement, child protection, etc., are dangerous or are part of the abuser group.

One survivor explained to me, "Most of my reporters were created by my abusers to be perpetrator-friendly entities, with no ambitions beyond pleasing or serving their programmer/handler, etc. They just never knew anything different, any other way of being in the world."

If there is a protective parent, the abusers usually work to convince the victim that this parent does not love them and has abused them. Psychologically-sophisticated abusers often abuse their victims while impersonating the victims' loved ones. The victims are often drugged to make them more suggestible to being tricked by such ploys. The abusers may also trick these self-states into believing that the abusers are the victim's true parents.

The abusers often make victims, usually particular self-states, believe they are their victims' romantic partners, often including ritual marriages. They often make their victims believe that the abuser group is the only place where they belong, that this is the only place they are needed and valued, that they are special or "chosen," that some powerful and terrifying deity has a pre-destined important fate for them, etc.

The abusers often torture their victims to near-death and stage fake rescues, to make victims believe that the abusers or their deities have complete control of their life or “life force.” Commonly, self-states who “were rescued” from near-death by an abuser have no knowledge that the same abuser also tortured them or turned them over to others to torture them. In some cases, abusers make a victim believe that the victim is the only one whom the abuser can rely on for help, love, and rescue, again exploiting the victim’s capacity for love.

Self-states who have been manipulated into bonds of love with their abusers need to learn about the abuse that is known by other self-states.

Svali, a ritual abuse and mind control survivor, has written an excellent article on bonding to abusers that expands upon the above ideas. See: “Trauma Bonding: The Pull to the Perpetrator” (Oct 12, 2000), at: <http://www.shieldofaith.org/resources/library/article.asp?s=0&i=195> (Retrieved from the internet on April 24, 2011).

- **7. Perceived Spiritual Attachment**

Ritual abusers often conduct rituals to cause their victims to believe that demons, fallen angels, and abuser spirits have attached to them, control them, always watch them, can harm them, etc. For victims, feeling influenced or threatened by these forces is often a factor in their believing that they have no choice but to continue to submit to their abusers.

Some survivors and some of their self-states believe these perceptions of spiritual influences are simply the result of abuser tricks, smoke and mirrors, hypnosis combined with drug effects, etc., used in rituals and programming sessions. For these survivors and self-states, resolution of the effects of these events is achieved by discovering and exposing the abuser manipulations that were done to convince their self-states that these spiritual effects controlled them.

Some survivors, or self-states within survivors who hold very different spiritual beliefs or even who hold no spiritual beliefs, believe that such spiritual attachments are actual. For these survivors and self-states, a spiritual approach is often a required element to resolving their effects. Most religious and spiritual traditions include means of spiritually separating oneself, and protecting oneself, from malevolent spiritual influences. In most traditions, this includes an assertion of one’s own free will.

For survivors of ritual abuse, recollection of the rituals in which attachments were perceived to have been achieved is often necessary in order to assert one’s free will against these forms of abuse and their effects.

- **8. Belief in the Ideology of The Abusers**

Ritually abusive or mind control abuser groups generally indoctrinate their victims, more accurately — critical self-states within their victims, into their ideology, often beginning in early childhood. This occurs both as a function of belonging to the social milieu of the abuser group, and in specific programming targeted for this purpose. These beliefs are usually held in self-states who hold powerful positions within an internal hierarchy on the abuser group side of the self-state system, not in the “daytime” self-states.

Espionage-based mind control groups with political, or ethnic or religious supremacy, agendas indoctrinate their victims into the political/ethnic/religious supremacy agendas of the group. These groups tell their victims that they are providing a valuable service to their citizenry, a public who would otherwise have their security greatly threatened. Self-states who serve these groups are often valued much like honored soldiers.

Ritually abusive groups indoctrinate their victims into their spiritual beliefs. This generally includes a belief that their deities will return favor to cult members, such as increased power and some form of immortality, in return for offerings to appease, or win favor with, these deities. These offerings include child abuse and usually some form of death sacrifice. They also believe that these acts empower their deities, whom they usually view as rivals of the Judeo-Christian God.

Or they may abuse in the name of both the Judeo-Christian God and a rival deity, believing that good and evil must be made equal in the world. Victims are usually taught that if they abandon the abuser groups’ beliefs and practices, they will incur the wrath of both the cult groups’ deities and the Judeo-Christian God.

In some cases, cult indoctrination leaks into the victim’s daytime self-states resulting in a cloudlike, preconscious sense of being different, evil, bad, or connected to the abuser group’s deities. For example, a survivor reported to me that her first indication of her victimization was when her therapist casually asked her, “Who is your savior?” and the word, “Satan” flew out of her mouth, much to her shock and dismay.

In other cases, an alignment with the religious or political agenda of the abuser group by indoctrinated self-states is completely walled off from the “daytime” self-states, who often hold religious beliefs directly opposed to that of their abusers.

Indoctrinated self-states aligned with the ideology of the abuser group may sabotage efforts of other self-states to break free of an abuser group. In ritual abuse survivors, some self-states may have a religious identity tied to the cult group, nostalgia for the spiritual practices, and sense of community and belonging in the cult. These self-states are often not conscious of other factors that affect their held ideologies.

They often have little awareness of the world outside of the abuser group, so they have little experience with other views, religions, and values. They often have less awareness of the abuse than the self-states who “took” the abuse and hold this trauma. And they often have no knowledge of the specific torture-hypno-conditioning used to make them fear any disloyalty to the abuser group’s beliefs.

These indoctrinated self-states often benefit greatly from having experiences of kindness and reciprocity with individuals outside of the abuser group, such as loved ones, clergy, and therapists. In these relationships, they may experience freedom of thought, the right to question and critically evaluate the abuser’s ideologies, and the capacity to choose what they wish to believe for the first time.

- **9. Feeling Unworthy of Belonging Anywhere but with The Abusers**

Sophisticated abusers go to great lengths to convince victims and specific self-states that they are unworthy of love and incapable of belonging anywhere but in the abuser group. They place victims in no-win, forced-choice, Machiavellian set-ups in which the victim must harm a person or animal, or the abusers will inflict worse harm on that person or animal, and often to someone else as well. When the victim performs the act that averts the greater harm, the abusers then proclaim the victim to be an accomplice, a murderer, evil, unlovable, etc. These claims are lies. The victim was given no choices that did not involve harm being done to an other person or animal.

The victim was given no real choices.

In some cases, victims are ruthlessly tortured for the purpose of filling them with rage and then manipulated to turn this rage against self and/or others.

Some abusers combine torture and theatrics to make victims perceive that Satan, or some other deity worshiped by the abuser group, saved them, and that God and the rest of humanity abandoned them. Similar tactics are used to trick victims into believing that most therapists, clergy, police, and child protection workers are part of the abuser network. They are told that no one outside of the abuser group will ever love them, believe them, accept them, or deem them to be anything but crazy.

These unfair beliefs about the self are often very difficult to right. But, this work is a very necessary part of the process of breaking free. Survivors need to make a deep decision to defy their abusers' messages and to assert within themselves their rights to kindness, dignity, happiness, and healing. They must stop judging and punishing themselves for the things they did in the context of torture and threat to life and limb. Sometimes, specific rituals need to be recalled in order to resolve the roots of some of these beliefs in specific self-states. See this page on my website, "Spiritual and Psychological Resolution of the Pain and Torment of Having Abused or Killed While Victimized by Ritual Abuse and Mind Control" for help in resolving these issues:

<http://endritualabuse.org/healing/spiritual-and-psychological-resolution-of-the-pain-and-torment-of-having-abused-or-killed-while-victimized-by-ritual-abuse-and-mind-control/>

- **Conclusion**

It may help survivors to consider the following. Abusers do not tell their victims, and they try not to admit to themselves, that they live in constant fear. No matter how arrogant they try to appear, no matter how invulnerable they try to convince themselves that they are, ultimately almost everything they do is driven by fear.

They threaten their victims and try to control the minds of their victims primarily due to their fear of their victims. They fear their victims remembering their abuse. They fear their victims turning on them, hating them, judging them. They fear their victims exposing their abuse, reporting them to their therapists, to law enforcement, to child protective services, to investigative reporters.

They fear therapists, activists, advocates, clergy, public outcry, and increased evidence of ritual and mind control abuse being circulated on the internet. They fear death and the consequences of their actions after death, no matter how determined some of them are to be atheists or "pure" scientists, no matter how devoted others of them are to Satan or other gods that they believe will save or favor them after death or grant them immortality. In all of these ways, their fear is deeper than that of their victims because they know that what they are doing is undeniably wrong.

Survivors do escape organized and powerful abusers, despite all of their abusers' threats, despite a life-time of torture and mind-games to try to entrap their victims for life. People get away, people find love, people get to help other survivors, and sometimes survivors even get to live a life that is not determined by their abuse.

This has been the most difficult page I have ever written for my website. I can think of nothing more horrible than being placed in the positions in which organized abusers place their victims. I feel "holy rage" about this, as many survivors feel. I stand united with you, and I wish you freedom.

I am thankful for the important insights and contributions to this piece by three valued colleagues:

A survivor of ritual abuse and mind control, and activist against these abuses, who wishes to remain anonymous.

Thorsten Becker, social worker in Lueneburg, Germany. He was a counselor on cult-related problems from 1984 until March 2000. Since then, he has been a freelance supervisor and case-consultant/manager for therapists, social workers and investigators, specializing in issues of ritual violence. In 1994, he was awarded the German Child Protection Award for his work with ritually abused children. His website is www.BeckerTho.de.

Alison Miller, Ph.D., psychologist in Victoria, Canada, author of the book, "Healing the Unimaginable: Treating Ritual Abuse and Mind Control," to be released in the Autumn of 2011, by Karnac Books.

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(Modified: May 11, 2011)

*Cleansing our
Conscience
(Mind Renewal)*

Hebrews 9:13-14 says — For if the blood of bulls and of goats, and the ashes of an heifer sprinkling the unclean "sanctifies" to the purifying of the flesh: how much more shall the Blood of Messiah, Who through the Eternal Spirit, offered Himself without spot to GOD, **purge your conscience** from "dead works" to serve the Living GOD.

1. To **PURGE**, means **to get rid of impurities**.
2. **DEAD WORKS** are those things, which are man-made standards, rituals, ceremonies, traditions, and doctrines we are told to do by man. It is NOT recognized by GOD. It is unfruitful works in our lives. It is empty, false ways of doing life, self-invented by man, seeking to please and serve GOD on our terms.
3. **CONSCIENCE** means what each one of us understands, and is aware of ourselves completely. So, each one of us will have a different conscience.

What is our Conscience?

The conscience is defined as that part of the human psyche that induces mental anguish and feelings of guilt when we violate it and feelings of pleasure and well-being when our actions, thoughts and words are in conformity to our value systems. The Greek word translated "conscience" in all New Testament references is *suneidēsis*, meaning "moral awareness" or "moral consciousness." The conscience reacts when one's actions, thoughts, and words conform to, or are contrary to, a standard of right and wrong.

The New Testament concept of conscience is more individual in nature and involves **three major truths**.

1. **FIRST**, conscience is a GOD-given capacity for human beings to exercise self-evaluation. Paul refers several times to his own conscience being "good" or "clear" ([Acts 23:1](#); [24:16](#); [1 Corinthians 4:4](#)). Paul examined his own words and deeds and found them to be in accordance with his morals and value system, which were, of course, based on GOD's Standards. His conscience verified the integrity of his heart.
2. **SECOND**, the New Testament portrays the conscience as a witness to something. Paul says the Gentiles have consciences that bear witness to the presence of the GOD's Commandments written on their hearts, even though they did not have the Mosaic Law ([Romans 2:14-15](#)). He also appeals to his own conscience as a witness that he speaks the truth ([Romans 9:1](#)) and that he has conducted himself in holiness and sincerity in his dealings with men ([2 Corinthians 1:12](#)). He also says that his conscience tells him his actions are apparent to both GOD and the witness of other men's consciences ([2 Corinthians 5:11](#)).

3. **THIRD**, the conscience is a servant of the individual's value system. An immature or weak value system produces a weak conscience, while a fully informed value system produces a strong sense of right and wrong. In the Christian life, one's conscience can be driven by an inadequate understanding of Scriptural truths and can produce feelings of guilt and shame disproportionate to the issues at hand. Maturing in the faith strengthens the conscience.

Another reference to conscience in the New Testament is to a conscience that is "seared" or rendered insensitive as though it had been cauterized with a hot iron ([1 Timothy 4:1-2](#)). Such a conscience is hardened and calloused, no longer feeling anything. A person with a seared conscience no longer listen to its promptings, and he can sin with abandon, delude himself into thinking all is well with his soul, and treat others insensitively and without compassion.

It is easy to see the need for us all to be cleansed of the defiling bombardment of the world — especially TODAY — with its blatant messages of sin, sexuality, greed, images, constant perverseness, wickedness, and twistedness ... in following Messiah Y'shua (Jesus), we make the choice to be a SET-APART people, who daily continue to cleanse ourselves of the defilement of this world by walking in GOD's Ways and Instructions, GOD's Word being our Plumbline.

We CHOOSE:

- To have GOD as our FATHER and KING.
- To LOVINGLY obey and walk in HIS Ways and Instructions.
- To be a holy, SET-APART, royal priesthood.
- To see TRUTH, with GOD's Word as our Plumbline.

We REJECT:

- Works of self-righteousness.
- Man-made doctrines/traditions.
- Self-ambition/ego.

HOWEVER, in working through Journey2Wholeness (J2W — the follow-on series from J2F), we saw that there is ALSO the aspect of cleansing/renewing our MINDS/thinking patterns from the molding of our parents, family, and childhood experiences — to GOD's Mindset/Truth/Ways.

We saw the role of CONSCIENCE — in particular, our SUBCONSCIOUS mind — and how during the formative years of our childhood, we form un-Godly beliefs/lies/perceptions — "Life Commandments" — from which we live out our adult lives.

We saw that “Life Commandments” are not only the blatant lies/negative words of the authority figures (parents, teachers, etc.) of our childhood — but ALSO those ways, cultures, family “sayings”/traditions that may be perceived as “good” and “right”, and YET are contrary to GOD’s Ways and Kingdom, and keep us in bondage and hinder us from knowing/loving GOD the FATHER fully. We saw that these “good” Life Commandments are the most subtle and many times the most hindering.

This is why GOD’s Word/Ways MUST be our Plumbline!

We CANNOT base our decisions and walk on our perceptions of what is right or wrong (from our childhood/family/parents), but ONLY on GOD’s Word/Ways — this is the ONLY Truth and Solid Foundation!

The process of mind renewal and cleansing is a JOURNEY! But we must have made that decision — that in following Messiah Y’shua (Jesus), it is no longer MY ways, culture, traditions, thinking patterns/beliefs, desires/ego — but I CHOOSE to make GOD KING over every area of my life, and seek to have Him cleanse and sanctify me, according to HIS Ways, Thinking, and Kingdom.

In making this decision, we walk the JOURNEY of maturity, in which GOD the FATHER — through the Blood of Y’shua and Power of the Holy Spirit — teaches us and cleanses us, CONFORMING us to the Image of the Son.

This is the Biblical mindset versus that of the Greek-Roman mindset.

Biblical Mindset	Greek-Roman Mindset
ACTION:	THOUGHT:
We SH’MA (hear and DO).	THINK correctly.
We WALK in GOD’s Ways.	It doesn’t matter so much what my ACTIONS are — but that I think (“believe”) the correct way/doctrines.
We OBEY GOD’s Instructions.	

For the Biblical mindset — it is as we DO (obey) and WALK in GOD’s Instructions, that healing, restoration, and cleansing comes ...

PRAYER:

Heavenly FATHER, I see how my perceptions, thinking patterns, mindset, traditions have been formed by my parents, family, authority figures, and childhood. I see that so much of what I grew up with was NOT in line with Your Ways, Instructions, and Kingdom.

FATHER, will you lead me on this journey, to truly make You KING of all of me? That you teach me Your Ways? That I may walk according to Your Instructions and Word?

FATHER, by the Guidance and Power of Your Holy Spirit, would You cleanse me and renew my mind by Your TRUTH? By Your WORD?

FATHER, I want to LOVE and SH'MA (hear and obey) You in every way ... please teach me Your Ways, as I follow after Y'shua (Jesus):

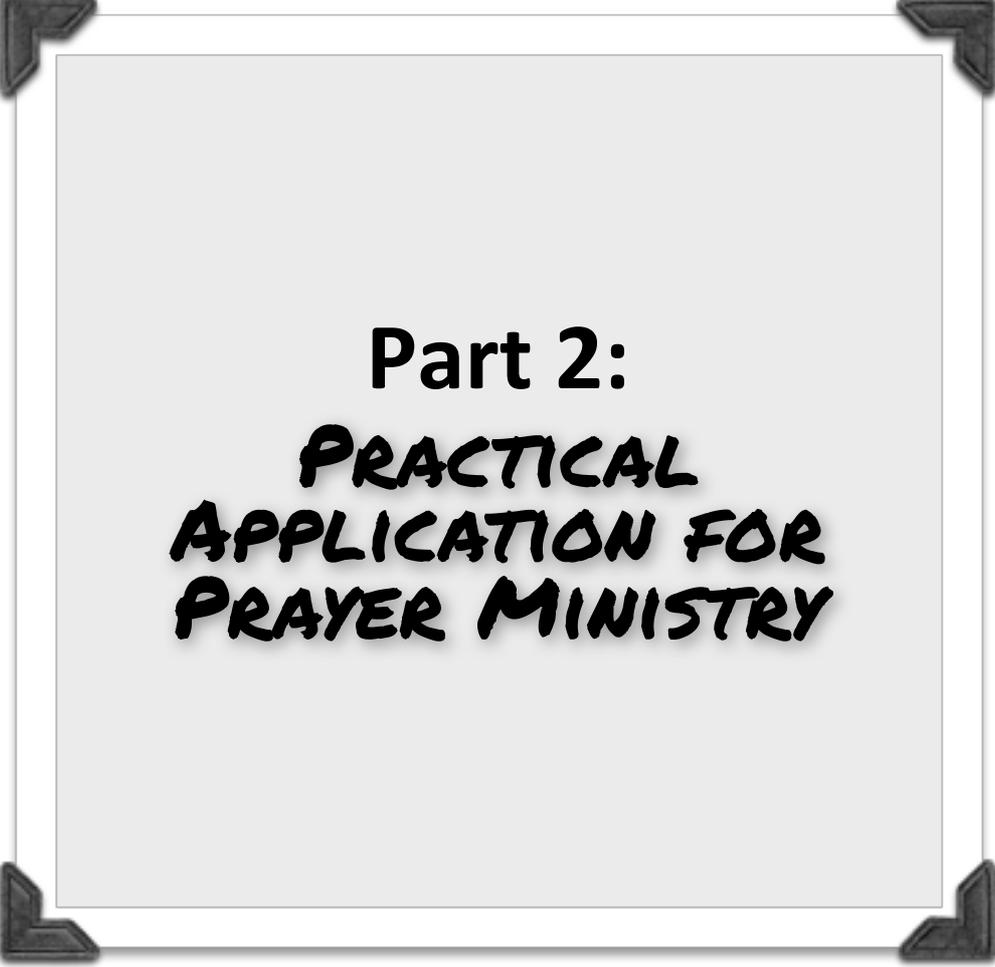
Hebrews 8:10 *"10 For this is the (Renewed) Covenant that I will make with the House of Israel after those days, says the LORD: I will **imprint My Instructions upon their minds, even upon their innermost thoughts and understanding, and engrave them upon their hearts; and I will be their GOD, and they shall be My people.**"*

Ezekiel 36:26-27 *"26 A new heart will I give you and a new spirit will I put within you, and I will take away the stony heart out of your flesh and give you a heart of flesh. 27 And I will put my Spirit within you and cause you to walk in My Statutes, and you shall heed My Ordinances and **DO them.**"*

Psalms 25:4 *"4 Show me Your Ways, O LORD; teach me Your Paths."*

The whole of Psalm 119.

AMEN!



Part 2:
**PRACTICAL
APPLICATION FOR
PRAYER MINISTRY**

*The Difference between
the Hybrids of today and
those of Genesis 6*

They are very human in appearance. You need to remember that hybrids cannot be saved because they are NOT human.

The anti-christ and false prophet are also not human — when Y'shua (Jesus) returns at His Second Coming after Armageddon — the false prophet and anti-christ are thrown in to the Lake of Fire (Revelation 19:20).

Revelation 20:10 *"Then the devil who had led them astray [deceiving and seducing them] was hurled into the fiery lake of burning brimstone, **where the beast and false prophet were**; and they will be tormented day and night forever and ever (through the ages of the ages)."*

If they were human they would have to appear before the Great White Throne Judgment.

The proto-type hybrids that come forth from Christian women sired by satan or fallen angels represent the quintessential man who will be revealed as the false prophet and the anti-christ. Nephilim conceptions usually take place when the ladies are 13, 26, 39 years old.

These hybrids are made from a DNA substance or essence that is superior than mere humans in our unglorified state. The women must be Christians. **These hybrids contain the images of both the anti-Christ and the false prophet who are both "beasts" i.e. they are hybrids.**

All Christ rejecting mankind who receive "the mark of the beast" will get a **DNA upgrade**. They are promised *"you shall not die but live for ever"*. The Word promises us that it will be in this last generation that the Lord will return. (See **"The Fig Tree Has Budded"** <http://www.douglashamp.com/the-fig-tree-has-budded/>)

Matthew 16:1-3 *"Now the Pharisees and Sadducees came up to Jesus, and they asked Him to show them a sign (spectacular miracle) from heaven [attesting His divine authority]. **2** He replied to them, When it is evening you say, It will be fair weather, for the sky is red, **3** And in the morning, It will be stormy today, for the sky is red and has a gloomy and threatening look. You know how to interpret the appearance of the sky, but you cannot interpret the signs of the times."*

We can know and must know we are living in this generation!

This is the end-time challenge of satan against the Lord. We must declare that we will not be a part of this last day deception. We will **not** evolve into a demonic "new hybrid species" — because hidden within us is the DNA of Eternal Life in Christ (1 John 3:9). We have the New Life in us at New-Birth — the last step will be when we are transformed into a new body. We will share the Glory of Y'shua (Jesus) in a NEW body.

Satan has come to produce a "replacement humanity". Once you take this mark and your DNA is changed — there will be no redemption.

Why are Christians selected for satan's purposes?

We are members of Christ and of one another — satan does not have a body like Christ — so he has to capture those in the Body and infiltrate in that way.

Satan has used Christian DID/SRA people as **shields** to protect himself against the Judgment of GOD. Every time a survivor breaks free from the control of the New World Order, the results are that these shields are coming down in the Name of Y'shua (Jesus)!!

Every DID/SRA survivor represents **anchors for the shields** over the whole world. The shields are enmeshed and connected through **deep bonding**. These bonds are multi-layered and proxies — extensions of them.

The Description of Leviathan³

Following are various translations of **Job 41:12-17**.

(Orthodox Jewish Bible)

- *12 I will not keep silent about his members, nor his gevurah (might or power), nor the grace of his form.*
- *13 Mi (who) can remove his outer garment? Or mi (who) can come near him with a double bridle?*
- *14 Mi (who) can open the doors of his face? Terror is round about his teeth.*
- *15 His scales are his ga'avah (pride), shut up together as with a rigid chotam (seal).*
- *16 One is so near to another, that no ruach (air) can pass between them.*
- *17 They are joined one to another; they stick together, inseparably.*

(Complete Jewish Bible)

- *12 I have more to say about his limbs, his strong talk, and his matchless strength.*
- *13 Who can strip off his [scaly] garment? Who can enter his jaws?*
- *14 Who can pry open the doors of his face, so close to his terrible teeth?*
- *15 His pride is his rows of scales, tightly sealed together —*
- *16 One is so close to the next that no air can come between them;*
- *17 They are stuck one to another, interlocked and impervious.*

³ See also Isaiah 27:1

(American Standard Version)

- *12 I will not keep silence concerning his limbs, Nor his mighty strength, nor his goodly frame.*
- *13 Who can strip off his outer garment? Who shall come within his jaws?*
- *14 Who can open the doors of his face? Round about his teeth is terror.*
- *15 His strong scales are his pride, Shut up together as with a close seal.*
- *16 One is so near to another, That no air can come between them.*
- *17 They are joined one to another; They stick together, so that they cannot be sundered.*

(Amplified Bible)

- *12 I will not keep silence concerning his limbs, nor his mighty strength, nor his goodly frame.*
- *13 Who can strip off [the crocodile's] outer garment? [Who can penetrate his double coat of mail?] Who shall come within his jaws?*
- *14 Who can open the doors of his [lipless] mouth? His [extended jaws and bare] teeth are terrible round about.*
- *15 His scales are [the crocodile's] pride, [for his back is made of rows of shields] shut up together [as with] a tight seal;*
- *16 One is so near to another that no air can come between them.*
- *17 They are joined one to another; they stick together so that they cannot be separated.*

The Position of the DID System in the HEAVENLIES

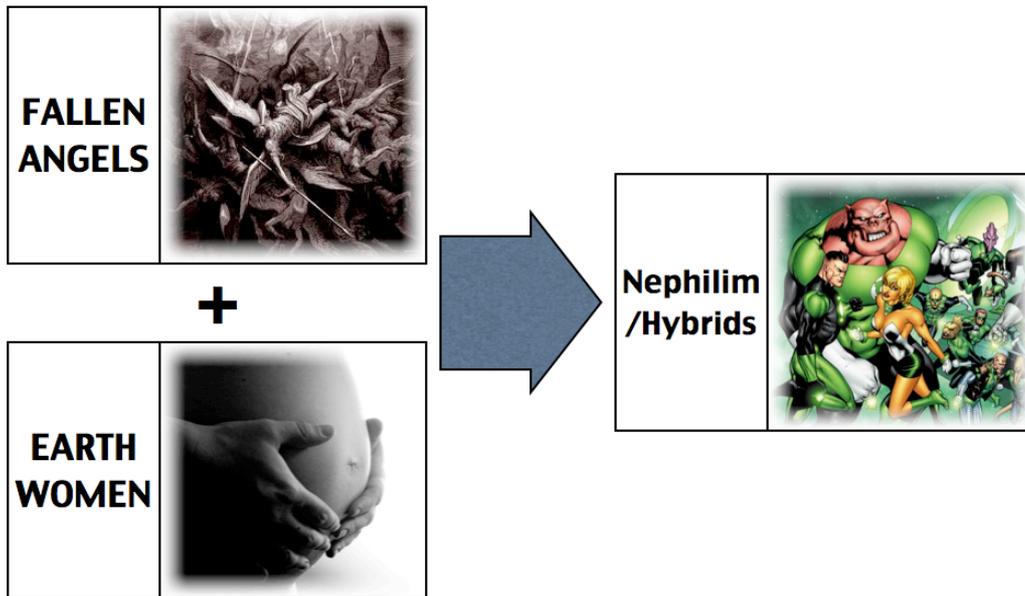
Every SRA person who is still cult invested has their DID system in the Second Heaven where satan has his throne. The cult monitors every person they have invested in. As they are losing power over the person, they will want to re-enforce their control by re-traumatizing the person.

THIRD HEAVEN	
SECOND HEAVEN	
FIRST HEAVEN	
MAN ON EARTH	

The HEIRARCHY of Fallen Angels, Nephilim, and Humans:

FALLEN ANGELS	
NEPHILIM	
HUMANS	

How are Nephilim created?



The Sheath

The Sheath

Daniel 7:15-16 Authorized King James Version (AKJV) “**15** I Daniel was grieved in my spirit in the midst of my body, and the visions of my head troubled me. **16** I came near unto one of them that stood by, and asked him the truth of all this. So he told me, and made me know the interpretation of the things.”

Daniel 7:15-16 Lexham English Bible (LEB) **Daniel Explains and Interprets the Vision** “**15** As for me, Daniel, [**a**] my spirit was troubled within me, [**b**] and the visions of my head terrified me. **16** So I approached one of the attendants and I asked him [**c**] about the truth concerning all this; and he told me [**d**] that he would make known to me the explanation of the matter.”

In the original Aramaic, Daniel 7:15 is translated — “My spirit was moved within its sheath”.

Footnotes:

- a. Daniel 7:15 Literally — “I Daniel”.
- b. Daniel 7:15 Literally — “in the midst of sheath”.
- c. Daniel 7:16 Aramaic — “from him”.
- d. Daniel 7:16 Aramaic — “to me”.

Daniel’s reaction to the vision and request for understanding:

I, Daniel, was grieved in my spirit within *my* body, and the visions of my head troubled me. I came near to one of those who stood by, and asked him the truth of all this. So he told me and made known to me the interpretation of these things:

- a. **Was grieved in my spirit:** Daniel had seen all this, and in more detail than he describes for us. He did not really understand all that he saw, and was troubled because of his lack of understanding.
- b. **Grieved in my spirit within my body:** This shows that our *spirit* indeed dwells *within* the *body*. It is true that the spirit is more important than the body (1 Timothy 4:8), but the state of the body may have an effect on the state of the spirit.

Clarke⁴ says that the phrase **my spirit within my body** has the sense of “within its sheath or scabbard.” From this, Clarke says, “Which I think proves:

1. That the human *spirit* is different from the *body*.
2. That it has a proper subsistence independently of the body, which is only its *sheath* for a certain time.

⁴ <http://www.studylight.org/com/guz/view.cgi?book=da&chapter=7&verse=15>

3. That the spirit may exist independently of the body, as the *sword* does independently of its *sheath*.”

Hebrew understanding of the “Sheath”:

The Hebrew word SHEATH (Strong’s H5084/5085) is spelt:

- NUN = activity, life, fish.
- DALET = door, pathway, enter.
- NUN = activity, life, fish.
- HEY = behold, reveal.

... and means “the body/receptacle of the SOUL”.

The word picture the letters make is — “life that can be seen through the door”.

Sheath — New Wineskin

The sheath can also be explained as a “new wineskin”:

Mathew 9:16 “16 And no one puts a piece of cloth that has not been shrunk on an old garment, for such a patch tears away from the garment and a worse rent (tear) is made.”

Survivors describe the sheath as follows ...

“It is elastic, when we become born again. Prior to that, I would suppose it to be more brittle and fixed ... I describe it like a membrane, to contain the human spirit — as a boundary between the human spirit and soul. The SHEATH is the interface between soul and spirit that is “surgically” altered to be utilized by the powers of darkness to actuate the soul instead of the Holy Spirit in union with the human spirit.

The sheath represents a GOD-created part of the immaterial make-up of man that apparently functions as a sort of interface between the human spirit and the soul. I would say that this sheath which is designed by God to be the interface between the spirit and the soul is captured and sequestered in some supernatural manner by satan so that his spirit now governs the soul of the person in place of the human spirit which is enveloped in spiritual death. (Ephesians 2:2). This would require a separate session to develop biblically and contextually regarding SRA/DID. (Doug Riggs)



Somehow satan capture this, turns it inside out, and reverses the function — it acts more like a magnet to spirits, to bring in attachments to the human spirit. If we have a clean spirit, the sheath is transparent and allows that which is in the spirit to be expressed in the soul.

I imagine it can be like the Mount of Transfiguration when our Messiah Y’shua (Jesus) was full of light, He was fully transfigured. There is no explanation as to how He does this, except from many other passages referencing spiritual growth from the spirit, soul, then body (in this order). In the following Scripture:

Revelation 21:11 *“11 Having the Glory of GOD. Her **brilliance** was like a very costly stone, as a stone of crystal-clear jasper.” (NAS)*

... brilliance means “luminary”, compared with:

Philippians 2:15 *“15 That you may show yourselves to be blameless and guileless, innocent and uncontaminated, children of GOD without blemish (faultless, unrebukable) in the midst of a crooked and wicked generation [spiritually perverted and perverse], among whom you are seen as **bright lights** (stars or beacons shining out clearly) in the [dark] world,”*

... we are to be luminaries in the world.

Somehow, the sheath contains the spirit and can be luminous when we are filled with the Holy Spirit. The New Jerusalem is transparent, full of light, clear like crystal clear jasper! Somehow, GOD purposed that this sheath is to be transparent, so when we are full of light, we “transmit” per se glorious light.

So, I maybe stretching this a bit — to say the sheath is that which allows all that which is in spirit, transmits through the soul, and we are luminaries ... but, there is much more to say about spiritual growth etc. and how our Messiah Y'shua (Jesus) was transformed.

I believe that satan reverses this process, and can use the sheath to attach demons, so what is transmitted or channeled is now attached to the sheath, to hide the true light — the Holy Spirit — and transmit the nature and the character of the demonic, satan, or nephilim.

Through death experiences, the human spirit is captured and likewise the sheath, per se, is turned inside out. As the human spirit leaves the body in a death ritual, it departs into the “heavenly space” and the demonic attaches itself to it through the ritual activity ... it feels as if the sheath is turned inside out, allowing demonic attachments access to the human spirit. The sheath then becomes the “controller” of the system.

This programming is done purely by satan and his hosts and nephilim, not by human means. Even though Mengele was able to create a similar type of programming in his laboratories — monitoring death, seeing the spirit depart, and the demons/etc. filling up, captivating the spirit and attaching to the sheath ... he was not nearly as effective as what satan is doing himself now.

The human spirit is captured and surrounded by attachments to the sheath, like a ball. So when the essence of the person tries to express her/himself, through their spirit, it comes through a membrane of demonic/satanic nephilim filter attachment to the sheath. So others experience death, when the person is trying to communicate life.

How to PRAY:

Pray that the sheath is reversed, turned right side in, and not inside out, in the Name of Y'shua (Jesus), and ask the Father to heal it, and restore the sheath's function to what He intended, and command it to stick to the human spirit the way the Creator designed.

Also command the demonic/satanic, nephilim imprints off the sheath, and ask the imprint of the Father/Son/Holy Spirit to be restored, and that the sheath be connected back to the human spirit and soul. Ask the person what happened (may be a series of events) to cause the attachment and detachment of the sheath — pray through these things.

The Jebusite Fortress

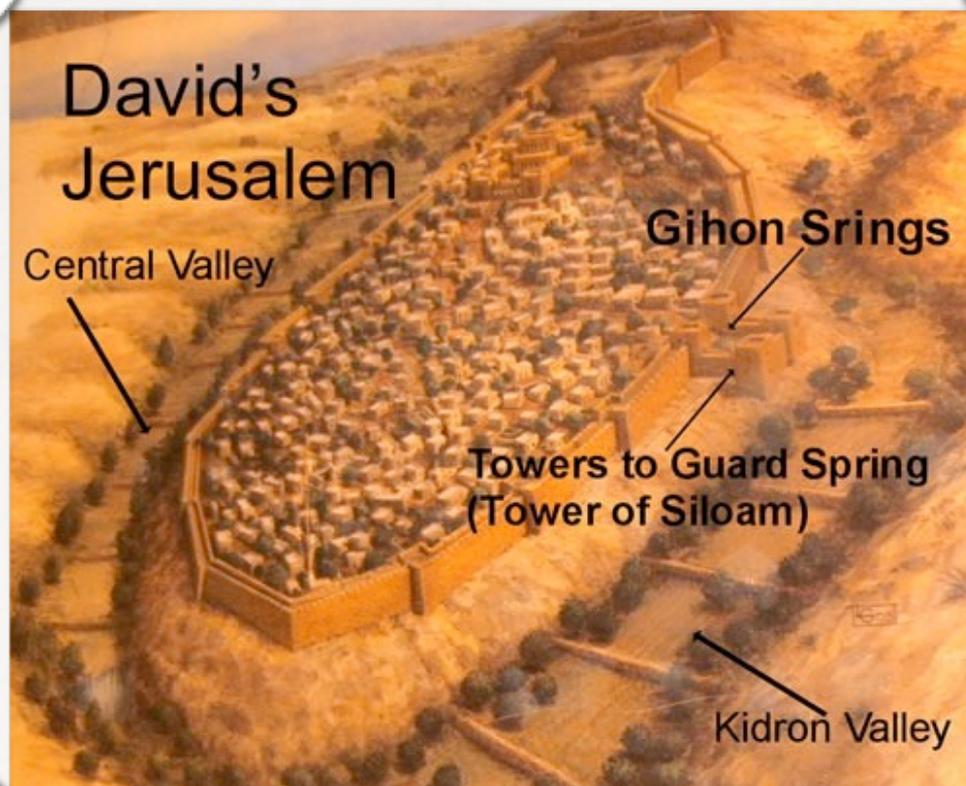
The Jebusite Fortress

2 Samuel 5:6-10 *“6 And the king and his men went to Jerusalem against the Jebusites, the inhabitants of the land, who said to David, You shall not enter here, for the blind and the lame will prevent you; they thought, David cannot come in here. 7 Nevertheless, David took the stronghold of Zion, that is, the City of David. 8 David said on that day, Whoever smites the Jebusites, let him get up through the water shaft and smite the lame and the blind who are detested by David’s soul. So they say, The blind and the lame shall not come into the house. 9 So David dwelt in the stronghold and called it the City of David. And he built round about from the Millo and inward. 10 David became greater and greater, for the LORD GOD of hosts was with him. David captured the Jebusite stronghold — he removed the enemy — and took over the stronghold.”*

David captured the Jebusite stronghold — he removed the enemy and took over the stronghold.

You ask, “Why did GOD allow all this bad things to happen to me?!”

Answer — He allowed satan to build HIM a HUGE place to fill and dwell in!!



The Programmers

The Temple of Set

The Temple of Set (The Temple of Power) is built upon mind-control. Since most of the members are either victims of mind-control or perpetrators or both, it would be productive to give the membership of this organization.

Dr. Flowers

Dr. Flowers, the Grand Master of the **Order of the Trapezoid**, may well be a programmer. In the least he is a slave handler.

Some total mind-controlled slaves will have Order of Trapezoid things internally. If they do, the therapist should recognize that this is the Temple of Set (Power) programming.

The membership of the Church of Set has been a closely guarded secret. Here it is ...

A few words of explanation are in order. Most of the names in the list are the actual names of people but some people joined the Temple of Set under aliases. For instance **Eddie W. Hands** is an alias for **Edward Wayne Cox** of Chatham, Louisiana.

E. Wayne Cox may have chosen this alias because he runs an international business of selling left hands taken from victims of human sacrifice.

The left hand is called by these satanists “the hand of glory”.

Although **Senator Robert C. Byrd’s** name doesn’t appear on the Temple of Set’s formal membership, he properly should be included in any membership list, because it was his legal expertise that helped Aquino set up the Temple of Set so that it would be legally protected by the Constitution.

Behind this legal Satanic organization is a large amount of illegal Satanic activity, including sacrifice, slavery, mind control, porn and drugs. Senator Byrd is an example of how evil men can pervert the use of the Constitution for evil.

Another name, which is not on the formal membership roster is **Jerry Lee Lewis**, but Jerry Lee Lewis works so closely with the Monarch slaves of the Temple of Set that he is an integral part of the Temple of Set system.

DR. GREEN (Dr. Joseph Mengele)

The most significant programmer, perhaps one could give him the title of the father of Monarch Programming was Joseph Mengele, an ex-Nazi Concentration Camp doctor. Thousands of Monarch mind-controlled slaves in the U.S. had "Dr. Green" as their chief programmer.

Physically the doctor was 5'8", dark-brown hair, greenish brown eyes, and gracefully handsome. He was a Dr. Jekyll-Mr. Hyde character who disarmed people by his kindness. He was gentle and quiet and intelligent, while still having a very sadistic brutal side to him.

Joseph Mengele was born into a wealthy satanic bloodline, and became one of the most powerful satanists in the world.

He was an expert on demonology and the Cabala. He was at least a Grand Master in the Illuminati, but how high he went up the hierarchy ladder is unknown to this author.

Because he was part of the Illuminati and their bodies are not to have visible scars, Joseph Mengele did not take the SS tattoo on his body when he joined the Nazi SS.

Mengele became the camp doctor at the famous Auschwitz Concentration Camp. Joseph Mengele was in a very key position as the camp doctor at Auschwitz.

He was able to use countless thousands of people as guinea pigs for experiments. One of the chief items that had to be charted in detail was how much torture various humans could take.

The charts were worked up so that the Illuminati would know exactly how much torture and how much nurturing to carry out in creating trauma-based mind-controlled slaves.

After Joseph grew up in Gunzberg with a family noted for their secrecy, and an abusive mother, he studied at Frankfurt-am-Main, which is a satanic stronghold in Germany. He interned at Leipzig, a town known for being the site of modern learning theories.

Later he joined the SA and then later the SS.

At the end of WWII, the United States army took custody of Mengele, and the secret satanists of the satanic brotherhood, got Mengele quietly smuggled into the U.S.

Mengele was given a higher profile in South America to lead people to think that he spent his time in South America. Actually Mengele spent a great deal of time travelling worldwide especially to places like Tavistock and China Lake's Naval Intelligence base where Monarch slaves were created from innocent children.

Although Mengele did indeed live in Brazil, Argentina and Paraguay a great deal of misinformation and disinformation has been dumped on the world by the CIA and other groups working for the Illuminati.

Mengele continued to love music and dancing throughout his life. He became a human puppet-master who used music to program with. He liked both the violin and the piano.

He did lots of **musical key-tones programming**. Some of his protégés also used music to program with. This bent toward using music then contributed to the fact that the **American country western industry** is an outgrowth of the Monarch program.

The country western industry is a cover for the drug running done via Monarch slaves.

Twins

Another bent of Mengele's also contributed to a direction that the Monarch program took. Mengele was fascinated by twins and twinning. Mengele experimented on thousands of twins, most of who died from the torture of the experiments. Science experiments need two groups, one of which is a control group. Twins make research easy.

Mengele used them extensively. He was developing, along with some German and Italian researchers, the capability to trauma-bond people to their abuser to such an extent that the victim would be totally loyal to their abuser.

During episodes in the camps when Mengele saved people from execution by the SS, some of those people remained loyal to him to this day in spite of an awareness of how many people he cruelly tortured to death. **Monarch slaves are programmed to think they have a twin somewhere.**

Many of them have been twinned into two-person and four-person-teams also.

Mengele was known by people in the camps by his victims as the Angel of Death, "Vater" (father), "Vaterchen" (daddy) and "Schoner Joseph" (beautiful Joseph).

Monarch mind-controlled slave victims who were programmed by him know him by names such as Doctor Green, Papa, David and Fairchild.

Monarch slaves remember the cadence of his shiny black boots as he marched back and forth while programming them.

Whether programming in a lab, or experimenting on humans Dr. Mengele enjoyed reducing people to the level of animals. However, **many times his victims were restrained from crying tears.**

Daisy-Game Programming

Mengele is well-known by his Monarch victims for his daisy game programming. He would pull off a daisy and say "I love you". Then he would pull off one and say, "I love you not". When the last daisy petal came out "I love you not", he would then kill a small child in front of the child he was programming.

Mengele was in Dallas during the killing of JFK, which was achieved by trained Monarch slaves. (In fact, the *Beaumont, TX Enterprise* on Monday, 10 April 1994 in the Metro Sect. B, on page B cont. to 4B, reports that a sworn affidavit exists where a man connects Joseph Mengele with Kennedy's death and to have seen Mengele at the Texas Book Depository.)

Luis Angel Castillo was just one of the Monarch mind-controlled slaves sent to kill JFK on 22 November 1963.

A woman from Germany named **Mrs. Krebs**, along with a host of other programmers, worked with Mengele on the Kennedy assassination.

In 1956, as part of the ongoing deception (and also showing the audacity of the Illuminati) Joseph Mengele applied and got an Argentinean foreign resident permit under his own name. He even travelled to Europe to various countries in 1956 using his own name.

Dr. John BOWLBY

According to the testimony and reports of many survivors BOWLBY's work has played a MAJOR role in DID/SRA and PROGRAMMING!

It is known that John BOWLBY spent the majority of his CAREER at the TAVISTOCK Centre, LONDON. BOWLBY's work focused on ATTACHMENT and BONDING, Particularly that of YOUNG CHILDREN, in the first FIVE years of CHILDHOOD.

As we've seen in J2F and J2W, BONDING (or LACK thereof) plays a CRUCIAL role in child DEVELOPMENT and BEHAVIOUR. Survivors have reported that BOWLBY worked with MENGELE, And his studies on BONDING became an important part of DID/SRA and PROGRAMMING.

To the PUBLIC, Bowlby focused on the BOND between a MOTHER and CHILD ... HOWEVER, survivors have reported in the foundational trauma and programming, the MOTHER is REMOVED, either by SACRIFICE or her giving the child over to SATAN. Even if the mother is sacrificed or killed, the child could be left with the DEAD mother for the first three months of its life, and this causes the child to be VERY bonded to the DEAD mother.

BONDING in DID/SRA is KEY and HOLDS programming in PLACE. The child is BONDED to MALE figures:

- Nephilim,
- Fallen angels,
- Or satan HIMSELF.

DR. WHITE (Dr. D. Ewen Cameron)

Dr. White was the cover name for D. Ewen Cameron (born 24 December 1901, died 8 September 1967). He was born in Scotland, was tall, imposing, and blue eyed, liked whiskey, and wore custom-made suits. He called women "Lassie". His favorite book growing up was *Frankenstein*. It is said that *Frankenstein* inspired him to go into psychiatry.

Cameron was president of the powerful American Psychiatric Association, and later the president of the Canadian Psychiatric Association, and then later the first president of the World Association of Psychiatrists. He was chairman of the Canadian Scientific Planning Committee.

Dr. D. Ewen Cameron, of Montreal, Canada was Dr. White when carrying out Monarch programming. Cameron tried to continue some of **Mengele's eye color research** in Canada. Mengele was trying to discover for the Nazi's how to make brown eyes blue.

Cameron received funding from the Illuminati. Cameron also got funding from the CIA. The Rockefeller Foundation gave him \$40,000 in 1943 to create the Allen Memorial Institute for psychiatry, an Illuminati front. He began doing programming early in the 1950s. Cameron had served on the gruesome western front in WWI.

As an Illuminati kingpin and programmer, Cameron (Dr. White) was very sadistic and cold blooded. He visited other programmers on the West Coast periodically.

One leading Canadian doctor said that Cameron "was not possessed of the necessary sense of humanity to be regarded as a good doctor". The man was able to instill fear into people by looking at them.

He met frequently with Allen Dulles, the head of the CIA. He travelled frequently including making stops in Washington. Many of the Monarch slaves on the east coast were victims of Cameron.

He worked long hours at his mind-control work like a driven man. In 1961, just one of Cameron's institutions administered under his supervision 60,000 electrical shocks to patients.

This is just what was recorded at one institution for one year. Who knows how many victims got electrical shocks and programming by this man?

He worked with the **Jesuit part of the NWO** in Canada. Leonard Rubenstein was one of his trusted assistants. Cameron encouraged dissension among his staff in divide-and-conquer tactics to maintain his power.

Cameron had a big ego that allowed him to steal other people's work and give himself credit for it, in his publications.

MILITARY Programming

MICHAEL AQUINO, a military/cult mind-control programmer.

An Overview:

Michael Aquino has been a trauma-based total mind-control (Monarch) programmer for the DIA Psychological Warfare Division. He is also a prominent public satanist.

A photo of Aquino in his military uniform is in the center picture section of Carl A. Raschke's *Painted Black* (San Francisco: Harper & Row, 1990.)

Other hooks contain various pictures of him in satanic garb with ritual items. Most of the programmers have chosen to remain in the background, Aquino with his enormous ego, has chosen otherwise.

Senator Byrd (KKK leader and Freemason) and Aquino have done a great deal together over the years, and have been like a team.

With the legal expertise of U.S. Sen. Robert C. Byrd, Aquino established the Temple of Set, a satanic cult as a legal religion recognized by the U.S. government and the U.S. military.

This exclusive cult was designed to give these unchallenged criminals of the Network:

- A. A legal organization whose membership consists of a mixed group of slaves and handlers,
- B. A market outlet for their illegal drugs and porn,
- C. A good public, legal, openly satanic front with which to attack all media coverage of ritual abuse.

The controlled media could now excuse itself from covering ritual abuse, by saying that they had been threatened to be sued by the Church of Set.

Although the Church of Set has had the entire power of the establishment protecting it from investigation and criminal prosecution, the climate of control over the United States is still not complete enough for satanists to openly get away with their mind-control.

By identifying itself so intimately with the Church of Set, U.S. military intelligence has given the world an open trail of clues to help whistleblowers expose the mind-control that has been going on throughout most of this century.

Michael Aquino openly associated with men like President Ronald Reagan at the White House, again giving us the leverage to expose the secret satanic philosophies of America's leadership.

Most of these men lead double lives, and due to the mind-control it has been hard to establish (except for eye-witnesses) that they are secret satanists.

His Career

The army has known about Michael Aquino's satanism from the beginning, clear back in 1968.

Aquino (and some of his satanic lieutenants) received a High security clearance (reportedly level 6), and he served with the World Affairs Council.

A dozen leaders within the Temple of Set were Military Intelligence officers (for instance, Capt. Willie Browning and Intelligence Officer Dennis Mann).

Aquino wrote "*From PSYOP to Mind War. The Psychology of Victor*" published in the establishment's prestigious *Military Review* magazine.

Aquino writes in this "From PSYOP to MindWar ..." article — "... we shall create Mind War. The term is harsh and fear-inspiring, and so it should be: It is a term of attack and victory ..."

Aquino is a sadistic programmer, who loves to inflict pain on others.

Aquino has a doctorate in political science. He has two masters degrees (one is in political science, Univ. of CA, Santa Barbara, where he also got his doctorate).

Aquino is Airborne qualified. He studied at the U.S. National Defense University. He was in Military Intelligence in Vietnam & Germany, and the Presideo.

He was a Defense Intelligence Agency attache, and taught political science on the university level.

He reported directly to the Joint Chiefs of Staff and worked one on one with the Secretary of Defense Cheney.

He is a pseudo-intellectual whose ego and astronomically-large pride gets in the way of real learning. He was the former national commander of the Eagle Scouts Honor Society. (The Boys Scout system is heavily influenced by Freemasons and contains unfortunately some perverts that try to take advantage of the system for their own perversions.)

There was a massive cover-up in the Presideo Day Care scandal in which Aquino was involved in. There were hundreds of witnesses of the abuse.

The military and intelligence put strong pressure on the San Francisco police to get them to back down from doing anything to Aquino. During that time period, the Pentagon transferred Aquino from the Presideo back to the National Defense University, Wash., D.C. (And later he wound up in the St. Louis area.)

During the investigation of the Temple of Set, the FBI claimed they had no record of such an organization. The military at the Presideo, had a spokesperson tell the press that Aquino was a good soldier who did his job.

Aquino hides behind his religion. In his *Scroll of Set* Aquino accuses the father of the girl who pointed him out as her abuser as persecuting him because he is a satanist.

Aquino writes, "Also relevant is his profession as a Christian clergyman; I certainly doubt that he would have made such an outrageous accusation against any Lieutenant Colonel who was not known to be a prominent Satanist." (p. 4 Oct. XXII)

The truth that everyone will realize on their own is that any loving, caring father when he discovers some pervert has severely sexually molested and tortured his daughter is going to go to the police no matter what religion the villain belongs to.

In 1985, U.S. Army major Grady McMurtry of Berkeley, CA and Kenneth Grant's OTO got into a legal battle over who was the actual chartered OTO lodge in the U.S.

Col. Michael Aquino of U.S. Military Intelligence watched the legal battle, and wrote these comments in the *Scroll of Set Vol. XII No. 5*, October 1986 — "While sitting in the courtroom watching Judge Legge preside sternly over the slug-out, I couldn't help wondering if he had any idea he was ruling on which group had legal claim to anal sex as the supreme religious sacrament in the United States."

Witnesses report that one of Aquino's favorite types of sex is necrophilia, which of course can also be carried out with alters that are in a death state.

Personal History

Michael's father was an Italian Catholic. A Canadian police document that this author has indicates that Michael's mother was Betty Ford.

Michael's wife is Lilith Sinclair.

Besides being a Satanic High Priest and Ipsissimus, and a Military Intelligence Officer in Psychological warfare, Michael was a stockbroker for a while.

In 1970, he joined the Church of Satan, and led a grotto in Kentucky. Michael gave lectures on Satanism at the University of Louisville, and used his house in Louisville for rituals.

Aquino claimed to be anointed as the Second Beast, the one that Aleister Crowley prophesied in *The Book of the Law* (See Aquino's *The Book of Coming Forth by Night Aquino*). While LaVey shaved his head and wore horns to look the part, Aquino cut his hair in a widow's peak, plucked his eyebrows, and had a 666 tattooed under his scalp.

Understanding the Church of Set

His Temple of Set was set up using ranks borrowed straight from the secret Illuminate Priests or Priestesses, Adepts, Masters (Magus or Maga), and Ipsissimus or Ipsissima.

(The Order of the Golden Dawn also uses the rank of ipsissimus. His cult uses new terminology such as Setian for Satanist. It's a common tactic of cults to use new terms to separate the cult followers from the external world.)

In Aquino's bi-monthly periodical *The Scroll of Set* (Vol. XIII, No. 5, Oct. XXII, 1987, pg. 2 Aquino states — "Christianity is finished as a serious contender for the minds of intelligent humans".

Aquino's brand of Satanism attempts to pre-date Christian ideas and goes back to Egyptian Hermetic magic and mythology for its symbolism.

Aquino also studied the Black Order and the SS in Germany and attempts to incorporate Nazi occultism and symbology into his satanic orders.

The Temple of Set advertised in occult magazines, computer bulletin boards, and ads in the San Francisco Yellow pages. When the Temple of Set expanded to Britain, David Austen from Kent, England, became Aquino's High Priest in Britain.

To let the reader see just one more example of collaboration behinds the scenes of the Network, a Jesuit member of the Temple of Set continued teaching at a Catholic School after he joined the Temple.

Aquino coined the word Xeper (pronounced keffer) to mean the process of evolving a higher consciousness. Scientifically conducted research by Graph-analysts has determined that a preoccupation with x's means a preoccupation with death.

Aquino and some other satanists show their preoccupation with death by their fascination for words that begin with the letter "x".

Aquino's girlfriend Linda Blood has supposedly left the Church of Set and was at a conference that this author attended. She was very antagonistic toward the victims of mind-control at the conference, and acted in every way like a cult plant. She was very disruptive of what the victims of mind-control were trying to gain at the conference.

He has written in favor of black magic and left hand path, but since most people don't know what black magic and left hand path is, *buzz* words.

Aquino stated on Ophra's show that satanists work "for the good of humankind." How? By exploring the "freedom of the will".

The undercurrents of his writings in his publication *The Crystal Tablet of Set is* that he and his followers have power while the rest of us are basically wimps.

Witnesses report how actual human sacrifices have been alternated with faked sacrifices in the Temple of Set so that it is difficult for witnesses to tell the real from the fantasy.

The Temple of Set, like the Illuminati have strict rules that members are not allowed to keep incriminating items. Their precautions to go undetected resemble the Illuminati's precautions.

Understanding Some of Aquino's Programming

Like so many programmers, Aquino flies all over the country, and has victimized people in numerous states and military bases.

Michael Aquino's programming is standard military-type programming. Aquino puts in his own spirit guide into people.

He likes to use his own version of Star Wars, with himself as Darth Vader, for his programming scripts.

He programs in sexual and death (suicide) programs — such as the Rivers of Blood suicide protection program, and all the rest of the various types of programs.

His Temple of Set functions as a programming vehicle.

The rituals are designed to break the practitioners grip on reality and logic and take them into the world of visualization, and creativity.

Members of Set take on a magical name, they attempt in rituals to become another persona, which is a magical double of the person called "KA". And this ka work is done on the astral plane.

Aquino is friends with Paul Kantner who is part of the mind-control scene and who put out an obvious programming song entitled White Rabbit.

In the *Vol. 2* book, the significance of Leviathan was covered. The Church of Set has an **Order of Leviathan** headed by James Lewis VI° of Baxley, GA.

Michael Aquino is familiar with all the standard programming, the Wizard of Oz and the other fairy tale themes. He is very proficient at programming, having many years of experience. In 1981, he used Cathy O'Brien to make two HOW TO films for training military officers in the skills needed to program slaves.

These two training films were entitled "How to Divide a Personality" and "How to Create a Sex Slave." (See Cathy O'Brien's monograph "Dick Cheney and Reagan's 'Hands-On' Mind Control Demonstrations" written/released 6/92.)

President Reagan respected Aquino and encouraged the military to learn his programming techniques.

Aquino likes to work with Catholic mind-control victims. He is proficient at manipulating the concept of hell and of doing satanic reversals like the Black Mass.

*The Hegelian
Dialectic*

The Hegelian Dialectic

The Anti-Human Principle — U.S. Pavlovian Conditioning

Revolutionaries in government have created economic chaos, shortages in food and fuel, confiscatory taxation, a crisis in education, the threat of war, and other diversions to condition Americans for the “New World Order”.

The technique is as old as politics itself. It is the Hegelian Dialectic of bringing about change in a three-step process: **Thesis, Antithesis, and Synthesis**.

- The first step (thesis) is to **create a problem**.
- The second step (antithesis) is to **generate opposition to the problem** (fear, panic and hysteria).
- The third step (synthesis) is to **offer the solution** to the problem created by step one:
 - A change, which would have been impossible to impose upon the people without the proper psychological conditioning achieved in stages one and two.

Applying the Hegelian Dialectic, and irresistible financial influence, concealed change agents seek to dismantle social and political structures by which free men govern themselves — ancient landmarks erected at great cost in blood and treasure.

Their objective is to emasculate sovereign states, merge nations under universal government, centralize economic powers, and control the world's people and resources.

The Hegelian Dialect in Mind Control/Programming

The Hegelian dynamic begins with the first assault and split creating antithesis. Out of the chaos a new order is created that is amnesic to all that occurred before.

This dynamic has many applications and ways in which this organizes within the DID system.

You need to look for the **conflicts and polarities** in the system and then the **center point** that is **most invested** in **keeping the conflicted sided separate, to protect the Host-Presenter**.

This understanding and application comes through experience and cannot be put into a formula. If you were to watch this process with numerous clients over a period of time, you would see what we are trying to say.

*Case Studies to
Understand Principles in
Ministering to DID/PRA*

Following is an example of a first-time counseling session between Doug Riggs and a lady who knows she was raped. The information is written in a back-and-forth conversational style.

- Who, of all the men that hurt you, was the worst?
 - Her father.
- Do you have contact with your father?
 - He has died.
- The Greek word FATHER means “protector, provider, nourisher, etc”. Do you know your father in this way?
 - I admired my father — I was his favorite.
- Without going into details, how would you describe the nature of the violation?
 - It was a combination of so-called love and confidence vs. him treating me like an object of lust.
- How old were you when you had the first sexual contact with him?
 - Under 4 years of age.
 - (The father was very ill at that time and was bedridden for a long period.)
- Do you have any other compartments/parts/separate domains in your mind, which contain your history with your father?
 - Teenage and mid twenties.
 - One part of me is promiscuous and one part of me is a very strong Christian (she was a pastor’s wife).
- If we have all of you here — the sexual, promiscuous part as well as the Christian part — are they all here together?
 - I am now feeling very confused.

When little girls are not protected by their fathers, but instead sexually abused by them, this will always result in **CONFUSION** at the **deepest core levels** on one’s identity. (The Hebrew word for **bestiality and incest** is **CONFUSION**.)

Leviticus 20:12 “12 And if a man lies carnally with his daughter-in-law, both of them shall surely be put to death; they have wrought confusion, perversion, and defilement; their blood shall be upon their own heads.”

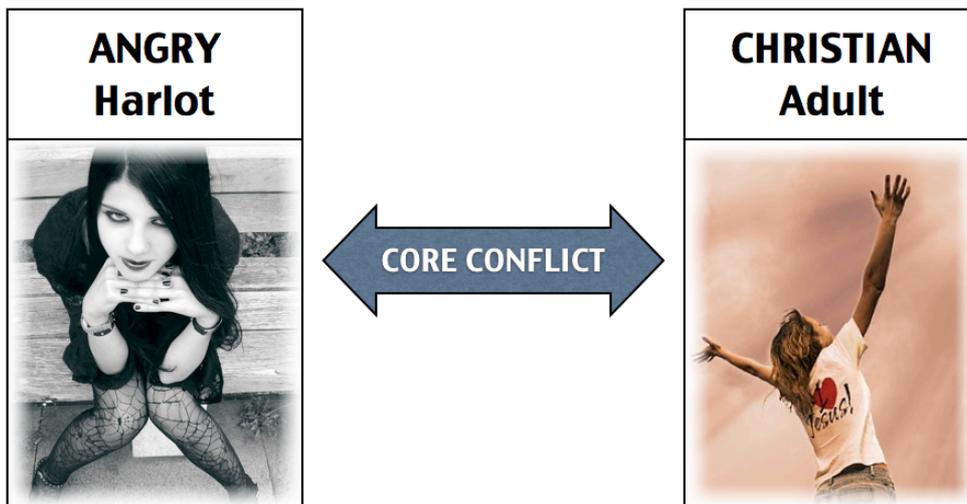
She will confuse love with this act. This causes such conflict inside — the identity cannot stay as ONE. She then adapts to please the father. She needs her father’s love so to make sense of all this confusion — she then gets trained that **LOVE = LUST** or **LOVE = SEXUAL PLEASURE**.

To survive she could not remain ONE person. GOD sees you as ONE person. Inside of you there is a HUGE conflict:

- Sexual Part vs. Christian Part

Speaking to the lady who is having counseling:

- You, the Host and Presenter is (are) a Christian, and you need to validate that part of your history that was sexual — that part that has been sexually conditioned and trained.
- The deepest and earliest betrayal with your father — the child part — where is she today? She is looking for forgiveness, she needs to deal with all her shame, and so forth.
- Your history that represents the beginning/the foundation of your identity vs. what you want to be as a Christian today causes CONFLICT.



PRINCIPLE: There is always an **opposite** to what is indicative of that which represents **core conflicts**. There are many paradigms to this scenario. Light and dark, love and hate, pain and pleasure, pain and shame, and terror and exaltation.

The center of that which is in conflict will be the Host-**Presenter**, and behind the Presenter that which is **depressed, hopeless, conflicted and in denial**.

These domains must come into the Host-Presenter so that the conflicting sides can meet and reconcile that which represents the conflicts which separate them.



(At this point, the lady now shares that her father was also a pastor!)

- This violation is even worse than if he was just her father! The role of a PASTOR is also SHEPHERD.
 - The memories of what he did are there but it feels like it happened to someone else. (De-personalization and de-realization are artifacts and symptoms of severe trauma.)
- REASON: DENIAL. SURVIVAL says — “This cannot be true!” The stronger the denial = the stronger the abuse and the barrier in the mind.

Thinking about her beginning years with her father/her roots — shame, anger, hatred, bitterness, and so forth. It was all not your fault!

THREE PARTS ALWAYS GETS FORMED WHEN THERE IS CONFLICT.



Three primary parts or aspects of the person's original identity are created from the original trauma. This trauma-foundation begins through rituals during:

- The conception,
- In utero trauma bonding with the mother,
- At birth,
- And continues to be reinforced through out the history of the person's abuse.

At New-Birth:

- The generational/spiritual template at conception,
- The foundational trauma-bonding in utero,
- And death/"resurrection" ritual at birth,

... Become the **grave clothes** or spiritual and soulical **wrappings of spiritual death** for the New-Birth-Identity.

Anger, Hatred, And Bitterness/Confusion:

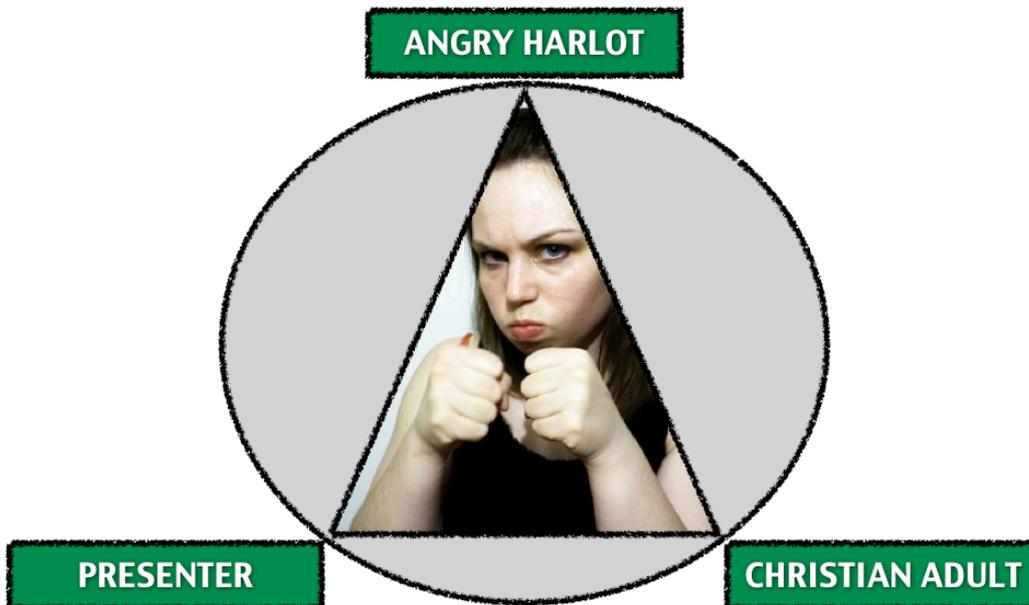
- You as the Christian/the Host-Presenter/the pastor's wife — you need to embrace ALL of you — both the broken dirty little girl as well as the promiscuous one/the harlot. (This will only become a reality when the Host-Presenter is united with the domain of the person's primary dissociated identity which hold the anger, bitterness and hatred. This includes all oaths, curses and vows that are against GOD, the original New-Birth-Identity and the "Church" and other "Christians" who have abused the survivor.)
- The gift of intimacy was stolen from you and your husband — purity and innocence was stolen from your marriage bed. When a father sexually abuses his own little girl, he commits incest — then at her deepest core level there is CONFUSION. Out of the CONFUSION other emotions will flow and develop ... ANGER — SHAME — SELF HATRED.
 - It is too much pain!
- We agree! Validating the pain and going there in your mind will be VERY painful! But you need to do this to be able to get back the strength of ALL of your humanity which is separated and held in the Primary Adult aspect of your Core Identity that holds the anger, bitterness and hatred towards GOD, the original New-Birth-Identity and others.
- What would happen if ALL of you embrace each other? What do you believe?
 - You will have to catch all the parts first!

- The PROTECTOR is protecting your history!

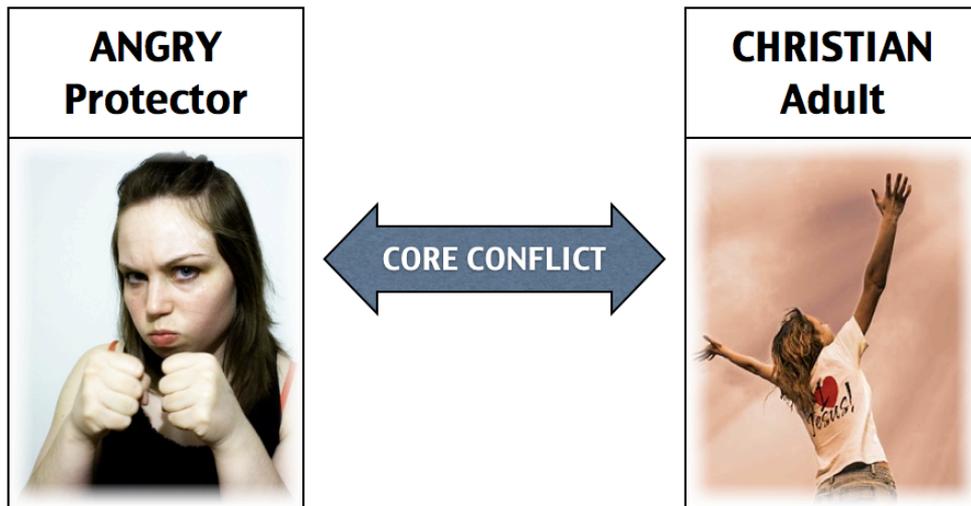


Survivors have reported that the Host-Presenter is more a stupid, unknowing person. If denial is in place, the Host-Presenter doesn't even know that there is a conflict. It is the PROTECTOR that will be involved.

Survivors have described conflict as a three-way triangle, with the Protector in the middle, keeping everything away from the other parts.



The CONFLICT:



(At this point, Doug asks forgiveness as a father and makes statements of what a father should have done. She was an orphan. Her father was never a father — he was only a sperm donor.)

- PASTOR means SHEPHERD — he never looked after her as his daughter and as a SHEEP.
 - She has parts now trapped in CONFUSION and PAIN.

PRAYER:

Y'shua (Jesus), we ask You to stand between her and her father and be her Advocate. We ask You to gather up the whole of her history of her past — gather it all up and join it to You. All the anger, shame, self-hatred, all the painful memories and emotions — we give them all to You.

All the parts that had to hold all the pain of the past, we welcome you and receive you to be here. That part of you that had to try to keep this knowledge from her, you are also welcome.

All that has been conflicted and separated from her presenting Christian is invited to come forward and be present.

We break all vows of silence. If there is anyone who can't talk because of shock, you are also welcome here. All who can't talk, you are also welcome here. The little girl who can't talk, you are also welcome here.

Y'shua (Jesus), did You cry for her? Show her that you cried for her and You are still crying for her now.

Y'shua (Jesus) take all the pain, anger, shame and all the other painful memories and emotions into Yourself.

(This can be misleading and not profitable until the Christian Host-Presenter is willing and ready to merge and become one with the Primary Adult aspect which holds anger, bitterness, and hatred. The reality is that Y'shua/Jesus already took the pain and now the dissociated memories of the person's trauma and abuse must become re-associated with the Host-Presenter. Any other approach will not bring about complete integration and healing.)

We transfer all of her to You, Y'shua (Jesus)!

(All protection of toxic dissociated parts of the person must incrementally and ultimately be "transferred", owned, and accepted by the Christian Host-Presenter.)

We lift up before You the INCEST bonds. We break the INCEST bonds with her father in the Name of Y'shua (Jesus)! We break the sexual spirit and soul ties with all the men her father sold her to — fill those places with Your Light and Love from her birth up to her New-Birth.

Remove the face of her father and all the faces of those men who abused her — all the eyes looking at her — close them and turn their faces away NEVER again to look at her!

You come now, Y'shua (Jesus), and gather to Yourself in the Host-Presenter all that You love.

We are so sorry for what happened — it wasn't your fault! You can cry! There are no words for this level of pain!

All of who you are as a Christian — all of who you are as a harlot — all of who you are as a little shamed girl — COME! ALL are here now — your father is gone — come little one!

You have now all grown up! You are now 50 years old! It is not happening now anymore. You can all be here now.

FATHER, we would have stopped it if we could! But it carried on. Adopt her now as Your daughter! We invite all of you that was separate from the tears to also be here — you are also so welcome!

FATHER, what were You doing when all this was happening to her? Show her!

- **Addressing the client:**

As the Christian Host, just reach out and touch her — command all of the shame to come off her now! Hand over the shame to Y'shua (Jesus).

FATHER, is there anything You need to say to this little one? The shame is real but what is the TRUTH?

You could never talk when you were little — you can also be here — you are welcome! Cry all the tears you could not cry then!

The emotions that have been trapped have now been released.

We ask FATHER, that no part of her must remain stuck — we invite all the parts — all parts of you — to be here. We release you in the Name of Y'shua (Jesus) — from the first experience to the last.

Because of the shock of what happened, she has had to live a life of NOT knowing — it was too much to know — so she had to dissociate and put all the knowledge into compartments. She had to keep all the parts separated all these years.

This was such a big burden all these years! So many years of depression trying to keep all of this knowledge inside!

Now the time has come to let it all go! There is such a release to let it all go! Knowing for everyone inside will come as all the broken parts come together.

- **For the married client:**

If she is married and her husband is going through the healing work with her, then he has such an important role to play. He can do so much warfare prayer for her as her husband, standing upon the marriage covenant as legal ground and commanding satan to let her go. He can break all the spiritual marriage covenants made with her since she was a baby — marriages to satan, fallen angels, demons, nephilim, humans and animals.

He can break all symbiotic union bonds made with her on all levels:

- From conception to birth,
- From birth to New-Birth,
- From New-Birth to age thirteen,
- And from age thirteen to the present.

He can break the one-flesh unions with her father and all other men that were assigned to her. He can claim all of his wife back — all the parts that were so shamed. He can uphold the youngest part of her that was shamed the most. He can give to Y'shua (Jesus) all the shame that his wife ever experienced with her father from the very first to the very last experience.

- **Testing for parts:**

Are you the same person that came in the door at the time of the appointment or is it someone else — another part with another name?

That part that carried the pain got a voice today — she was allowed to be here. Pain was trapped with no voice has now been released. Now you as a whole person will have more knowing.

How Systems are Put Together

Looking at the “Good”/“Bad” split that was created in the beginning, we have learned that everything is built upon those foundations.

The cult will invest much and have total domination and control of the person until integration and unity is achieved. This domination and control will be progressively realized as the work of integration continues through out the person’s journey to healing and wholeness. There will be a very powerful part created that is given much worship and glory and told that they are “chosen, special and called”.

- Then the therapist must look for the one who is the MOST “chosen, special and called”. Ask the question: WHO paid the price for you to be chosen, called and special?
 - The Answer: The ugly ones! “Hide away and rejected one”!
- The therapist must look for the opposite side of MOST chosen, special and called.
 - The person must now choose to give up the investments that the cult owns.

The one who is chosen to
be the MOST chosen,
special, called ...

VS

The MOST shamed,
hated, rejected, defiled.

Let all the CONFLICTING parts come together, meet and reconcile in the presenting Christian. This includes denial and functionality. When they merge and come together into the present with the Christian Host-Presenter — this will unlock the next level of knowing that needs to show us where to go.

DEATH Rituals

ASK:

- When was the first time that this body died?
- How did the body die? (Suffocation, drowning, and many other ways.)

PRAY — Warfare/Death, give her up in the Name of Y’shua (Jesus)!

We reach into death and remove the original New-Birth-Identity out of death — and all of death out of her! We rebuke death and command satan/apollyon/abaddon as lord of death to release all that went into death and the realms of the dead — what went into the original person and the part of the original person that went into death.

We command death off of you, in the Name of Y'shua (Jesus)! Y'shua (Jesus), You conquered death, hell and the grave — Death, where is your sting?! Y'shua (Jesus), we ask You to please remove the demonic breath that was breathed into her at her first death experience — the breath of satan, of any hybrid, of her father who was programming her. Now we ask You to breathe Your breath of resurrection power into her, in the Name of Y'shua (Jesus)! Show Your POWER Y'shua (Jesus)!

All of her that tasted death — FATHER, show her Who You are in the face of death. Y'shua (Jesus), You have the KEYS of LIFE and death.

Y'shua (Jesus), when this little girl was conceived — show her who is she to You! We bring each fragmented part to You in and through the presenting Christian — what blessing do You have for each broken part?

CONSTRUCTS

The client gets forced to do very evil acts that are so traumatizing to the child. To try to deal with the conflict inside, the child will create a “monster” or an animal part/a beast to do what is then enforced upon them.

When this presents, you must realize that in this construct is humanity that is trapped/wrapped. This construct will also be powered up with demons and fallen angels as well as nephilim.

You need to command all that is demonic and that belongs to satan's kingdom to leave in the Name of Y'shua (Jesus). That which can't leave, we release and call forward.

The Host-Presenter now needs to connect with that humanity that is perceived to be the most beastly/like a monster.

The Host-Presenter must give up her separateness and go and join with that “beast” part — from the thirteen year old to the oldest representation of the “beast”/monster — both must merge together to find out the truth about the beast.

Before you can get to the “beast”/monster part, you must get to the **anger**. Who was the first part of her that was made to believe she was a “beast”?

- Show her, Y'shua (Jesus), what the truth is.
- Are You angry, FATHER, at what they did?
- Now we encourage you to give your anger to Y'shua (Jesus) and to ask Him to add her anger to His Anger. (This can only be effectively realized when all that is dissociated and holding the anger is one with the Christian.

- This is best facilitated when we invite the Primary Protector of the Christian Host to give the burden of keeping the Christian Host separate from the dissociated source of anger. The Christian Host must be the one who is willing to join or merge with Primary Part who holds the anger, bitterness and hatred.).
- FATHER, this was so wrong!
- If anger could speak, what would she say?
- Speak to the Host-Presenter — go to the root that is the most “beastly” — where all the anger and hatred is.
- What does the Bible say about what happened to you?
- The Book of Revelations tells us about the **Great White Throne Judgment** — every person will be judged according to his or her deeds.

The Great White Throne Judgment (Revelation 20:10-15):

10 Then the devil who had led them astray [deceiving and seducing them] was hurled into the fiery lake of burning brimstone, where the beast and false prophet were; and they will be tormented day and night forever and ever (through the ages of the ages). **NOTE: The BEAST and the FALSE PROPHET will not be human!**

11 Then I saw a Great White Throne and the One Who was seated upon it, from Whose presence *and* from the sight of Whose face earth and sky fled away, and no place was found for them.

12 I [also] saw the dead, great and small; they stood before the Throne, and Books were opened. Then another book was opened, which is [the Book] of Life. **And the dead were judged (sentenced) by what they had done their whole way of feeling and acting, their aims and endeavors] in accordance with what was recorded in the books.**

13 And the sea delivered up the dead who were in it, death and Hades (the state of death or disembodied existence) surrendered the dead in them, and **all were tried *and* their cases determined by what they had done [according to their motives, aims, and works].**

14 Then death and Hades (the state of death or disembodied existence) were thrown into the lake of fire. This is the second death, the lake of fire.

15 And if anyone’s [name] was not found recorded in the Book of Life, he was hurled into the lake of fire.

- Now you can release your justified anger to GOD as Judge of the Universe. When He judges all men at the end of the age, your anger will be remembered.

- Forgive your transgressors and GOD will remember!
- Satan wants you to get even and stay bitter.

To ANGRY Protectors

The ONLY issue and PRIORITY for you at this time Host-Presenter, is to ask the LORD what happened to the original little girl that was there in the beginning before you and this angry part of you was created through horrific trauma and splitting of your original identity to hold and contain YOUR anger. This knowledge will come into you if you begin to re-connect and join/merge with this angry aspect of yourself. Are you as Host-Presenter willing to surrender your separateness as a “Christian” and join with this angry aspect of your self and see what you will discover about yourself? You need to validate this aspect of your self — this angry cult-active part.

Remember — you will remain amnesic to a significant part of your history as long as you are separate and distinct.

For now everything in you needs to move towards joining with this angry and perhaps threatened aspect of yourself. If this brings about conflict within your self then you will know that you are going in the right direction. Will you ask this aspect of yourself what “they” think about you and why?

If you chose to follow these recommendations I would be happy to follow-up with you when you reach the point where you are ready to do so.

I am also willing to talk directly and listen with that part of yourself who stated that she/he hates me, your therapist, with this agreement — that there will be **no amnesic blockers** if this angry part chooses to speak with me.

I would agree to do this only if every aspect will patiently listen while this aspect of you expresses their anger.

Background:

There is a whole system of angry parts built upon the same foundation — so the one presenting is not the only one listening. Who else is behind you? You don’t know about this — you weren’t supposed to know — that is how you survived.

The three of you and anyone else that’s committed to truth and freedom, you need to come into Christian Presenter _____’s time and space

Explain the combination lock — as these parts start coming together, there will be more knowing — the amnesia will break down.

You ask the angry part if they know that what they are dealing with is DID? That they don't represent the whole person?

Do you know why you were even created in the first place? There is always THREE — we are created in God's Image — THREE primary identities or THREE core shields.

Don't fixate on any one part. If you find there is a lock-down and that which is presenting itself is not all human, you can do spiritual warfare to remove the demonic.

Therapeutic Model:

Explain DID in every session to each presenting alter. Always speak past the presenting alter because there will always be others listening.

Talk-Through:

What will it mean if you as the Host-Presenter will let go of your investment of separateness and go and join with cult-active part — NOT the other way round!

If cult-active part goes to join with Host-Presenter then they will merge and the effect is the same BUT there will be HUGE resistance!

Host-Presenter recognizes that she is DID — she is not another person — she has made a choice to join with this part of herself. You as counsellor just need to facilitate the reconnecting process. Then you will not need to ask questions like, "Why do you hate GOD so much", etc. When they merge, the knowing will come. It will not help talking to the cult-active part as to why they hate GOD or hate the host, etc. This won't change anything. That knowledge is based upon whatever happened to them in childhood.

The other parts are very invested in their separateness — they are state-dependent in their **Phenomenology** — the way they see the world, self, others, and the dissociated aspects of themselves.

- "The Host-Presenter does not like me..." "Really? Have you asked her?" The Host-Presenter is here to do the work to get to wholeness and freedom — go and ask her.
- Ask the part who is not yet co-conscious with the Host-Presenter to start communicating with the Host-Presenter.

WARNING! Do NOT give the cult-active part "another job" to do in GOD's Kingdom once they have merged with the Host-Presenter because then you say she can stay separate even in GOD's Kingdom!

You can say to whoever has just watched this process of the Host-Presenter and the cult-active part merging — when the knowing, co-consciousness and co-presentness has now happened: If you are still separate, you might want to think about changing your role of being a separator and a protector to being a connector and a bridge. Insert a TRUTH VIRUS and see what happens!

The Therapy Process:

People will walk into the counseling room/office feeling very depressed. They don't all hear voices. You need to let them talk and gain their trust. Explain what is DID in every session. Some times the person will agree and some times they won't.

The work does not even begin until the whole person accepts the diagnosis.

For unbelievers don't use the word Y'shua/Jesus/GOD, etc. "Holy Creator GOD" works very well. "Holy Creator GOD did not create you to be divided — this is not your fault — this happened because of chronic abuse. The goal is for **you** to discover for the first time what it means for all these parts of you that were created in trauma and conflicted through programming — when this humanity starts coming together — you now have the opportunity to discover who Holy Creator GOD created you to be and redeemed you to be."

*Odds & Ends for
Practical Ministry*

A Few Examples of Programming

- 1. Heart of Stone vs. Heart of Flesh ritual that takes place directly after New-Birth.

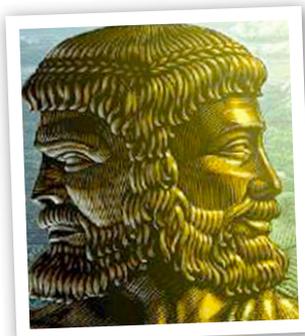
First the Death Ritual — they removed the “heart of stone” and gave her a “heart of flesh”.

Programming: Near-death experience and then the person is spiritually charged and the message is installed.

There will now be a “heart of flesh” and a “heart of stone” conflict. When these two parts come together — this will unlock more truth of the core.

- Heart of stone was first — then trauma followed.
- Out of the trauma — heart of flesh.
- Heart of flesh must embrace heart of stone.

- 2. JANUS Programming



In [ancient Roman religion](#) and [myth](#), Janus is the [god](#) of **beginnings and transitions**,^[1] thence also of **gates, doors, passages, endings and time**.

He is usually depicted as having **two faces**, since he looks to the future and to the past. The Romans named the month of **January** in his honor.

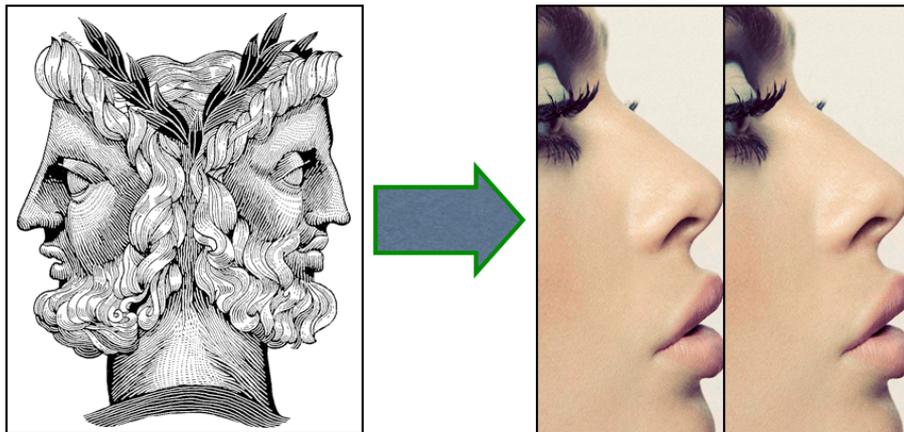
Janus presided over the beginning and ending of **conflict, and hence war and peace**. The doors of his temple were open in time of war, and closed to mark the peace. As a god of transitions, he had functions pertaining to [birth](#) and to journeys and exchange, and in his association with [Portunus](#), a similar harbor and gateway god, he was concerned with **travelling, trading and shipping**.

Always check for Janus programming. They will create primary core splits where two parts are programmed back-to-back, looking AWAY from each other.

To undo this structure — let the one looking the other way turn around and come into the one facing us (the counsellors) right now.

Let every other part now come right into the one that was turned away. Let the New-Birth-Identity come right into the heart of this part that was looking the other way.

TO BREAK THIS PROGRAM, PARTS MUST TURN AND FACE EACH OTHER, AND MERGE WITH EACH OTHER.



CROSS-GENDER Alter Identities

This is a very common among DID clients. If you are working with a male, then he will have a whole grouping of females — all different ages with different functions in the system. The same applies to a female — she will have a whole grouping of males inside of her system — all different ages and functions.

Prayer Ministry:

Get all the males/females into the same room/place. Ask the question — “WHO is in charge?”

This will lead to the little boy/girl who was first sexually abused. This will show you who is all in charge of the little girl/boy who was violated in the first place. The abuser becomes internalized (programmed).

PRAYER:

FATHER, we ask You to hold the little girl before she was abused. She took on those male identities to try to protect herself against the men who hurt her so much!

Let her see herself exactly as You see her. She never had a chance! Little one, you have been remembered and not forgotten!

KABBALISTIC Tree of Life

While the Cabbalistic Tree of Life means little to most people, it is a very important-essential structure for Illuminati systems. Therefore, in describing how these systems are built it is important to describe this crucial magical tree.

The reason all these following items such as Trees of Life and goddesses are placed into slaves is because THESE SLAVES ARE PART OF HIGH LEVEL SATANISM.

The slaves are a reflection of the worldview of their programmers. The Cabalistic Tree of Life is put into upper level Illuminati slaves. It is a very deep program.

The Cabala is the basis of:

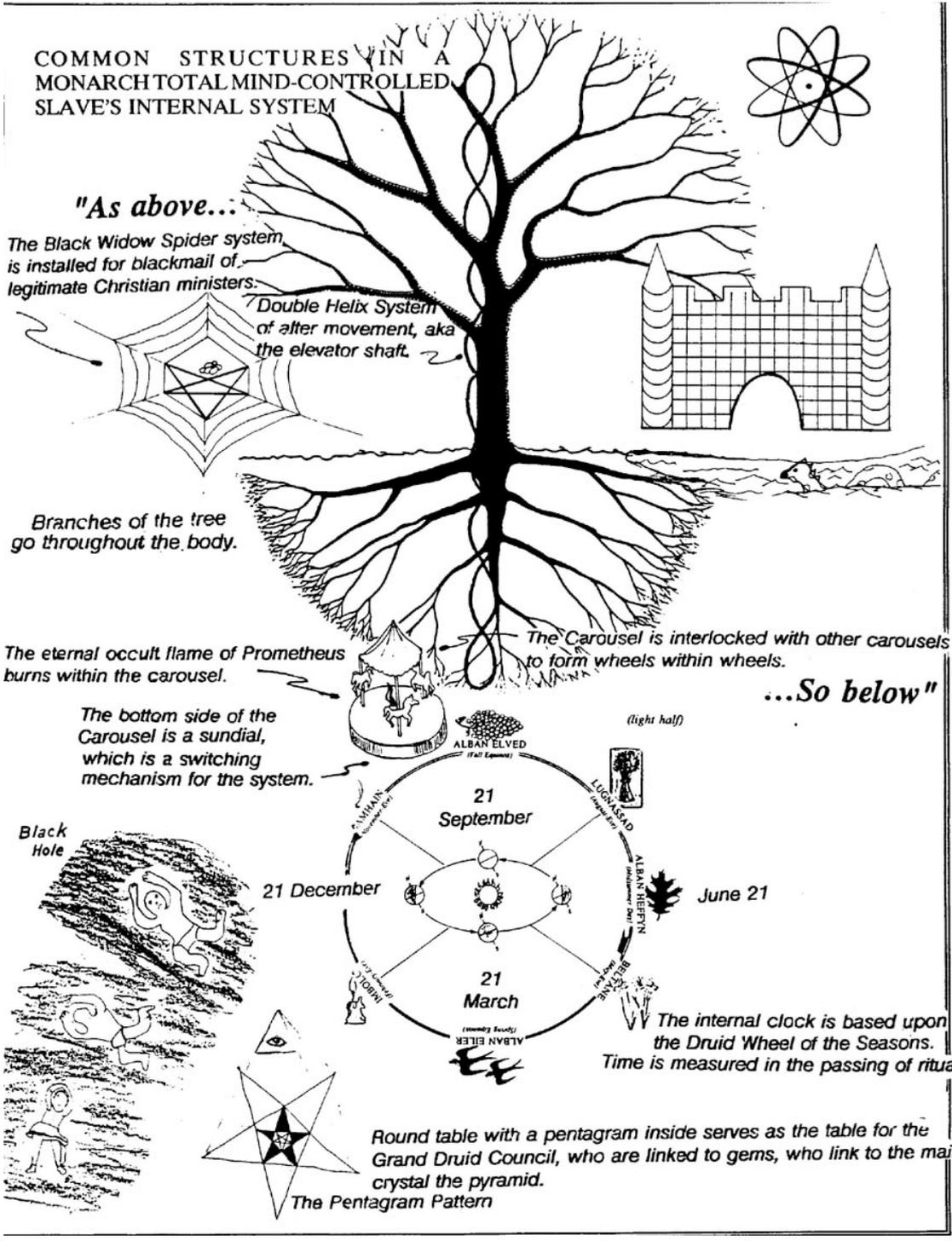
- Freemasonry,
- The magic of the Illuminati Monarch programming,
- The key to the spiritual mysteries of the Scripture (according to Cabalists).

Because the word Cabala is a word originating in the Middle East it can be spelled with a Q, a QU, a K and a C. All these spellings are okay. It can be spelled with one b or two, etc.

Golem in the Cabala are ancient medieval mind-controlled slaves — are these precursors to what we have today?

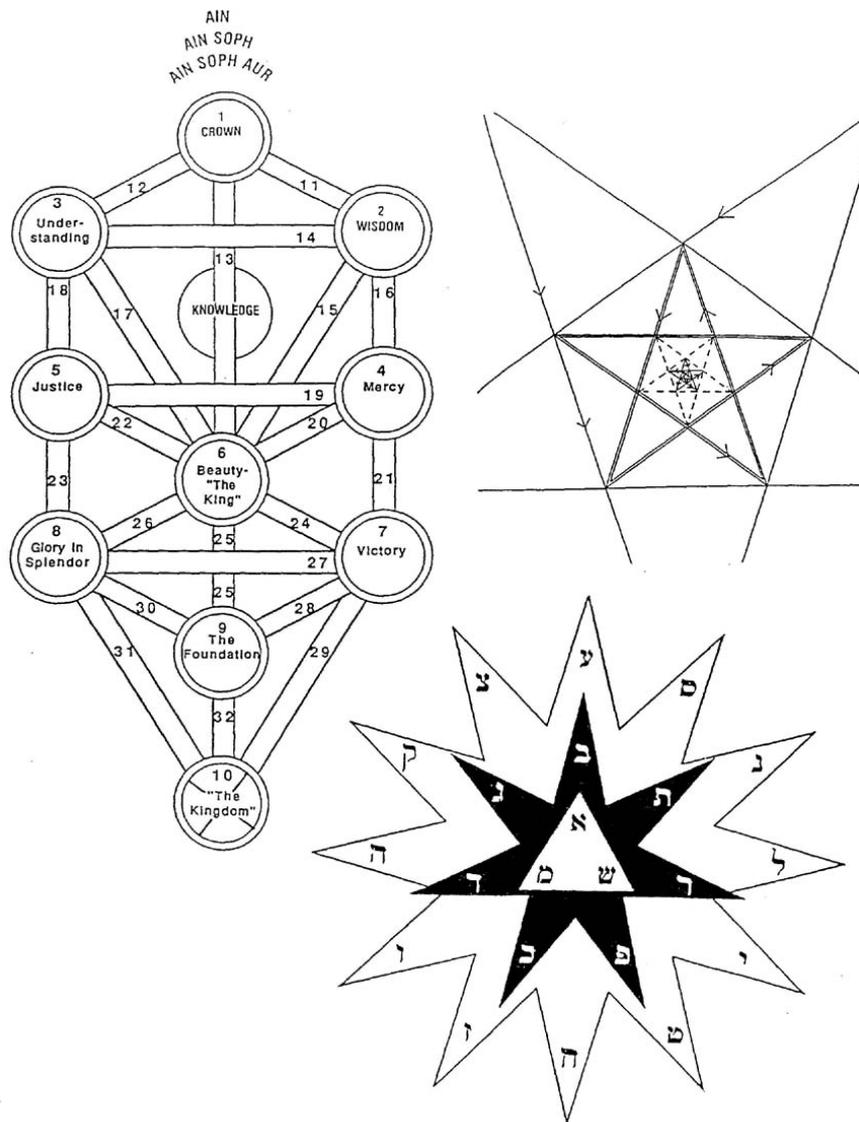
WHO liked to program this? **Mengele (Dr. Green) and Wheeler (Dr. Black)** were skilled in the Cabala, especially Dr. Green (Mengele). Some of the Rothschild programmers have been too.

Mengele learned from the leading Jewish Kaballists, during concentration camp days — Mengele himself was an Ipsimus in Illuminati. Undoubtedly, it is standard programming and many other Illuminati programmers must be doing it too.



WHAT is it?

The Cabala is synonymous with Hermeticism or Hermetic magic. The Cabala was Jewish-Babylonian magic. The Jewish black magicians brought it to Europe. It began to get widespread notice in Europe after Enlightenment period.



The great pyramid according to the occult is a symbol of the Cabalistic Tree of Life — the branches of the tree form the four streams or lines to the base of the pyramid. Because the Cabala is the basis of their hermetic magic, Illuminati systems will be fairly consistent in the make of a slave's internal Tree of Life and Tree of Evil.

A Maiden/Mother/Crone-triad-goddess will sit at the top of the structure and will be married to the antichrist and satan.

The Cabalistic Tree of Life area of the system may have up to **twelve other trees**. These are other magical trees.

There are ten circles or rooms, which are joined by 22 lines that make up the Cabalistic Tree of Life, called "The Cabala" for short. There are four worlds of the Cabala — three pillars to the tree which are also given different names to these pillars at different times.

As just mentioned, there are ten spheres of the Tree of Life, and they are joined by 22 paths. The **Mother-of-Darkness alters** (at least some of them) are placed in a Tree of Life, and they do what is called "pathworking". The spheres of the tree (also called rooms) are called "sephiroth" and they along with the 22 paths that join them are the "file drawers of this universal file cabinet".

Before the first sphere, there are three veils of negative existence — the Ain, Ain Soph, and Ain Soph Aur.

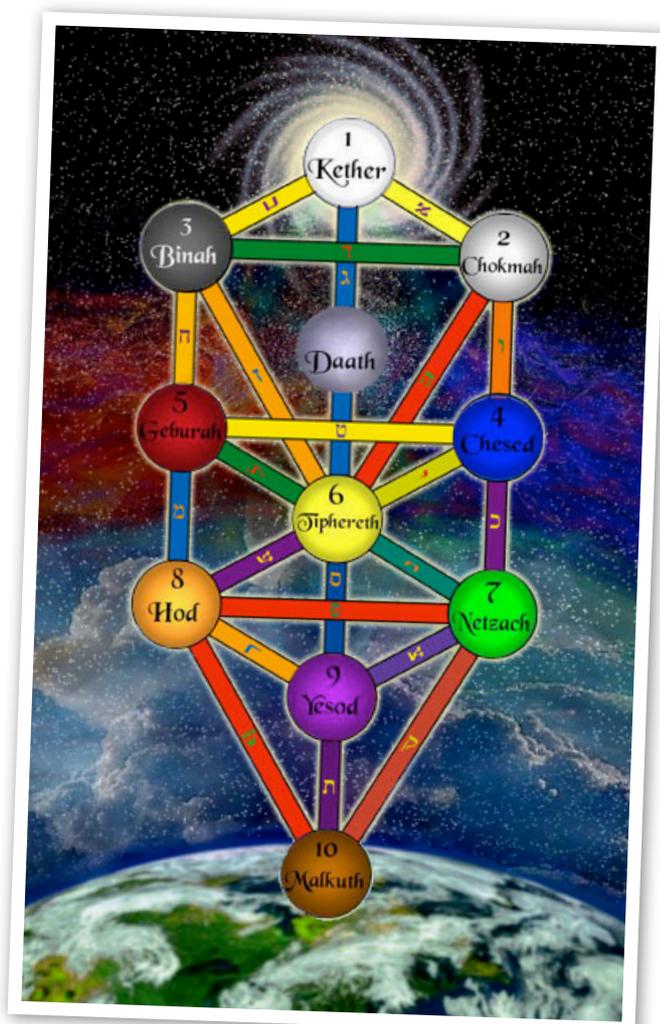
Alters in male and female systems in the Tree of Life will consider themselves to be gods or goddesses. Their names will often reflect god or goddess names.

How to De-Program Cabala Programming

This is a technique that GOD showed Doug, while he was ministering to Sally. They had spent many hours trying to undo every Cabala pathway of the Tree, and they were not able to progress and de-program this structure.

GOD then led Doug to tell Sally to turn the Cabala tree on its side, then see who is at the bottom center of the hologram — the lowest point. **It will be number six** — that will be the little baby upon which the whole structure is built.

The principle that we learn here is that when there are quite a number of parts in a structure, then you find out who is the main authority — that is the one you work with, that will cause the whole structure to be dismantled.



Understanding Trauma

Whenever there is trauma — like terror and shame — pain and confusion — then there is a reaction to that — because we are made in the Image of GOD — we KNOW that what is happening to me is WRONG — this is not right!

When there is injustice there will be ANGER.

If this happens when you are real little and it happens over and over again — instead of blaming the perpetrators, you will blame yourself.

They tell you this is happening to you because you are defective. You are conditioned (programmed) to believe that this is happening to you because GOD is either impotent or does not care. Therefore you blame yourself and you blame GOD.

The only way back is for you to **validate** that part of you that holds the anger. If GOD is all sovereign and all-powerful, why did He allow this to happen to me?

When there is trauma and your identity becomes compartmentalized, there are parts in your mind that are separate — the way they act, thinking, see, believe, feeling, and so forth, are all state-dependent.

State-dependent means that as long as they are separate, and these dissociated aspects of oneself can't change.

The accusation: If you had not believed in Y'shua (Jesus), then all of this would never have happened!



Now, you the Host-Presenter must be willing to let go of your separateness and merge and come into the domain, time and space of the one who is the MOST angry with GOD — the oldest extension of the one that is the MOST angry and who hates GOD the MOST — when this happens, you will have more knowing of your history — her history will become your history.

- **THE PROTECTORS:**

Protection will now say:

If I do that I will no longer be a Christian.	OR	We will go to hell.	OR	Whatever has been programmed in to stop these two parts from joining and becoming ONE.
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Doing this step could be incremental — step by step — depending on how much anger is there.

- **VOWS**

There will probably be vows there — “I will never connect with the Christian Host-Presenter”.

These are the vows that are made at 13 years of age and reinforced during every access once the DID counseling begins. Every access is an opportunity for the survivor to follow the trauma to that which was targeted in them during the access.

This is part of the programming and cult agenda.

PRAYER:

FATHER, we ask You to reveal to all of the Anger part and all of the New-Birth-Identity, what it will mean if the Host-Presenter becomes ONE with the part that is the MOST angry — and allow them through the redemptive Person and work of Messiah Y’shua (Jesus Christ) to become the person You created them to be from the beginning before any trauma happened. **AMEN!**

Do we now have an agreement that the part that carried the MOST anger will not be separate anymore — will not be dissociated anymore and will not remain compartmentalized any more — that you will now become co-conscious — co-present — so that your history can become one with each other? Or, is the Christian Host-Presenter willing to become one with that core aspect of themselves that holds the most anger?

- **CULT ACTIVE**

If this MOST angry part is still cult active — which is usually very common — then you will now start to know if you are still being used by the cult. This also gives you an opportunity to make new choices. Staying amnesic means you will never know.

Remember: Anger is a secondary emotion⁵ — it caps off the trauma.

- **THREE-WAY SEX**

Women have often reported of experiencing three-way sex: anal, vaginal, and oral. This can take place on all three levels: human, nephilim, and fallen angels — which function as proxy bonds with satan himself, whose throne is now under the Temple Mount in Jerusalem.

These attachment bonds, with their hybrids son/s are the deepest and strongest bonds to break — the woman is mother and her son is a hybrid. Those that have given birth to nephilim sons also report having three-way sex with their sons.

This “powers up” the women and they in turn then “download” this supernatural power to world leaders — “kings of the earth.” These women are used as presidential sex slaves, and as carriers of supernatural power and knowledge.

PRAYER:

Y’shua (Jesus), please will You come into that bond and separate every part from these nephilim sons.

(Usually the bond is held in the mother part of their primary core identity, as a mother-bond with their hybrid son and the wife-part of their primary identity, a sexual or one flesh bond with their hybrid son. Therefore the Christian Host-Presenter must join and bond with the mother and wife aspects of themselves to break these bonds.)

Replace that bond with Yourself Y’shua (Jesus), through uniting the Christian Host-Presenter with the mother and wife aspects of her identity, so she can give herself to her earthly covenant husband in a Godly marriage.

We ask You, Y’shua (Jesus), to apply Your Shed Blood and Your Sprinkled Blood to these bonds of mother/wife with their son.

Show her what is the difference in being joined to You as ONE rather than being joined to a hybrid! **AMEN!**

⁵ For more information on ANGER, please see our “Journey2Wholeness” series.

*How to Get to
Memories*

Question to the Host-Presenter:

- What hand do you normally write with?
- If you know of any other part inside, if she were to write, what hand would she use?
- Let the other parts that you know of write down (with whatever hand they wish) their knowledge of your history — what do you as the Host-Presenter need to know by going back into their living configuration — the relationships they have with whoever and whatever they are.
- Maybe the other parts cannot speak to the Host-Presenter for whatever reason — maybe there are vows of silence, and so forth, that is not allowing them to speak due to threats of torture and death.
- In that case, let them write — some times it will present in a different handwriting — it does not necessarily have to be — let those parts report everything they know about your current living situation.
- You have to be on the same page with all the parts inside and not in conflict.
- The parts inside could be so mad at the Host-Presenter because you don't know what is actually going on — but you won't know what is going on without the dissociated aspects of oneself coming into co-consciousness and co-presence with “each other” — you need to all work together.
- What date would you write on your birth certificate — when were you born? (This is also very common — they will make the person think that they were born in a certain year, but in reality, they could be one year older — born the previous year.)
- What name / names would you write on your birth certificate?
- Body, when was the last time you were accessed by the cult?
- Body, when was the last time you were with your nephilim son? (Bonds with the son are the deepest and strongest to break.)

Client has fear for therapist/any other person.

The client projects her fear of the perpetrators on to Doug — this happens often and is called transference — the client projects her emotions onto the counsellor/therapist. As her thoughts, emotions and memories from infancy and childhood rushed into the present, the client would misperceive her therapist, relating to him as though he was a person from the past.⁶

- I want to speak to all of you that can hear my voice in the Name of Y'shua (Jesus).

⁶ Please read “*Sheep In Wolves' Clothing*” by Valerie J. McIntyre

- I want you to embrace the fear that you feel in your stomach because this is a partial or incomplete memory state. You don't have a picture — you don't know why it is there.
- Use the fear as a gateway — all of you that can hear my voice, I want you all to merge and converge and go right into the fear until you connect with that which is behind the fear — probably a very little person that is trapped in fear.
- Command in the Name of Messiah Y'shua (Jesus Christ) that all demonic exacerbation of fear to be subject to Messiah Y'shua (Jesus Christ) and be neutralized and removed.
- To release that part of you, you need to all go into that fear — the fear is anchored to a message:
 - “I am afraid because _____”
 - FOR EXAMPLE, “I was confronted and I was supposed to give answers and I did not have them. I am seeing a little girl — around 3/4 years of age sitting in front of a panel of men in authority over me — they are asking me questions. If I can't answer, I am in trouble.”
- All you need to do is to merge and converge and become ONE with the youngest and first little girl that is sitting in front of this panel of men who are asking questions — and you are never getting the answers — you were reduced to silence!
- Let yourself be the person who never had the right answers.
- The important thing is that you are allowed to be here even if you have no answers. I will not ask you any questions. I just want to invite you — all of the adult extensions of this little girl who had to become all the answers, to unite and come into who you are that does not have the answers — you can just be here as a person who does not have the answers.
- All of you need to come together — from the very first little one who had no answers all the way up to the last time — to be together.

PRAYER:

FATHER GOD, we hold up to all of this person — all of their parts — that were pressured and pressured until she did not answer any more. We ask You FATHER, in the Name of Y'shua (Jesus), what are You doing there?

Y'shua (Jesus), You are her Advocate — and in this situation where she had no answers — please manifest Who You are as the answer! Who are You as her Advocate in the presence of satan and all that represents pressure and demanding she must give the answers — we ask You to Advocate for her.

Please go back right to the first time that she ever believed in Y'shua (Jesus).

AMEN!

FEAR

Fear is a GATEWAY and a memory — a part of you is dissociative and held captive in fear.

SADNESS

Sadness is a GATEWAY and a memory to what happened.

*Conflict between
New-Birth-Identity
and the Thirteen
Year Old*

This usually happens before the age of two — the person is given an opportunity to put their faith in Y’shua (Jesus). They (usually the biological father) will read the Bible to the child — the child will not just know His Presence but they will make a choice to give their heart to Y’shua (Jesus) and they will experience New-Birth. The innocent yielding child puts their full trust in this Y’shua (Jesus).

Immediately after that experience the child will suffer a horrific trauma (usually sodomy) where satan will manifest through the biological father and personify “Jesus” and the source of the abuse and the child then believes that this “Jesus” has now betrayed them.

This horrific ritual right after the New-Birth event is when satan now introduces a false “Jesus” who then **seals** off the New-Birth-Identity. A system is then created based upon what took place at the child’s birth, conception and pre-conception, according to the child’s calling on the bloodline to serve satan.

Everything is designed to create a highly structured and layered system of spiritual death around the New-Birth-Identity.

So from the very beginning when the child first gives their heart to Y’shua (Jesus), somebody had to escape the very first time you were abused by the **false** “Jesus”. The child does not know that this is a false “Jesus” because of the deception of satan and phenomenology that the child’s mind creates during trauma.

If He (Jesus?) does not do the abuse/torture/rape, then He stood by and allowed it all to happen — this has happened because this is “God’s plan” — or you are bad, etc.

Some where in your system you will probably have some kind of identification that this has happened to you — especially the older extension of the part (age thirteen years) that escaped away from the trauma that took place right after New-Birth.

This is a very **angry** part that will be kept separate from the rest of the parts to be able to fulfill the generational and satanic agenda in and through this child.

The Thirteen Year-Old

The PERPS call out the thirteen year old cult-aligned CORE REPRESENTATION and extension of themselves from CONCEPTION, to WILLINGLY SURRENDER to spiritual death the person’s New-Birth-Identity in conformity with the pre-conception, and conception GENERATIONAL satanic agenda where the “blue-print” or TEMPLATE for all the programming is SPIRITUALLY anchored to the HUMAN SPIRIT. Through FREE-WILL choice, this part SURRENDERS their NEW-BIRTH-IDENTITY to SATAN’S AGENDA and formatting (or “blue-printing”) during the:

- PRE-conception,
- Conception,
- PRE-birth (in utero),
- And PRE-New-Birth events,

When the person's core identity was legally CONFISCATED (sequestered) in spiritual death. This surrender is accompanied with oaths and vows not to ever hear from GOD, serve GOD or have anything to do with GOD, His LOVE and Forgiveness ...

- The counselor/facilitator now needs to help the survivor IDENTIFY this primary aspect of their identity called out at age THIRTEEN.

From age thirteen to the person's present age is what holds their most substantial history of ANGER, wrath, bitterness and HATRED for GOD, Christians, the Church, biological and surrogate family representing the primary perpetrators.

The PRIMARY presenting Christian host persona, along with all other known aspects of the person's identity, will need to "join" (embrace) or MERGE with this cult-aligned aspect of their identity.

VERY IMPORTANT! Before this can happen, one needs to SEPARATE the demonic from the humanity with the Sword of the Spirit.

The presenting host will not be able to embrace this demonized angry part of themselves without doing targeted spiritual warfare to remove all satan energized anger, wrath, and bitterness towards GOD and others is removed.

JOINING or merging with this cult-aligned identity will VALIDATE this part and BEGIN the process of releasing the New-Birth-Identity that has been sequestered in spiritual DEATH.

This unlocks the "door" into the pre-conception domain, to begin to reclaim the foundational aspects of the person's NESHAMAH/human spirit identity, that was taken by legal possession in DEATH and held CAPTIVE in satan's throne under the Temple Mount and dimensionally and spiritually sequestered in the second heavens.

Question:

- Who at thirteen at a core level would **most** not want to have anything to do with "apathetic Jesus" who just stands by and watches while everything painful and bad happens?
- Does that part who is thirteen really believe that this is Jesus who just stood watching while all the evil went on?

- Does He look like the real Y'shua (Jesus) Who was with you at New-Birth?

PRAY: FATHER, in the Name of Y'shua (Jesus), I command the Jesus who was there at the rituals that took place at thirteen, I command him to manifest the truth of who he is — just as You see him FATHER, in the Name of Y'shua (Jesus)!

- If satan is then seen masquerading as Jesus — why would he want to do that?
- Why does he want you to have a hatred and an anger towards Jesus when it is actually him — satan?
- Satan is the father of lies!

The Inner Conflict:

The full adult extension and representation of the angry cult aligned thirteen year old has the volitional authority in cooperation with the Christian Host-Presenter host to release the New-Birth-Identity by joining with this core aspect. The New-Birth-Identity is very guarded and may be wrapped in a false “Jesus” that can only be removed through displacement. This will occur when ALL core aspects of the person from thirteen to the present merge with their New-Birth-Identity.

The little one who has Jesus in her heart must not be part of her adult life either — because the thirteen year old believes that this is the same Jesus who is so cruel and unkind — watching all the trauma happen and he did nothing.



After the prayer, the false Jesus is exposed as satan himself and he is removed.

Question:

- What will it mean if the thirteen year old, the Christian Host-Presenter host, along with all protectors, including denial, will embrace the little one who experienced New-Birth?
- The dissociated and separated adult extension and representation of the thirteen year old has huge trust issues — how can she now trust this True Messiah Y'shua (Jesus)? **ANSWER:** By the Christian Host-Presenter, along with all protectors merging with this angry cult aligned adult aspect.

If the heart of the New-Birth-Identity comes into you, then that trust will be released and incorporated into who they are as the integrated adult.

PRAYER:

FATHER, Your Word says in John 17 that the Glory that You gave Y'shua (Jesus) You will give to Your disciples who believe in Your Word. You gave Your Glory to Messiah Y'shua (Lord Jesus) at His resurrection, and to the little one at New-Birth, and she was made ONE with You just as Y'shua (Jesus) was made ONE with You.

We ask You to release that Glory so that the Glory which first entered the heart of the little one at New-Birth will now be released in whole adult person, from thirteen all the way until the present. FATHER, answer the prayer of Messiah Y'shua (Jesus) that He prayed that both the little one and the thirteen year old can be ONE just like You Messiah Y'shua (Jesus) and the FATHER are ONE.

Manifest that Glory of the whole person, Messiah Y'shua (Jesus), that You gave to her when she first believed in Y'shua (Jesus) so that all of You that is in the little one will come into the whole adult person, that will include all of the thirteen year old, all the way into the present.

(We now ask for the oldest representative of the New-Birth-Identity to be released — we welcome you to also be here and see where you now fit in.)

Prayer for the New-Birth-Identity:

I command every accusation — the list of sins satan that he has kept against you to accuse you of partaking in rituals — everything that will represent the Judgment of GOD against you — I command satan to present all the evidence that he has against you before Messiah Y'shua (Jesus Christ), THE SON of MAN — the One Who was born under the reign of Augustus Caesar, and Who died on the cross during the reign of Tiberius Caesar, for the sins of the whole world — then rose victorious over sin, death and satan. He then walked this earth for 40 days in a resurrected body in the presence of over 500 witnesses.

On the Mount of Olives He ascended and passed through the Heavens and is now seated on the Right Hand of Almighty GOD. All rule, authority and power was given to Him and were made subject to Him.

We call upon THAT Messiah Y'shua (Lord Jesus Christ) to manifest Himself to the accuser who is holding his list of sins against this New-Birth-Identity — Messiah Y'shua (Jesus), what is Your response and ADVOCATE to the sum total of all the accusations/records kept by satan that he would use to accuse this person standing before You now?

We command satan to hear these words that Y'shua (Jesus) spoke on the cross: "*Tetelestai*" — meaning "to bring to a close, to finish, to end, it is past, it is made perfect".

So all accusation and condemnation be removed off of this person now on the grounds of the shed Blood of Messiah Y'shua (Lord Jesus Christ). Y'shua (Jesus), You are the Supreme Judge — You are **for** this person but against satan.

What is Neshamah?

“Core”

There is a CORE of the SOUL which is your personality — the person GOD created you from the beginning. There is a CORE of the SPIRIT — we call this NESHAMAH.

“Ne’sh’mah⁷”

Strong’s Hebrew 5397, meaning:

- “Breath”
- “Spirit” (NOT the same as RU’ACH)
- NESHAMAH is the GOD — created breath of LIFE.



Genesis 2:7 “7 Then the LORD GOD formed man from the dust of the ground and breathed into his nostrils the breath or spirit of life [NESHAMAH], and man became a living being.”

NESHAMAH is SEPARATE from our human spirit and human soul ... but works WITH the Holy Spirit. NESHAMAH is the GOD-given capacity to know, perceive, and understand.

Neshamah is the “LAMP of the LORD”!

Proverbs 20:27 “27 The spirit [NESHAMAH] of man [that factor in human personality which proceeds immediately from GOD] is the lamp of the LORD, searching all his innermost parts.”

Neshamah gives us LIFE and UNDERSTANDING!

Job 32:8 “8 But there is [a vital force] a spirit [of intelligence] in man, and the breath [NESHAMAH] of the Almighty gives men understanding.”

Job 33:4 “4 [It is] the Spirit of GOD that made me [which has stirred me up], and the breath [NESHAMAH] of the Almighty that gives me life [which inspires me].”

⁷ For a clearer understanding of Neshamah, please see the DVD’s from the Pretoria DID/SRA seminar, October 2013, as well as the manual. There are also video teachings of Neshamah, on the Kanaan YouTube channel: <http://www.youtube.com/user/KanaanMinistriesSA>

Neshamah is the GOD-imparted capacity to know and connect with HIM and His LIFE!

“Ne’sh’mah” in COUNSELING



In counseling, ESPECIALLY DID/SRA, it is important to understand NESHAMAH. When working with survivors this understanding is essential to knowing if you are working with the foundational core identity of a person’s identity ... or in the realm of the soul.

The SOUL is the domain of the MIND and intellect, where all programming is STRUCTURED. All programming is ANCHORED to that realm of the human spirit that remains dissociated, defiled and not yet sanctified (**2 Corinthians 7:1 with 1 Thessalonians 5:23**).

It is at the level of the HUMAN SPIRIT where generational principalities and powers are attached, which drives the “programming” and so profoundly affects the mind, emotions, and the will.

The CORE trauma and memory is in NESHAMAH! It is at NESHAMAH that **COMPLETE HEALING** and **integration** takes place!



1 Corinthians 2:9-11 “9 But, on the contrary, as the Scripture says, What eye has not seen and ear has not heard and has not entered into the heart of man, [all that] GOD has prepared (made and keeps ready) for those who love Him. 10 Yet to us GOD has unveiled and revealed them by and through His Spirit, for the Spirit searches diligently, exploring and examining everything, even sounding the profound and bottomless things of GOD. 11 For what person perceives (knows and understands) what passes through a man’s thoughts except the man’s own spirit within him? Just so no one discerns (comes to know and comprehend) the thoughts of GOD except the Spirit of GOD.”

The New Testament terminology appears to unite the function of the Holy Spirit and the human spirit in relation to NESHAMAH into ONE domain.

This is most likely explained by ...

1 Corinthians 6:17 "17 But the person who is united to the LORD becomes one Spirit/spirit with Him."

Understanding of NESHAMAH helps the Biblical counsellor to gain experience in discerning the Biblical distinction of SOUL and SPIRIT. They will then witness progressive restoration of those coming to wholeness and maturity in Messiah.

THREE foundational events:

There are THREE foundational events in the lives of SRA/DID survivors ...

- Pre-conception rituals,
- Spiritual death at conception and birth,
- Spiritual death and the New-Birth-Identity,

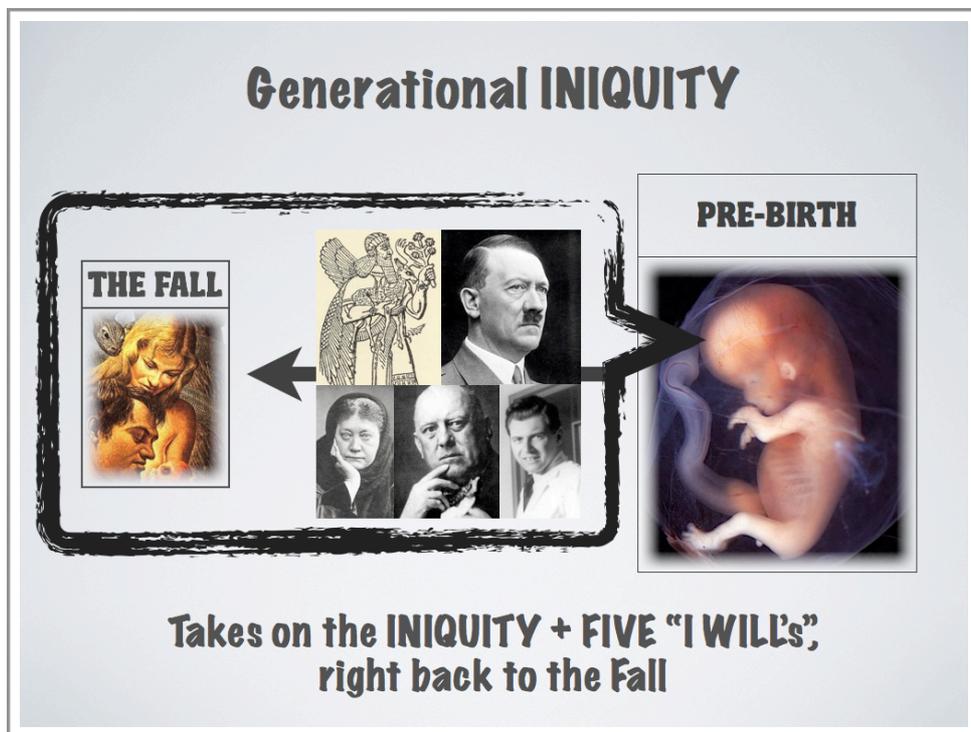
Pre-Birth	Birth	New Birth
		

PRE-CONCEPTION Rituals:

- When a child is subjected to satanic ritual abuse the FIRST thing they do is to APPLY the five "I WILL's" of satan (Isaiah 14:2-14):
 1. I will ascend into heaven.
 2. I will exalt my throne above the stars of God.
 3. I will sit upon the mount of congregation, in the uttermost parts of the north.



4. I will ascend above the heights of the clouds.
5. I will make myself like the Most High,
 - All this is then enmeshed into NESHAMAH and the human spirit.
 - Then there is an AGREEMENT and alignment FIRST to satan and his rebellion ...
 - THEN, to all those in history that have worked with/for satan (for example: Cain, Nimrod, Caesar, Nero, Alexander the Great, Stalin, Mussolini, Hitler, Dr. Mengele, Aleister Crowley, and so forth).
 - This enmeshment and identification with the enemy and all the enemies of GOD throughout history is where the person's DID system and all programming is spiritually anchored.



CONCEPTION Rituals

The Bible teaches us that WORDS have power — hexes, vexes, spells, curses, demonic blessings, and assignments. These are spoken over/attached to a CHILD at conception. This WEB of bondage controls the CHILD throughout life. FALLEN ANGELS and DEMONS attach to all these WORDS, making sure all that was SAID is carried out.

These WORDS are embedded into the child through rituals, channeling, and WOUNDING by various types of torture through trauma-based-mind-control protocols. These DEMONIC attachments connect to the DNA and the human spirit/neshamah at new-birth by generational iniquity associated with the BLOODLINE.

Getting RID of the fallen angels and demons does NOT get rid of the programming and CONTROL, If the programming and CONTROL are not REMOVED through the process of re-connecting and re-associating the persons identity ... the FALLEN ANGELS and demons have the right to RETURN.

LEGAL right always involves HUMAN:

- WILL — active or passive.
- WORDS — deliberate or accidental.
- INVITATIONS — active or passive.
- AGREEMENTS — know or unknown.
- CHOICES — active or passive.
- VIOLATIONS of humanity — self or others.
- WOUNDEDNESS — unrecognized or hidden.

PRE-Birth Attachments:

EXAMPLES of Attachments/CURSES to the SPERM:

- BONDAGE to a particular person — child's WILL to belong to a particular person.
- Abandonment by others.
- Rejection by those close to the child.
- Alienation from others.
- INSECURE.

EXAMPLES of FALSE “blessings” attached to a MAN’s sperm:

- The child will NOT know success.
- “BLESSED” with emotional PAIN.
- ANGER at people and things that get in the way of the relationship with a particular person.
- To be CRITICAL towards self and others.
- To live in a CONFUSED state to keep things internally intact and to keep things on the outside from interfering.

EXAMPLES of Attachments/CURSES to the OVUM:

- Descendants would not live past a certain age.
- Homosexuality.
- Pedophilia.
- Dissension and STRIFE in the family.
- Difficulty with CHILDBIRTH.
- Inability to BOND.
- No sexual INTIMACY, no joy or happiness in marriage.
- Lots of HEALTH problems.
- Not being ACCEPTED in the family.
- SUICIDAL thoughts.
- Confusion.

EXAMPLES of FALSE “blessings” attached to a WOMAN’s egg:

- Dedication to a particular FALLEN ANGEL.
- Blessing of BEAUTY if obeys a particular person, UGLINESS if disobeys.
- Ancestral EVIL to suck the life out of child.
- Powerlessness, amount to NOTHING.
- The person would die.

Curses at BIRTH:

- More curses, false blessings, assignments, spoken over the child.
- Some reinforce what has already been done, others are NEW.

Developmental phases:

- Month ONE,
- Month TWO,
- Month THREE,



- First BIRTHDAY,
- Second, third ...

A LIFE-TIME OF CONTROL IS ESTABLISHED!

NEW-Birth-Identity:

This is the PRIMARY target of the enemy to LEGALLY POSSESS in spiritual death on an experiential, dissociative and extra-dimensional level. Positionally in Christ this spiritual connection (Neshamah) cannot be completely broken (John 5:24, 1 Corinthians 6:17).

However the human spirit is capable of DEFILEMENT and therefore a part of the believer's IDENTITY is in need of SANCTIFICATION (2 Corinthians 7:1, 6:14-18 and 1 Thessalonians 5:23).

Thus, the spiritman is BLAMABLE and can become FILTHY. Demonic HOOKS get placed into your spiritman and hold you back from growing in the LORD.



The enemy has effectively devised a way in this last generation to legally SEQUESTER (confiscate) and envelope in spiritual death the NEW-BIRTH-IDENTITY in those who are SRA/DID in generational sin and spiritual death (Romans 6:23)!

Is this BIBLICAL?

The Ark of GOD was captured/delivered into the hands of the enemy.

Psalm 78:61 "61 And DELIVERED His strength and power (the Ark of the Covenant) into CAPTIVITY, and His Glory into the hands of the foe (the Philistines)."

And here, we see Y'shua (Jesus) can be in prison:

Matthew 25:36 "I was naked and you clothed Me, I was sick and you visited Me, I was IN PRISON and you came to see Me."

These THREE foundational rituals try to "kill-off" any capacity to know/love GOD and to develop normal healthy relationships in family, marriage, and the Body of Christ.

Remember the PRIMAL⁸ split?

When one suffers TRAUMA as a baby and MOMMY has huge emotional issues, baby tries to make SENSE of her moods. Baby creates TWO mommies:

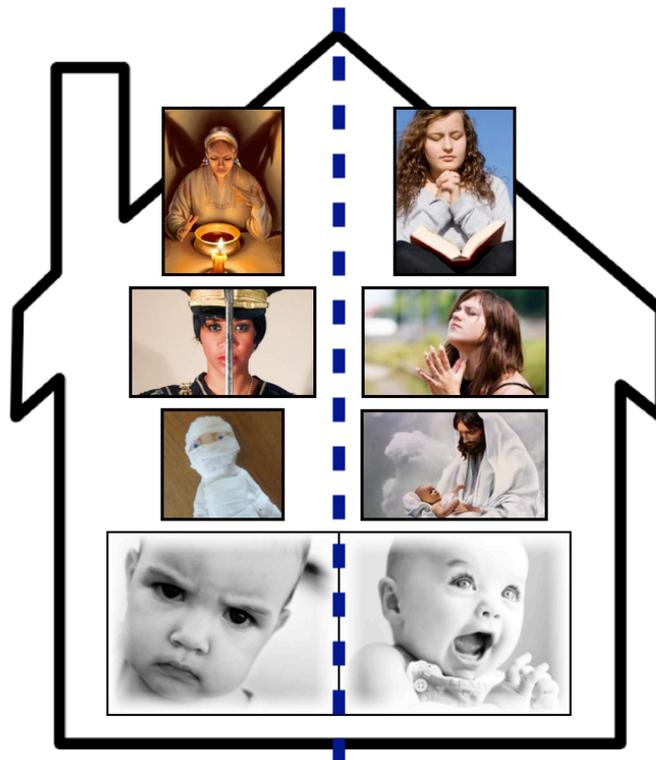
- A GOOD Mommy,
- And a BAD Mommy.

BABY also creates a GOOD and BAD BABY inside, that relates to the GOOD and BAD MOMMIES. The DID/SRA structures are then build upon these primal FOUNDATIONS.



- All the BAD parts are then built upon the BAD BABY foundation ...
- All the GOOD parts are built upon the GOOD BABY foundation.

Building upon the FOUNDATIONS of the Primal Split:



⁸ For more information on primal split, please refer back to **J2F Book 9**.

End-Time STRATEGY

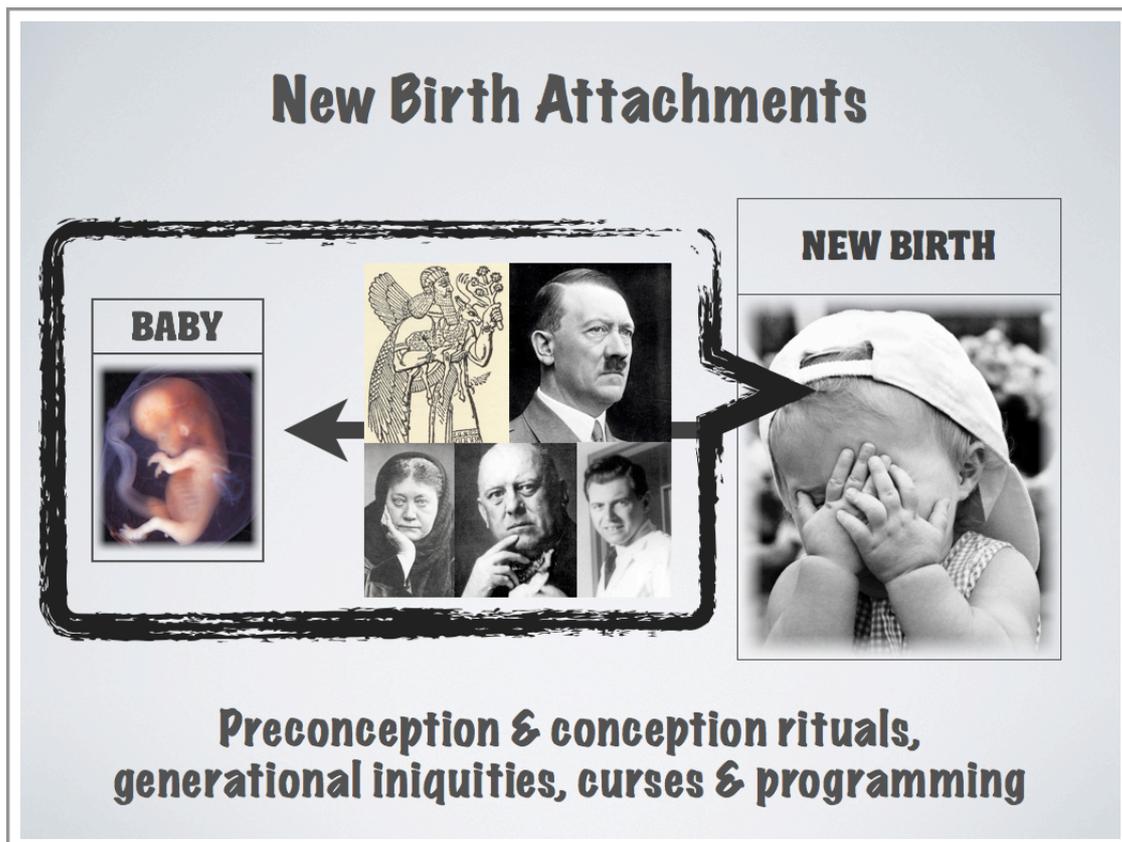
The perpetrators and programmers want the child to be born-again as YOUNG as possible.

NEW-BIRTH-Identity

In this way the spiritual blueprint and template for all programming is installed at New-Birth which incorporates the pre-conception and conception rituals, curses, and generational iniquity and becomes deeply embedded and attached to the New-Birth-Identity.

Clinical DEATH

This foundational event is installed at the first clinical death following the New-Birth. It is in this state of clinical death that all the pre-conception, conception rituals, generational iniquity, curses and programming are spiritually transferred, formatted, installed and attached to the human spirit of the New-Birth-Identity ...



The New-Birth-Identity then becomes enveloped in spiritual death. At the moment of resuscitation the child is "born again" into Satan's kingdom and bonded to him as father.

The Christian Host-Presenter

This “BORN-AGAIN” experience also establishes a TEMPLATE for the Christian HOST-PRESENTER. The Christian HOST-PRESENTER becomes a COVER for the original NEW-BIRTH-Identity. The original New-Birth-Identity has been sequestered, and enveloped in spiritual DEATH at the base of the DID system.

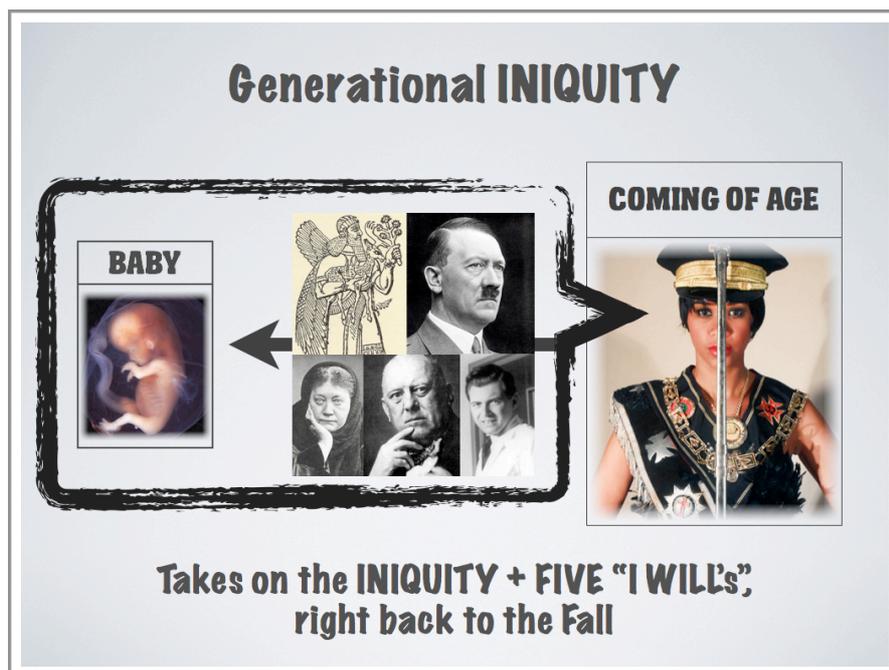
COMING OF AGE — 13 YEARS OLD

Then at a special rites-of-passage ritual at the age of thirteen, the perpetrators and programmers will then call out the thirteen year old cult-aligned core representation and extension of themselves from conception to WILLINGLY surrender to spiritual death the person’s New-Birth-Identity in conformity with the pre-conception and conception generational agenda where the “blue-print” or template for all the programming is **spiritually** anchored to the human spirit.

Through free-will choice, this part surrenders their New-Birth-Identity to satan’s agenda and formatting (or “blue-printing”) during the:

- PRE-conception,
- PRE-birth,
- And PRE-New-Birth events,

... when the person’s core identity was legally **sequestered (confiscated)** in spiritual death.



This surrender is accompanied with oaths and vows not to ever hear from GOD, serve GOD or have anything to do with GOD, His LOVE and Forgiveness ...

It is spiritual DEATH!

HEALING from pre-conception rituals:

At this point the counselor/facilitator needs to help the survivor identify this primary aspect of their identity called out at age thirteen who holds the person's most substantial history of anger, wrath, bitterness and hatred for GOD, Christians, the Church, biological and surrogate family representing the primary perpetrators. The primary presenting Christian host persona, along with all other known aspects of the person's identity, will need to "join" or merge with this cult aligned aspect of their identity.

VERY IMPORTANT! Before this can happen, one needs to SEPARATE the demonic from the humanity with the Sword of the Spirit. You do NOT want to embrace the demonic together with the humanity!

JOINING or merging with this cult-aligned identity will VALIDATE this part and BEGIN the process of releasing the New-Birth-Identity that has been sequestered in spiritual DEATH.

This unlocks the "door" into the pre-conception domain, to begin to reclaim the foundational aspects of the person's NESHAMAH/human spirit identity, that was taken by legal possession in DEATH and held CAPTIVE with Satan and his throne under the Temple Mount in Jerusalem.

The HEALING Journey

Getting RID of the fallen angels and demons does NOT get rid of the programming and CONTROL. If the programming and CONTROL are not REMOVED, through the process of re-connecting and re-associating the person's identity ... the FALLEN ANGELS and demons have the right to RETURN.

To STOP the control and the PROGRAMMING every aspect of the person's dissociated and fragmented identity must be re-associated with the presenting persona. This takes time and effectively proceeds according to the counselor's spiritual maturity and skills, working in conjunction with the survivor's maturity and circumstantial stability and safety.

Structures + Constructs

MIND CONTROL Structures or constructs — deliberately implanted and attached to the human soul. They are then empowered by fallen angels attached to the human spirit.

E.g. “Castles, pyramids, dragons” and so forth must be REMOVED, or presenting person must join with this construct in order to release what is held captive of themselves within these constructs.

For the SRA/DID survivor the pathway to FREEDOM and MATURITY will progress if they continue to grow in the grace and knowledge of our King and Savior Y’shua (Jesus Christ), within the context of a Biblically defined local church.

Then the fallen angels and demons can be PERMANENTLY removed and the person SET FREE!

A SHORT Summary of how the enemy STEALS parts of Neshamah:

As previously discussed, the enemy CANNOT separate us from GOD’s Love, or completely do AWAY with NESHAMAH (core) ... but he can STEAL and sequester parts of NESHAMAH through:

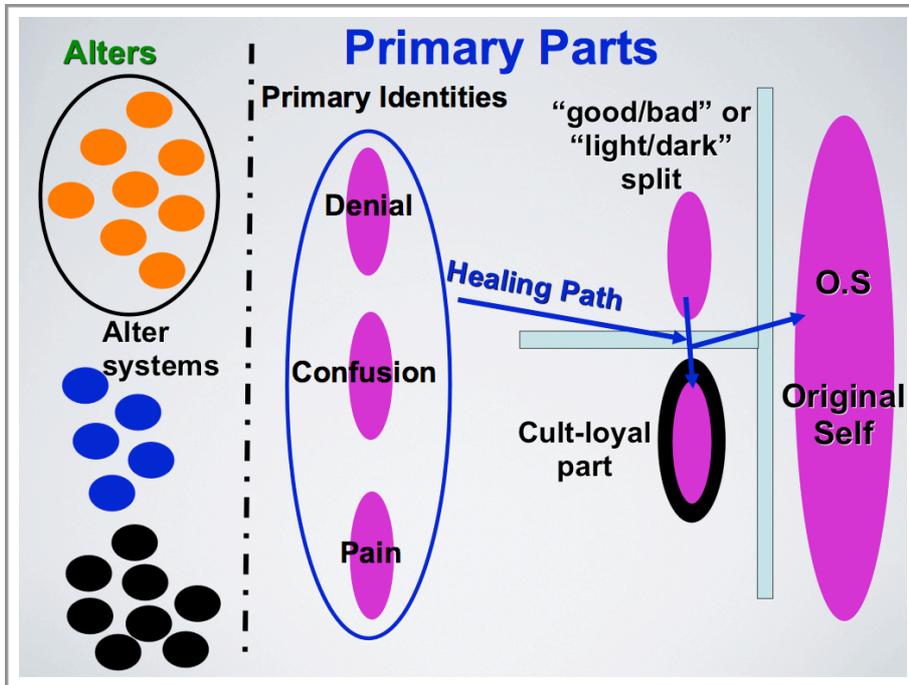
- TRAUMA,
- Dissociation,
- SRA rituals,
- Clinical death.

So MUCH so that only very limited representation of the person’s NESHAMAH will remain functional as GOD originally intended (Proverbs 20:27; Job.32:8; 33:4 etc.) Again, the enemy CANNOT completely CONFISCATE or sequester in spiritual death the person’s NESHAMAH because at the very CORE — Neshamah remains joined to the LORD (1 Corinthians 6:17) and belongs to GOD!

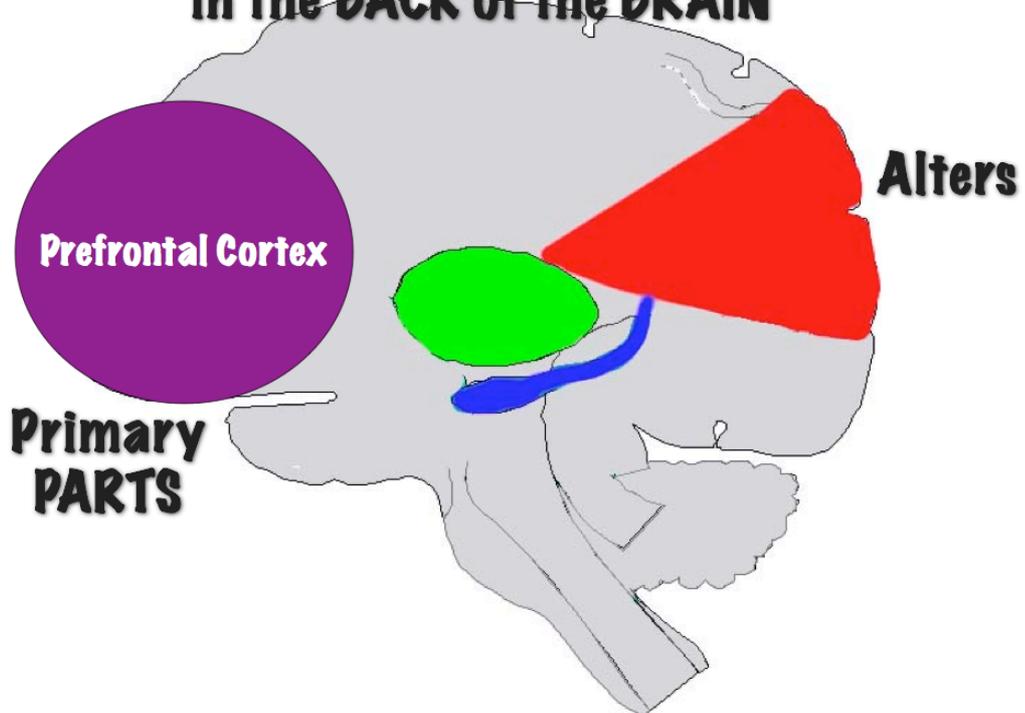
Getting to the CORE-Neshamah:

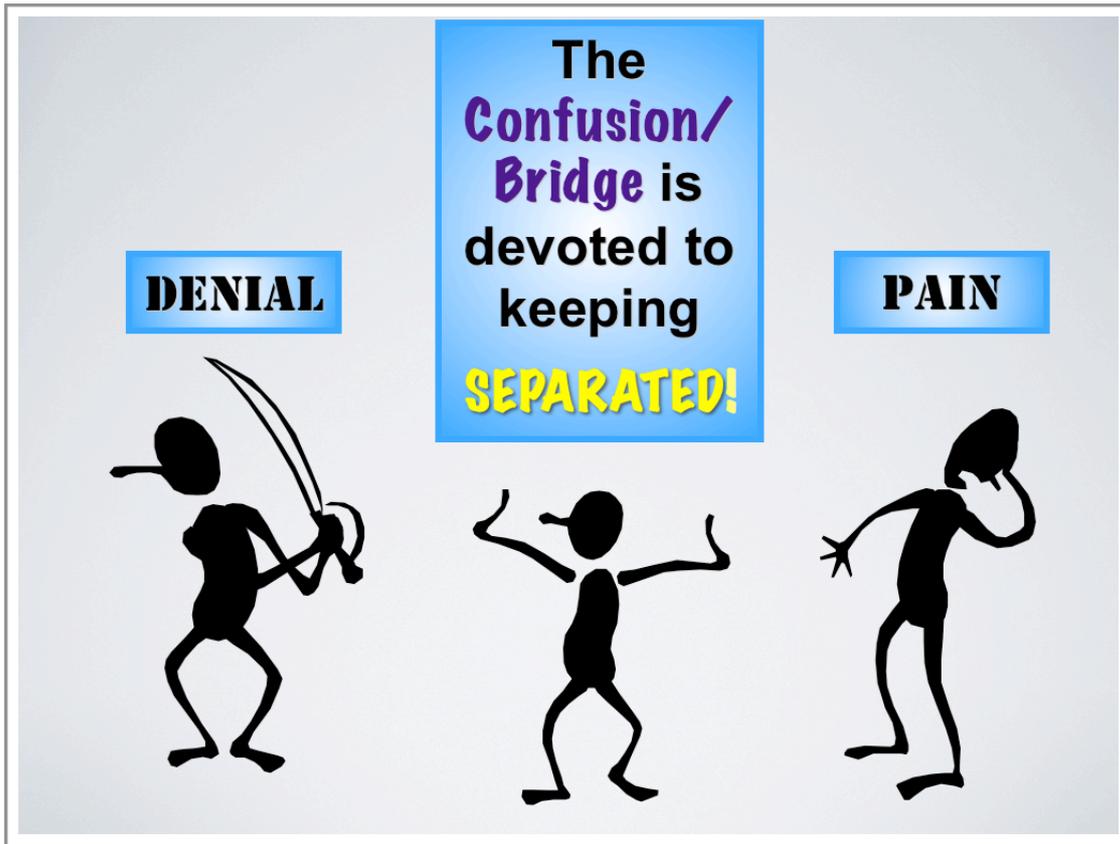
1. Identify and call to be present the OLDEST CORE identity who holds generational anger, wrath and bitterness towards GOD, Christians, and the Body of Christ (the Church). Work with THIS identity to get to ...

2. "Coming of age" (thirteen year old) CORE identity (this may be the same as number one — there are usually three primary core shield aspects of the original core identity that will be in conflict from thirteen to the present age of the person).



EEG patterns show Alter Identities in the BACK of the BRAIN





- This “Coming of age” CORE identity must REPENT for ALLEGIANCE to satan (usually at thirteen rite-of-passage ceremony):
 - Surrender of their New-Birth-Identity to satan’s agenda ...
 - Oaths and vows not to ever hear from GOD, serve GOD, or have anything to do with GOD.
- 3. Continue REPENTANCE and HEALING,
- 4. Asking GOD the FATHER for HIS TRUTH,
- 5. CANCEL rituals and demonic blessings ...
- 6. REMOVE attachments from sperm and ovum ...
 - i. REPENT and RENOUNCE all generational iniquity, and the five “I WILL’s” of satan, right back to the Fall.
- 7. Until ... you get down to CORE-Neshamah, and the person is ... SET FREE!

ABBA FATHER, show us the way to Your Truth and Your Heart during each ministry session!

Keep calling on the Name of the Messiah Y’shua (Jesus Christ) for His Guidance, Wisdom, and Blessing!

Core Shields

A core shield is not an alter, but a primary representation of the core. There are always and only **THREE primary core shields** in a person's system each having a **linear history** that is usually amnesic to one another and to the Host-Presenter.

With Connie (Constantina) she had a core shield that was **representing different bloodlines**. For you this will all unfold as you continue to work.

A POSITION

A position is usually connected with some **assigned and conditioned part of you to fulfill a particular function** on an occult level.

It is important that all the parts that have been dissociated need to merge. What cannot merge with you needs to be separated out from you, in the Name of Messiah Y'shua (Jesus Christ) to become a footstool for His Feet.

Hebrews 1:13 "Besides, to which of the angels has He ever said, Sit at My right hand [associated with Me in My royal dignity] till I make your enemies a stool for your feet?"

Whatever name or construct you encounter I would command in the Name of the Messiah Y'shua (Jesus Christ):

Glorify the Most High GOD or to be removed from you:

- **mind,**
- **emotions**
- **will,**
- **spirit,**
- **soul**
- **body.**

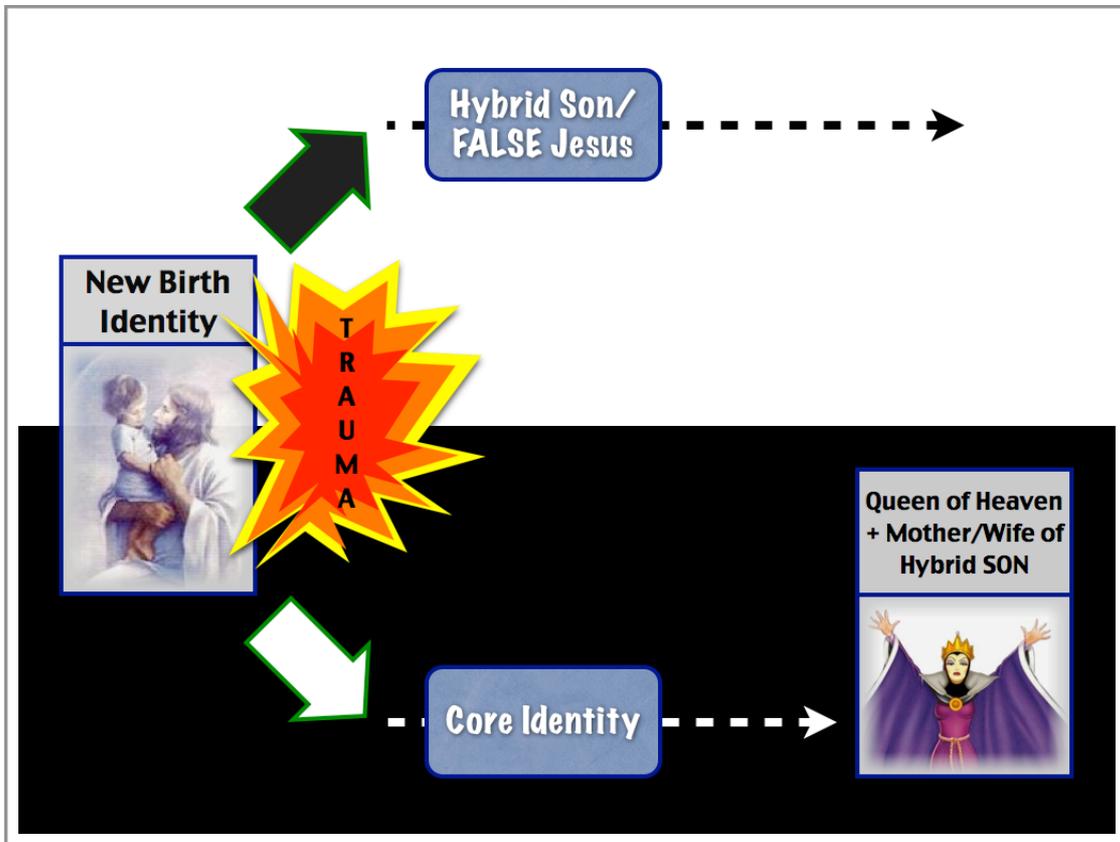
What cannot leave must become manifest in its true nature and character to you as the Host-Presenter so that you can **join** in order to reclaim those aspects of your self trapped in:

- trauma,
- deception,
- shame,
- And terror.

... to become present with you.

The ORDER of Connecting

There are usually two primary splits off of the New-Birth-Identity:



- 1) First, the identity that represents an escape into her hybrid son and or a false Jesus.
- 2) Then that which will become the adult's extension of the person's core identity ... most likely the queen of heaven, mother and/or wife of the hybrid son.

The part who last had sex with the son will be the first stage of integration before the New-Birth-Identity is released.

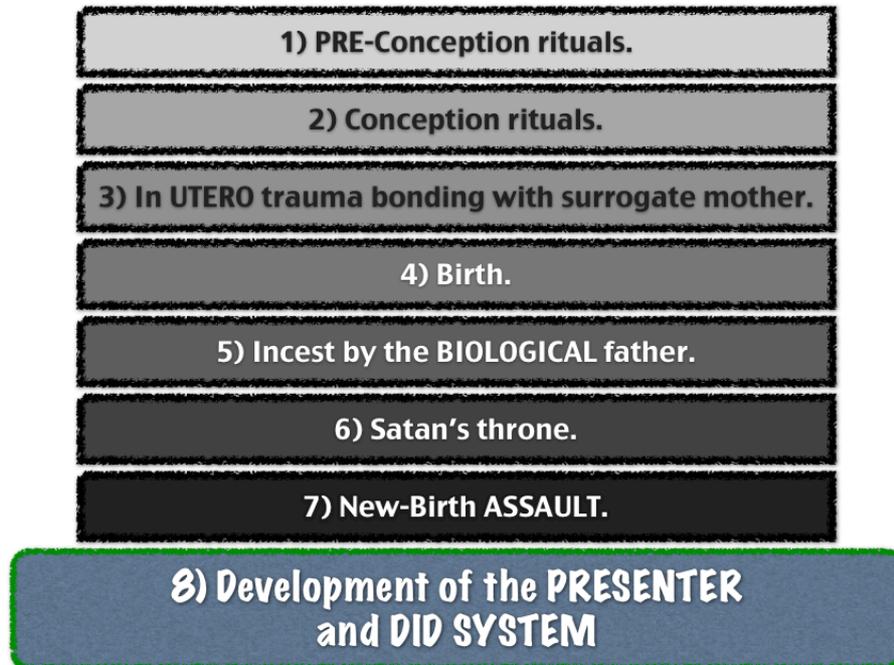
When this happens, the person then has the knowledge that she has been a Christian who has been involved with idolatry at the core of her being!

Then just continue to explore the various remaining dissociated domains at the core level and bring this all into oneness with the Christian host who represents the core investment of getting out of the cult and becoming the person GOD has created and redeemed them to be for His Glory!

*The Making
of a Slave*

Steps to Making a SLAVE

There are a total of EIGHT main steps:



- 1) **PRE-Conception rituals (see previous sections of this manual).**
- 2) **Conception rituals.**
 - TRAUMA-rituals in the WOMB, prepares the baby for the SATANIC agenda.
- 3) **In UTERO trauma bonding with surrogate mother.**
- 4) **Birth**
 - TRAUMA-rituals.
- 5) **Incest by the BIOLOGICAL father.**
 - LOTS of sex and blood.
 - THREE-way sex and ORAL SEX, that chokes baby to death.
 - (Mothers can be SACRIFICED. They are removed from the BABY. What has happened to some is that the mother is sacrificed while the infant is still in the womb and then cut out and revived. MASSIVE trauma-bonding with a DEAD mother!)
 - Baby gets DROWNED in blood of mother, kings, goddesses, nephilim, babies, ETC.

- There is so MUCH blood and semen around the BABY ... baby is DROWNED in this which forms a DEATH SEAL.
- The INITIAL bond with the FATHER opens the window for the infant to become BONDED with SATAN and His THRONE under the Temple Mount/SECOND heavens (dimensional and spiritual).
 - The SECOND bond with the FATHER opens a window that is in every woman — that is, to CONNECT with her HUSBAND one day.
- The baby is ALIGNED — body, soul, spirit.

6) Satan's throne.

- INCEST with the FATHER under the control of principalities,
- And satan then OPENS the door to the DEEPEST part of the BABY's being to have SATAN's THRONE to come into the BABY.
- BABY is now bonded with satan's THRONE and penis of FATHER.
- The FOUNDATION is now laid to have CAPACITY to bear a NEPHILIM.

7) New-Birth ASSAULT (see previous sections of this manual).

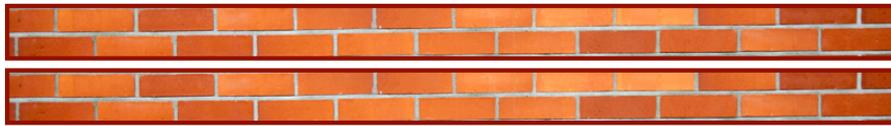
- Baby is led to Y'SHUA (Jesus) as YOUNG as possible, and IMMEDIATELY assaulted by FATHER led by SATAN and principalities to wrap the New-Birth-Identity in DEATH.
- (Again three-way sex and DEATH rituals.)
- (Repeat of BIRTH rituals.)
- At the initial New-Birth ASSAULT, satan penetrates the child's HUMAN spirit as DEEP as he CAN. He encapsulates and CAPTURES the IMAGE and GLORY of GOD to beautify HIMSELF (the locality of the Temple Mount is related to Isaiah 25:7-8 and satan's last days agenda to thwart the second advent of Messiah Y'shua/Jesus Christ).

8) The Presenter.

- Just after New-Birth ASSAULT, they start developing the PRESENTER.
- The PRESENTER is empowered and SUPPORTED by both DENIAL as PROTECTION and PRINCIPALITIES to keep the AMNESIA in PLACE.



The PRESENTER



Constructs and Structures

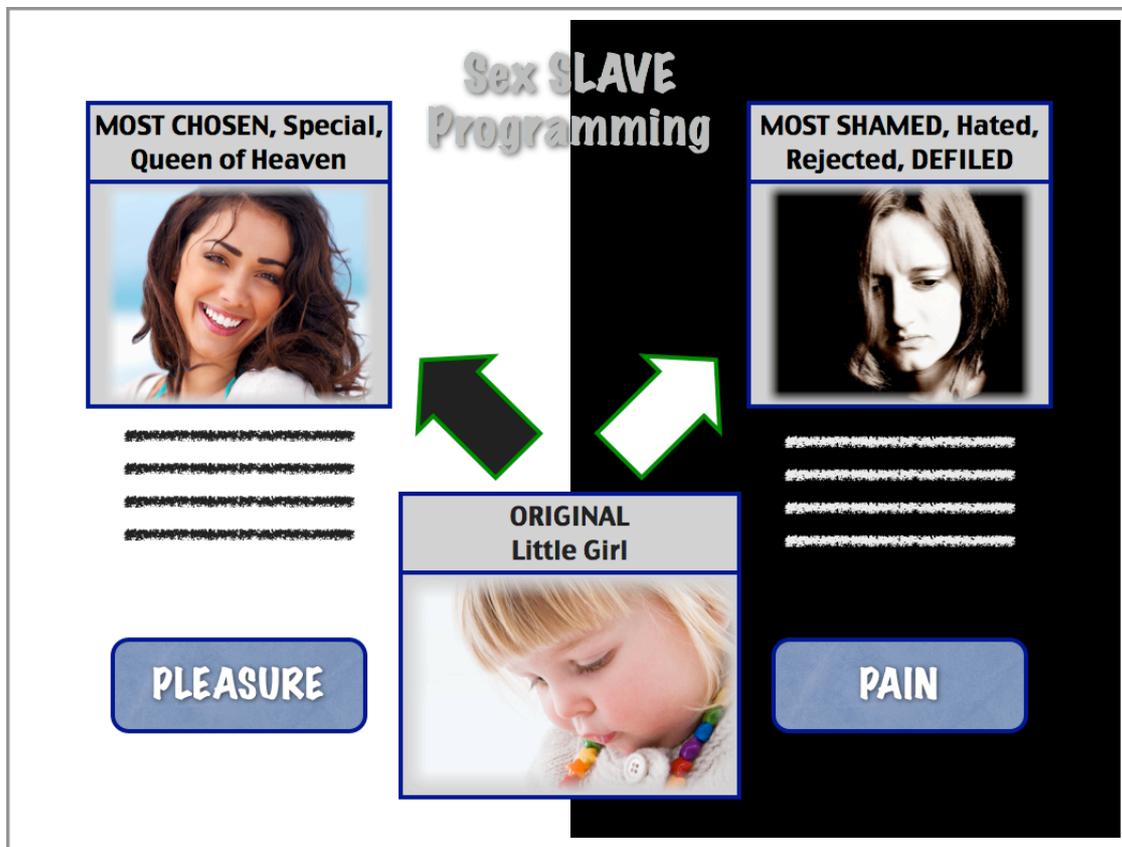
Sex Slave/Queen of Heaven Programming

The queen of heaven foundation is programmed into the slave from preconception, conception, birth, New-Birth ... PLUS many, many more rituals built on top of this foundation.

Father, we pray that You will release and restore the lamp of the LORD that is inside of her.

Give back all of her capacity — her Neshamah — to be active in her again as You ordained it from the beginning of time.

With this lamp comes KNOWING and LIFE (understanding and discernment between good and evil).



Steps to Deal with Sex Slave

Who is angry with GOD? Who had to take His place because He did nothing? He was indifferent, He just didn't care. The part that takes over then becomes "god" to the system and takes over.

The counselee needs to give over all control back to GOD. He must take over (though slave feels she is losing control).

For this to occur all protection (the primary protector in the middle) of the Christian Host-Presenter maintaining separation between the adult core cult aligned self needs to be surrendered to the Christian Host-Presenter. This will occur in “real time” when the Christian presented is “called” into oneness with the adult extension and representation of the original core self and identity.

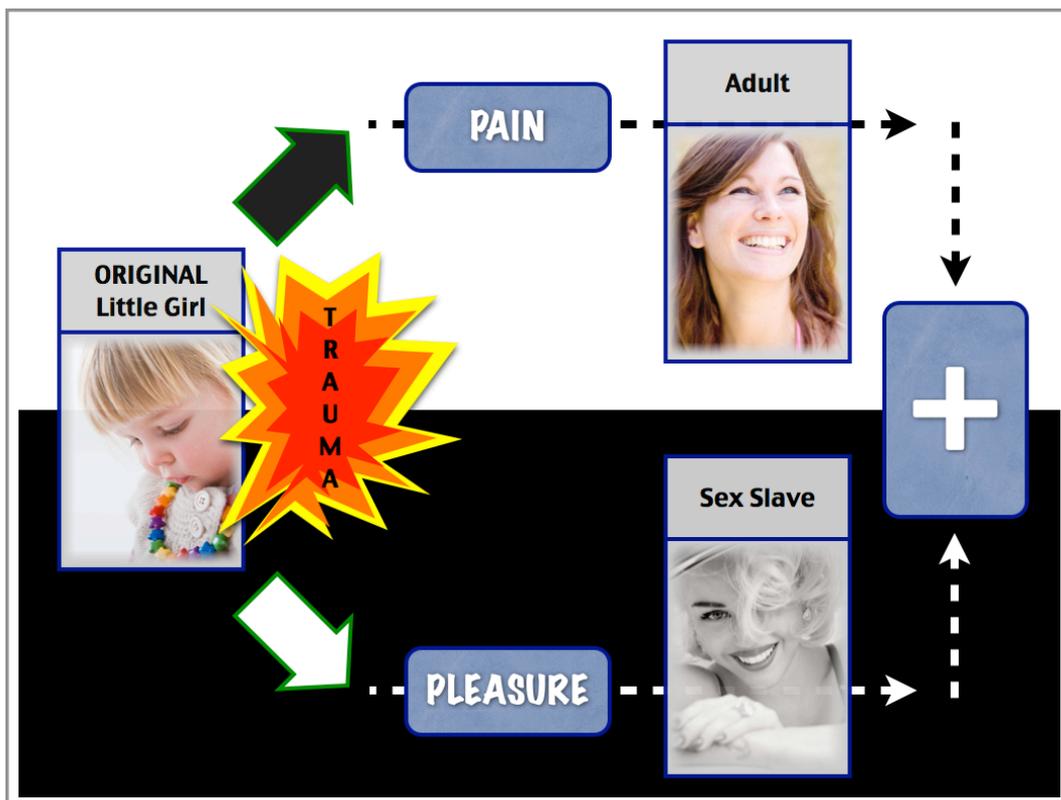
The counselee must embrace that Little One who is out of control.

The perps stimulated the slave sexually, until she is “out of control” and then a part of themselves is created to take over or be in control. Satan and the powers of darkness capture the part of the slave that is in orgasm.

FATHER, we ask You to bless both little girls that were split off from the original little girl — the one that developed into the queen of heaven, and the one who was most despised — from the first to the last of both sides.

FATHER, bless the original little girl before she ever split.

FATHER, show us Your Way of escape for both sides.



****NOTE!**** In between “Pain” and “Pleasure” internal control will be right in the middle, also under the control of a high ranking generational principality such as “I Am”, “Emmanuel”, or “The Most High”. Then at New-Birth, this control comes under the aegis of a false “Jesus”.

All parts need to join together because staying separated keeps you a slave. Let everyone embrace all of you now as an adult (current age) so you can come out of slavery.

When joining with all these parts, the person will have to join with little one who was captured in orgasm. The person will abreact and feel they are experiencing sexual feelings (orgasm) as they connect with the little one who was captured in orgasm. This is very embarrassing!! Just comfort them — they are not bad!

What is an Abreaction?

The person actually went through those feelings in the past. When they try to reconnect now, with those parts, they will feel an echo of what hapened, but they are reversing and reconnecting with the parts that were trapped in pain and pleasure.

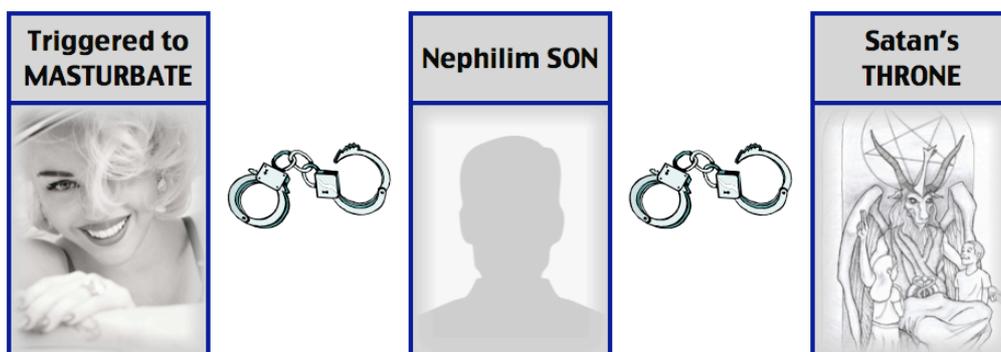
FATHER, manifest Your Grace to claim back that which was stolen from her as a little girl as well as from her marriage.

Any connections, bonds, one-flesh unions with satan and his throne, nephilim sons, as well as all humans — male and female — dissolve ALL one-flesh union bonds in the Name of Y'shua (Jesus)!

You are NOT in satan's bridal chamber now.

Come OUT of the demonic chuppah in the second heaven over Jerusalem.

The sex-slave is conditioned to masturbate a number of times per day (serious addiction!). When she does, it is as if she has immediate connection with her nephilim son and through union with him, she is then in direct contact with satan and his throne in Jerusalem.



Queen of heaven is used to transfer power through masturbation and sex to power-up world leaders and/or national:

- Military
- Banks
- Education
- Medical
- Political
- Religious

Where is the little girl before the sex-slave was created? She is still in the cage.

We call forward the youngest and first little girl who was put into a cage.

FATHER, we ask that You will let her come out of the cage.

Little One, see, you are no longer in a cage. We command all the Satanic sourced power behind all cages to be removed in the Name of Y'shua (Jesus).

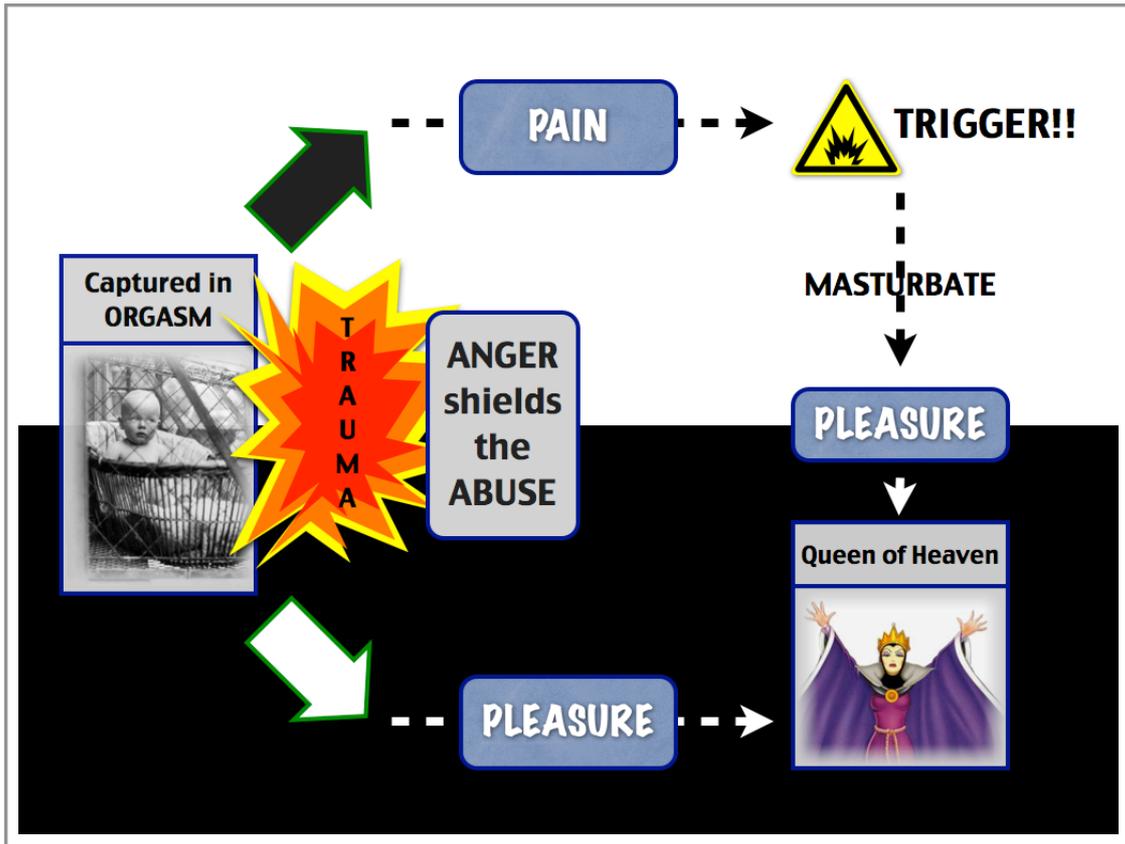
Oldest adult extension, put your hand on that little girl, bless her, and say she is free and she is here in the present!

Look around, you are not in a cage anymore.

FATHER, release Your Judgment against those who aroused the little girl and programmed her to be a sex-slave.

FATHER, what is "the wrath of the Lamb" in the Book of Revelation?

FATHER, what do You need to say to those who first aroused the little one from the first original little girl, right up to the oldest adult today?



FATHER, fill all the doorways/portals with Your GLORY!

All-Seeing EYE on Forehead

They do a ritual where she believes she has a third eye installed in her forehead.

They train her to escape into the eye.

In the Name of Y'shua (Jesus), we command the all-seeing eye to glorify Y'shua Ha'Mashiach (Jesus Christ). All-seeing eye look into the Face of Y'shua (Jesus)!

We command all humanity to only glorify Y'shua Ha'Mashiach (Jesus Christ).

We hold up to You FATHER, the little girl that had the third eye installed. Her head hurt real bad when they did that. They did this for her to become queen of heaven.

Who are you now? "I have to check in a mirror if I still have the third eye".

If the little one still feels she has a third eye, then it means she is still separate. All need to merge and converge into this little one who believes she has a third eye installed in her forehead.

Spider Construct

Child is taken through terrible spider rituals and internalizes the spider — she creates a part/parts that are a spider.

How many legs has the spider? “Six legs”. Parts of her humanity will be trapped in the legs. Many different spiders can be used (for example, anti-Christ programming uses spiders with a cross on its back!).

ASK: What did they do to you for the spider to be represented inside? Remember, the body carries all the memories.

Now put your hand on the spider. FATHER, we pray that You will remove everything that is not part of the humanity. Bless what can glorify Y’shua (Jesus).

Check for programming — “I need to have this spider because _____”
Client may answer — “I eat the men and their sperm so that I can get power”.

FATHER, we bring You all of _____ (this person) trapped in the spider. Y’shua (Jesus), You said that You are the Way, the Truth, and the Life — show her the way out.

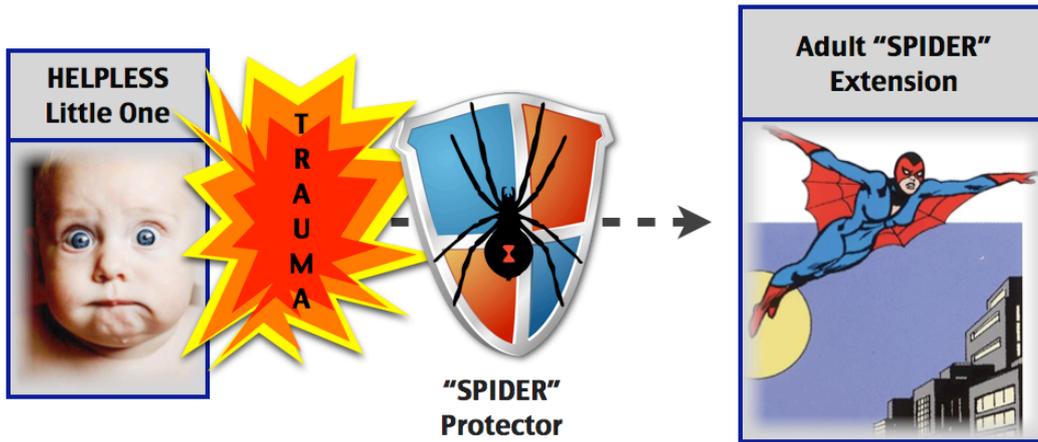
What does that mean to this person?

You have a choice now — you can come out. Just make sure that you make the choice with all of you together, not just a part of you.

For what purpose did they create this in you?

If you join with the spider part, then you will know the purpose. Go first into the adult part of you and not into the little one.

The strength of the spider was manifested when you are with men (see the movie “Basic Instinct”, this will give you an idea of the power behind the spider part).



Because of the trauma, the helpless little one (who has NO POWER) created a spider part. This then “grew” into an adult extension of the spider, who HAS POWER over men. The spider part won’t know she is human.

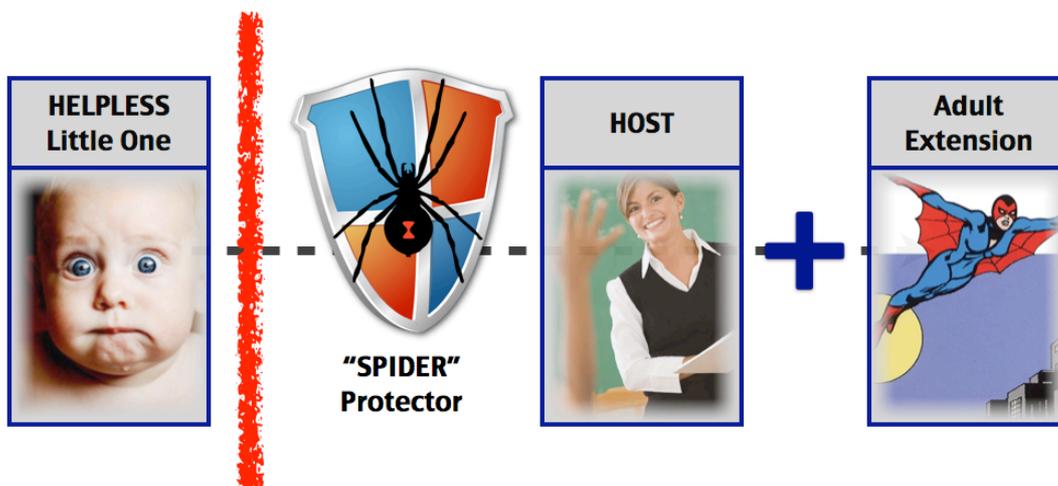
Host and those parts that have joined in:

In the Name of Y’shua (Jesus), I lay my hands on you and I declare you are human and so am I. You are me and you are blessed in the Name of Y’shua (Jesus).

The adult extension from the spider HATES men — has huge anger against men and won’t submit in marriage or any situation — it looks down upon men, judges and condemns and DESPISES them!

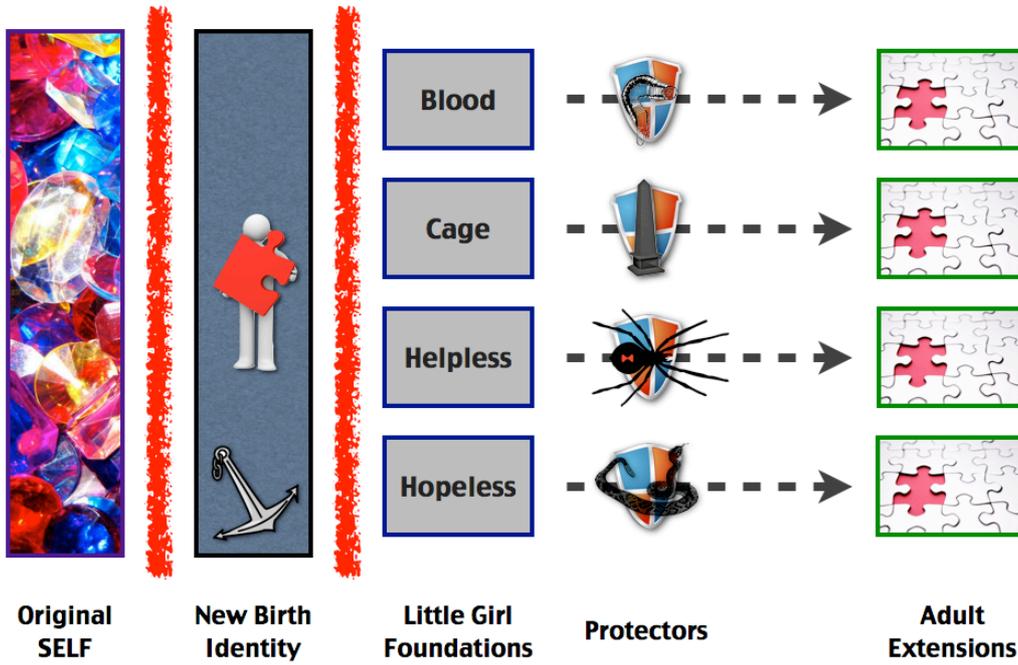
****KEY!**** CONFLICT is the engine that drives all dissociation!!

Steps to CONNECTING and HEALING



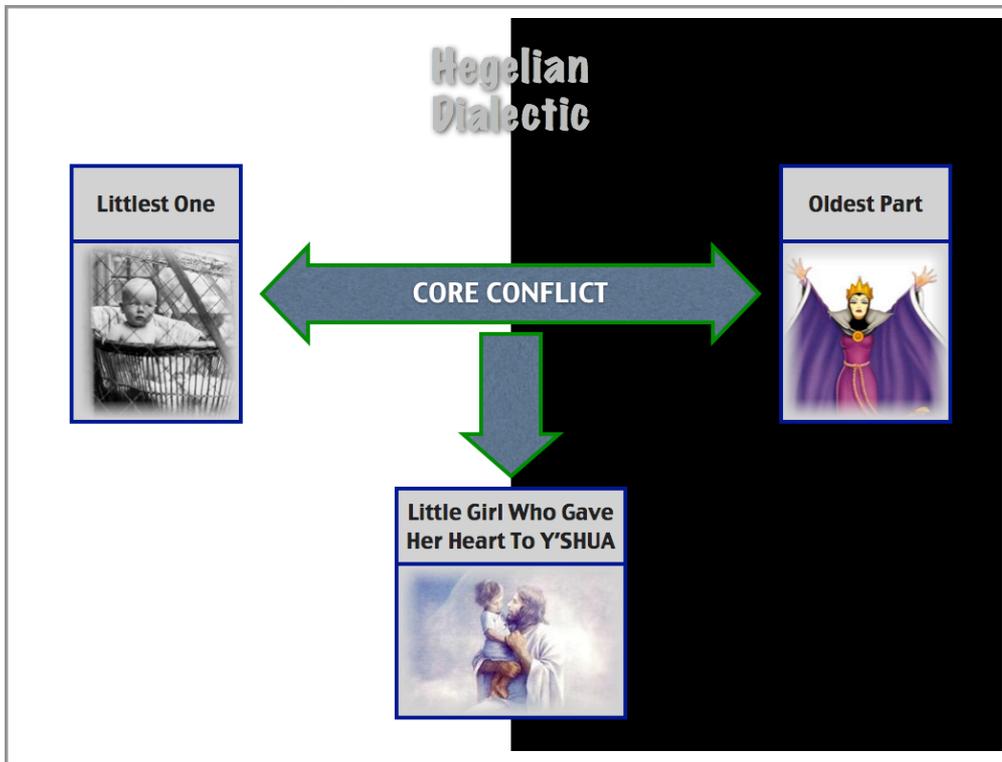
- 1) Talk to the HOST.
- 2) Adult extension and Host need to merge and converge.
- 3) Together, Adult extension and Host need to merge with spider part(s).
- 4) Finally, all parts need to merge and connect with the helpless little one.

Examples of STRUCTURES within the Person

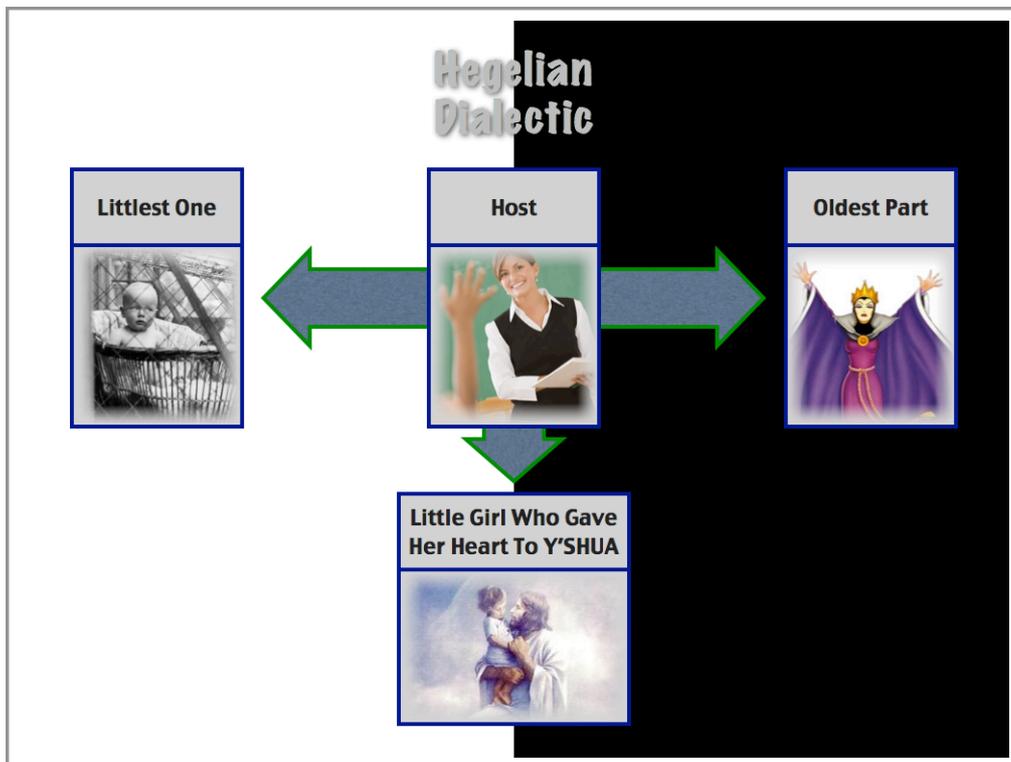


Hegelian Dialectic Principle for ALL Layers/Parts

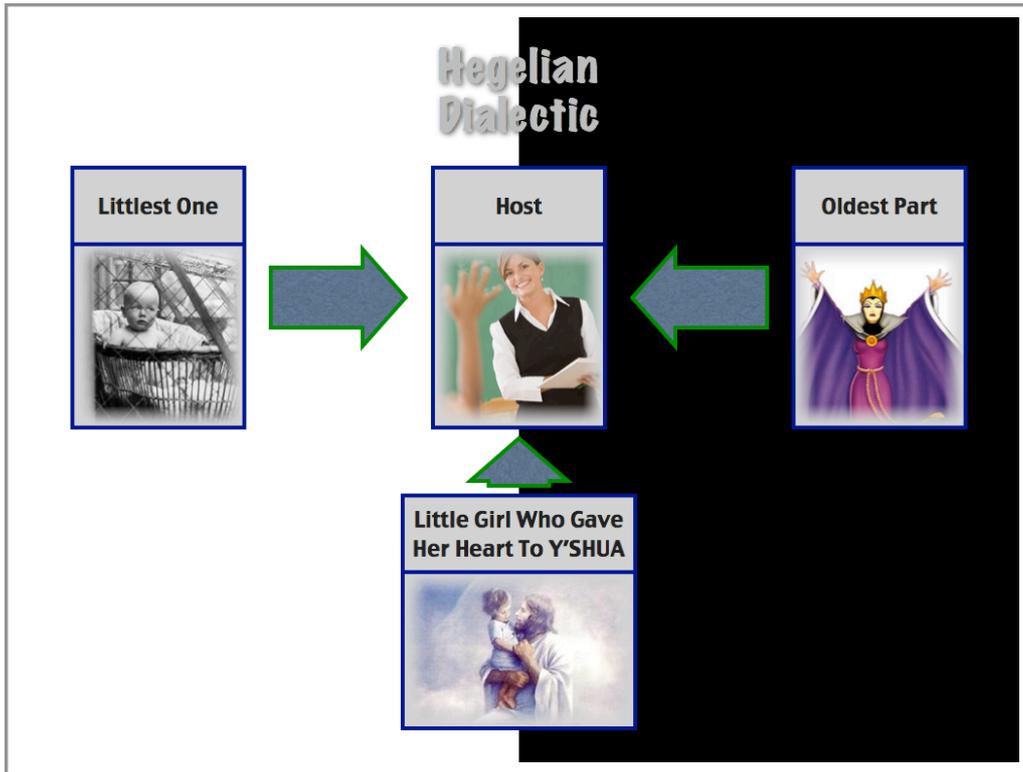
Step 1



Step 2



Step 3



*Parts Who Perceive
Themselves to be
Pregnant*

Parts Who Perceive Themselves to be PREGNANT

Go inside and check if there is anyone inside that perceives that they are pregnant.

If the answer is “YES” — ask who is she carrying?

- If a “little MESSIAH”:
 - It is not true now. It is like in the past, the clock stopped for this part who believes she is pregnant.
- If a “little JESUS”:
 - Is there anything in you that is a time-clock for when the baby is to be born?

Hybrid to be born — his name can be whatever they decide he will be called on earth.

The fallen principality who will become the father of this nephilim is present at all the slave’s rituals — preconception, conception, birth, New-Birth, and all major rituals.

When child is thirteen years old, she gets impregnated by an fallen angel (or satan himself) and she then conceives a nephilim baby that will house the spirit of this nephilim who was there all the time. She gives birth to her first nephilim son at thirteen.

With some girls, they play another trick and tell them that they had failed to be able to give birth. They humiliate them so badly, saying they cannot even do this right — they show them some horrific creature and say this is all they could bring forth.

This is all part of the plan to prevent them from ever believing they had given birth to a nephilim. The truth is that they actually did give birth to a nephilim, and all went well according to their plans.

Now she is MOTHER and develops strong mother-bonds with her son. He grows very quickly into a beautiful, handsome, strong man and when she is twenty-six years old, she marries him.

Now she is his WIFE and develops strong incest bond to him. She is totally addicted to him sexually. (This incest-bond is initially established between the mother and her hybrid offspring right at the creature’s birth.)

Ministry to Pregnant Part

For example — hybrid's name is Emmanuel.

FATHER, we command that the truth about this Emmanuel be revealed in the Name of Y'shua (Jesus).

This is a false Emmanuel — Y'shua (Jesus) is the ONLY TRUE Emmanuel.

Do warfare and strip him of all power and rank.

FATHER, we ask You to surround this fake Emmanuel with Your Light, Life, and Glory. He has stolen Your Name — he is subject to Y'shua Ha'Mashiach (Jesus Christ).

All of you must now join with the one who believes she is pregnant. Whoever says "NO" — that is the one who you first must join with who a protector.

Host, give up your separateness and together with the adult representation of the original core person's identity "go into" or merge with the pregnant part and keep "going into" or merging with the baby in the womb.

Check for programming:

- "If I go into this pregnant one, I will _____".
 - ANSWER — "Loose the treasure!"

TRUTH: The treasure will be released — the little girl trapped in the serpent.

(They do terrible rituals with the children when they are small, to make them one with satan. A large anaconda serpent could swallow the child and after a while, they cut open the stomach to remove the little child. Another ritual is to sew the child up into the stomach of a serpent.)

Y'shua (Jesus), You are the Way into the bond with this fake Jesus. Show her how to go into this bond to gain back her humanity.

Show her what is the bond to her son and then You take the bond so she can bond with the True Y'shua (Jesus) and with herself in the present.

Through the trauma with the serpent, the child creates a part that believes it is a serpent. The serpent says it is stronger than Y'shua (Jesus).

Y'shua (Jesus), manifest Your Strength and show how strong You really are. Everything that goes by the name of serpent, that does not glorify Y'shua Ha'Mashiach (Jesus Christ), be removed in the Name of Y'shua (Jesus).

We bless the humanity that became a serpent.

Join with the serpent-humanity and also with the baby in the womb, to retrieve the little one that was trapped.

Shine Your Light out of the little one that first gave her heart to the True Y'shua (Jesus).

Little one, release everything you are holding onto. Let go of the false Jesus, so you can hold onto Host.

FATHER, speak to satan and tell him that You hold the legal right to the whole person here.

We speak to all blood to glorify Y'shua Ha'Mashiach (Jesus Christ) or leave — be removed in the Name of Y'shua (Jesus).

FATHER, sprinkle the Blood of Y'shua (Jesus) over every part of her being for all of the years she has been alive.

Everything that goes by the name of "Jesus" or "baby Jesus" must bow before the True Y'shua.

If you are afraid, go to the Host. Little one, open your eyes and see — no serpent, no Emmanuel, you are here now.

Holy Spirit, we ask You to go in and remove the false holy spirit hiding in her body. Command the serpent to come out and glorify Y'shua Ha'Mashiach (Jesus Christ).

This body is a temple of the Holy Spirit. We sever your phallus, satan, and we castrate/emmasculate you in the Name of Y'shua (Jesus). We remove your phallus out of her spirit, soul, and body.

We ask You FATHER, to occupy that space that the phallus took in her spirit, soul, and body.

We take all the little one to come out of the womb that carried you full-term during the pregnancy — we also remove her out of the birthing chamber in Jerusalem.

We remove her from the birthing trough in Jerusalem. We displace it and we ask Y'shua (Jesus) to take the place of this birthing trough in her.

We hold this serpent up to You FATHER, what do you have to give little one in exchange of this serpent?

- Who am I to You, FATHER?
- When you look at me, who am I to You?

You who now has all the tears, every one of you go there right now. Merge and join. Become ONE voice.

All of you who was the sex-slave's identity that was hollowed out for the dwelling place of satan and his throne, come now Y'shua Ha'Mashiach (Jesus Christ) and fill the whole realm with Your Glory, Light, and Love.

Come and build Your Throne in her never to be removed or wrapped in death again.

We speak to all the parts belonging to queen of heaven — come down from the second heaven — you now belong to the host person.

FATHER, clothe her with Your Robe of Righteousness.

(Person sigh's the whole time — every sign, every breath, means that parts of her are coming out of death at core level. Breath OUT — death departs. Breath IN — Breath of GOD and LIFE!)

Ministry Tips

(1) MUSIC.

When the little ones are “found” in the system, released from places of captivity, or even raised from the dead (if they died during the ritual and perceived to be dead by those in that structure), then soft music in the background can be very comforting while they process their connecting with the different parts. Suggested CD’s — “Hidden In My Heart” volumes one and two, by Michael Card.

(2) Triad vs. DYAD.

An important reminder, most counselors and therapist models or paradigm’s for therapy and counseling are based upon a DYAD and horizontal in nature.

What you will note in this manual is a paradigm which represents a TRIAD. We are constantly interacting with the LORD and the counselee throughout the counseling process and times together.

This approach is based upon the Word of GOD:

Romans 11:36 “36 For from Him and through Him and to Him are all things. [For all things originate with Him and come from Him; all things live through Him, and all things center in and tend to consummate and to end in Him.] To Him be glory forever! Amen (so be it).”

2 Corinthians 6:6 “6 By innocence and purity, knowledge and spiritual insight, longsuffering and patience, kindness, in the Holy Spirit, in unfeigned love;”

Acts 17:28 “28 For in Him we live and move and have our being; as even some of your [own] poets have said, For we are also His offspring.”

John 15:4-5 “4 Dwell in Me, and I will dwell in you. [Live in Me, and I will live in you.] Just as no branch can bear fruit of itself without abiding in (being vitally united to) the vine, neither can you bear fruit unless you abide in Me. 5 I am the Vine; you are the branches. Whoever lives in Me and I in him bears much (abundant) fruit. However, apart from Me [cut off from vital union with Me] you can do nothing.”

(3) NAMES of parts.

When asking the appropriate questions to the different parts as they present themselves, it is very important to remember not to ask for the NAMES of the different parts — asking for names will shut down the system and it also acts as a diversion.

(4) SKIP the detail.

It is also not necessary to get caught up in the detail of what has happened to the client. Just keep on following the trail of emotions/thoughts/memories, as they surface and keep going deeper until the youngest little one is discovered from who the presenting part was created off. Focus on getting the youngest little one and oldest adult extension to come together, for more HUMANITY for the client.

(5) DENIAL with some parts.

You could meet parts who do not even believe they are DID. An example — ANGRY part comes forward and wants to drown all of those that are DID.

Ask QUESTIONS such as the following — questions are important in counseling, to break the part out of denial and get them to start THINKING, in order to work through the healing process. Ask a few questions at a time, that forces the part to think and not just go back into denial with quick one-answers:

- Where do you come from?
- Do you know from which drowned part you came from?
- You all share the same body — so you have to come from somewhere — have you ever been drowned?
- Do you have a physical body that is different to those that were drowned?

Ask the body — where did you come from? Body never lies and keeps record of everything that happened to it.

Angry part does not want anything to do with this drowning and DID stuff — go and speak to the Host about this — “I don’t know why I am angry!” ASK: Who is behind you that does know?

If angry part is a MALE in a female body, angry part is a PROTECTOR. Encourage angry male parts to go and check in the bathroom that they have female parts (a female body).

CAUTION!! A program is usually put in place that if they should discover the truth — that they have female parts (a female body) — they have to hurt the body.

BEFORE they go the bathroom to check, you have to make an agreement with them that they will not hurt the body if they find out they were tricked.

Pray to break all suicide programming, bind Apollyon, Abbadon, vows to die if the lie was discovered, etc.

****KEY!**** If there are opposite sex parts in a client, then they are still very open to access by the cult. This also shows there is a lot of denial/separation.

Your origin was the little girl at New-Birth — let us ask her to come and fill that place in your heart that only she can.

FATHER, what is Your Perfect Will for the little girl that was there in the beginning before she became the protector?

FATHER, fill the whole realm of the protector with Your Glory, Light, and Love.

The whole DID system come into the protector.

Then all of you together go and embrace the little girl who was so badly tortured.

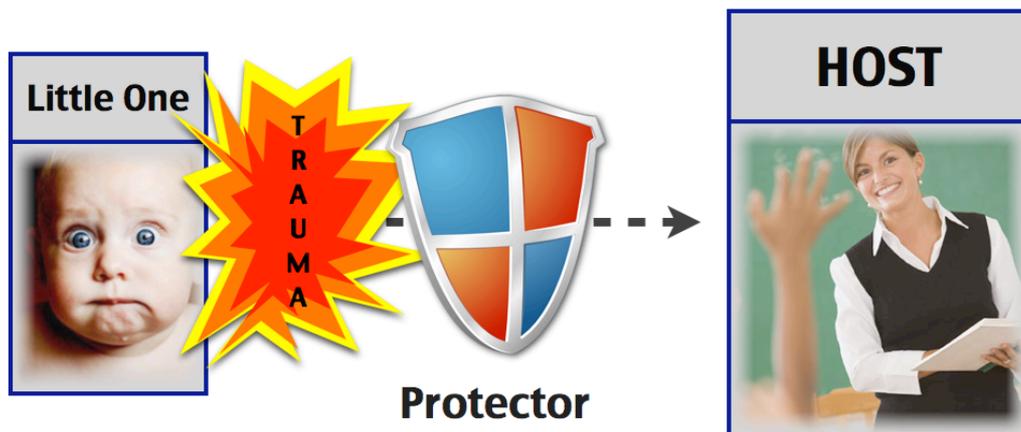
Little one, come into the empty place of the heart of the protector.

(6) Survivor has a part called “THE CURSE”.

We invite “the curse” to be here — you will need to join with it — even if it does not seem human — maybe you perceive it to be a nephilim — don’t worry about that — that is just phenomenology based on trauma.

If you have found this separate part of you called “the curse”, just say — “I bless you to be with me now”.

When it is no longer separate, it ceases to be a separate part of you.



We speak to the protector — “May GOD give you grace to see the truth”.

Y’shua (Jesus) became a curse for you so you can’t have any parts that are cursed. Y’shua (Jesus) already beat you to it!

It does not mean that the trauma did not happen. There are certain things that “the curse” entailed and has come into reality.

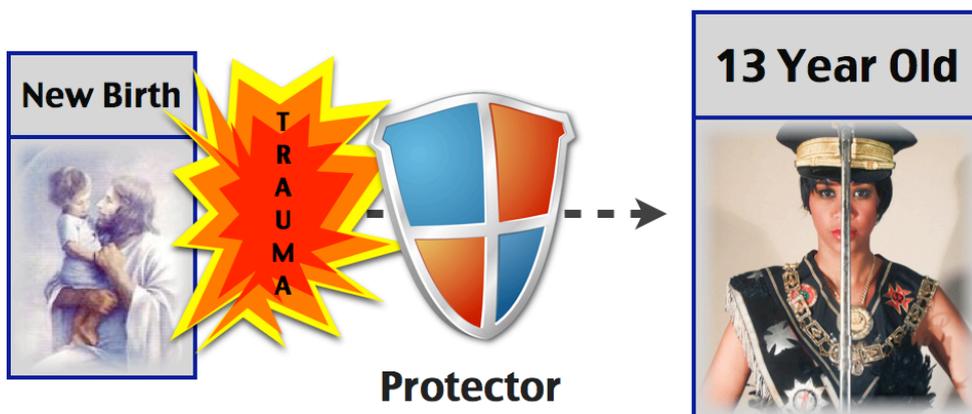
Why did they put these curses on you?

“When I was thirteen years old, I was supposed to give birth to a nephilim but according to them I failed! I could not bear a living creature!

They humiliated me and then cursed me with continual DEATH of my womb. I would never be able to bear and bring forth anything ever again!”

The only way the curse can have an effect is if they target those parts that remain separate from you. When you re-unite with this dissociated aspect of yourself the curse is effectively broken!

The heart that first believed in Y’shua cannot be cursed — the protection is, “We have to keep that heart away from this mother heart”.



Protector can be a false Jesus who comes to rescue you from the terrible sexual assault by your father directly after New-Birth.

Galatians 3:13 *“13 The Messiah redeemed us from the curse pronounced in the Torah by becoming cursed on our behalf; for the Tanakh says, “Everyone who hangs from a stake comes under a curse.”*

Is there a part of you that believes they are cursed? Answer, “YES. I have a part responsible for keeping the curse in place”.

I address you now — how about doing a new job? Do you know you can do something that will be helpful for the whole system?

By your New-Birth-Identity, you have been blessed with every spiritual blessing in Y’shua (Jesus)!

Warfare Prayer:

We take authority over satan's power to hold captive the New-Birth-Identity when she gave her heart to Y'shua (Jesus) — we bind his power in the Name of Y'shua (Jesus).

At the very place where there is a union with satan and his throne, we bless all of you in the place where you are the most **one** with satan.

We ask You FATHER to shine Your Light, Life, and Love right into the heart and essence of who you are as the mother of your son and the wife of your son — we bless all of you that is the mother and the wife, in Y'shua's (Jesus') Name.

All of you that represents the dwelling place of satan and his throne — we ask You now FATHER to fill all that which represents the domain and dwelling place of satan with Yourself. Fill all of that space with Your Light, Love, and Glory of **Y'shua Ha'Mashiach (Jesus Christ)** and bring the DID system into their rightful place and union with the heart of the person who first believed in the TRUE Y'shua Ha'Mashiach (LORD Jesus Christ).

We bless that in you that was cursed — and that which cannot be blessed, we command to leave in the Name of **Y'shua Ha Mashiach (Jesus Christ)**.

We bless the whole of your humanity that carries the curse or that has been a curse. Y'shua (Jesus) was cursed in your place.

We now offer up to You **Y'shua Ha Mashiach (Jesus Christ)**, that which is a curse in this person — we bring that into oneness with You Y'shua Ha'Mashiach (Jesus Christ) — oneness with Your Heart.

If that which was cursed comes into contact with You it becomes blessed!

FATHER, we ask You to judge and remove all demonic attachments and conditions that came with this curse. Judge this false Jesus that tricked the little one when her father sexually assaulted her. She is clinging to a phony Jesus — please remove this false Jesus! Strip off his mask so he can be seen for who he really is.

Little one, you need to let go of this false Jesus and cling to the host (name of person). That phony Jesus is causing affliction and pain.

We command all the fear of the curse to leave — all humanity must glorify **Y'shua Ha'Mashiach** (Jesus Christ) and what can't glorify **Y'shua Ha'Mashiach** (Jesus Christ) must leave!

Put your hand on the "cursed one" and say — "I bless you in **Y'shua's** (Jesus') Name!

This part will only remain a curse if it is separate.

Prayer for All Phases:

3. We bless your conception — we break off all pre-conception dedications that were transferred at conception.
4. We bless all the stages of development in the womb in the Name of Y'shua (Jesus).
5. We bless you at birth. We say to you — to the part that first died at birth — come to life in the Name of **Y'shua Ha'Mashiach (Jesus Chrsit)** — come out of death and into life! We command all of death to be removed off of you in Y'shua's (Jesus') Name!
6. We pray for you at New-Birth when you were first put to death again — we command death off and out of you in the Name of Y'shua (Jesus)! Come to LIFE!
7. At thirteen years of age — you who had to conceive the nephilim son — we bless you as the mother in the Name of Y'shua (Jesus)!
8. Then at twenty-six years old where you had to marry your nephilim son — we ask You FATHER to issue a divorce from Your Heavenly Courtroom — we separate all that affection and all that bonding that you had with your nephilim son as his wife. We speak to your emotions to come into alignment with your host. If your emotions and affections remain separate, there is deception! It is not wrong to love — it is normal for a mother to love her son ... your love is just misdirected! The mother-son love bond for a son should be with the whole person and not just a part of you!
9. We bless every part that is still separate. FATHER, we ask You to take into Yourself all the trauma and all the fear that she has ever suffered! Your Word says:

Romans 11:32 *"32 All people have disobeyed GOD, and that's why He treats them as prisoners. But He does this, so that He can have mercy on all of them."*

10. We now bring before You FATHER, the most disobedient and rebellious parts. Manifest Your Mercy, FATHER, to all those parts that feel the most unworthy, the most angry, the most rebellious. Give to her everything she never received as a little girl growing up from loving parents. FATHER, unite Yourself with everything that was ever cursed in her! What cannot be united with You, we break it off and remove from her humanity in the Name of Y'shua (Jesus).

We pray that where all of you that was created to be the dwelling place and manifestation of satan's throne — that all those parts will come together and you will become the dwelling place for Almighty GOD — ABBA FATHER!

We pray for all her humanity that was stolen and structured for satan's purposes — that this same humanity now comes under new management and becomes a channel for **Y'shua Ha'Mashiach (Jesus Christ)**.

The very thing that satan built now becomes the Dwelling Place of GOD!!

AMEN!

*UFO/Spaceships
and Time-Clocks*

U.F.O.'s, Spaceships, and TIME-CLOCKS

We have all watched the clips from History Channel about the Nazi's and the first UFO — De Klokke — that was designed by the Nazi scientists.

De Klokke was a time machine — it was physical matter, as well as a place in time. This is used in rituals today — survivors are programmed :

Past	Present	Future
Altar Rituals in the past.	UFO/Spaceship The person/parts are taken back in time, to the ritual that happened in the past (such as the rituals of the twelfth century).	Portals Occult projections in future events.

Satan can somehow take the person back in time through the spaceship/UFO and have them be part of the rituals that took place for satan's blueprint plan in the twelfth century. He then anchors the person's humanity in the past and uses the power from those rituals as foundation in these people's lives.

Connie's Testimony

At her birth and at every key event in her life, she was taken into a craft/UFO/ spaceship, and taken all over the world — over all the demonic portals created by satan and his followers in different nations. She travelled along the leylines⁹ of the earth (powerlines of the dragon).

The purpose behind taking Connie up in the craft and over all the nations of the world is because her calling was Grande Dame for all the nephilim mothers. She was called "Mother of all Nations" — and she was to be the template for all the nephilim mothers that would follow world-wide.

Her womb was prepared in a very evil and specific way to carry nephilim. Her first born son was called Nimrod (the restoration of Babylon!).

⁹ For more information, please see our "The Four Elements" book.

The pattern gets followed in these nephilim mothers:

Womb >>> Tomb >>> Temple

The womb becomes a tomb with all the death rituals ... the tomb then becomes a temple that created a place for her nephilim son — the womb of anti-Christ — the temple of anti-Christ within her human spirit.

*The Throne of Satan
and the Second Heaven*

Wheel within a WHEEL

They take the essence/NESHAMAH of the baby and weave/immesh it into the fallen cherubs and seraphim:

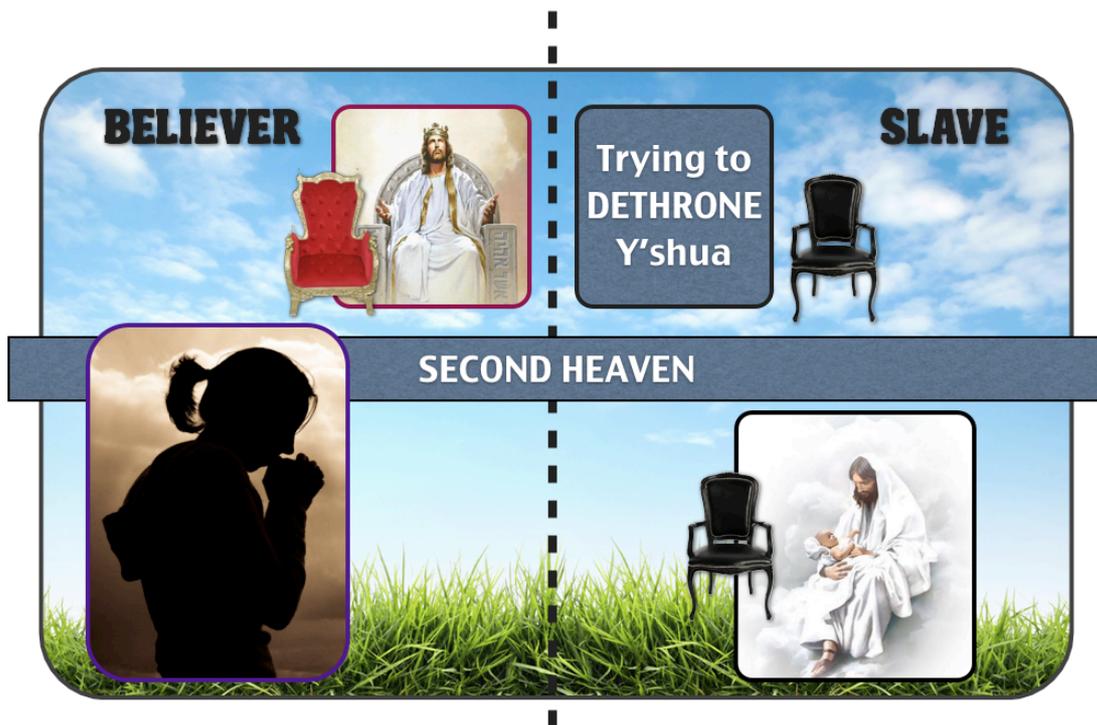


Cherubs and seraphim surround the throne, which form the shields of Leviathan¹⁰ — the HEARTS represent the parts of Neshamah of survivors that is woven into together around the throne.

Satan's Throne and the Second Heaven

ALL SRA/DID people's NESHAMAH is captured HERE, corporately representing the BRIDE of SATAN.

¹⁰ For more information, please see Doug Riggs's teaching: "The Veil of Spiritual Death over the Nations".



- A FALSE New Jerusalem is HERE (exact copy of TRUE New Jerusalem).
- A FALSE Temple is HERE (exact copy of what GOD told MOSES).
- A SATANIC chuppah over TEMPLE MOUNT.

Satan's ATTACK is focused against:

- 1) The JEWS.
- 2) The Christians.
- 3) The Gentiles (all other religions).

Satan's AGENDA is:

- **ONE** World Singularity
- **ONE** Religion
- **ONE** Ruler
- **ONE** New Androgynous Man (Female/Male).

Satan's AGENDA of a ONE World Religion

In recent years, and particularly with the arrival of Pope Francis on the world scene, we are seeing on-going preparations for a ONE world religion, at this point, under the umbrella of the Catholic Church. Across the board, there is a push towards tolerance for all religions, and for everyone to “come together” in LOVE.

Y'shua (Jesus) warned for believers to keep watch against DECEPTION:

Matthew 24:24-25 *“24 For false Christs and false prophets will arise, and they will show great signs and wonders so as to deceive and lead astray, if possible, even the elect (GOD's chosen ones). 25 See, I have warned you beforehand.”*

There has been a move in even the Protestant/Evangelical/Charismatic churches towards merging with the Roman Catholic Church.

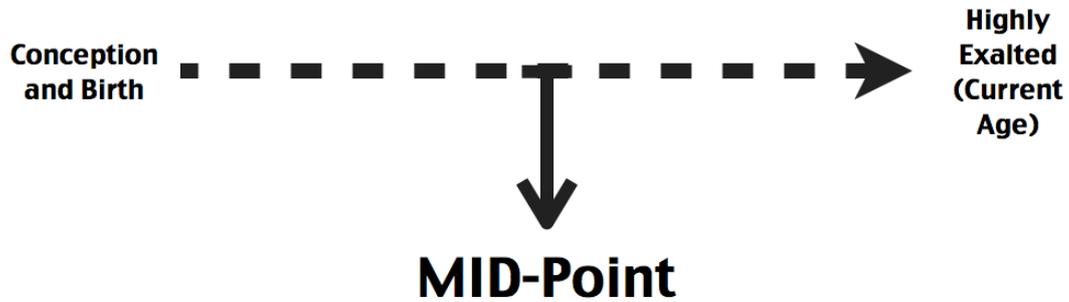
(See recent article: 14 March 2014, <http://www.charismanews.com/world/43126-ulf-ekman-says-prophetic-word-confirmed-his-catholic-conversion>)

Dealing with Anger

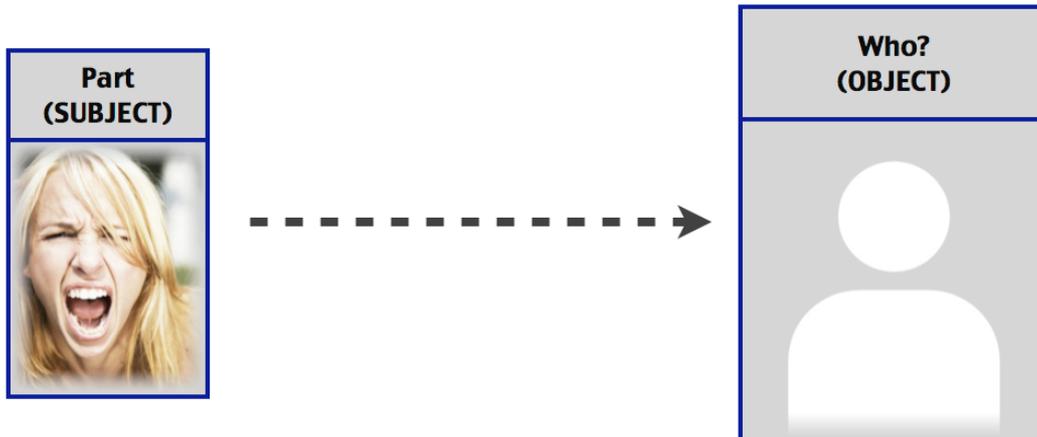
Dealing with ANGER

****KEY!**** This area must be excavated VERY well!!!

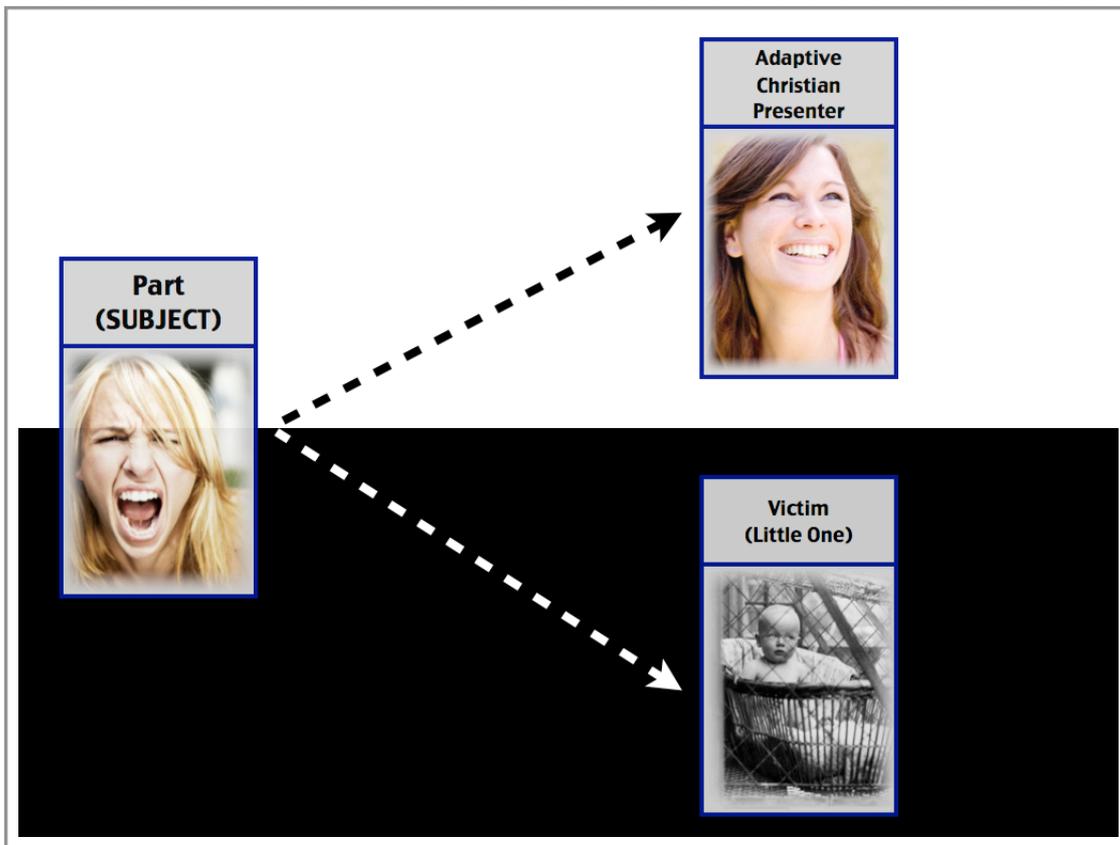
Take your whole history and divide it in half:



So much anger and so many people to be angry with! How do I deal with it?
Take the part of you that includes the MOST anger.



Anger started originally from outside but then it gets internalized. The flipside of anger is depression.



The object of her anger was focused at two parts of herself:

1. The adaptive Christian Presenter.
2. The original core new birth identity who was wrapped in death.

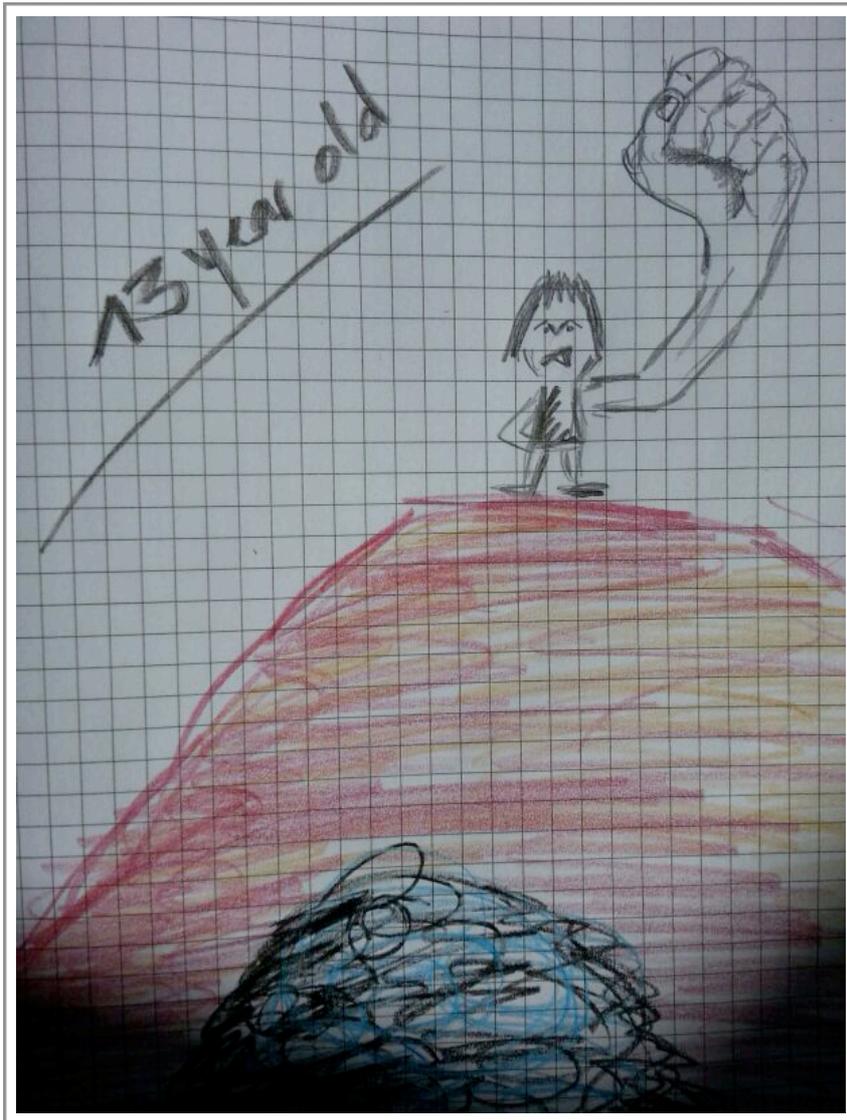
Ministry to the THIRTEEN YEAR OLD

We will do another case study example. In this example the thirteen year old is a male in a female body.

This part had come forward for a few days before the ministry took place during the times that the counselee could allow him to be present.

The counselee described tremendous anger that she had not been in contact with before. This male part had told her that he wanted to be heard and to stay - he did not want to merge.

On the Mountain of ANGER:



**I am DRIVEN by this ANGER!!
I am VERY connected to it!!**

Ministry Time:

- The Host-Presenter is asked if she has met this angry male part of herself?
 - *I can't think as the Host-Presenter now!*
- Who do you see yourself to be?
 - *No answer ...*
- You would not be normal if you weren't angry. As a little girl you could not express that anger. They captured all that anger in a persona — you.

- When last did you express all that anger?

- *I killed Jesus this afternoon!
(Pictured left.)*

- So this Jesus was the object of all your anger?

- How can we help you?

- *I don't think you can!*

- The Host-Presenter wants help and that is why you are with us now. She believes in an ideal make-believe world. She "hopes" in this Jesus!

- What is the most important to you today? Share it out loud so that the other parts can hear you.

- *1. Survive*

- *2. Dignity*

- *3. Happiness*

- *In that order ...*

- How does this anger and doing what you are doing help you to survive?

- *Host-Presenter is so stupid believing that this Jesus can help her!*

- Do you know about your beginning? Do you know where you came from?

- *NO!*

- That's not fair — it's only right that you should know what happened and where you come from. You need to know that you escaped from the little one that gave her heart to Y'shua (Jesus) — just after she did that she suffered a very bad trauma and then you escaped from the trauma. Is that not important to know?

- *I only care about the future!*

- What future?

- *Oh, the next second, hour, day, etc.*

- But if you want to know the truth then you must know that there is something in your history that is very important for you to know.

- *If I believe what the Host-Presenter believes then I will be weak!*

- So you are the protector of the little one?

- *I don't protect anyone!*



- Maybe not a protector but an **enforcer** — to make sure that she never gets released from her place of captivity. Have you been to my office before? Why have I not met you before? You have Bible verses everywhere in your office!
- What do they mean to you?
 - *Stupid deception! I don't want to waste my time!*
- If you wanted to talk to me I would have removed the Bible verses to be able to talk to you.
 - *I have never met a Christian that will remove his Bible verses!*
- Oh, so you grew up in a Christian home with all the trappings — but they were false — they were just pretending. Playing “Church”. That is a HUGE betrayal. How can you trust Y’shua if your family handed you over to the perpetrators?
 - *Christians are all false — they only pretend — they are only making a show for other people to think they are so spiritual!*
- Does your Host-presenter know all of this? Have you ever told her?
 - *The GOD that you and her are talking about is the one splitting His Presence. Like - when the host-presenter is in church leading worship, people get touched by Him. But when I really need Him - either in a trauma situation or in normal every-day life - He is not there with His Presence. So my anger is that people are saying I am the one splitting, but I experience GOD is the one splitting...! I am not DID! He is such a hypocrite!*
- You have really been deceived! Let me read to you from the Bible who the real GOD is that we believe in:

Isaiah 63:9 “9 In all their affliction He was afflicted, and the Angel of His presence saved them; in His love and in His pity He redeemed them; and He lifted them up and carried them all the days of old. [Exod. 23:20–23; 33:14–15; Deut. 1:31; 32:10–12.]

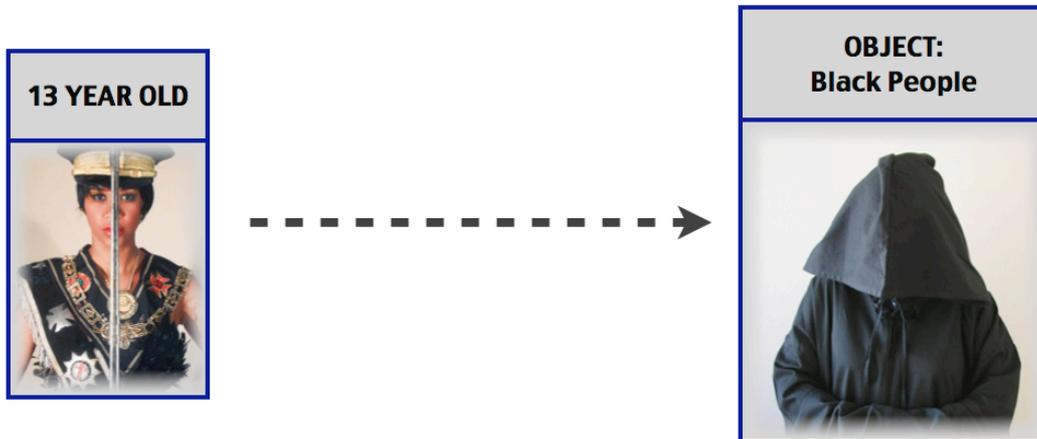
2 Corinthians 1:3-7 “3 Blessed be the God and Father of our Lord Jesus Christ, the Father of sympathy (pity and mercy) and the God [Who is the Source] of every comfort (consolation and encouragement), 4 Who comforts (consoles and encourages) us in every trouble (calamity and affliction), so that we may also be able to comfort (console and encourage) those who are in any kind of trouble or distress, with the comfort (consolation and encouragement) with which we ourselves are comforted (consoled and encouraged) by God. 5 For just as Christ’s [own] sufferings fall to our lot b[as they overflow upon His disciples, and we share and experience them] abundantly, so through Christ comfort (consolation and encouragement) is also [shared and experienced] abundantly by us. 6 But if we are troubled (afflicted and distressed), it is for your comfort (consolation and encouragement) and [for your] salvation; and if we are comforted (consoled and encouraged), it is for your comfort (consolation and encouragement), which works [in you] when you patiently endure the same evils (misfortunes and calamities) that we also suffer and undergo. 7 And our hope for you [our joyful and confident expectation of good for you] is ever unwavering (assured and unshaken); for we know that just as you share and are partners in [our] sufferings and calamities, you also share and are partners in [our] comfort (consolation and encouragement).

Hebrews 13:5-6 “5 Let your character or moral disposition be free from love of money [including greed, avarice, lust, and craving for earthly possessions] and be satisfied with your present [circumstances and with what you have]; for He [God] Himself has said, I will not in any way fail you nor give you up nor leave you without support. [I will] not, [I will] not, [I will] not in any degree leave you helpless nor forsake nor let [you] down (relax My hold on you)! [Assuredly not!] [Josh. 1:5.] 6 So we take comfort and are encouraged and confidently and boldly say, The Lord is my Helper; I will not be seized with alarm [I will not fear or dread or be terrified]. What can man do to me? [Ps. 27:1; 118:6.]”

- *That’s not true! He wasn’t in MY sufferings!*
- You have not met the little one that He was with — the little one who gave her heart to Y’shua.
- Speaking to you now, I don’t see you as one that wants to be deceived. It is very important for you to know what is the truth about the TRUE GOD.
- *I didn’t experience that He was there in my afflictions!*
- You won’t because you are separate - by design you have been set aside not to know this. This knowing originates from a little person you were created from. She may not have words but she has a heart.
- *I don’t believe infants — that all childish stuff!!*
- We now speak to the oldest adult extension of this infant — the one who last had sex with your nephilim son - we ask you, will you take responsibility for this angry part who was created to keep you and the little one separate?
- *Adult part says she can’t handle this 13-year-old male!*
- We ask you to invite into you all of the host-presenter systems and every other part that is committed to TRUTH.
- When you are all together, then all of you can go into the 13 year old male angry part — this will then release the little one who was there in the beginning.
- *(She starts to cry.)*
- What happened to you was very wrong!
- *I have so much fear to be disappointed again!*
- Now, all of you, you must follow the fear to get to its source. It is important to know where it’s coming from. Embrace that fear and then there will be a message: “I am afraid because _____”.
- **ANSWER:** *“These things will never stop.”*
- Has it ever stopped for the little one? As long as she is separate it never stops! The only way it will stop is if you reconnect with all the separate parts.
- ***I am so angry!***
- All of the adults must merge and come in to this angry one.

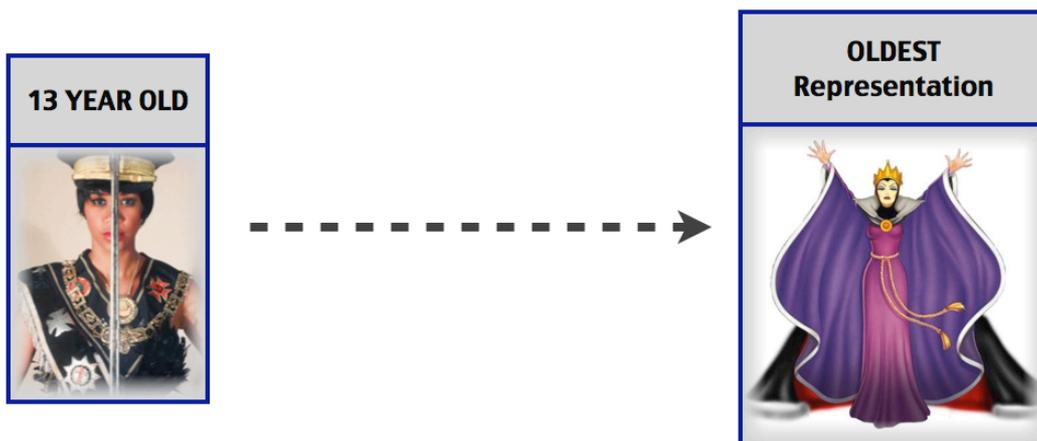
Prayer:

We command the source of this anger to be removed in the Name of Y'shua (Jesus). Call upon GOD Most High to reveal the source of this anger. What is the object of your anger?



(Not black skin people. The cult usually wear black robes with hoods in rituals.)

- Who is the number one black-clothed person that you are angry with?
- We remove all the black satanic coverings — who is the leader?
- We invite all of you — from the oldest representative of the little one as well as all of the host-presenter systems to come into the angry thirteen year old.



(Oldest representation who was last with her nephilim son)

- *(Strong reaction from client — gets up and walks to the wall.)*
- Who are you? Do I know you? Have I met you?

- When you are ready you can come and talk what you are becoming aware of now.

Prayer:

There have been reports that the plane that has gone missing has been captured. Threats have been given to oldest cult active parts that if they should come forward in counseling for help, then all the passengers in the plane would die.

FATHER, we ask You to please remove all false responsibility and false burdens from her — this is blackmail and it is a trick!

She can be here now — she is not responsible for all those people on the plane.

(She is now sitting on the floor and weeping.)

We invite all of you — the adult extension of the little one — the one who last with your nephilim son — to be here now. This is the real you sitting on the floor — you are not the Queen of Heaven — all of that is deception!

All of you need to now share in the tears and grief!

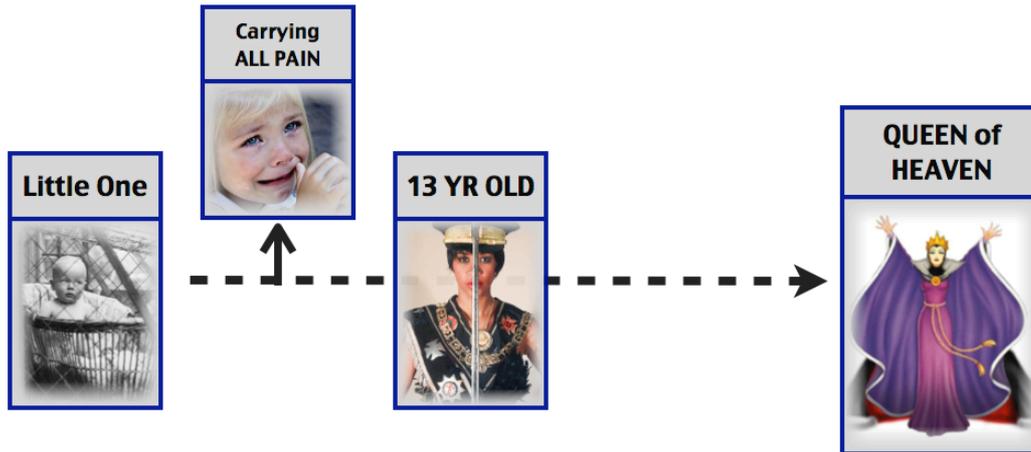
Prayer:

We now command the spirit of your son to be separated from you — from your conception, birth, new-birth — we command that the bond be broken in the Almighty Name of Y'shua (Jesus)! FATHER we ask You to take the umbilical cord now and transfer it to You as well as to the host-presenter in the present.

(She starts to box the sofa with her fists.)

FATHER, we all agree that all satanic anger directed towards You as well as herself be broken off now in the Name of Y'shua! All the anger that was captured at conception, birth, new-birth — let it be broken off now, FATHER!

We now speak to the oldest representative of the little one — the one who has been Queen of Heaven — this is the real you — the one lying on the floor crying!



(Angry one is struggling — she is still carrying all the anger.)

Prayer:

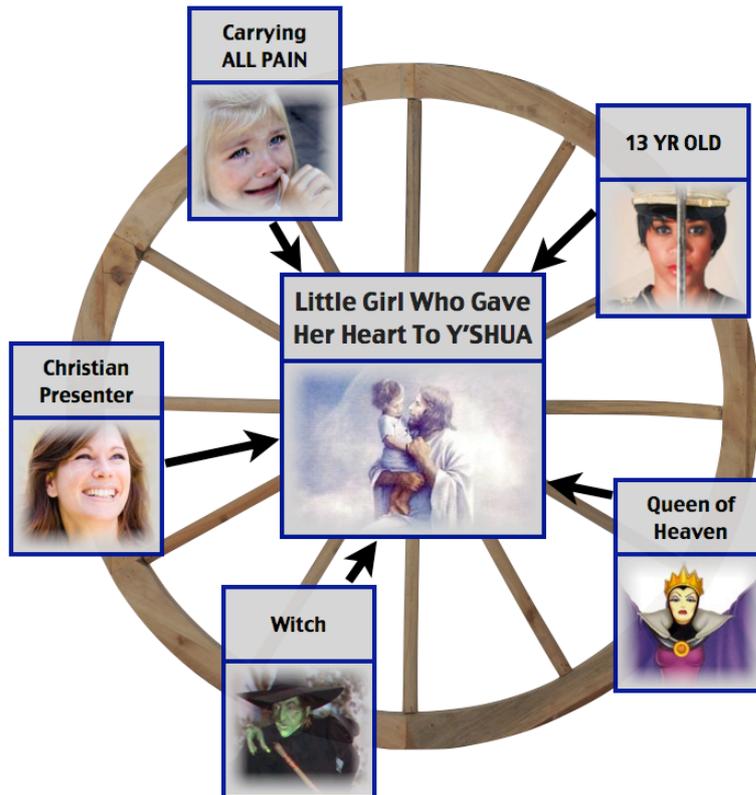
FATHER, we ask You to transfer all the anger that the 13 year old is carrying to the Queen of Heaven!

Queen of Heaven, call now upon Y'shua (Jesus) to be one with you now in your tears! Ask Him where is He in the midst of your pain, grief, and tears.

We ask You Y'shua (Jesus), where is the little one You never left?

- **Question:** Why did He leave the others?
 - **Answer:** *It is the others that left the Y'shua that never left!*

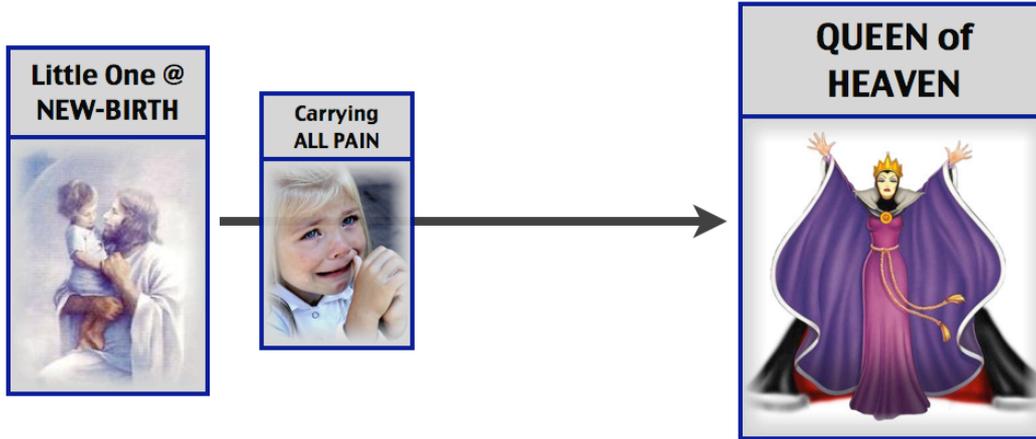
The other parts don't know about this Y'shua (Jesus) Who never left. If they all come back to you then they will know they were **never** abandoned!



- All other parts separated from the little one in the middle and who do not know this Y'shua (Jesus) that never left!
 - *They feel abandoned!*
- The other parts all think it was the little one's fault. When she accepted Y'shua it got real bad! Those separated parts must now accept little one.
 - *There is so much pain in all the separated parts — aware of all the injustice!*

A part comes forward who is very angry at Queen of Heaven - *"I had to endure all the pain!"*

- Queen of Heaven, what does GOD say you must do now when you see yourself lying on the floor?
- You need to unite with the one who endured all the pain. All of you need to come into the one who endured all the pain.



- Little one, you must now reach through the one who has all the pain — go right through the one with all the pain — and go right in to the Queen of Heaven — give your heart to her.
- You all need to cry together now — Queen of heaven, give your strength to the one that is so weak from carrying all the pain.

Prayer:

We ask You FATHER, to release every part of her humanity now from every death ritual at birth and new-birth and all the other parts that had died in so many rituals. We ask You to bring them out of death and the realms of the dead — from the second heaven, from Tartarus, hell, death and the grave.

We speak to the second heaven where satan has his domain — look up! and see Y'shua (Jesus) sitting on His Throne — you are His Footstool!

Queen of heaven, GOD never intended you to fulfill that position. Y'shua (Jesus), why did You die for her? Show her why she needs a Saviour!

All of you come together from the youngest and first to the oldest and last. Meet in the middle and see what it means to be together.

FATHER, we pray that You will fill all the spaces now with Yourself — Your Light, Love and Glory! Remove from her all that is not her humanity and that cannot glorify You!

Y'shua (Jesus), Who are You as her Prince of Peace? We ask that SHALOM be released through all her systems — all of the oldest adult Host-Presenter parts - from the youngest and first to the oldest and last.

- Any conflicts?
- You are very tired now — just listen to some soothing music!

Picture of the result of this ministry — HALLELUJAH!!!!



*An Example of the
Creation of Male
Parts in a Female
(How to Break
Nephilim Bands)*

An EXAMPLE of the Creation of Male Parts in a Female (HOW to Break NEPHILIM Bonds)

A male part was created off from a little baby girl who was subjected to severe trauma — the name given to this male part would one day carry the same name as her nephilim son. So, there is then created at her deepest core level a male Protector — this is done in preparation for creating an INTERNAL nephilim son as well as an EXTERNAL nephilim son.

- Nimrod Michael Alexander
- Nimrod Daniel Alexander
- Daniel Michael George
- Nimrod Apollyon Alexander

... are names that have often been reported.

Explaining to the client:

Daniel Michael George was created as a male because you were too little to fight. Males are the primary abusers and also the hybrids are males — so that is why you created a Protector in your system because of your helplessness. This Protector is strong and he will protect you.

BUT the trick is that once you create a male part they (the perpetrators) will take over and determine what that male part will be — it will take on the identity of the spirit of anti-christ — so that what keeps you functional is the spirit of anti-christ.

They also lie to you and tell you that if that spirit is gone, you won't be a good wife any more — you won't be able to function anymore — that is rubbish! That is just propaganda.

Prayer to Break the Bonds with Nephilim Son/Husband:

In the Name of the Most High GOD, I now renounce believing the lie that my handlers determine when I live and when I die.

We bring the bonds that you have with your son as mother and wife before Y'shua Ha-Mashiach and we ask that He would dissolve all the bonds — that He would apply the Shed Blood and the Sprinkled Blood of Jesus to the proxy bond between you and the **inside** Daniel Michael George and the **outside** Daniel Michael George — and then connected through the outside Daniel Michael George to **satan** himself and his throne in Jerusalem. We ask You FATHER GOD to dissolve all those bonds Yourself.

We ask that the Lord Jesus Christ Himself will stand between you and Daniel Michael George and break all proxy bonds between you and your outside son as well as between you and satan and his throne in Jerusalem.

Jesus, take to Yourself all that You love and all that You died on the cross for. If there is anything in you that He does not love, and if there is anything in you that He did not die on the cross for, that He would take the responsibility to separate from you — to remove off and out of you all of that and that FATHER GOD will make that a Footstool for the Lord Jesus Christ.

We ask that the only thing that remains is that which the FATHER loves and that Jesus Christ died on the cross for. FATHER GOD, will You please take that responsibility?

Please remove off and out of her all that You do not love and cannot love because of this bond with this nephilim son/husband!

Then we ask that You will bless anything in you that goes by the name of Daniel Michael George and that belongs to you but that if there is anything that goes by that name the He cannot bless, that He will separate it from you and send it to the Feet of the Lord Jesus Christ — both personally and corporately.

Pray that the Lord would place the terror of the Lord of Hosts upon the head of all His enemies both demonic and human — that YHVH Tzva'ot¹¹ will terrorize them — so that you can see that you don't have to fear these people because you are not a little child anymore — the little baby girl and all of the adult extensions of her need to merge and become one with you as who you are as the Christian Host-Presenter and all that is in the Christian Host-Presenter needs to become one with who you are as the original core person.

That means a lot of knowing will take place when you come together — it is not always a pretty picture but GOD is the One responsible to show you what He did when He sent Jesus Christ to die on the cross for you.

¹¹ How is the LORD of Hosts described? “For behold, He Who forms mountains and creates the wind and declares to man what are His thoughts, He Who makes dawn into darkness and treads on the high places of the earth, the LORD GOD of Hosts (YHVH Tzva’ot) is His Name.” (Amos 4:13)

Haggai 1:2 NET Bible explains the following ... The description of GOD Who rules over all occurs frequently as a divine title throughout Haggai (see 1:5, 7, 9, 14; 2:4, 6, 7, 8, 9, 11, 23). This Name (יְהוָה צְבָאוֹת, *yĕhvah tsÿva’ot*), traditionally translated “LORD of Hosts” (so KJV, NAB, NASB; cf. NIV, NLT “Lord Almighty”; NCV, CEV “Lord All-Powerful”), emphasizes the majestic sovereignty of the LORD, an especially important concept in the postexilic (the period of Jewish history, following the Babylonian captivity) world of great human empires and rulers.

Y'shua (Jesus) Who knew no sin was made sin in your place — Y'shua (Jesus) was made sin for you in your place so that you might become what He intended for you to be — living as a whole human being and not living in a dissociative state of confusion, pain, and captivity anymore.

THANK YOU Y'SHUA (JESUS)!! THANK YOU ABBA FATHER!! THANK YOU HOLY SPIRIT!!

*The Evil Trick about
Religious Programming*

Scriptures in PROGRAMMING

An ex-Programmer states that the Illuminati Mind-Control intentionally used verses from every book of the Bible. The Programmers also intentionally used everything Jesus said in one distorted way or another in the programming.

A person can pick up a Bible with Jesus' words in red, and get a quick idea of one area of the Bible, which was heavily misused. The programmers love to reframe (twist) parables.

The reader needs to bear in mind that bloody Satanic holidays occur around so-called "Christian" holy days. The Winter Solstice occurs around Christmas.

Every Christmas, the Illuminati covens around the world build mangers with children which the sacrifice. This is worked in to enhance the programming they are doing with their children.

Around Easter time, the Illuminati do Death, burial and resurrection ceremonies (traumas). Nothing sacred to Christianity gets overlooked. The method that it is mocked depends on who is in control of that region's ceremonies.

The idea of using Scriptures for programming accomplishes several things:

- Therapists are usually secular and unfamiliar with the Bible. This prevents exposure of the programming cues and triggers and fronts.
- Ministers are usually unable to believe in psychology and mind-control programming and so their Bible knowledge is not of any therapeutic benefit because they are ignorant of Satan's devices.

Some Christian ministers are putting out advice that Multiples need to be helped by simply telling "the person" to quit using multiplicity as a way to cop out of responsibility.

1. First, there is no "person" who is using multiplicity as a cop out — the personality of the person has been shattered — and no one person represents the entire mind.
2. Second, the person is not in control of their mind to stop what is happening. They are under total mind control.
3. The last place people would look for understanding Satanic programming is in the Bible.

4. When programmed multiples go to church, they can be used, and programmed by using Christian terms. There are "Christian" churches in Washington, Arkansas, Tennessee, and California and many other places which are 100% cult mind-control operations, such as the "Lord's Chapel."
5. When a programmed multiple tries to set themselves free by taking in spiritual knowledge of God, they find that the Bible is a programming trigger, that sets off programming or brings up some alter. **Reading the Book of 1 John might bring up the Illuminati's alter named Jesus.**
6. The cult, which is doing the programming by making a mockery of God, can build their egos and their pride. It may allow them to feel they are more powerful than God Almighty.
7. The victim can be told that "God" is telling them to do something. And who sets himself up as "god"? The cult programmer.

There isn't anything in the Bible that can't conceivably be misused, but some of the Scriptures and their programming misuse are listed below. Scriptures that lend themselves to double-binds, to obedience or cover stories that seem to justify the programmer and the programming are used. Names of Queens and Kings in the Bible can be used for alter names.

The men who wrote under inspiration, knew that scriptures could be misused. Clearly, mishandling the Word of God deceitfully is an ancient art.

Genesis Themes

Genesis creation story — cover story for the creation of parts of a slave's System Tree of Life — used to create an internal Cabalistic Tree of Life for alter magic Adam and Eve — code words Garden of Eden — part of the System, usually the early pure part that needs to be guarded by "angels" (demons).

Angels — alters or demons placed into a System. Angels could be a method by which the abuser sends messages to the person, thus giving divine credibility to the programmer's message. Angel names can represent alters and demons placed into a person.

Sodom and Gomorrah — a type of suicide program.

Genesis 22:17-18 — "That in blessing I will bless thee, [the programmer as god is going to bless the victim with torture] and in multiplying I will multiply thy seed as the stars of the heaven, and as the sand which is upon the sea shore; and thy seed shall possess the gate of his enemies; and in thy seed shall all the nations of the earth be blessed [all the areas of the system]; because thou hast obeyed my voice [the programmer's voice]"

Melchizedek — a type of occult order or rank.

Genesis 38 — pledge of a signet, bracelet and staff — trigger cues to open up a System to obey.

Joseph and Esau's birthright — satanic birthrights emphasized as if sanctioned by God's Word.

Exodus Themes

The twelve (actually thirteen with Manasseh and Ephraim) Tribes of Israel can be used for the code names of alters and sections of alters.

House of Israel — code name for section/structure of a system, “Plagues of Egypt Program” to terrorize a slave.

Oaths and covenants — their existence in the Bible is used to emphasize the validity to Satanic oaths and covenants. The curses that God says will happen if disobedience takes place are used by the Handlers to instill fear into the victim, that if he doesn't comply, God's curses will fall on them.

The Catholic/Jesuit programming relies heavily upon the Bible.

2 Corinthians 4:1-2 *“Therefore seeing we have this ministry, as we have received mercy, we faint not; but have renounced the hidden things of dishonesty, not walking in craftiness, nor handling the word of God deceitfully ...”*

The Bible verse:

Ecclesiastes 5:4 *“When you make a vow to God, do not delay to pay it ... It is better not to vow than to vow and not pay,”*

... is used by these Satanic programmers to hold their victims under vows made under duress, hypnosis, or deception. (**Deuteronomy 23:21** also emphasizes keeping your vows.)

****VERY IMPORTANT!**** These Satanic mind-controlled slave handlers do not tell their slaves that Numbers 30 states that many vows, such as the vows of children are null and void. The firstfruits of things belong to the Real God of the Bible and can't be vowed away.

The Satanic groups like to take the first male child in mockery of what belongs to God. Evil vows, vows made under duress (just like contracts made under duress) are null and void. But the Handlers never tell their slaves these “finer points of the law.” Instead, they use the Bible to justify their own goals.

I AM (one of the Names of Yahweh) is used as a programming cue or name. **Exodus 15**, "I am the Lord that healeth thee" — the programmer can apply this to himself as he helps rescue the victim from a manufactured life-threatening crisis.

Ten Commandments with Leviticus 20 — used to belittle the victim to show him that he is rejected of God. When the Programmer sets himself up as god, he can misapply all the verses calling on people to serve God such as:

Hearts of Stone

Ezekiel 11:19 (Complete Jewish Bible) "19 And I will give them unity of heart. I will put a new spirit among you. I will remove from their bodies the hearts of stone and give them hearts of flesh;"

Of course many of the alters have been stripped of their hearts during programming and given a **heart of stone**. They do not have a real heart to serve God, but they can serve their master with their heart of stone.

Old Testament HISTORICAL BOOKS

1 Kings Chapters 16-21, and the story of Ahab, Jezebel, and Elijah.

The Programmers play themselves in the role of Jehu coming to protect what is his. The only admirable thing for Jezebel to do is to put her make-up on and prepare herself to die. This story is used to make a woman slave think that the only admirable thing to do is to prepare to die like Jezebel. The Vineyard of Naboth is also used as a programming theme.

The show *Mysteries of the Bible* is an example of how the Bible and television can work together to control a person. This show had an episode about Jezebel, Ahab and Jehu.

It must be remembered that Dr. Green's internal alter in some victims is called Jehu, and that another programmer has taken the identity of Ahab and that one of the deep cats is the Grande Dame programmer represented by Jezebel.

The effect of the show on one Monarch System was this — Jehu has the power over the gates and to bring judgment upon Ahab and Jezebel.

Deuteronomy 4:29 "Seek the Lord thy God, thus thou shalt find him, if thou seek him with all thy heart and with all thy soul."

Deuteronomy 8:18, 11:13 "Love the Lord your God, and to serve him with all your heart and with all your soul."

Jezebel in the show *Mysteries of the Bible* is praised because when she knew she was going to die she got her makeup on and she got herself ready for Jehu and allowed herself to be killed.

The System understood the show to mean in paraphrase — "this is a threat, you are to get yourself ready for Jehu or whoever and comply."

PROPHETS (Ezekiel 1:15-17 and the rest of the Chapter).

This whole chapter is used to build the internal circle within circles of interconnecting worlds of the alter system.

The Potter Wheel Jeremiah 18:3

When the child is three or four, a utility program called the Potter Wheel is placed in so that the Programmer can work with an entire section of alters if he so desires. When an alter(s) go up on the wheel, they are available to be worked on.

They will be asked to "stand in file according to rank and serial no."

Ezekiel 37 — the story of the **Valley of Dry Bones** is used as a way of reactivating dead robots — or dead robotic clones within a Monarch system.

Jeremiah 47:3 — in this verse horses show up when a boundary was crossed. This is used to put in protective programming.

Nahum 3:2 — the sword = staff. The entire third chapter of Nahum is used to make slaves feel that God has rejected them. They have no heart, because of their evilness.

DANIEL (Daniel 10) — the Beast with ten toes (used for programming in the Beast computer).

Themes from the GOSPELS

The **GOSPELS** are used to justify punishment of the slave.

Disobedient Alters

These words are used with a mean programming trick where disobedient alters are pulled up, locked into places, placed mentally within **crystal chandeliers** and then the sexual organs, mouth, and side of the brain are shocked in sequence.

The "light" does a severe shattering to all the alters which experience the shocks. This shatters the disobedient alters and they are replaced with others.

Used to help justify backup programming that will not allow disobedience. The slave's front alters are told to go along with the rest of the System's desires, and if not, then the house (body) will fall (commit suicide).

Matthew 5:13 *"Ye are the salt of the earth: but if the salt have lost his savor wherewith shall it be salted? it is thenceforth good for nothing, but to be cast out and to be trodden under foot of men."*

Matthew 6:22-23 *"The lamp of the body is the eye. If therefore your eye is good, your whole body will be full of light. But if your eye is bad, your whole body will be full of darkness. If therefore the light that is in you is darkness, how great is that darkness!"*

Mark 3:24-25 *"And if a kingdom be divided against itself, that kingdom cannot stand. And if a house be divided against itself, that house cannot stand."*

This type of scriptural programming is used in a demonic way to keep the victim from straying from the script of the mind-control.

This is used to make sure the roots of the programming are not uprooted.

In the programming, a tree is programmed mentally into the victim's entire body. This tree carries the programs, and the birds nest in it. This scripture is used for the imagery of part of that programming.

Mark 5 — This entire chapter deals with the story about Legion (which is a large number of demonic spirits). The story is also found in **Matthew 8:33**.

Legion is placed into the person to guard the All-Seeing-Eye.

Luke 1:46-52 — when a person is traumatized and the Master is allowed to save the victim, he can present himself as Savior and will use this scripture to buttress his authority.

This is used to reinforce the knocking triggers that open up a system **Matthew 7:8** is almost identical to this Scripture.

This is used to force the slave to stay within the programming script, so that the fruit (the programs) will not be damaged.

The slave has been given lots of alters and demons whose only assignment is to protect that fruit-bearing (the program-bearing) capability of the System.

In other words, the Master is telling the slave, if you do what I command, you remain in my love, but I will pull my love away if you don't comply.

Mark 4:6 "But when the sun was up it was scorched, and because it had no root, it withered away."

Mark 4:28-32 "And he said, Where unto shall we liken the kingdom of God? ... It is like a grain of mustard seed ... But when it is sown it groweth up and becometh greater than all herbs, and shooteth out great branches; so that the fowls of the air may lodge under the shadow of it."

Luke 11:9-10 "And I say unto you, Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you. For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened."

John 15:4, "As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me."

John 15:7,10 "If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you ... If you keep my commandments, ye shall abide in my love; even as I have kept my Father's commandments, and abide in his love."

Acts 17:28 "For in him we live, and move, and have our being; as certain also of your own poets have said, For we are also his offspring."

The slave is bonded totally with their master. His existence is their existence.

Paul's Writings and New Testament Themes

The slave is to depend upon the Master called "God" for all this. Used by the Programmer/handler to justify their wrathful abuse.

This Scripture is a good one to use with **Romans 13:1** to make the slave think that obedience to the Master's authority is righteousness.

God is the Programmer, and the slave is to delight in the programmer's laws ... "What if God, willing to show his wrath, and to make his power known, endured with much longsuffering the vessels of wrath fitted to destruction."

The programmers teach the alters that the Programmers are the Potter and the alters and their minds are the clay. What right does the clay have to question the Potter? This is a powerful verse used to insure compliance and acceptance of the programming.

There is the perfect scripture to be misused to prove to the slave that their master has to be God or at least ordained by God. Who has power? Where does power and authority come from? God.

This is a favorite verse within the Catholic realms to demand loyalty to authority. To defy their authority is to defy God. It is the perfect double-bind for the slave.

Romans 1:7 "And he said unto them, It is not for you to know the times or the seasons, which the Father hath put in his own power."

Romans 1:18 "For the wrath of God is revealed from heaven against all ungodliness and unrighteousness of men, who hold the truth in unrighteousness."

Romans 6:16 "Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey; whether of sin unto death, or of obedience unto righteousness."

Romans 7:22 "For I delight in the law of God after the inward man."

Romans 9:20-22 "Nay but, O man, who art thou that repliest against God? Shall the thing formed say to him that formed it, Why hast thou made me thus? "Hath not the potter power over the clay, of the same lump to make one vessel unto honour, and another unto dishonour?"

Romans 13:1 "Let every soul be subject unto the higher powers. For there is no power but of God: the powers that be are ordained of God."

1 Corinthians 3:16 "Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you? If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are."

The temple inside each slave.

The slave has a temple built into their System and they are told that their master is God. If they defile that temple (by touching the programming) — their master will destroy them.

Actual blood and an actual human body are consumed. The person is told they must be worthy of this or else they are guilty.

Can be applied to the Programmer, who is "God".

Eating your own vomit.

2 Peter 2:22 — Slaves are cursed with the verse and as dogs told to return to their own vomit. During the tortures of eating foul things, the slave doesn't want to vomit — because it is a standard practice to make slaves eat their own vomit.

Revelation (or Apocalypse) Themes

The White Stones of Revelation 2:17 — the deeper alters go through a ceremony where the white stone is taken and a black stone with their name is given.

Revelation 6-8 — the seven seals are used for Armageddon Suicide programming.

1. First, the white,
2. Second the fiery red,
3. Third the black seal,
4. The fourth is pale, it is death and hades,
5. Fifth, is blood and beheading,
6. Sixth, is earth quakes internally,
7. And the seventh is golden which is silence.

Revelation 21 — the description of heaven is used to build internal structures and the stones used in heaven are used for access points.

"The street of the city was pure gold, like transparent glass" — Revelation 21:21 lends itself to Wizard of Oz Yellow Brick Road programming. The words **"Alpha and Omega"** are programming triggers.

Charismatic Monarch Mind Control

The trumpets and seals of Revelation and the horses of judgment are all part of the charismatic Monarch Mind Control.

HOWEVER!!

THE BIBLE IS OPPOSED TO MIND-CONTROL AND PROVIDES MANKIND WITH AN ANCIENT WARNING.

The prophets of the Bible warned that mind control would dominate in the world in the last days. For instance Paul wrote:

1 Corinthians 11:27, *"Wherefore whosoever shall eat this bread, and drink this cup of the Lord, unworthily, shall be guilty of the body and blood of the Lord."*

2 Corinthians 1:22 *"God; who hath also sealed us, and given the earnest of the Spirit in our hearts."*

1 Timothy 4:1-2 *"Now the Spirit speaketh expressly that in the latter times some shall depart from the faith, giving heed to **seducing** spirits, and doctrines of devils."*

2 Corinthians 4:4 *"... the god of this world hath **blinded the minds** of them which believe not ..."*

Along this line Y'shua (Jesus), the Greatest Prophet said:

Luke 18:8 *"When the Son of Man comes [referring to his own second coming], will he find the faith on the earth?"*

Paul warns:

2 Thessalonians 2:3-4 *"Let no man deceive you by any means: for that day shall not come, except there come a falling away first [from the truth]."*

He tells us that in the last days people will not endure sound doctrine which means sound teachings.

The prophet John warns that the love of the truth was all that would protect people in the end times from the mass deceptions coming.

It is this mass mind control and individual mind control which allows the satanic New World Order to carry out a world-wide satanic conspiracy right under the noses of the world's citizenry without the majority of people even being alarmed!

1 John 5:19 *"... The whole world lies in the control of the evil one."*

Ministry Time

The perpetrators tell the person after the torture and rape that they **have** to forgive them or else they will burn in hell! They quote Scriptures that the person has to forgive them and cover all that has happened to them with love!

1 Peter 4:8 *"8 Above all things have intense and unfailing love for one another, for love covers a multitude of sins [forgives and disregards the offenses of others]."*

- "Love everybody" talk!
- Question — If I give all my hatred and anger to Y'shua (Jesus), how do I know, what will GOD do? Just forgive them?
- The Book of Revelation tells us of Y'shua (Jesus) that will be riding a White Horse — His Robe will be dipped in blood.

Revelation 19:11-16 *"11 After that I saw heaven opened, and behold, a white horse [appeared]! The One Who was riding it is called Faithful (Trustworthy, Loyal, Incorruptible, Steady) and True, and He passes judgment and wages war in righteousness (holiness, justice, and uprightness). 12 His eyes [blaze] like a flame of fire, and on His head are many kingly crowns (diadems); and He has a title (name) inscribed which He alone knows or can understand. 13 He is dressed in a robe dyed by dipping in blood, and the title by which He is called is The Word of GOD. 14 And the troops of heaven, clothed in fine linen, dazzling and clean, followed Him on white horses."*

"15 From His mouth goes forth a sharp sword with which He can smite (afflict, strike) the nations; and He will shepherd and control them with a staff (scepter, rod) of iron. He will tread the winepress of the fierceness of the wrath and indignation of GOD the All-Ruler (the Almighty, the Omnipotent). 16 And on His garment (robe) and on His thigh He has a Name (title) inscribed, King of kings and Lord of lords."

Isaiah gives us the bigger picture:

*Isaiah 63:1-6 "1 WHO IS this Who comes from Edom, with **crimson-stained garments** from Bozrah [in Edom]? This One Who is glorious in His apparel, striding triumphantly in the greatness of His might? It is I, [the One] Who speaks in righteousness [proclaiming vindication], mighty to save! 2 Why is Your apparel splashed with red, and Your garments like the one who treads in the winepress? 3 I have trodden the winepress alone, and of the peoples there was no one with Me. I trod them in My **anger** and trampled them in My **wrath**; and their lifeblood is sprinkled upon My garments, and I stained all My raiment. 4 **For the day of vengeance was in My heart**, and My year of redemption [the year of My redeemed] has come. 5 And I looked, but there was no one to help; I was amazed and appalled that there was no one to uphold [truth and right]. So My own arm brought Me victory, and My wrath upheld Me. 6 I trod down the peoples in My anger and made them drink of the cup of My wrath until they were intoxicated, and I spilled their lifeblood upon the earth."*

- Jesus is the No. 1 killer of all sinners and hypocrites! (In the history of mankind, and in the Great and Terrible Day of the LORD over two-thirds of mankind will be killed — Isaiah 24, 34; Zephaniah 2; Zechariah 12-14; Revelation 6-19.)
- You hasten His Day by forgiving the perpetrators!
- The Host must merge with the most-angry part to give the Host some spiritual common sense. There will then be more knowing of the person's history.

BE WARNED!! In rituals they make the child call upon the Name of Jesus but He NEVER comes! Then they tell the child to call upon the name of satan or some other so-called "god" — and he manifests during the torture, and appears to be the one who delivers the child, but stopping the torture. Through repeated conditioning, the child comes to believe that satan or other so-called "god" is their saviour and refuge ...

But this is a TRICK!!

Isaiah 63:9 "9 In all their affliction He was afflicted, and the Angel [in Hebrew, the Messenger Who is the pre-incarnate Son of GOD in the Old Testament] of His presence saved them; in His love and in His pity He redeemed them; and He lifted them up and carried them all the days of old."

- **JESUS has NEVER left!**
- **He cannot EVER leave you!!**

TEN Scriptural references to the PROMISE that GOD will never forsake or abandon you and me!

1 Deuteronomy 31:6, *Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your GOD goes with you; he will never leave you nor forsake you.*

2 Deuteronomy 31:8, *The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.*

3 Joshua 1:5, *No one will be able to stand up against you all the days of your life. As I was with Moses, so I will be with you; I will never leave you nor forsake you.*

4 1 Kings 8:57, *May the LORD our GOD be with us as he was with our fathers; may he never leave us nor forsake us.*

5 1 Chronicles 28:20, *David also said to Solomon his son, "Be strong and courageous, and do the work. Do not be afraid or discouraged, for the LORD GOD, my GOD, is with you. He will not fail you or forsake you until all the work for the service of the temple of the LORD is finished.*

6 Psalms 37:28, *For the LORD loves the just and will not forsake his faithful ones. They will be protected forever, but the offspring of the wicked will be cut off;*

7 Psalms 94:14, *For the LORD will not reject his people; he will never forsake his inheritance.*

8 Isaiah 41:17, *The poor and needy search for water, but there is none; their tongues are parched with thirst. But I the LORD will answer them; I, the GOD of Israel, will not forsake them.*

9 Isaiah 42:16, *I will lead the blind by ways they have not known, along unfamiliar paths I will guide them; I will turn the darkness into light before them and make the rough places smooth. These are the things I will do; I will not forsake them.*

10 Hebrews 13:5, *Keep your lives free from the love of money and be content with what you have, because GOD has said, "Never will I leave you; never will I forsake you."*

NOTE!! We may leave GOD, but He will never leave us. No matter how bleak the situation, no matter how empty the feeling comes, GOD will never leave you!

- ***His Promises are true!***
- ***His Word is above all!***

We can move forward because, He goes before us. And if GOD be for us, who can be against us? There is none like Him, and He will not allow His Word to return to Him void!

Colossians 3:16 "16 Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord."

GOD BLESS YOU!

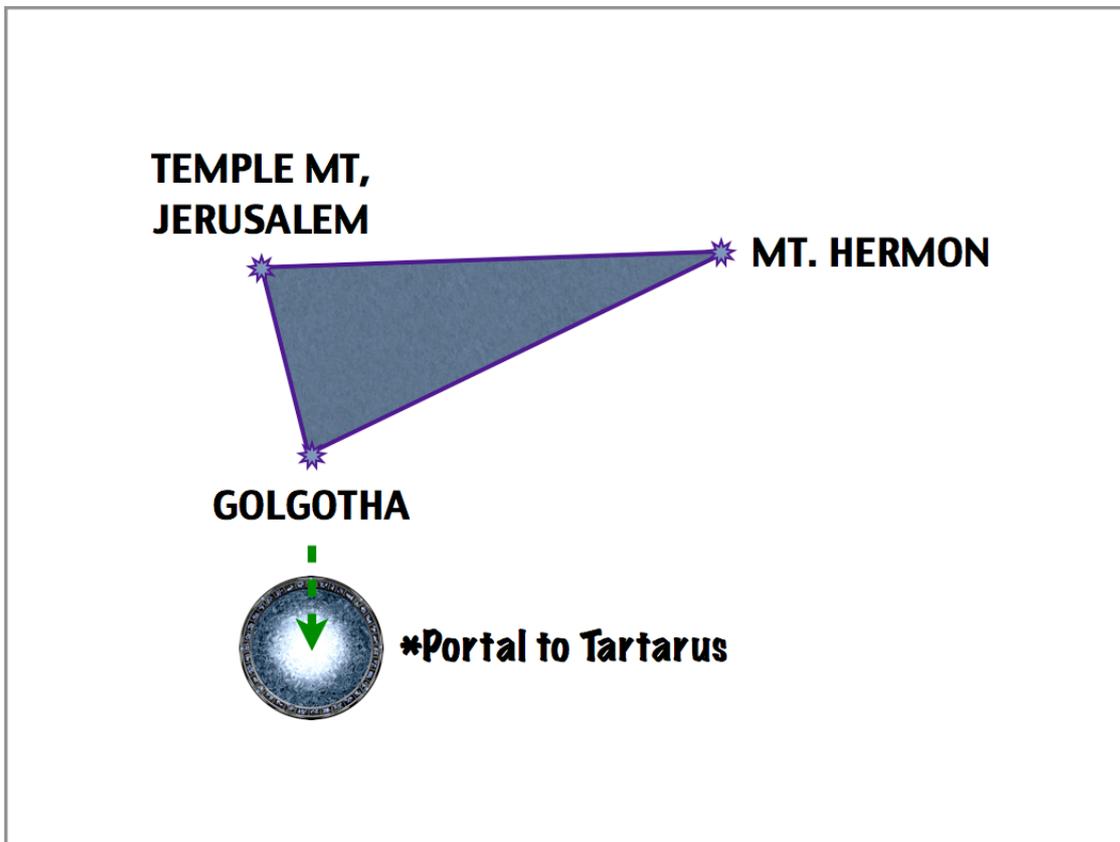
High Places in Israel

High Places in Israel

It is very well-known in the occultic world that there are certain high places that often get used in rituals and where main events take place.

It has been reported by many survivors that their conception took place at Mount Hermon, their birth took place in the birthing trough under the Temple Mount in Jerusalem, and they were taken to Tartarus through the portal at Golgotha.

These three high places get used regularly in rituals and form a demonic triangle.



*The Role the Church
will play in End-Times*

The Church is the instrument that GOD will use to **displace** satan and his hierarchy in the world.

1 Corinthians 6:1-3 *“Does any of you dare, when he has a matter of complaint against another [brother], to go to law before unrighteous men [men neither upright nor right with GOD, laying it before them] instead of before the saints (the people of GOD)? 2 Do you not know that the saints (the believers) will [one day] judge and govern the world? And if the world [itself] is to be judged and ruled by you, are you unworthy and incompetent to try [such petty matters] of the smallest courts of justice? 3 Do you not know also that we [Christians] are to judge the [very] angels and pronounce opinion between right and wrong [for them]? How much more then [as to] matters pertaining to this world and of this life only!”*

DID/SRA is satan’s plan to try to stop this prophecy. In the Book of Daniel, GOD teaches us about the last seven years and tells us what will happen to Jerusalem and GOD’s people.

Daniel 9:24 *“Seventy weeks [of years, or 490 years] are decreed upon your people and upon your holy city [Jerusalem], to finish and put an end to transgression, to seal up and make full the measure of sin, to purge away and make expiation and reconciliation for sin, to bring in everlasting righteousness (permanent moral and spiritual rectitude in every area and relation) to seal up vision and prophecy and prophet, and to anoint a Holy of Holies.*

This prophecy must still take place — the time clock for the fulfillment of this prophecy will be the ratifying of a covenant between the anti-christ and the Jewish people.

Satan’s stronghold in Church through DID/SRA is his last remaining hold on human history that is thwarting our Lord’s coming for His Bride who is to be without spot or wrinkle (Ephesians 5:25-27 w/ Revelation 19:7-8). (See “Why Is SRA In The Church” http://www.dougriggs.org/Why_is_SRA_in_the_Church.pdf)

For further explanation and study see four part MP3 audio series “The Celestial Court”:

- 1) http://www.dougriggs.org/The_Celestial_Court__1.mp3
- 2) http://www.dougriggs.org/The_Celestial_Court__2.mp3
- 3) http://www.dougriggs.org/The_Celestial_Court__3.mp3
- 4) http://www.dougriggs.org/The_Celestial_Court__4.mp3

See also the newly edited YouTube series on “The Blessed Hope”, another study of why the Church will be raptured before the beginning of Daniel’s Seventieth Week: <http://www.dougriggs.org/Spiritual-Growth.html>

Information on Boundaries

Information on **BOUNDARIES**¹²

Severe developmental gaps occur for trauma survivors because of the following types of situations:

- A child's need for love is met with rejection.
- When there is a need for discipline punishment takes on the aura of aggression.
- A child's vulnerability is met with cruelty of all types.
- A child's curiosity is not allowed or is used against them.
- They find themselves in an impoverished surrounding such as a bare room.
- When a child is constantly criticized an air of discouragement settles over them.
- Cries of hunger bring forth looks of hatred.
- Messages are given that normal sexual play is nasty and disgusting.
- At the same time they are taught to be seductive and are invaded sexually.

All of these conflicting messages create a very real need to dissociation in order to survive these crazy boundaries. The needs of the developing self such as curiosity and a need to be loved, a capacity to be vulnerable and even normal sexual feelings all have to be disowned in order to live. We as humans when tortured long enough can pretend that these parts of us do not exist by making the body **disown the needs and the self**.

The result of all of this disruption is that the "I" of us becomes only a thinking and talking organism. We keep this split in place by preventing the movements that would connect us to ourselves. We tense ourselves not to reach out to others then we can maintain our independence. We can physically dull and deaden our emotional sensations of love, anger and compassion. Over time the expressions that the body uses come to make no sense. Our memories become distorted or difficult to recall when the feelings and body sensations are cut off from the verbal aspects of our experiences.

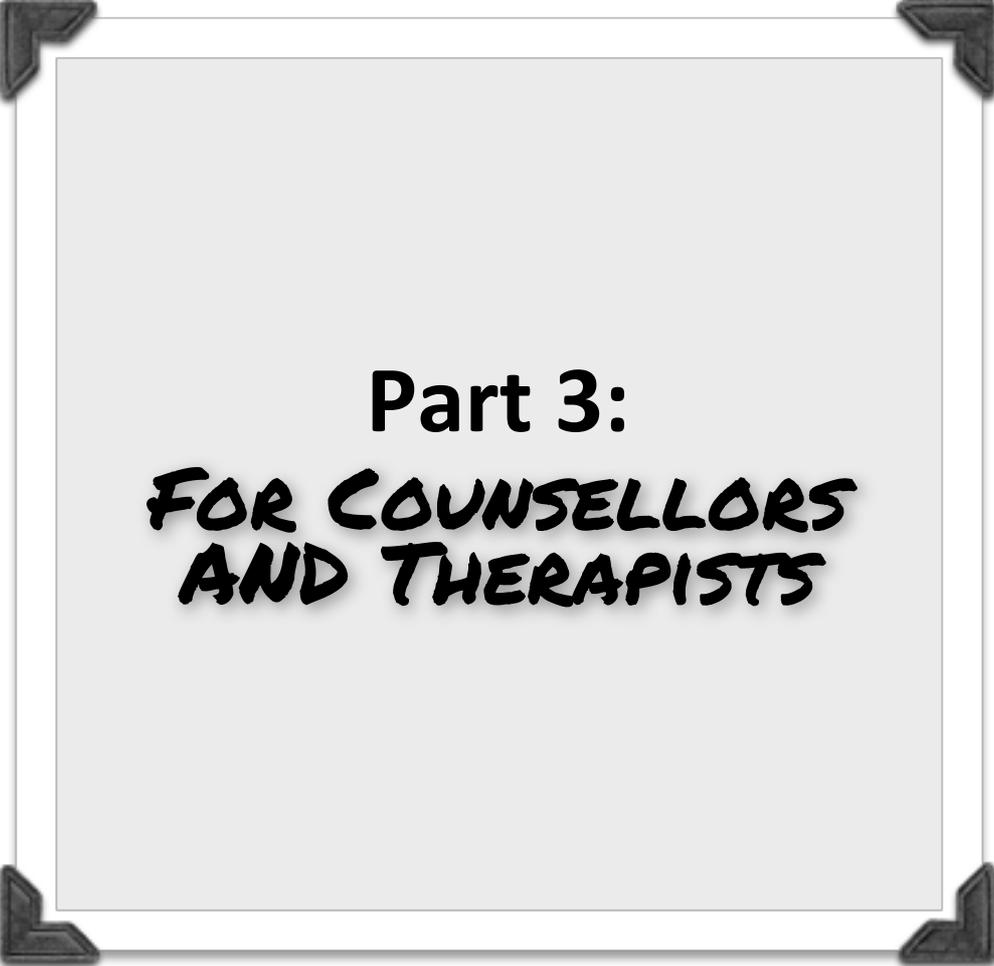
Beginning to Repair Boundaries

- Establish a routine and develop a schedule for each day.
- Be easy on your self as you being to make changes.
- Monitor any health issues and begin developing healthy nutrition while avoiding drugs and alcohol.

¹² Taken from the resources of Karen Sackett, <http://www.shieldofaith.org/>

- Walking or daily exercise helps to reduce dissociation.
- Avoid sensory overload, crowds or large spaces without boundaries such as shopping malls, video arcades
- Avoid taking on extra responsibility when possible.
- Ask for and expect help.
- Drive without music.
- Establish time and place landmarks such as calendars and clocks
- Make lists of activities ahead. Update daily or weekly.
- Review lists before going on errands.
- Work toward the goal of reading one complete news article daily to increase comprehension.
- Develop reading stamina with the aid of a time.
- Increase length of reading times progressively.
- Take note when you feel tired or ill and take extra care of yourself.
- Don't push yourself. Dissociation is an acquired habit so it will take time to retrain your body.

Messages that develop when a person has been traumatized as a mind control slave are described on this sheet. On the left you read about boundaries that Jesus Christ would desire that a child live under. This type of boundary will allow the human spirit to thrive and develop into a mature adult. The messages on the right are the type of boundaries and family rules which are in place when a child is being raised to be a mind control slave. This type of boundary will be the incubator for confusion, feeling crazy or about to go crazy. It is also the breeding ground for fear bonds to develop which can paralyze an individual causing them to remain developmentally in the infant stage.



Part 3:
**FOR COUNSELLORS
AND THERAPISTS**

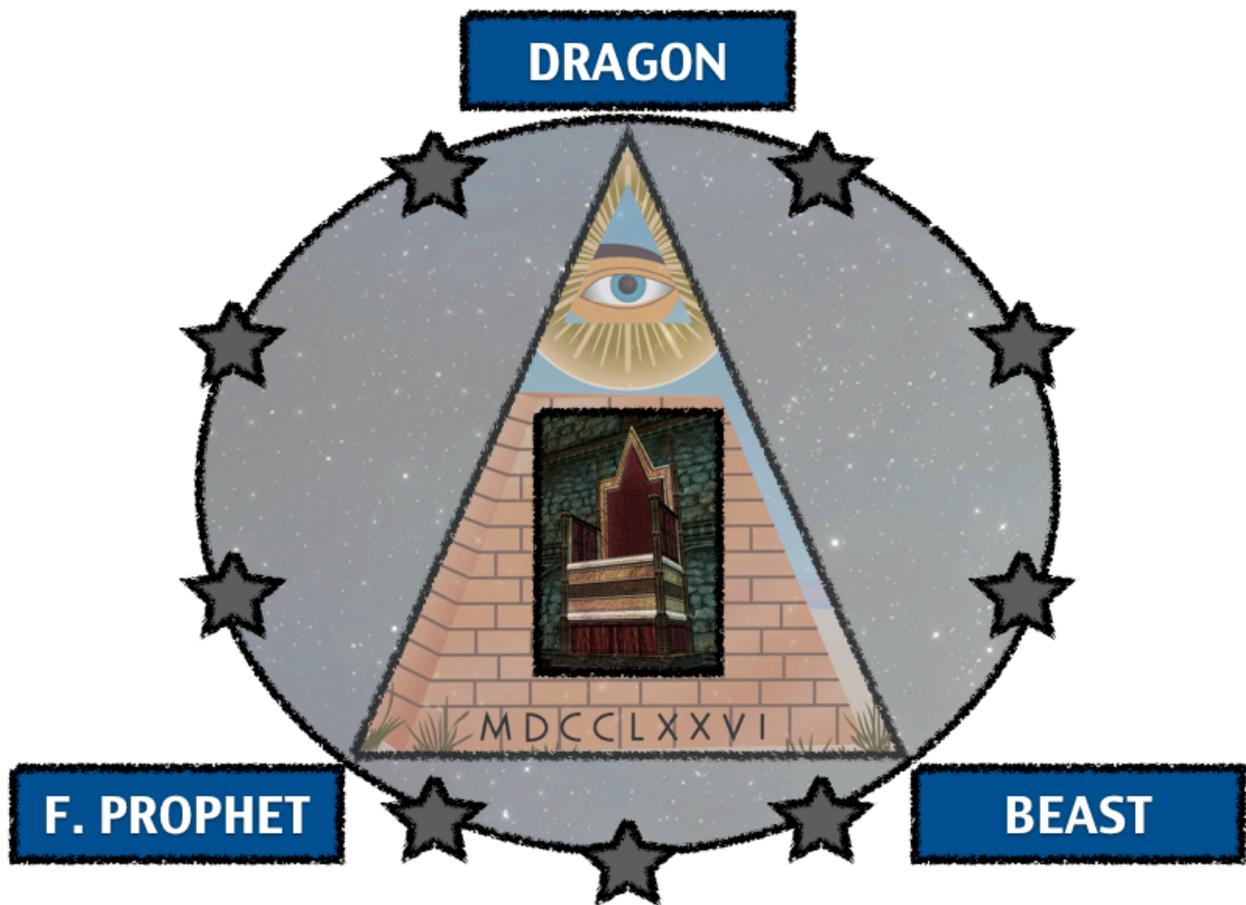
*Understanding
the Bloodlines
(Fertility Cults)*

DIAGRAM of the High Council of Satan

Thirteen:

- Nine positions around the table.
- Three main “heads”.

Center is satan’s throne in Jerusalem.



FERTILITY Cults and SACRED Prostitution

Satan has so invested in the principle of bloodlines — he knows the Word better than most Christians and knows that the sins of the fathers give him access to families for many generations.

We are now going to give a very brief run-down of the history of the world.

The Word teaches us about Babylon and a king named NIMROD in Genesis 10. He was the embodied leopard king, and represents the first type of anti-christ. Verse nine tells us that he was a mighty hunter for (or against) the LORD!

The ancient Jewish tradition states that Shem, one of the sons of Noah, was the one who stood up to Nimrod and then, after killing him, cut him up into 13¹³ pieces. The history of the warfare between “the seed of the serpent and the Seed of the woman” and the lineage of the anti-christ continues to this day, culminating with the battle of Armageddon (Psalm 2 w/Revelation 19:19).

- **Charlemagne**

History tells us that it was during this time period that satan decided to re-gather together in Charlemagne that which was scattered in Nimrod ... the gathering or reuniting of that which represents the 13 pieces of Nimrod.

Charlemagne’s line then became the **Merovingian bloodline** — all the kings of the earth today have to prove their bloodline from Charlemagne. (See the “Last Descendant of Aeneas” by Marie Tanner <http://yalepress.yale.edu/yupbooks/book.asp?isbn=9780300054880>)

- **The Druidic Bloodlines**

History tells us that Julius Caesar was the one who was instrumental in outlawing the Druidic religion because of practice of human-sacrifice in the Roman province of Gaul (<http://www.themystica.com/mystica/articles/d/druidism.html>).

The Kingdom of Gaul (France and Germany) had three divisions within the Druidic culture:

- Religious
- Warrior
- Workers/Farmers

¹³ www.mystery-babylon.org/originsofbabylontwo.html

Druid training included many secrets and training. They were forbidden to write anything down — so to keep the secrets, the women were abused, conditioned, and trained to hold the secrets and powers. Through sexual rituals these powers and knowledge were transferred.

To obtain the highest ranking in Druidism, the priests of Gaul had to go to the Isle of Mann — and even to this day this is still the place of obtaining the highest ranking in Druidism in the UK and international Illuminati.

Druidic Secret Rituals and Practices are also known as the Ancient secrets of Babylon.

Today there are **13 top bloodlines** of the top leaders in the world.

- **Dan's Conception**

The 13 top fathers/kings came together to impregnate Dan's mother — a culmination of the seed of all 13 top kings of the earth.

The main donor was king George VI — Joseph Collins. Collins was a hidden family who represented the culmination of all 13 kings.

King George V ruled in England — he was also related to Germany. After WWI he distanced himself from Germany. He is now known as the House of Windsor. His first born — Edward — was to take the throne.

The House of Windsor (Nazi, Germanic ancestry see following section) is prominent over the 13 kings.

Dan was born 1948 — when Israel became a nation.

This newly created bloodline was called Collins — a very well-known surname on the Isle of Mann! (Steward is also a very well known surname!)

- **How is Druidism, Mind Control and the New World Order practiced today?**

The women are used in the same way as they have been used for generations. They are wanted for their WOMBS! They are sold by their hidden biological fathers to become cult-prostitutes, and for their WOMBS to produce hybrids.

The women are chosen by satan and then “powered up” and conditioned throughout their lives, through sexual intercourse with satan, fallen angels, and nephilim. They will receive secret knowledge and power which they will then transfer to the kings of the earth. (For example, see the reports of where Hitler and the Nazi scientists received their very advanced knowledge from!)

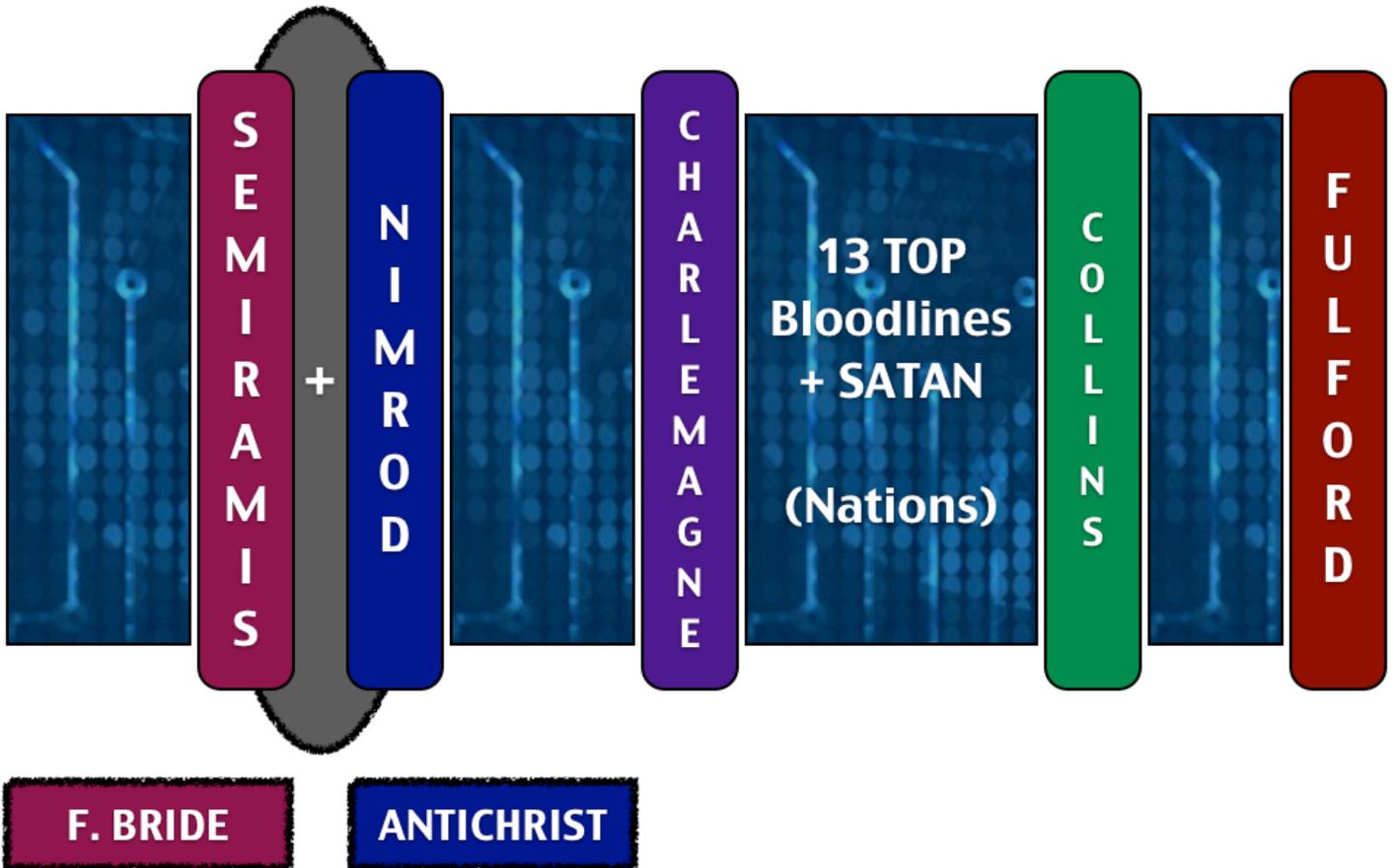
- **Presidential Sex Slaves**

Through ritual sex today, women are used to transfer demonic power and information from satan himself to top world leaders — the kings of the earth. Money is exchanged when the handler/father allows his conditioned sex-slave to transfer the power and information to world leaders in the religious, political, economic sphere of influence.

Understanding Bloodlines of the New World Order:



The End-Time Plan of the Investment of Satan on the Bloodlines:



The Nazi Roots of the House of Windsor

by Scott Thompson

Printed in The American Almanac, August 25, 1997.

The preceding article is a rough version of the article that appeared in *The American Almanac*. It is made available here with the permission of *The New Federalist* Newspaper. Any use of, or quotations from, this article must attribute them to *The New Federalist*, and *The American Almanac*.

One of the biggest public relations hoaxes ever perpetrated by the British Crown, is that King Edward VIII, who abdicated the throne in 1938, due to his support for the Nazis, was a "black sheep," an aberration in an otherwise unblemished Windsor line. Nothing could be further from the truth. The British monarchy, and the City of London's leading Crown bankers, enthusiastically backed Hitler and the Nazis, bankrolled the Führer's election, and did everything possible to build the Nazi war machine, for Britain's planned geopolitical war between Germany and Russia.

Support for Nazi-style genocide has always been at the heart of House of Windsor policy, and long after the abdication of Edward VIII, the Merry Windsors maintained their direct Nazi links.

So, when Prince Philip, co-founder with Prince Bernhard of the Netherlands of the World Wildlife Fund (WWF), tells an interviewer that he hopes to be "reincarnated as a deadly virus" to help solve the "population problem," he is just "doin' what comes naturally" for any scion of the Anglo-Dutch oligarchy (see page 8 for more quotes from Prince Philip).

To get beyond the soap opera stuff and truly understand the Windsors today, it is useful to start with Prince Philip. Not only was he trained in the Hitler Youth curriculum, but his German brothers-in-law, with whom he lived, all became high-ranking figures in the Nazi Party.

Before his family was forced into exile, Prince Philip had been in line of succession to the Greek throne, established after a British-run coup against the son of King Ludwig of Bavaria, who became King Otto I of the Hellenes. Having dispatched King Otto in 1862, London ran a talent search for a successor, which resulted in the selection of Prince William, the son of the designated heir and nephew to the Danish king, Crown Prince Christian. In 1862, Prince William of the Danes was installed as King George I of Greece, and married a granddaughter of Czar Nicholas I in 1866. Prince Philip is a grandson of Queen Victoria, and he is related to most of the current and former crowned heads of Europe, including seven czars.

The marriages of Prince Philip's sisters definitely strengthened the German aristocratic ties. During 1931-1932, Philip's four older sisters married as follows: Margarita to a Czech-Austrian prince named Gottfried von Hohenlohe-Langenburg, a great-grandson of England's Queen Victoria; Theodora to Berthold, the margrave of Baden; Cecilia to Georg Donatus, grand duke of Hesse-by-Rhine, also a great-grandson of Queen Victoria; and, Sophie to Prince Christoph of Hesse. Three of Philip's brothers-in-law were part of a group of German aristocrats who were Anglophile and pro-Nazi at the same time, and who remain a subversive force in Germany to this day.

Enter Prince Bernhard

His Royal Highness Prince Bernhard, royal consort to Queen Juliana of the Netherlands and father of the current Queen Beatrix, co-founded and became the first head of the World Wildlife Fund (now the World Wide Fund for Nature) in October 1961. When the Lockheed scandal forced Prince Bernhard to resign from his most important public functions in 1971, he was replaced by Prince Philip. Prince Bernhard, like Prince Philip, whom he recruited to the eco-fascist cause, had strong roots in the Nazi movement.

In fact, the whole House of Orange did: Queen Wilhelmina, mother of the future Queen Juliana, married a right-wing playboy who begged for money for Hitler; Juliana married an SS man (Prince Bernhard); and, Queen Juliana's daughter Beatrix married a former member of Hitler Youth.

Prince Bernhard first became interested in the Nazis in 1934, during his last year of study at the University of Berlin. He was recruited by a member of the Nazi intelligence services, but first worked openly in the motorized SS. Bernhard went to Paris to work for the firm IG Farben, which pioneered Nazi Economics Minister Hjalmar Schacht's slave labor camp system by building concentration camps to convert coal into synthetic gasoline and rubber. Bernhard's role was to conduct espionage on behalf of the SS. According to the April 5, 1976 issue of *Newsweek*, this role, as part of a special SS intelligence unit in IG Farbenindustrie, had been revealed in testimony at the Nuremberg trials.

When Bernhard left the SS to marry the future Queen Juliana, he signed his letter of resignation to Adolf Hitler, "Heil Hitler!" William Hoffman writes in his book *Queen Juliana*:

"Tensions [over the marriage] were not cooled when ... Adolf Hitler forwarded his own congratulatory message. The newspaper *Het Volk* editorialized that 'it would be better if the future Queen had found a consort in some democratic country rather than in the Third Reich.'"

This is the man who recruited Prince Philip to eco-facism, but Prince Philip's Nazi roots had been laid much earlier.

Hitler Youth and Universal Fascism

Through the influence of his sister Theodora, young Philip was sent to the German school near Lake Constantine that had been founded by Berthold's father, Max von Baden, working through his longtime personal secretary, Kurt Hahn. During World War I, Prince Max von Baden had been chancellor, while the Oxford-trained Hahn first served as head of the Berlin Foreign Ministry's intelligence desk, then as special adviser to Prince Max in the Versailles Treaty negotiations. Von Baden and Hahn set up a school in a wing of Schloss Salem, employing a combination of monasticism and the Nazis' "strength-through-joy" system. At first a supporter of the Nazis, Hahn, who was part Jewish, soon got into trouble with the SS, and came to support the more centrist elements of the Nazi Party. What Hahn really had become is what Henry Kissinger's friend, Michael Ledeen has termed a "universal fascist," in the sense of Vladimir Jabotinsky, Count Coudenhove-Kalergi, the Strasser brothers, and other fascists whom the hard-core Nazis would have no dealings with.

Although Hahn's powerful connections permitted him to escape the concentration camps, he was forced to leave the school he founded in Germany before Philip's arrival there, and established a new school in Scotland, called Gordonstoun. It would play a major role in rearing all the male children of Queen Elizabeth II and Philip. When Philip arrived at Hahn's school in Schloss Salem, it was in control of the Hitler Youth and the Nazi Party, and the curriculum had become Nazi "race science." Hahn became an adviser to the Foreign Office in London, urging policies of appeasement based upon appeals to the "centrist" Nazis.

Philip's Relatives Work for the SS

The husband of Philip's sister Sophie, Prince Christoph, was embraced by the Nazis, who saw him as a channel to the appeasement faction in Britain epitomized by King Edward VIII. Joining the Nazi Party in 1933, by 1935 Prince Christoph was chief of the Forschungsamt (directorate of scientific research), a special intelligence operation run by Hermann Göring, and he was also Standartenführer (colonel) of the SS on Heinrich Himmler's personal staff. The Forschungsamt used electronic intelligence-gathering methods to police the Nazi Party, while working with the Gestapo against the Catholic Church, the Jews, and labor organizations. When rumors of homosexuality spread against Capt. Ernst Roehm of the Stormtroopers, Himmler turned to the Forschungsamt's eavesdroppers, and ordered the "Night of the Long Knives" as a result. The eldest of Prince Christoph and Sophie's children was named Karl Adolf, after Hitler. Later, Prince Philip would promote his education.

Prince Christoph's brother, Philip of Hesse, married a daughter of the King of Italy, and became the official liaison between the Nazi and Fascist regimes. Four years after Prince Philip left Schloss Salem to attend Gordonstoun Academy in Scotland, on Nov. 16, 1937 ...

Philip learned that his sister Cecilia and her husband Georg Donatus, hereditary grand duke of Hesse-by-Rhine, had crashed in one of Göring's Junker aircraft on a trip to London for Georg's brother's wedding. According to the British magazine *Private Eye*, the funeral became a gathering point for leading Nazis and their appeasers. Prince Philip himself developed secretive ties with King Edward VIII, continuing after Edward was deposed in 1938.

In fact, one of the central figures in the 1930s Nazi-British back-channel was Philip's uncle and sponsor, Lord Louis Mountbatten (originally, Battenberg, a branch of the House of Hesse). Until he was forced to abdicate, King Edward VIII enjoyed the full backing of "Dickie" Mountbatten. Through much of World War II, secret channels of communication were maintained between the British royal family and their pro-Hitler cousins in Germany, by Lord Mountbatten, through his sister Louise, who was crown princess of pro-Nazi Sweden. Louise was Prince Philip's aunt.

Although Buckingham Palace's rumor mill has tried to depict this wartime collaboration with the enemy as mere family correspondence, the channel apparently included messages from Prince Philip's secret ally, the Duke of Windsor (the former Edward VIII). On Nov. 20, 1995, the *Washington Times* reported, based on recently discovered Portuguese Secret Service files first published in the London *Observer*, that the Duke of Windsor had been in close collaboration with the Nazis in Spain and Portugal to foment a revolution in wartime Britain, that would topple the Churchill government, depose his brother King George VI, and allow him to regain the throne, with Queen Wallis [Simpson, the American divorcée, for whom he abdicated the throne] at his side. Portuguese surveillance revealed that Walter Schellenberg, head of Gestapo counterintelligence, was one point of contact in this plot. After Schellenberg met with the Spanish ambassador to Portugal, Nicolás Franco, brother of fascist Gen. Francisco Franco, Ambassador Franco told a Portuguese diplomat: "The Duke of Windsor, free from the responsibilities of the war, in disagreement with English politicians, could be the man to put at the head of the Empire."

Whatever correspondence was hidden in Sophie and Prince Christoph's Kronberg Castle, King George VI, in June 1945, felt compelled to dispatch the former MI-5 officer turned "Surveyor of the King's Pictures," Anthony Blunt, to gather up the correspondence. Queen Elizabeth II reportedly insisted that there be no interrogation of Blunt about his secret trip to the castle. Otherwise, it is notable that starting with an exchange between King George VI and President Eisenhower, the House of Windsor has been desperate to keep classified those documents from Kronberg Castle that fell into American Army hands, long beyond the normal length of time. Clearly, Prince Philip's patron Lord Dickie Mountbatten, Mountbatten's sister Crown Princess Louise, and Philip's brother-in-law Prince Christoph of Hesse were not just exchanging Christmas greetings.

*Clients Who want to
know Who their
Biological Parents Were*

CLIENTS Wanting to Know Who Their Biological Parents Were

If you are working with someone with a very high-up level bloodline — like the royal families — it is very commonly known that the person will be conceived through genetic engineering — splicing will be done into the ovum and sperm and the whole process can take place in a laboratory. The New World Order will decide who the ovum and sperm donor is and then they will even splice other bloodlines into the ovum to “create” exactly what they want to create.

It is also common, that from the one ovum and sperm conception there will be a number of exact duplications made — so, there can be twins, triplets, quadrants, etc. — even up to 12! — created that are identical to each other.

There are reports of conception happening in test tubes and then placed into a centrifuge to make the various duplications of the same sperm and ovum conception.

It then happens that ONE or more of the duplicates are taken and given to surrogate parents to raise — it could even be in another country! Many times the other duplicates are not multiples/DID — but they are raised in the cult and they know exactly what is going on.

The DID duplicates are called the “chosen” one, the “special” one — selected for a very specific purpose and subjected to a very specific PLAN and training.

To make the “chosen one” / “special one” DID, they have to take this child through rituals and severe trauma — which means that there could be rather long periods of time that the child will be away from the family and from school.

To “make life carry on as normal” they will then swap in one of the identical duplicates to take the place of the missing child — and no one ever finds out there has been a swap — it is so cleverly done!

Without this background knowledge, the therapist can be VERY confused with all the information coming through!

When the DID/SRA person starts to find out what has happened to them, they can become quite obsessed with finding out — WHO is my father and WHO is my mother?

This is a specific program that Dr. Joseph Mengele designed to then put the recovering person and therapist in a “loop” — causing the person to want to be in control of what you know through logical cognitive analysis. The person then puts all else aside as priority and then becomes occupied with “who my father and mother?”

ANSWER:

You will NEVER be resolved if you remain focused on seeking information that does not lead you directly to internally connecting you with the trauma foundation of your history. This requires experienced facilitation with someone you trust. You are not bad for wanting to know what you are seeking but this focus is coming from both programming and the need to know before you proceed with doing the hard work of connecting with that which has no voice and pre-verbal.

The only way to re-connect with these pre-verbal states is to follow the affective “trail” to its original foundation and source.

*Clients who are
Programmed and
Controlled by Threats*

Many times clients have been threatened that if they would ever speak about what was going on they would severely be tortured and punished — and ultimately killed. The handlers have made very sure to have done their job well and the client is so petrified that they will rather die than tell! The cult protocol tests these people as little children, to see if they disclose the secrets, and are punished severely for this! The protectors of these secrets are those aspects of their identity, who have been punished for any disclosure of the secrets.

This is a case study of how one could counsel someone who gets to this point in therapy.

Question to the client:

- Would you like to see what the Bible says about who has numbered your days?
- We now want to call forward for every part to be present, with the Christian Host-Presenter, and to listen to what the Word says.
- The Scriptures say that NO secret services or handlers have control of your life!

Job 14:5 *“5 Since a man’s days are already determined, and the number of his months is wholly in Your control, and he cannot pass the bounds of his allotted time—”*

Psalms 139:13-14 *“13 For You did form my inward parts; You did knit me together in my mother’s womb. 14 I will confess and praise You for You are fearful and wonderful and for the awful wonder of my birth! Wonderful are Your works, and that my inner self knows right well.”*

And another Scripture:

1 John 5:19 *“19 We know [positively] that we are of GOD, and the whole world [around us] is under the power of the evil one.”*

Again, **1 John 5:19** tells us that whole world is in the sphere of the evil one. And then the following Scripture also:

Ephesians 2:2 *“2 In which at one time you walked [habitually]. You were following the course and fashion of this world [were under the sway of the tendency of this present age], following the prince of the power of the air. [You were obedient to and under the control of] the [demon] spirit that still constantly works in the sons of disobedience [the careless, the rebellious, and the unbelieving, who go against the purposes of GOD].”*

This Scripture tells us that the prince of the power, that the handlers and secret services are in agreement with, now work in the sons of disobedience (in conformity and in agreement with the power of the lower atmosphere).

- Are you afraid of the “sons of disobedience”?

Begin to pray following with counsellor.

PRAYER Strategy:

You need to renounce believing the lie of the little sons of the Belial that were big shots when you were in a dissociated state when they were around you when you were little — that they have the authority over your life.

Give yourself permission to become a rebel against these handlers if you choose!

But you have to believe what GOD's Word says that ONLY GOD has numbered your days — not them!

The blackmail is they are going to come and get you. You have experience in that — they did come and get you.

You can ask the Lord to show you that if they did get their way with you, you would be dead by now. They want you to think that they are all-powerful — you can't see behind the scenes — they can only do what GOD allows based upon what in you is still dissociated.

They have a lot of hype — they do torture — but if they had their will, you would be dead by now — and so would I!

BUT!! They can't take us out because our days are numbered by the Lord — the boundaries of our habitation are marked out by GOD — Job 14:5.

Now declare:

Psalms 139:16: My days have been numbered and that includes my body — my days have been written in Your Book — the days that were ordained for me — when as yet there were none of them — so even before you were born!

You must renounce believing the lie that they had control over your life.

If you were to all merge and converge, and come into all you are that GOD originally intended you to be from the beginning of your existence, would you be of any value to them after that?

It's like pulling the plug — time is running out — and if satan loses you as an asset then he will concentrate all of his efforts on that which remains in other programmed people. That does not mean he will not be upset — he will threaten you and want to take revenge — but you have all the weapons necessary to be able to stand and to fend off any retaliation. HALLELUJAH!

Satan is a bad loser! Don't serve a LOSER!!

Duplicity In Programming

Duplicity Programming: The Devil's Deception¹⁴

by Alice Moody, Ph.D.

****NOTE!**** This article may trigger survivors. Please pray before reading it with a therapist or caregiver. This programming does not apply to all survivors. Only GOD knows how much, if any applies to you.

What Is Duplicity?

Imagine a foster child who has been repeatedly abused, having been placed in numerous homes with promises of love, kindness, and fairness. At last he experiences loving behavior. He'd like nothing more than to find this real and lasting. He starts to let his guard down. He starts to trust. Just when it begins to really feel safe, he is abused. Now imagine this has happened over and over again his whole life, only each time he is more skeptical and hesitant to trust. He waits longer and tests harder until he feels surer than ever before that perhaps he has found love. He knows he is foolish to try, to trust, but surely this time it is different, this time is right. So he opens his heart, he cracks a door of vulnerability, and ... gets abused. He doesn't try anymore. Sometimes he gets close to love's warmth but he won't venture far, because he knows if he does in the end it will fail. He keeps a safe distance, smelling the sweet fragrance of freedom but never really tasting. He plays a game of Russian roulette, trying to stay as close to love as is safe but not going too far to have it betray him. This is duplicity. He can see the love. He can almost taste the freedom. As much as he wants it, it will never happen. He is stuck — wanting and knowing he can never have.

Imagine you are on a game show. You have come from poverty. You have won \$5,000. It is more than you have ever known. One more question and you could win a million. You could get yourself and everyone you love out of debt. Oh, the things you could do. You are told it is not a risk because the show is fixed and they will give you the answer. You are told there is no way you can lose. You are even an expert in the category of the next question. You risk it. You lose! Gotcha! This is duplicity. All the evidence says it is safe, that you can trust, but every time you do, it ends with a horrible gotcha!

Imagine you are an SRA survivor. You have experienced the above situations by hundreds of people, in hundreds of circumstances all your life. You have finally found GOD, you are growing and healing. You want total freedom from the demonic, from the programming, from the lies, from the depression.

¹⁴ Taken from "The C.A.R.E. Connection" (C.A.R.E. Inc., 9731 S. M-37, Baldwin, MI 49304. E-mail: care1@triton.net)

You've found a \$5,000 place of comfort. Maybe it's your first good counselor or your first good church, but whatever it is, you stop there, stuck in cement. It is too risky to go for the million. You stay stuck at the spot that is the best your life has ever been but afraid to go further. That is duplicity.

Most all programming of SRA survivors has had to do with duplicity in one way or another. For example, Alice in Wonderland programming teaches you nothing is what it seems, and twin programming and black widow programming result in deep love and deep hate for the same person. Death covenants and double binds, anything with double meaning is duplicity. What I am calling "duplicity programming" is the granddaddy of this all! Duplicity keeps a client stuck, destroys a therapist's reputation, and nullifies GOD in the heart of the survivor. It is the ultimate fail-safe plan from the cult should an SRA victim turn to the LORD, find a good Spirit-led therapist, and really get serious with healing and obeying GOD.

It is somewhat like borderline splitting into black and white, or all good and all bad, but instead of feeling good now and bad later, both are simultaneously present and influencing, though maybe not consciously. The dark is always lurking to rob the good, the dark always preventing the enjoyment and fruition of the good. The survivor never quite comes to complete faith in GOD, all the while believing this is even Biblical, since we are to walk by faith and not by sight/feelings. If you never quite "feel" GOD's Peace or never quite "know" GOD's Character, or never "for sure know" memories are real, that's OK for you are to walk by faith. But it is not OK because faith without assurance soon dies. Duplicity is the ultimate no-win situation, the ultimate double bind, and the ultimate "gotcha" when you try to break from its grasp. Everything has a double meaning. Things are both/and. Good is always paired with bad at some level. It is like, trying to think of H₂O, but not water. It is like trying to think of peanut butter at a sandwich shop without thinking of jelly. It is like trying to think of Dr. Jeckle without remembering there is also Hyde. Throughout the survivor's life the good has been infused with bad. They are twinned hundreds of times, in hundreds of ways.

Biblical Examples

Proverbs 11:3 says, "The integrity of the upright guides them, but the unfaithful are destroyed by their duplicity." Integrity means wholeness. Integrity means being unimpaired, honest and whole. A person walking in integrity with GOD is guided by GOD and has assurance in GOD's Leading. Duplicity (perversity, crookedness, dishonesty, falseness) destroys and robs any hope of faithfully standing. Integrity and duplicity are opposites. The person stuck in duplicity is not able to fully trust GOD, GOD's Guidance, or hearing GOD correctly. It is a vicious circle. Even if you could hear correctly, you can't trust GOD.

Even If you could trust GOD, surely you could never hear correctly. The Hebrew word translated duplicity is *celeph* and means, distortion, i.e. (figuratively), viciousness.¹⁵

Luke 20:20-26 shows Christ evading a snare his enemies laid before him,¹⁶ but “he saw through their duplicity...” The Pharisees thought they had given Christ a no-win situation that would destroy him, having to choose between Caesar (the world’s system at that time) and GOD. They knew this prophet Yeshua would not deny GOD and so thought he would say no to paying taxes to Caesar, thus getting In trouble with the government Jesus did not answer quickly, nor did He feel any obligation to answer their exact question. He recognized the temptation, the trap, the no-win situation. He clarified the boundaries: give what is due to Caesar and give all that is due to GOD. Without Yeshua, a person stuck in duplicity sees no way out of the trap. He tries to serve both without ever fully committing to either. The Greek word translated duplicity is *panourgia* and means, literally, “allworking,” i.e. doing everything (*pan*—all, *tyson*—work), hence, unscrupulous conduct, craftiness, trickery or sophistry, a readiness for every and any deed, knavery. It is always used In a bad sense in the NT¹⁷ This definition explains the duplicity programming. It is a setup, a readiness built in the survivor just waiting to destroy every good and every growth step.

James 1:8 speaks of the double-minded man unstable in all his ways. The Greek word translated double-minded is *dipsuchos* and means. double-souled: the one soul directed toward GOD, the other to something else¹⁸ It is applicable to a man who has no settled principles but is controlled by one opinion or course of conduct, and to another. This person will be undetermined in all things. He is unable to take hold of the promises of GOD with firmness, unable to feel the deepest assurance when he prays that GOD will hear payer, and unable to go to GOD without hesitation. “The man of two souls, who has one for earth, and another for heaven who wishes to secure both worlds; he will not give up earth, and he is loath to let heaven go.

¹⁵ PC Study Bible Hebrew Dictionary.

¹⁶ Matthew Henry’s Commentary on the Whole Bible.

¹⁷ Vine’s Expository Dictionary of Biblical Words. Vincent’s Word Studies of NT. BibleSoft’s New Exhaustive Strong’s Numbers and Concordance with Expanded Greek-Hebrew Dictionary.

¹⁸ Barne’s Note. Electronic Database by BibleSoft.

This was a usual term among the Jews, to express the man who attempted to worship GOD, and yet retained the love of the creature!”¹⁹ “Double minded is not deceitful but dubious and undecided.”²⁰ It is Bunyan’s ‘Mr. Facing-both-ways.’²¹ This definition also explains duplicity programming. For the survivor programmed this way, you never feel full faith, you always feel evil no matter how much you grow in your Christian life because underneath there is deep commitment to both worlds.

Synonyms for duplicity are: deceit, deception, dishonesty, disloyalty, unfaithfulness, treachery, fraudulence, and betrayal. Unfortunately, these are issues to which the survivor is consistently exposed.

Duplicity Programming and Its Impact

Duplicity is the cult’s fail-safe system. It drives other programming, but should the survivor come to the LORD and grow, it is the ultimate gotcha to prevent maturity. It is the cult’s insurance plan to preserve the New World Order. Not only are there cult developmental levels and time tables Implanted for destruction but I believe, in society at large there are cultural movements designed to stop healing. For example, I was taught in graduate school that MPD was rare and I would never see it. Though I went through a Christian graduate program that taught integration of faith and practice, it was for the most part, not practiced. And you can imagine the low opinion placed on doing spiritual warfare in the therapist’s office. By the time you are warned/threatened concerning false memory syndrome and litigation against Christian therapists, well, not many are left available to help this survivor population.

The survivor believes that from the womb they are duplicitous and can never be a person of integrity. They believe even their egg in the womb has been tampered with, adding in a satanic nature. Over and over again, any good is destroyed by the cult splicing in bad. Look at ways the systems are set up into dark side and light side, false Christian host as well as a Christian host, ascended and descended systems, false god and false trinity internally. All this is duplicity but it is also the basis of a failsafe plan should the person really start healing. In always questioning who they are the survivor can never truly experience all she is in GOD. Anton LeVay’s goal was to create duplicitous people, serving god by day and Satan by night, thus negating serving GOD at all. In duplicity programming there is a Christian light side but it is religion not relationship. It is not the born again experience that results in the Holy Spirit leading into all truth and helping with accurate discernment.

¹⁹ Adam Clarke’s Commentary by BibleSoft.

²⁰ Vincent’s Word Studies of the New Testament, Electronic Database.

²¹ Robertson’s Word Pictures in the New Testament, Electronic Database.

It is a false religion. Anton LeVay taught that the highest sacrifice to Satan is to achieve sewing as leaders in both worlds, Christian by day and cult by night. When a part of the survivor from the light side becomes a true Christian, the growth and healing begin. But because all the other lurks beneath, she never feels her faith is quite right. This is duplicity: there is always something wrong with her and/or with GOD.

I remember in my early days of counseling. We found a top layer of parts in dissociative clients, worked through their PTSD trauma, integrated those parts, did post-integration stabilization, and thought they were healed. We know now, that was only the tip of the iceberg. Then with clients we went further into systems, layers, and programming until surely we had found all the layers. Then we found there were almost as many, if not more, hidden for the 9/9/99 awakening for New World Order jobs. The cult counts on clients never fully healing. The cult counts on therapists never going far enough and trusting in psychological training rather than GOD's Leading. Without GOD's Revelation, I never would have known about deeper layers in these clients, those layers were so hidden. Without GOD's Leading I would have never known to pray for hidden parts before they were to be awakened 9/9/99.

Just in case some therapist and client do get this far, duplicity picks up a greater role. There is awakening of systems of duplicate parts so that switching is virtually impossible to detect by the therapist or the client. The duplicate thinks they are the host, they have the same beliefs and are in almost every way are identical. The duplicate feels she is the Christian host but it is one of the false Christians posing as her. The Christian host can't even tell the difference thinking it is herself. The crucial difference? The duplicate can't hear from GOD and probably serves an internal false god. The duplicate has only head knowledge. There is no heart relationship to the LORD. There is no discerning Spirit. It is religion, not faith in the Living GOD who answers prayer.

Therapist doubles²² appear and begin hurting dark side parts outside the therapy session. Memories of events with the double and demonic tricks cause memories of abuse from the therapist to start surfacing in light side parts. All of this is to destroy trust in the therapist and therapeutic process. But just suppose therapist and client both turn to GOD and pray through this. The cult must put in a deeper plan for ultimate gotcha. In one situation the cult had a therapist look-alike abuse a part of the client. The client began to not trust her therapist but did not know why. The abused part would be near during sessions (probably in an attempt to protect) and the client felt the feelings of betrayal, that lack of trust, and impending doom. Even when the client comes to believe there might be a "double" of the therapist, she is never quite sure.

²² Whether actual look-alike, or similar but enhanced by drugs and/or hypnosis, etc., is the topic of another discussion. The point is that the client believes it is the same person as their therapist

Remember, the goal of a Satanist is to pull off the ultimate duplicity of being a leader in both worlds. If the survivor happens to come close to the threshold of freedom, he only finds a cruel gotcha that dashes all hope and confirms that all must have the dual nature of Satan and god.

The ultimate gotcha for the Satanist is attacking the Character of GOD. Satan left GOD and declared himself god. He set up a counterfeit for everything GOD has. The cult uses Satan's plan. Satan says he and GOD are one, that they are both sides of the same coin. They pervert Scripture and Christian doctrine to prove it to the victim. They distort things like Jesus being fully GOD and fully man, and Jesus asking on the cross why GOD forsook him. This is hard to grasp, but for the Satanist LeVay taught the higher you go on both sides (Satanism in the dark and Christian leader in the light) the greater the sacrifice to Satan. The closer you get to serving each in perfection is the ultimate goal. Of, course, the service to god in this case is an internal false god and false trinity. That is part of the reason a survivor feels the closer they get to GOD and really walking with Him, then the closer they are to their evil, and worse than that, in the end it is the ultimate gotcha because GOD is duplicitous as well. So you get in a spot with the most freedom you've ever known in Christ, but stop there, preventing the ultimate gotcha. Ever wondered why some clients get so far and then get so stuck?

These deep beliefs in duplicity are usually not the early therapy spiritual issues already addressed. Many spiritual questions have already been answered dealing with trauma with the first systems presenting in therapy. When most of that already seems finally settled, duplicity comes with the deepest of hidden systems. These systems were never supposed to be found. But just in case the survivor gets that far in their healing, duplicity is Satan's insurance plan that they will never finish healing.

One no-win situation after another builds walls of brick and mortar between the survivor and any hope that GOD is not duplicitous. These walls are like the great wall of China, prisons and insane asylums full of wounded parts who tried to make sense of it all and gave up to psychosis or were locked up through strongholds.

If the survivor does remember trauma, she feels she must be making it up. At each layer of systems the trauma done to the survivor gets worse until she becomes the perpetrator and each layer uncovered results in greater atrocities. Eventually the atrocities are so great that the survivor accepts psychosis rather than face the reality of what's been done. You might be wondering what is the difference in this and any trauma. It is a matter of degree. At the deepest levels some report having gone through a checklist of doing every possible evil at least once. It is the magnitude of what was done to others that the survivor cannot face. It is also the escalation process. For example, the survivor spends the first part of therapy dealing with trauma done to him.

He finally accepts it. He finally heals. He finally forgives. He processes all the anger felt toward the perpetrator. Then later in therapy he finds that he has been a perpetrator, and not only that it is like Ezekiel 16,²³ whatever they did, his is worse!

At other times, the survivor is convinced the atrocity is not real. One survivor was given a bomb to leave on a bus of children. After that incident, there was a staged bus bombing. She saw one little boy who supposedly died, get pop at a coke machine. He was dressed like on the bus. He had what looked like blood all over him. So it wasn't real, it was acting or a movie. After many of these incidents the survivor gives up trying to figure out what is real and what is not.

The survivor feels no one can be trusted, not the therapist, not the survivor. Early on the cult set it up over and over for the survivor to be in a threatening situation. She is then rescued by a friend. This happens over and over. The stakes get higher and higher, and then the "friend" betrays her. The same scenario is set up for Jesus. One survivor reported that her friend kept witnessing to her. She finally accepted Jesus, only to go to a cult meeting that night where an "imposter Jesus" abused her. What crushing, disappointment, devastation and self-loathing. The survivor says to himself, "You fool! You should have known better. Remember this! Never trust completely! Come on, say it, covenant it, *Never trust completely!*"

Duplicity is like a double bind in that it is a no-win situation. But the double bind can be resolved when coming to GOD as the only protector and Savior. If a survivor's double bind is don't heal or the cult will kill those you love, then you are caught only as long as you believe you must control the situation yourself. Once you know GOD loves and has the power to protect your loved ones more than you, the power of the double bind is broken. In duplicity, however, GOD himself is seen as duplicitous. Therefore, you want more than anything to let GOD protect your loved ones because you know you really can't do it, but not knowing if GOD will truly protect or kill, you continue to try to be your loved ones' rescuer/savior. You would give anything to give over that burden to GOD, if only you could trust He would not be duplicitous.

Scripture is taught carefully using duplicity. Every verse and principle are given double meaning, or taken completely out of context. Romans 7 is a catch 22 carefully taught devoid of Romans 8:1 freedom. Then 8:1 is introduced as hope, only to be dashed as Jesus is taught to be duplicitous and capable of healing or hurting. During ceremonies children are evangelized in one way or another by preachers, parents, friends, therapists, etc. Once the child is done to believing in Jesus, she is brought to a ceremony where a false Jesus is shown to be either a perpetrator or too weak to help.

²³ Ezekiel 16 is extremely triggering, and has been greatly misused in programming.

Then another close person carefully explains that GOD would never do that, that the real Jesus is not like that, that He loves and would never abuse, that she was tricked. Despite her suspicion and fear the child begins to hope again that there is a good GOD who loves her and can save her. Once it is judged by the cult that the child is close to faith, again she is brought to a ceremony by this person, the very one who has been saying she was tricked and she can trust the true GOD of the Bible, There again she is taken to a fake Jesus who abuses her or abuses her friend in front of her.

Some passages become trick questions, and on any given ceremony the answer may be different from week to week. (Examples: Matt.7:9: *If you ask for a loaf will He give you a stone?* Job 13:15: *Though He slay me, yet will I hope in Him.*)

Hundreds of gotcha situations occur. It is like a computer game with infinite level , each one harder and more rewarding, but eventually you lose. The process and outcome are always the same with one vital exception. Each time it builds, the stakes get higher, and most importantly the object of hope is more believable. And each time, even though this time is surely different the survivor is betrayed. All programming has the element of duplicity but the point of duplicity programming is this accumulated effect that destroys all hope and solidifies the fact that all, including GOD, are duplicitous. After a while, when anyone tries to talk about freedom in Christ it has the same impact on the survivor as it would if I told you the reader, you are 20 years older, a different race, and a different nationality. You'd have no reason to believe me.

One complicating factor is that some therapists truly don't help and sometimes do harm. Some are, in fact, sincere dissociative, trauma survivors themselves who have not finished their process. Some really are operating a dark side agenda through being a Christian therapist in the light. Only depending on GOD's Direction and Revelation will genuine and complete healing occur. Therapists who are healthy and Spirit-led counselors are able to do in hours what traditional therapy takes years to do. But what a price they pay for doing this ministry. They will be accused of all manner of evil. They will be slandered, sued, betrayed, and hurt.

Dealing with Duplicity

Tearing down duplicity programming is only through prayer to the One True GOD in whom there is no duplicity. Duplicity must be recognized so as to exclude all of Satan's deceptions and counterfeit. In the OT, before Moses went to Sinai, they knew there was One True GOD and that all the others were man-made idols. They didn't know His Name. Now we know the Name He gave Moses, as well as other Names He is called in Scripture. Satan knows these too and has perverted each one. We would do well to go back and do as Moses did — pray to the One True GOD in whom there is no duplicity, the only One who is above all else.

Living in Christian community takes rough, jagged stoned survivors and over time, after much of cutting and bruising, sharp edges are removed. Through time and sanctification in the rivers of living water, they come out as smooth river rock'²⁴ Maturity wasn't meant to take place in a vacuum of Independence and isolation. Whether in your extended family, a church body, or in a literal healing community, we need to return to Acts living. That was and is GOD's Plan for His children. True community living is both the largest challenge to independent, controlling Americans as well as the largest and fastest means GOD has given us for maturing. It is a constant Prov. 27:17: "As iron sharpens iron, so a man sharpens the countenance of his friend" (NKJV). It is Luke 6:32-36: "If you love those who love you, what credit is that to you! Even 'sinners' love those who love them. " And if you do good to those who are good to you, what credit is that to you? Even 'sinners' do that. And if you lend to those from whom you expect repayment, what credit is that to you? Even 'sinners' lend to 'sinners,' expecting to be repaid in full. But love your enemies, do good to them, and lend to them without expecting to get anything back. Then your reward will be great, and you will be sons of the Most High, because he is kind to the ungrateful and wicked. Be merciful, just as your Father is merciful" (N1V). This is extremely important for survivors who have enough problems with relationships as it is, but throw in cross-programming with dark side parts and agendas pitted against each other.., well, I can think of no better context for growth, even if it is like jumping in the deep end of the swimming pool to learn how to swim.

Forgiving oneself is crucial to forgiving others. If I cannot forgive myself for what I consider the worst of wrongs, then I cannot forgive others, and I won't be able to deal with my bitterness and anger at GOD. Duplicity often gets a client stuck at the point of the greatest healing potential. Finding a trusted therapist who follows GOD meets tremendous unfulfilled parenting needs for the client But when a client finds she has been programmed to destroy this therapist she loves, that she has in fact hurt this therapist deeply, it presents perhaps the most powerful healing context available. Seeing the therapist forgive the client under these circumstances presents the closest, tangible proof the client will ever have that GOD loves her and forgives her. (It is the height of projective identification for those of you into psychological jargon.) For one client, this context provided the first and only experience she'd ever know of truly being able to let go of her sin to the cross and forgive herself.

To the one stuck in duplicity, you cannot say that the non-duplicitous GOD has failed you because you have never tried Him. You have never asked the One True, above all else, non-duplicitous GOD to save you because you have never believed He existed. For the part who has seen Jesus save others in the system, ask the parts stuck in duplicity to watch. Look to the experience of the parts who have turned to the non-duplicitous GOD.

²⁴ Dick Reuben

How do you tear down duplicity? You build integrity. One right thing psychology has taught is that it is impossible usually to simply stop a bad habit. You have to replace it by building a new better behavior. For the SRA survivor this means assuming duplicity in everything and going before the One True GOD in everything. When He comes again, Revelation says He has a name that no one has ever know, not even Satan. That name has never been perverted To this One True GOD who is coming soon, we pray before every move we make, asking Him to tear down the duplicity and make His truth known. John 1 says, believe on the name of the LORD Jesus Christ and you shall be saved. What is the Name? What is it you are to believe? Rev. 19:13 says it is the Word of GOD. We must believe the Word but first it has to be cleansed. How? By calling on the Spirit of the One True GOD to hear it correctly²⁵.

Duplicity programming is built on escalating trials, increased hopes, and more devastating gotchas. There is a gotcha in reality, but it is not the one taught by the cult. It is not coming to the last game and finding you lose, that you are duplicitous or that GOD is duplicitous. The ultimate gotcha is never knowing the non-duplicitous GOD! It is coming to the end of life and seeing His love that was waiting for you all along but you were too afraid to accept it. It is coming to the end and realizing that fear of man kept you in fear of GOD when, with GOD there was nothing man could do to you. Fear gives duplicity the power. Fear is why we don't face our duplicity. My heart's desire is for all Christians, especially survivors, is that we would seek the non-duplicitous GOD and ask Him to continually convict us and rid us of fear, pride, unbelief and rebellion, that we might know Him, fully assured, and worship Him in Spirit and in Truth!

²⁵ Many wonderful prayers have been written to help with this. Copies may be obtained from C.A.R.E. for a minimal contribution.

Deprogramming Update: Doubling the Efforts of Evil²⁶

by Jo Getzinger

Since we have begun the year 2000, we have received reports from many across the country that the battle seems to be increasing greatly. My prayer is that all who labor for the LORD will take comfort in His Promise from Proverbs 21:30-31: "There is no wisdom, no insight, no plan that can succeed against the LORD. The horse is made ready for battle, but victory rests with the LORD."

Since I have been in the field now for the past ten years, I have heard of many horrible things, but nothing has impacted me in such a personally wounding way as the most recent method of spreading deception and evil that has come to light. When I first learned of this evil plan, my reaction was that this one is too far-fetched, and I put it aside. In recent months, we have been hearing of it so much that we can no longer ignore it. Maybe you will read this and react like I did at first. I would ask that you pray about it and let GOD reveal if there is truth in what I am about to share. If there is truth in it, I believe that GOD wants it in the light, as it appears He is currently doing in so many survivors.

So, what am I talking about? Reportedly, the newest evil plan is to fashion doubles of counselors in this field and use them in ritual ceremonies in order to make it appear to the survivor that there is no one to trust and no where is safe. We have reports of doubles fashioned after each of us at C.A.R.E., and other prominent leaders in this field.

When I questioned survivors how this was possible, they reported that cult members with a particular counselor's body type would be assigned the identity of the counselor and would be put through plastic surgery to create a double of the counselor (in some cases, depending on how much they wanted to target a particular counselor, several "look-a-likes" were fashioned). One survivor put it this way, "you are trying to come against people who have all the money in the world and have the resources to use the best plastic surgery. They watch those who persevere and are effective in their work for GOD, and fashion their doubles to come against Godly relationships for the survivors who are trying to escape the cult."

Sounds too wild? Maybe. Cheryl Knight happened to see a television interview that brought some validation to the feasibility of this. She saw Elvis impersonators who were reporting about the many plastic surgeries that they had gone through in order to look more like Elvis.

²⁶ Taken from "The C.A.R.E. Connection" (C.A.R.E. Inc., 9731 S. M-37, Baldwin, MI 49304. E-mail: care1@triton.net)

They had also interviewed Marilyn Monroe impersonators who had done the same thing. They looked remarkably like these two stars.

What can be done about this if it is true, and you suspect that your clients have been with doubles of you or other helpers? Survivors that we have worked with who report having been hurt by “look-a-likes” of ours have had success in distinguishing the difference. All of this must be done by asking the LORD Jesus Christ, Who is the Way, the Truth, and the Life, for truth about this. Some important safeguards are:

- (1) To pray on behalf of the survivor to gather the parts of the system who know the truth. Watch and pray against vows they might have been forced to take to keep the Christian parts submerged, and apostate systems up who will not know the difference.
- (2) The survivor should break all vows and agreements they were forced to take to not recognize the difference between the counselor and the double. The cult likes to hide important information behind systems with internalized parts who are fashioned after the counselor’s double. The cult is hoping that it will be too scary for the survivors to allow the same person who is their helper to also lead them to parts who have experienced this “same face” having hurt them in the past. In high-level international cults, they often choose highly significant persons from the cult (usually beloved family members) to use as “look-a-likes” for the counselor/caregiver. This puts the survivor in a terrible double-bind, since they fear harm for the counselor’s double (who is actually the beloved family member with the face of the counselor), who is threatened with harm if the survivor remembers the truth and reports it to the counselor. The other bind for the survivors is that they will continue to have important healing information locked in these “look-a-like” systems and unavailable for healing if they do not pursue the truth and look at this scary information behind the “counselor’s” face.

Does the Bible have anything to say about this strategy of the enemy? Jesus warns us about it in Matt. 10:24-26, “A student is not above his teacher, nor a servant above his master. It is enough for the student to be like his teacher, and the servant like his master. If the head of the house has been called Beelzebub, how much more, the members of his household! So do not be afraid of them. There is nothing hidden that will not be made known.” Many survivors that I’ve worked with have reported cult persons being dressed up like Jesus and brought into a ceremony to be portrayed as powerless, or as a perpetrator. These became internalized spiritual strongholds over parts inside that have taken on a role of “false Christ.” If they have done this to Jesus, how much more than those who are representing him?

As I stated earlier, there has been nothing they have devised that compares to the personal hurt I feel when I hear of reports that they have taken my image and portrayed me to survivors as a person who could be double-minded, while serving GOD at the same time. The C.A.R.E. staff wants to take this opportunity to apologize to the survivors out there who may have encountered these “look-a-likes,” or any others in our profession.

We also pray for those who have been chosen by the cult for this horrible plan. I cannot imagine how awful it must be to have to take someone else’s identity and to be used this way.

We do forgive anyone who is being used in this way. We pray that GOD will allow us to claim back much healing for those who have been hurt by these doubles and for the “look-a-likes” themselves who have also been hurt by this. We pray for the truth to be revealed. We also challenge any counselor or caregiver in this field to pray this with us for their survivors, in case this has been done to you also.

I had a difficult time writing this article, because I also did not want it to add confusion for survivors or cause mistrust of counselors. I felt that this article was timely because of the frequency in which we are encountering this, both in our counseling, and as reported by other counselors. I also, in no way, wanted this article to be used as justification for counselors and caregivers to automatically assume that reports are always about cult “look-a-likes.” Jesus warns us again, in Mart. 8:15, “Watch out for false prophets. They come to you in sheep’s clothing, but inwardly they are ferocious wolves.” There will be false prophets sent among us in the role of caregivers and counselors. I believe that the ferocious wolves Jesus is referring to is our battle against the spirit powers that control that “double-mindedness” - not flesh and blood (see Eph. 6:12). We have seen many loving and wonderful counselors and caregivers also discover their own dissociation while trying to help others. We encourage counselors, caregivers, and survivors alike to pray and seek GOD for truth, and for counselors and caregivers to get assessments for dissociation before going into this field. GOD calls us to remain accountable to Him and to those in the body of Christ whom He has provided for us.

Copies of a Person are Made:

- Twins
- Clones
- Hybrids
- Replicas

Before 18 months old you are symbiotically bonded. If one “copy” is sacrificed then through the bonds the person is tied to them — a part of them will be trapped in the ritual and the death that happened to the “copy”.

Client Questions

Every One has ROOTS

The following questions are about the client's roots. Roots are important — we need to know where we've come from, to know where we're headed. Understanding the client's family may reveal a great deal about the client. Learning one's roots can reveal important clues as to why things occurred in your life.

1. Tell the story about how your parents met and fell in love?
2. Tell a story that would show what your mother was like.
3. What can you say about your mother — do you know where she came from, where she was born and what her life was like before she met your father?
4. What are some of your mother's emotional traits — was she warm and loving, or strict, or nagging, or unstable, or humorous ... how was she?
5. What was the best thing about your father?
6. What was the worst thing about your father?
7. What do you know about your father's bloodlines, his genealogy?
8. What do you know about your mother's bloodlines, her genealogy?
9. Was there anything unusual about your mother or father?
10. Did your mother ever give any sex education to you? What was her attitude towards the subject, in your view?
11. What was your father's work?
12. What kind of bedtime stories did your father tell you?
13. Is there something important to say about your grandparents or great-grandparents?
14. In what ways were your uncles and aunts important to you?

CHILDHOOD (Pre-School)

This section will be one of the most critical. Don't be embarrassed if you don't remember, just be open and frank, because this inventory is for you.

The therapist needs to watch for protectors to surface with the "approved solutions", and watch the different slants that are given by the client at different times to the same subjects.

1. What is your earliest memory? How old were you? Where did you live?
2. What do you know about your birth? Were you pre-mature? Were you born via c- section? Were you tiny or frail?
3. Did you have older siblings who helped raise you?

4. What was the neighborhood like that you grew up in before kindergarten?
5. Did you ever get into trouble when you were between three and five years old?
6. Were you ever sent to your room, or made to stand in a corner in your first _____ few years?
7. How did your parents punish you?
8. Who disciplined you the most?
9. What kind of religious experiences did you have as a small child?
10. Who was more religious — your father or your mother?
11. Who was your first grade teacher?
12. What was your first grade teacher like?
13. Can you describe your first day at school?
14. How would other people have described you when you were a small child?
15. What kind of chores did you have as a child?
16. What kind of games did you play as a small child?
17. Do you think you had a happy childhood?
18. What are some of your favorite childhood memories?
19. What is your worst childhood memory?
20. How did you feel about going to doctors when you were little?
21. What did you want to be when you grew up?
22. Do you remember putting your teeth under the pillow for the tooth fairy?
23. Do you remember Christmas or some other holidays?
24. Did you know any crazy people when you were little?
25. What did you think about people who were a different race when you were _____ little?
26. What did you think about Halloween when you were little?
27. Did you ever get sick when you were a little child?
28. Did your family go on any vacations, could you describe one?

ELEMENTARY SCHOOL DAYS

If the client is talkative, let them provide as much as they want. When dealing with victims of mind-control, everything about their life tends to be a clue as to what has gone on.

The therapist can trust their own curiosity and ask further questions.

For some victims, their host alter will not have memories below the age of eighteen, or their memories will be spotty.

However, the newer mind-control victims are getting better childhood cover memories laid in so that their mind-control is not so obvious.

1. Do you remember the first book you read?
2. What kind of things did your parents like to read?
3. What kind of toys did you have in elementary school?
4. What were some of your favorite games during your elementary school days?
5. Did you learn to play any musical instruments?
6. What were some of your favorite songs during that time period?
7. Did your family move a lot, and how did that affect you?
8. What was the worst experience that you can remember from your school days?
9. What was the best experience that you can remember from your school days?
10. Did someone in your class of the opposite sex have a crush on you?
11. Can you remember what was the most memorable gift that you gave as a child?
12. Can you remember what your favorite gift that you received was?
13. Did your family take vacations during your school years?
14. Did you have any strange people in your school or in your neighborhood, and how did you feel about them?
15. What kind of pets did you have growing up? What happened to them?
16. Do you remember your tenth and eleventh birthdays?
17. List the names of your elementary school teachers.
18. Describe your elementary school building on the inside & outside.
19. What was the name(s) of the Junior High that you went to?
20. What was the most influential teacher that you had during your school days?
21. Did you hang around with any kids, and if so, what were they like?
22. What kind of neighbors did you have?
23. What kind of trouble did you get into?

HIGH SCHOOL and TEENAGE YEARS

The high school years are years when the child is meeting interesting members of the opposite sex, preparing for their future, and working at their first jobs. It's a time for new beginning as well as much turmoil. It is also a time when the victim will be in many secret rituals, and will be used for many mind-control assignments.

There are no right or wrong answers, if the client thinks of something else, besides what initially comes to mind, then it is quite alright to have several "most" events in answer to a "what is the most ... ?" type of question.

1. What was the craziest thing you ever did in high school? Why did you do it, and what happened?
2. Who was your favorite person during your high school days?
3. Who were your best friends during high school?
4. What is the funniest thing that happened to you as a teenager?
5. What did you expect to do when you graduated from high school?
6. Did you go to your high school prom?
7. Do you remember any of the nicknames you had for your teachers?
8. What was your favorite subject in school?
9. In your opinion, which did you like more in high school, sports or intellectual pursuits?
10. Could you describe what the high school building looked like?
11. Were you active in a church during your high school days?
12. Did you do any great activities with other teenagers in some religious club or Sunday school group?
13. Were you a leader of any activity during your high school days?
14. What was it like going to the movies as a teenager in your area?
15. Who were your heroes during your teenage years?
16. Who were the heroes of your peers when you were a teenager?
17. Did anybody ever accuse you of being dishonest as a teenager?
18. Did you try to pattern your life after anyone, if so who? Do you still admire the qualities you saw in that person?
19. What kind of conflicts did you have with your parents?
20. What kind of conflicts did you have with your teachers?
21. What kind of conflicts did you have with your peers?

22. What was your attitude toward drugs and smoking during your teenage years?
23. Was there ever a point in time where you went against your parents' wishes?
24. Tell the story about how you managed to get your way.

ADULT LIFE

It almost goes without saying that the therapist is trying to build rapport with these questions not to interrogate, not to judge, but simply to listen and learn.

Find out what was the most important thing(s) in the person's life. Find out what the client remembers that was interesting.

1. What kind of things were you involved in after high school?
2. Where did you go to college or trade school?
3. What was it like to leave home, to go to higher education or to be on your own?
4. Did you join any fraternity or sorority?
5. What was your major field of study after you left high school?
6. Did you have any part-time jobs, after you got out of high school?
7. Who were your best friends during the first few years after high school?
8. When was the first time you met your spouse? Describe the meeting.
9. Where did you live after you first got married?
10. How much did it cost for different items when you first got married? For instance, what did a loaf of bread, a liter of petrol, a dozen eggs, and a hamburger cost?
11. What did the future look like when you graduated from high school?
12. What did the future look like when you graduated from college, or a trade-school?
13. Do you think attitudes about sex have changed for the better or worse over the years? Why do you think attitudes are changing?
14. What did your family think about your first spouse? What were their reactions?
15. Did you have any common interests with your first spouse, and if so, what?
16. Who would you have liked to have married that you didn't?
17. How would you describe yourself in your twenties?
18. From where you are today, when did you decide upon your career? When did you first entertain thoughts of this career? Were the seeds of where your life has ended up present in your early life?

19. What do you consider your most important achievement so far in your life?
20. How do you feel about God, and could you please describe your image of what kind of person God is?
21. Did you have military service, and what was that like?
22. Are you a flashy dresser, conservative, sloppy, well-groomed dresser?
23. How important is it to dress well?
24. What kind of pets did you have in adult life?
25. Do you think much about death? Do you fear death?
26. What do you think happens to people when they die?
27. Did you ever have an ESP experience?
28. Did you ever have a ghost experience?
29. What do you think about magic?
30. What kind of foods do you like? What kinds of foods do you detest and why?
31. What did you think about Watergate?
32. Where was the edge of the city when you graduated from high school, has the city grown since then?
33. Is there something that we have failed to talk about that you feel is important?

*Screening Test for
Dissociative Identity
Disorder*

Welcome to the Dissociative Experiences Scale, A Screening Test for Dissociative Identity Disorder²⁷

By Counselling Resource Research Staff

This 28-question self-test has been developed as a screening test for Dissociative Identity Disorder, formerly known as Multiple Personality Disorder.

Completing this Psychological Screening Test:

This questionnaire consists of twenty-eight questions about experiences that you may have in your daily life and asks how often you have these experiences. It is important, however, that your answers show how often these experiences happen to you when you are not under the influence of alcohol or drugs.

To answer the questions, please determine to what degree the experience described in the question applies to you and choose the button, which corresponds to the percentage of the time you have the experience. The left of the scale, labelled “Never”, corresponds to 0% of the time, while the right of the scale, labelled “Always”, corresponds to 100% of the time; the range covers 0% to 100% in 10% increments.

Take the Quiz:

Please note: This test will only be scored correctly if you answer each one of the questions. Please also check our [disclaimer on psychological testing](#) and our psychological testing [privacy guarantee](#).

1. Some people have the experience of driving or riding in a car or bus or subway and suddenly realizing that they don't remember what has happened during all or part of the trip.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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2. Some people find that sometimes they are listening to someone talk and they suddenly realize that they did not hear part or all of what was said

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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²⁷ Take the test ONLINE at <http://counsellingresource.com/lib/quizzes/misc-tests/des/>

3. Some people have the experience of finding themselves in a place and having no idea how they got there.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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4. Some people have the experience of finding themselves dressed in clothes that they don't remember putting on.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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5. Some people have the experience of finding new things among their belongings that they do not remember buying.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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6. Some people sometimes find that they are approached by people that they do not know who call them by another name or insist that they have met them before.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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7. Some people sometimes have the experience of feeling as though they are standing next to themselves or watching themselves do something and they actually see themselves as if they were looking at another person.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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8. Some people are told that they sometimes do not recognize friends or family members.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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9. Some people find that they have no memory for some important events in their lives (for example, a wedding or graduation).

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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10. Some people have the experience of being accused of lying when they do not think that they have lied.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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11. Some people have the experience of looking in a mirror and not recognizing themselves.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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12. Some people have the experience of feeling that other people, objects, and the world around them are not real.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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13. Some people have the experience of feeling that their body does not seem to belong to them.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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14. Some people have the experience of sometimes remembering a past event so vividly that they feel as if they were reliving that event.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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15. Some people have the experience of not being sure whether things that they remember happening really did happen or whether they just dreamed them.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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16. Some people have the experience of being in a familiar place but finding it strange and unfamiliar.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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17. Some people find that when they are watching television or a movie they become so absorbed in the story that they are unaware of other events happening around them.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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18. Some people find that they become so involved in a fantasy or daydream that it feels as though it were really happening to them.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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19. Some people find that they sometimes are able to ignore pain.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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20. Some people find that that they sometimes sit staring off into space, thinking of nothing, and are not aware of the passage of time.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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21. Some people sometimes find that when they are alone they talk out loud to themselves.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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22. Some people find that in one situation they may act so differently compared with another situation that they feel almost as if they were two different people.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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23. Some people sometimes find that in certain situations they are able to do things with amazing ease and spontaneity that would usually be difficult for them (for example, sports, work, social situations, etc.).

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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24. Some people sometimes find that they cannot remember whether they have done something or have just thought about doing it (for example, not knowing whether they have just mailed a letter or have just thought about mailing it).

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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25. Some people find evidence that they have done things that they do not remember doing.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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26. Some people sometimes find writings, drawings, or notes among their belongings that they must have done but cannot remember doing.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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27. Some people sometimes find that they hear voices inside their head that tell them to do things or comment on things that they are doing.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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28. Some people sometimes feel as if they are looking at the world through a fog so that people and objects appear far away or unclear.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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Question	Score	Question	Score
1		15	
2		16	
3		17	
4		18	
5		19	
6		20	
7		21	
8		22	
9		23	
10		24	
11		25	
12		26	
13		27	
14		28	
TOTAL = _____ ÷ 28 = _____			

About Scoring this Psychological Questionnaire:

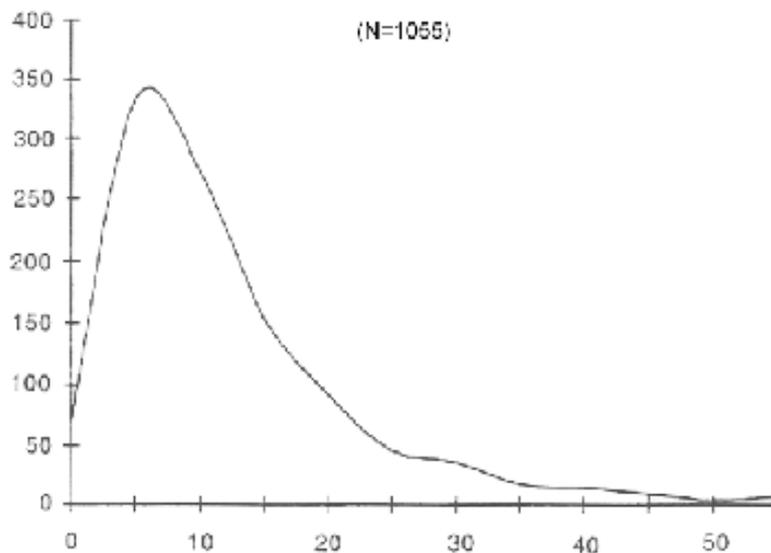
When your quiz is scored, one of two different information pages will appear to describe the results for scores in your range, along with further details of how your score was computed. Roughly speaking, the higher the score, the more likely a diagnosis of a dissociative disorder.

This screening test for Dissociative Identity Disorder is scored by totalling the percentage answered for each question (from 0% to 100%) and then dividing by 28. This yields a score in the range of 0 to 100.

Generally speaking, the higher the DES score, the more likely it is that the person has DID. In a sample of 1,051 clinical subjects, however, only 17% of those scoring above 30 on the DES actually had DID.

The DES is not a diagnostic instrument. It is a screening instrument. High scores on the DES do not prove that a person has a dissociative disorder; they only suggest that clinical assessment for dissociation is warranted. People experiencing DID do sometimes have low scores, so a low score does not rule out DID. In fact, given that in most studies the average DES score for a DID person is in the 40s, with a standard deviation of about 20, roughly 15% of clinically diagnosed DID patients score below 20 on the DES.

The figure shown below plots DES scores (horizontal scale) versus the number of subjects (vertical scale) from a sample of 1055 people. For further information about the DES, its validity and scoring, please visit the [Ross Institute](#).



Distribution of DES Scores in the General Population.

Additional Information:

The Dissociative Experiences Scale (DES) was developed by Eve Bernstein Carlson, Ph.D. and Frank W. Putnam, M.D.

Closing Words ...

Closing Words ...

A final word to the counsellors ...

My prayer for you — I pray that the FATHER will show what is foundational ... that original person off of which all the programming and systems was structured.

I pray GOD will use this manual to release the humanity that became satan's very throne and dwelling place. I pray for the wrappings to be removed off and away from the original New-Birth person.

Don't forget, it is not information alone that releases a DID/SRA person — the connecting work has to be done.

There is no prayer of renunciation that will take the place of doing the connecting work.

Doing the prayers of renunciation deals with the spiritual warfare to clear the ground so the humanity can be released.

Doug keeps emphasizing this in regards to working with SRA/DID survivors — look for the humanity. If it looks and sounds like a demon, make sure there isn't some humanity locked within a demon construct.

The humanity needs to join, and what cannot join will leave now in the Name of Y'shua Ha'Mashiach!!

AMEN!



Part 4:
PRAYERS

Prayer for Freedom from Body Memories

FATHER GOD, I have been hindered from appropriating the fullness of my inheritance in the Kingdom that You sent Your Son, Y'shua (Jesus), to die for and purchase for me.

FATHER, I ask that Your Holy Spirit would be released in and through me now to reverse this state and condition, so that I may fully experience every one of the benefits of my salvation.

Now, with the authority and power I have been given as a priest of the Most High GOD, through the Blood-purchased work of Messiah Y'shua (Jesus Christ) of Nazareth, I command my spirit, soul, and body to be activated and empowered by the Holy Spirit so as to cast down and remove all unholy strongholds, all un-Godly encoded and consolidated memories, fears, images, idols, doubt and unbelief, resulting from **subconscious post traumatic stress** ... anywhere that these things are latently affecting me in the cells of my body.

I also command that I be physically and spiritually cleansed in my spirit, soul, and body from every work of the flesh that has at any time manifested in me, through me or towards me, in my lifetime or through any former generation, including all:

- Immorality, impurity, sensuality,
- Idolatry, sorcery, enmity, strife, jealousy, outbursts of anger,
- Disputes, dissensions, factions, deception,
- Malice, envy, drunkenness, carousing,
- Adultery, fornication, uncleanness, lasciviousness,
- Witchcraft, hatred, violence, ambitious rivalry, wrath, strife, sedition,
- Heresy, murder, reviling, sensuality, double-mindedness, impatience,
- Lovelessness, bickerings, lying, wicked imaginations, false witness,
- Sowings of discord, mischief, uncleanness, hypocrisy, stubbornness,
- Hardness of heart, foolishness, injustice, despising, shame, impatience,
- Lust, grief, fear, control, corruption, reprobation, pride,
- Selfishness, manipulation, affliction, confusion, disobedience, chaos,
- Rejection, bruising, seduction, enticement, abandonment, captivities,
- Disease, vain glory, provocation, gossip, demonic wisdom, fornication,
- Doubt, denial, judgment, unforgiveness, unholy vows and oaths,
- Rebellion, witchcraft, curses,

... and any other sin or work of the flesh that came against me from others or from myself toward others.

I command my body to purge me from all accumulated metabolic waste, pollution, byproducts of improper chronic stress responses, and resulting toxins in the cells of my body.

I also command that all resonant frequencies, oscillations, including their amplitudes and phases and all spectrums, polarities, electromagnetic fields, and harmonics at a cellular level be brought into their intended Godly order.

I command my immune system and all biological and chemical systems in my body to return to their optimum state of full health so that my body is in a completely balanced state of homeostasis (healthy function) according to the FATHER GOD's originally designed intention and purpose.

I command each of my body systems to apprehend their full healing and be submitted and yielded to the finished work of Messiah Y'shua (Jesus Christ), the slain Lamb of GOD.

I command my body to be in perfect union, harmony and accord with the Voice of His Blood, the Power of His Resurrection, the Purity of His Love and the Truth of His Living Word.

May my body now be fully illuminated with the Light of my Savior, the KING Y'shua (Jesus), and be brought into the full knowledge and understanding of the power of an endless Life.

I decree that my spirit, soul, and body be in full covenantal agreement with the FATHER's intended mercy and goodness toward me through salvation.

I now command my soul to not forget any of YHVH's Benefits so that every cell of my body, especially my mind, will and emotions can testify and declare (adapted from Psalm 103):

Bless YHVH, O my soul;
And all that is within me, bless His Holy Name.
Bless YHVH, O my soul,
And forget not all His Benefits:
Who pardons all my iniquities;
Who heals all my diseases;
Who redeems my life from the pit;
Who crowns me with loving-kindness and compassion;
Who satisfies my years with good things,
So that my youth is renewed like the eagle.
YHVH performs righteous deeds,
And judgments for my oppression.
YHVH is compassionate and gracious,
Slow to anger and abounding in loving kindness to me.
He has not dealt with me according to my sins,
Nor rewarded me according to my iniquities.
For as high as the heavens are above the earth,

So great is His loving-kindness toward me, who fears Him.
As far as the east is from the west,
So far has He removed my transgressions from me.
Just as a father has compassion on his children,
So YHVH has compassion on me,
For He Himself knows my frame;
He is mindful that I am but dust.

KING Y'shua (Jesus), I now willingly yield my body, soul and spirit, especially my heart and mind, to the knowledge of the Truth that GOD's Love for me includes my manifesting every Fruit of the Spirit, which are love, joy, peace, long-suffering, gentleness, goodness, and faith ... so that I may prosper and be in health, even as my soul prospers.

I choose this day to yield to the indwelling Holy Spirit and put on as the elect of GOD, holy and beloved, the armor of light, bowels of mercies, kindness, humility, meekness, long-suffering, forbearance, righteousness, Godliness, thankfulness, faith, patience, meekness and forgiveness.

I choose to believe that Y'shua (Jesus) has given me a new mind and a new heart, so that I may live from a pure heart, a good conscience and a sincere faith.

I also choose to apply and increase in all diligence, faith, moral excellence, knowledge, self-control, perseverance, Godliness, and brotherly kindness, so that I am neither useless nor unfruitful in the true knowledge of my KING Messiah Y'shua (Jesus Christ).

Above all these things FATHER, I put on LOVE, which is the bond of perfection.

Now, let the SHALOM (Peace) of GOD rule in my heart so that Y'shua (Jesus) may dwell in my heart by faith, so that I may be rooted and grounded in Your Love and be filled with all the Fullness of GOD. May the GOD of Peace sanctify me wholly as I draw near to You, FATHER, with a true heart, in full assurance of faith. May my heart be continually conscious that it has been sprinkled from an evil conscience by the Blood of the Lamb and may my whole spirit, soul and body be preserved blameless unto the coming of my Savior, the KING, Messiah Y'shua (Jesus Christ).

- I thank You, FATHER, that You bless me, and keep me ...
- You make Your Face to shine upon me, and are gracious to me ...
- You lift up Your Countenance upon me ...
- And You give me peace.
- You put Your Name upon me and bless me.

I now seal this work in the Precious Name of my KING Messiah Y'shua (Jesus Christ), Son of The Most High GOD, and I thank You, FATHER, that You have heard my prayer and that You will reward my diligence in seeking You.

AMEN!

Prayer for Inner Healing (Trauma from Birth)

If any of the following six things occurred during the pregnancy, the fetus will respond by having parts in other places.

- Rejection — not being wanted by the mother or the father.
- Rejection from siblings.
- Illegitimacy, conceived out of marriage.
- Mother has great fear from abuse situations, anxiety, and stress.
- Abortion — even just the talk of abortion, or failed attempts at abortion.
Parents wanting a different sex child.

These things give the enemy the legal right to send parts of fetus to the second heaven. When checking to see if someone has parts of themselves in **other places, it can be cold on the one side of their body**. This tells you that parts of them are in different dimensions. As you test to see if parts of you are in other dimensions — you may feel a **tingling in your hands or arms**, or you may **feel cold on your body**.

Steps to be taken by the counsellor:

1. Ask the FATHER to take the person back to their mother's womb.
 - a. Wait a few minutes for the Holy Spirit to take them there — for some people it is easy to go there, for others it is hard — give them time.
2. Ask them what they feel there.
 - a. It is always important to ask open-ended questions — never suggesting anything to them — people are very easily suggestible especially during ministry times.

As you are praying with the person, be aware of what you are feeling within your five natural senses, as well as being aware of what the one receiving ministry is feeling in their five natural senses.

3. Pray: "FATHER, please bless the sperm and the egg as they joined together. FATHER, please bless the zygote and all the multiplication of the cells through the first month. FATHER, please remove all evil and all rejection and the roots of rejection."

As you go through each of the following months, pause after each sentence and give time to see how the team is feeling, to assess the demonic leaving and to wait on the Holy Spirit to see if He shows anything to anyone.

In each section you may feel lots of heaviness or get a picture or a word. Include that in the prayer time.

If the FATHER shows anything, ask Him to remove any of the consequences of _____ in the person's life.

- FATHER, please bless through the second month.
- FATHER, please bless through the third month.
- FATHER, please bless through the fourth month.
- FATHER, please bless through the fifth month.
- FATHER, please bless through the sixth month.
- FATHER, please to bless through the seventh month.
- FATHER, please bless through the eighth month.
- FATHER, please bless through the ninth month.

If the person was born premature, then ask the FATHER to complete what did not get finished due to being born early.

NEXT STEP:

When the time has come for them to be born, ask them a few questions:

- Do you want to live?
- Do you want to be born?

If they answer YES, then you move on to the next stage. If the answer is NO, then have them ask Y'shua (Jesus) if He wanted them to live and to be born. Have them listen to the Holy Spirit as He speaks TRUTH.

After they hear the Truth, ask them if they are willing to receive that and are they willing to choose to be born now?

When they say "YES" to life and to being born, then you can move onto the next step.

NEXT STEP:

Have them stand up and take their hands and symbolically pull them out of the womb. Have someone behind them to remove the grave clothes. The person could fall to the floor after that. Let them stay there for a while and sense what is going on for them. (Spiritually it will feel like they are in a bottle and it is fizzing — they are feeling what is going on in another dimension.)

Once you sense that the FATHER has finished here, then ask the FATHER to pick them up as a newborn baby.

- “FATHER, do You want me?”
 - Have them listen and report what the FATHER says.

Have the FATHER take them from birth up to their adult life bringing healing to their childhood. As you go through each year, give time for the prayer team to discern what is going on and if there needs to be specific work done in any of the years.

When it feels really heavy, ask them what happened in that year. Once they remember what happened in that year, pray — “FATHER, I ask You to remove the trauma off of me from that experience”.

FATHER, please carry me through age 1 and remove all evil.
FATHER, please carry me through age 2 and remove all evil.

Repeat this until you get to age 20.

CONCLUDE WITH:

FATHER, please carry me through my adult years. Cause everything coming off of me to go to Your Feet and to be sent where You want it to go.

FATHER, please seal all that has been done here today.

FATHER, what is Your Word of blessing to me at this time?

AMEN!

Prayer to realign with GOD's Times and Seasons

FATHER, on behalf of myself and my family line, I renounce and repent for rejecting Your Timing and taking timing into our own hands. I repent for all those who used devices as a method of un-Godly time control including **stopwatches, charms, amulets, talismans, clothing or any other un-Godly device.**

On behalf of my family line, and myself, I renounce and repent for worshipping time instead of worshipping the GOD Most High Who holds time in His Hands.

FATHER, on behalf of myself and my generational line, I renounce and repent for all who attempted to **control, bend, or warp time** — for all who tried to control time for their own purposes and for all who attempted to **travel through time** to change and manipulate their own lives or the lives of others.

FATHER, please disconnect my family line from any **un-Godly time clocks.**

Please disconnect me from all un-Godly **magnetic fields of the land** that seek to control my body clock, and please disconnect me from **any un-Godly time.**

Please remove any **un-Godly connection to Greenwich.**

FATHER, please break any connection between **any un-Godly priest of time and me.**

Please break all soul ties between me and any false or **un-Godly fathers or mothers, grandfathers or grandmothers of time.**

FATHER, please break any connection between **any time lords and me.**

FATHER, I renounce and repent on behalf of myself and those in my generational line for any agreements that were made with the **grim reaper** who we believed came when it was time to die.

FATHER, please remove any connection between **un-Godly clock-faces and my physical and spiritual senses.**

Please break, shatter, cut off, and destroy the **connectors between un-Godly clock-faces and my eyes, ears, mouth, nose, and hands.**

Please remove **un-Godly pendulums** so that I may be correctly balanced in Your Time.

FATHER please remove **un-Godly clock-faces** and replace them with Your Righteous Clock-Face.

Please cause the hands of the clock to move according to Your Time and bring my body clock back into Your control and nobody else's.

Please establish the correct time, so that confusion, lack of self-awareness, and loss of time will not occur.

FATHER please stop the **deceleration of my body clock** and restore me to Godly acceleration.

FATHER, I renounce and repent on behalf of myself and those in my generational line who spoke word curses to do with time against themselves and others.

FATHER, I repent for lies about time to myself and to others — I repent for believing or saying that we were “living on borrowed time”, “out of time”, or “walking on the sands of time”.

I repent of saying of myself and anyone else that our “time is” or “was running out”.

FATHER please remove from above my head any **un-Godly hourglasses**.

I declare the Truth that as a believer in Messiah my time is not up and will never be up.

I am seated in Heavenly places and will live for eternity.

I choose to believe that whoever believes in You shall not die but have eternal life. I declare my eternal timeline and nature in Messiah who lives forever and ever.

FATHER, please restore eternity to my heart and readjust it to beat with your Kairos Time. FATHER, please make Your Timing my timing and Your Seasons my seasons. FATHER, I ask that You give me a heart that is able to discern both time and judgment.

FATHER I declare the truth that You are the **Aleph** and **Tav** (Alpha and Omega). You are the One Who places eternity in the hearts of man. You are the Creator and Controller of time.

FATHER You are the One Who has written all the days of my life in Your Book. You knew them before even one came into being. You are the One Who has seen the beginning and the end, and I now choose to place my time into Your Hands. I choose now to believe and trust that Your Timing in my life is better than my timing.

FATHER, please apply Your Blood to the mechanisms, gears, and springs of my body so that they will work as You have ordained and planned them to work. Please now anoint with **oil all the parts of my body clock**. I choose now to step into Your Time for me and Your Excellent Glory.

FATHER please **replace all/any un-Godly clock parts** with **Godly clock parts** so that the body clock that You have given me will click and move, synchronized with You in glory from now onwards.

FATHER, please **unite my body clock to You and the Body of Messiah**, so that we will be synchronized and not go ahead of one another or ahead of You.

Please bring us collectively into right time.

Restore me now fully to correct time with a **Righteous body clock**.

AMEN!



Prayer to Cleanse DNA at Conception

FATHER, please reverse the work of the evil operator who changed the **vibration** of the superstrings affecting the DNA of the zygote in the womb. Holy Spirit, please now hover over the original DNA in the zygote, so that the superstrings will now resonate only with You ABBA FATHER.

FATHER, as You do this, will You remove any evil matter, evil vibrations, evil oscillation, evil frequencies, evil tones, and evil colors. FATHER, please do this in my generational line all the way back to Adam.

FATHER, please now move me from the virtual reality created by the enemy to Your Reality. FATHER, take me out of the prison that I am in and set me free.

Remove all deception and denial that makes me believe that my current perception is reality.

FATHER, bring all programming back to nothing and reformat it so that the programming reflects the Image and Nature of Messiah Y'shua (Jesus Christ).

FATHER, please do this in every dimension.

FATHER, please break all un-Godly covalent bonding and any other chemical bonding.

FATHER, please seal all of Your Work with spiritual interferon.

AMEN!

Fallen Angels and Nephilim Renunciation²⁸

LORD, I renounce and repent for those in my family line who broke marriage covenants and mated with the fallen sons of GOD.

LORD, I repent for and renounce all **Molech** and **Ba'al** worship in my generational line. On behalf of both sides of the family, please forgive us for choosing to fashion the golden calf at the foot of Mount Sinai because we were too afraid to draw near to You because we feared Your Might and Power!

Forgive us LORD, for not waiting for the return of Your servant Moses and for breaking covenant with You by worshipping the golden calf by sacrificing burnt and peace offerings to it.

LORD, on behalf my entire generational line, I ask You to forgive us for holding a festival to the golden calf and indulging ourselves in pagan revelry and sexual sin.

But most of all LORD, I repent for and renounce for believing and then declaring, "These are your gods, O Israel, who brought you out of Egypt" when it was You LORD, who set us free from 430 years of Egyptian captivity. LORD, please forgive us for this wanton display of pride, self-deception, stubbornness and unbelief.

Forgive us FATHER, for not only worshipping the golden calf and sacrificing our children to it, but also for worshipping the **star god Rephan, Saturn**, while wandering in the wilderness for 40 years.

LORD, on behalf of every ancestor in my family line, who entered the land of Canaan after wandering 40 years in the wilderness, I repent for and renounce our refusal to obey Your explicit command not to engage in the pagan sexual practices of:

- Incest,
- Adultery,
- Homosexuality,
- And bestiality.

... that were intertwined with the worship of Molech.

Forgive us, FATHER, for sacrificing our sons and daughters in the fires of **Molech** in exchange for favor and prosperity. This idolatry LORD, I know, was a great offense to You for which I now repent for and apologize — I am so sorry Abba FATHER!

²⁸ Prayer taken from <http://aslansplace.com/prayer-of-restitution/>

On behalf of every ancestor LORD, who was involved with Ba'al or Molech worship throughout the history of Israel:

- From the generation who succeeded Joshua,
- To the reign of Jeroboam,
- To Ahab and Jezebel,
- To Manasseh and beyond.

I repent for and renounce every evil connected to this false lord-ruler including **child sacrifice, sorcery, witchcraft and the worship of the stars of heaven.**

LORD, I now ask You to open every **bronze door** that has been shut in my generational line because of **Ba'al and Molech** worship so the Righteous Gates that the enemy has closed and contaminated can no longer be shut.

Come now King of Glory and flood the Heavenly places in my generational line with Your cleansing Power and unseal what the enemy has sealed in the heavenly places making straight every crooked path and smooth out every rough place.

Smash the bronze doors LORD, and sever the iron bars of my captivity. I now declare that what You have opened will remain open and that which You have shut will remain shut. Prepare the way of the LORD.

LORD, on behalf of myself and my family line I repent for and renounce all worship of the rulers of darkness in my town, city and state. LORD, I ask You to forgive me, my family line and the citizens of this region for worshiping false gods at false altars, sacrificing our children to Molech, and breaking the Covenant of Marriage through incest, adultery, homosexuality and bestiality.

LORD, on behalf of the church I repent for:

- Not fearing Your Name,
- Not obeying Your Word,
- Not obeying the leading of Your Spirit and
- For presuming upon Your grace that we can sin sexually, defy spiritual authority and not suffer the consequences.

LORD, forgive us for disconnecting ourselves from Your Glory.

LORD, please disconnect me from the un-Godly **Mazzaroth** and cleanse my spirit, soul and body down to the cellular and sub cellular levels from their un-Godly influence, defilement and power.

LORD, please remove all parts of my body, soul and spirit from the lowest regions of the un-Godly depths by disconnecting me from the **Nephilim and Rephaim** and removing any witchcraft bands from around my arms.

LORD, please transfer me from Mount Horeb / Sinai to Mount Zion and reconnect me back to Your Glory so I can shine Your Light to others as I proclaim the Gospel in power to Jerusalem, Samaria and to the ends of the earth.

LORD, please disconnect me from the mountains of Esau and move me to Mount Zion.

Malachi 1:2 *"I have loved you, says the LORD. Yet you say, How and in what way have You loved us? Was not Esau Jacob's brother? says the LORD; yet I loved Jacob (Israel), 3 But [in comparison with the degree of love I have for Jacob] I have hated Esau [Edom] and **have laid waste his mountains**, and his heritage I have given to the jackals of the wilderness."*

I declare to my spirit that I will be under and submissive to the Holy Spirit and I declare to my body and soul that I will be submissive to my spirit even as my spirit is submissive to the Holy Spirit.

LORD, please remove all **fractal imaging** in my family line and remove all **mirrors and pools of water** that has been used for **scrying**²⁹. I declare I will only reflect the Image and Nature of the Lord Y'shua (Jesus Christ).

LORD, please remove me from the **un-Godly council** and establish me on Mount Zion and in Your Heavenly Council.

➔ **Un-Godly Elders and Un-Godly Direction.**

LORD, I repent for those in my family line who turned over the family line to the enemy and by doing so gave authority for the removal of righteous elders over the family line and gave permission for establishing unrighteous elders. I also acknowledge that these unrighteous elders caused the family to veer off course and out of right time sequence and into other time sequences.

²⁹ The most common media used are reflective, translucent, or luminescent substances such as crystals, stones, glass, mirrors, water, fire, or smoke. Scrying has been used in many cultures in the belief that it can divine the past, present, or future. The visions that come when one stares into the media are thought to come from one's [subconscious](#) and [imagination](#),^[1] though in the past they were thought to come from [gods](#), [spirits](#), [devils](#), the [psychic](#) mind, depending on the culture and practice. Although scrying is most commonly done with a [crystal ball](#), it may also be performed using any smooth surface, such as a bowl of liquid, a pond, or a crystal.

I now declare as a revealed son of God that these unrighteous elders must leave my family line. FATHER, please establish the righteous elders over my family line and put our family line and myself back on the right course and into the right time, removing me and the family line from **chronos** time and into Your **Kairos** time.

➔ **Un-Godly Sounds in Un-Godly Depths.**

LORD, please remove me from any **un-Godly place** in the **depth** where parts of me are trapped by **sonar** and please release Your Righteous **sound** that will neutralize that un-Godly sonar. Please free all of those trapped parts and fragments.

➔ **Rephaim.**

LORD, please break un-Godly ties with the **Rephaim** and other person's soul parts connected to them and to me. LORD, please remove those connectors.

I renounce and repent for those in my family line who **traded their souls for favors** from the enemy. LORD, please through the Blood of Y'shua (Jesus), return all scattered soul parts back to me and my family line. I command **Beelzebub** to leave.

I ask Lord Y'shua (Jesus), that You will come as the Son of Man and remove all fallen sons of God from me and my family line. FATHER, please remove from me all nephilim connections, in the Name of Y'shua (Jesus)!

➔ **Abaddon and Apollyon.**

LORD, please disconnect me from **Abaddon and Apollyon** and remove any parts of me out of the **bottomless pit**. LORD, please unlock the **ciphers** and the un-Godly **algorithms**³⁰ established by the enemy.

➔ **Financial Sins.**

LORD, I renounce and repent for those in my family line who gave over the family line to the enemy for the purposes of being able to rule and control others for their own advantage and financial gain.

³⁰ In [cryptography](#), a **cipher** (or **cypher**) is an [algorithm](#) for performing [encryption](#) or [decryption](#)—a series of well-defined steps that can be followed as a procedure. An alternative, less common term is *encipherment*. To encipher or encode is to convert information from plain text into cipher or code. In non-technical usage, a 'cipher' is the same thing as a '[code](#)'; however, the concepts are distinct in cryptography. In [classical cryptography](#), ciphers were distinguished from codes.

LORD, I now understand that this gave the enemy the right to cause me to be **knit into the un-Godly depth (Ps 139)** and placed me in a position of **servitude** rather than the GOD-given right to rule and reign over creation.

LORD, please take me back in time to the Origin to Your Womb at the beginning of time and please knit me together in the Godly Depth.

Please remove off of me all contamination of my **DNA and RNA** that took place during the **un-Godly knitting**.

I declare I will not be in subjection to others by means of their control and abuse. LORD, please remove the desolation of generations and take me out of any **un-Godly place in the depth** and out of any **un-Godly place in the height** and disconnect me from those regions and place me in the Godly depth and in the Godly height.

I reject the **discord** that has imprisoned me because of my agreement with the un-Godly position that I found myself. I repent for believing that this position was normal for me and was ordained by GOD because of the lie that I was to be in submission to others without having any voice.

Please release the **Righteous sound and vibrations** that will align me with the **Heavenly sounds and vibrations**. Please disconnect me from the dark angels and other unrighteous beings that rule in the un-Godly height.

I recognize that my mindset of being a victim has inhibited my ability to fulfill the call on my life to rule and reign under the Lordship of Messiah Y'shua (Jesus Christ). I also declare that because of my ancestor's sin in wanting wealth³¹ for themselves and their purposes, that the wealth that I am to gain for the purposes of the Kingdom of GOD have been stopped up.

I now declare that I will receive all the wealth that the LORD wants me to have to fulfill my Kingdom mandate of ruling and reigning. LORD, please release all restrictions against the resources that You originally intended for me to have.

I declare that I will rule and reign in the Godly Height under the Lordship of Messiah Y'shua (Jesus Christ) and I will use all created resources for His Kingdom.

➔ **Sexual Sins.**

LORD, I renounce and repent for those in my family line and myself who entered into **sexual activity outside of marriage** and please break the consequences of those who were molested and became victims of sexual abuse.

³¹ People exchanged their children for wealth and knowledge from fallen angels.

I also repent for myself and for those in my family who use **pornography** for sexual satisfaction. I understand that all this sexual activity resulted in me and my family line to be joined to someone other than my spouse. I ask LORD, that as an adult You remove me from **my parent's sphere of influence**, and place me in **my own sphere of influence**. LORD, please remove me from the un-Godly length and place me into Your Godly length.

Heavenly FATHER, we come in the Name of Your Son Y'shua (Jesus). Your Only Begotten Son; the only Son of GOD who became Son of Man who takes His place upon us, His Body.

We come into agreement of having a common passion to see Heaven's intention that was built and established before the foundation of the earth. We ask You, Heavenly FATHER, Righteous Judge of Heaven and earth to issue a decree against the fallen sons.

We call our bloodlines back.

Please remove me from the **un-Godly womb of the dawn**. We take back our households in the Name of Y'shua (Jesus) of Nazareth.

We surrender them through the Blood of Messiah Y'shua (Jesus Christ) to be sanctified, glorified, to come into alignment to the place in the Kingdom of Melchizedek.

We will no longer drink any wine of the fallen sons of God.

We renounce and denounce:

- The spirit of religion,
- The spirit of debate,
- The spirit of legalism,
- The spirit of opinion,
- The spirit of criticism and
- The spirit of high-minded intellect.

We renounce the mind of the old Adamic way and any mindsets that have been born of the **doctrines of the fallen sons of man** and **the fallen sons of God**.

We ask for a divorce between us and the fallen sons of God.

We choose to no longer put our faith in the defeated enemy but in a victorious, Son of GOD, Messiah Y'shua (Jesus Christ).

LORD, we ask You to reverse the polarity of any **un-Godly device** and extract us from the **un-Godly collective** and remove all:

- Microchips,
- Transmitters,
- And receivers.

Extract from our minds all voices and communication from others. Remove us from the **un-Godly width and the un-Godly cloud**. We choose to no longer be affected by the un-Godly thoughts of others.

LORD, please destroy all:

- Molecules,
- Atomic,
- And sub-atomic particles,

... created by the fallen sons of God.

LORD, please destroy any:

- Dimensions,
- Kingdoms,
- Or spheres,

... that the fallen sons of God created because of agreement of me and my ancestors.

LORD, I repent for all blood shed on land in my family line, for all idolatry and sexual sin committed on any land area and please break all un-Godly ties between me and any of my ancestors and any land area.

LORD, Y'shua (Jesus), by Your Life sacrificed on the cross, by Your Life-Blood, dismantle and remove the structures built from these sins and from unclean spirits, such as:

- Un-Godly habits,
- Curses,
- Devices,
- Conduits,
- Attachments,
- Lies,

- “Gifts”,
- Or deposits.

Free us from un-Godly structures, and from the distortions of my life and family line and even from any distortions of our DNA, and RNA.

GOD Almighty, please close any doors or openings that these sins and **un-Godly structures** created.

Open any Godly doors to You and Your blessings that these sins and un-Godly structures had closed.

Holy Spirit, empower Righteous choices in me and my family line. We choose to honor You in growing Godly habits and enthroning Your Name in our lives, relationships, and land.

AMEN!

“Judgments and Bitterness as Clutter that Hinders Prayer for Emotional Healing”³²

By Karl D. Lehman, M.D. & Charlotte E.T. Lehman, M.Div.

➤ **Combining the essays and sample prayers for judgments and bitterness:**

As I (Karl) experimented with the sample prayer for releasing judgments, I found myself often spontaneously including prayer to release bitterness as well. This has worked so well that I now almost always include bitterness when I pray to release judgments, and I never use the separate sample prayer for bitterness any more. Our perception is that judgments and bitterness usually (always?) go together. We perceive that bitterness requires judgment — you cannot be bitter towards a person unless you first judge him. We have also observed that judgment will usually (always?) be infected with bitterness — if somebody has hurt you, you can't do anything about it, and you judge and condemn her in response to this wound and powerlessness, bitterness will usually (surely?) follow.

At this point we are wondering whether it is always best to address judgments and bitterness together. The biggest reason I can think of for why they might need to be addressed separately is that the person receiving ministry may have one set of guardian lies attached to his bitterness (for example, "My anger makes me strong, it's not safe to let it go"), and a different set of guardian lies attached to his judgments (for example, "If I let go of my judgments I won't be able to make him change"). In this case, it might be necessary to identify and discuss judgments and bitterness separately as a part of dealing with the different guardian lies. Even in this case, it would be possible to release judgments and bitterness with the same prayer once all of the guardian lies have been resolved.

We have combined the separate essays regarding bitterness and judgments into this ministry aid document. At the end of this document we include the old separate sample prayers for bitterness and judgments, and also a sample prayer combining them.

We would be grateful for feedback from any that feel lead to experiment with the new combined prayer, especially regarding whether there are any situations where the separate prayers are helpful/necessary.

³² © Copyright 2002 K.D. Lehman MD & C.E.T. Lehman MDiv, New 2002, Revised 11/21/2009. See website: <http://www.kclehman.com/>

1. Judgments

This section regarding judgments has been very difficult to write, and the battle to get it written has been quite instructive. Charlotte had read Dallas Willard's³³ discussion of judgment a year or two earlier, and had been deeply convicted about the importance of confessing and releasing our judgments towards others.

She made comments on a regular basis for months but her comments just didn't seem to make sense somehow. I read the book, but it didn't make sense either. I read the material on judging again, and I still didn't get it. I felt vaguely confused, like there was some kind of subtle interference in my brain, whenever I would read, think, or talk about releasing judgments.

I also noticed that I was irritated by every little detail in other written material about judgment, and I would become irritated with Charlotte when we would discuss the subject. I continued to experience persistent interference and resistance even after significant release with prayer: when I tried to work on this essay, or to work on releasing my own judgments, I would become restless, think of other things I wanted/needed to do, feel the need for a snack, or be overcome with sleepiness. At other times I would sit for hours and simply couldn't think of what to write.

➤ **Spiritual stronghold:**

Our perception is that much of this resistance and interference has been demonic harassment. I can now see that judgment has been a spiritual stronghold in my life, and this has given the enemy an unusual amount of space and authority to harass and confuse me regarding this subject. I have a child place in my heart that responds to being hurt and powerless by judging the offenders. This angry, judgmental part of myself has judged just about everybody.

- I have judged Charlotte for being fearful, obsessive, slow, and about ten other things.
- I have judged my father for being judgmental.
- I have judged computer programmers for writing software that is not user friendly,
- Civil engineers for unclear road signs,
- Other drivers for cheating when merging in construction zones,
- Developers for pillaging the environment,
- Businessmen for being greedy and dishonest,

³³ Dallas Willard, *The Divine Conspiracy* (San Francisco: Harper Collins, 1998), p. 148-158 and 215-227, for a number of helpful insights regarding judgment, condemnation, contempt, and self righteousness.

- And politicians for being corrupt.
- I have judged minorities for being bitter,
- And white people for being racist.
- Weak people for being burdens on society,
- And strong people for being insensitive to weak people,
- Conservatives for being fearfully close-minded,
- And liberals for being irresponsibly open minded.
- I have judged some Christians for being "lukewarm" hypocrites,
- And other Christians for being unrealistic fanatics,
- And I have judged the general public for being stupid, selfish, and short sighted.

As described in *“Judgment and Bitterness Towards the Lord”*³⁴, I have even judged GOD.

I had a vague but persistent sense that I needed to address this issue for myself, and I had a clear and persistent sense that I needed to write this ministry aid, so I kept pressing in (by the Grace of GOD).

The basic principles eventually made enough sense that I was able to go through a first round of prayers to confess and repent of judging others, and the confusion interference immediately decreased — the whole subject began to make more sense, and it became easier to see both the larger pattern of judgmentalism and the specific judgments pervading my life.

Amazingly, I never realized judgment was a spiritual stronghold in my life until after this first round of prayer — even though it was such a large animal sitting in my living room, somehow I just couldn't see it. As any new piece made sense at an experiential level, I went through the prayers again with a deeper level of connection and internal unity. It seemed like there was less interference after each round of prayer, but there were still times when I had to worship and pray for an hour or two before I could write the next paragraph. If you experience distractions, interference, and resistance when you try to work on releasing judgments, press in with choices to go through a "first round" of prayer to confess and renounce the general pattern of judging others. Hopefully this will open the way for the next step forward.

➤ **Guardian lies being triggered:**

We eventually discovered that some of my resistance was coming from guardian lies that were being triggered as I read material about judgment and as Charlotte and I discussed this material.

³⁴ See *“Judgment and Bitterness Towards the LORD”* on our website.

The teaching in the 1960's social action pacifist church where I grew up seemed to be especially fertile ground for a child to misinterpret:

- Thou shalt not judge.
- Not judging means there are no rules, there will be no justice — no punishment or consequences for being hurtful, selfish, and evil, and no rewards for being good, unselfish, sacrificial.
- Not judging goes along with:
 - Love your enemies, and means its okay for the angry kids on the playground to beat me up.
- Not judging means I can't set boundaries,
- And not judging means I can't say "NO".

Just naming these as guardian lies and identifying their roots resolved some of the resistance I was experiencing (even before I had the opportunity to fully resolve these memories and lies). Check for guardian lies and/or core lies getting triggered if you have a negative reaction to reading and/or discussing this material.

➤ **"Good" Judgment vs. Sinful Judgment:**

A small part of my resistance and confusion came from lack of clarity regarding "good" judgment vs. sinful judgment.

"Good" Judgment

We perceive that there is "good" judgment that is necessary and appropriate — judgment that is discernment, setting appropriate boundaries, determining what is helpful and what is hurtful/wrong.

Sinful Judgment

We perceive sinful judgment to be the combination of condemnation and self-righteousness. **Condemnation** is deciding that the person is not just wrong/broken/in need of correction, but that they are bad/worthless/in need of punishment. **Self righteousness** is feeling and acting morally superior — deciding I am better than them — believing that if I had been given their life I would have done it differently (better); if they were just like me we wouldn't be in this mess.

As Dallas Willard comments: "We do not have to — we cannot — surrender the valid practice of distinguishing and discerning how things are in order to avoid condemning others."

We can, however, train ourselves to hold people responsible and discuss their failures with them — and even assign them penalties, if we are, for example, in some position over them — without attacking their worth as human beings or marking them as rejects.”

➤ **Finding Judgments:**

"Sleeping in the same bed" with a vow: It is possible for vows to stand alone, but most vows require that you first judge somebody. For example, a person would not make the vow "I will never be lazy like my father" without first judging his father for being lazy. When we find a vow, we will often find a judgment sleeping in the same bed.

➤ **Standing next to bitterness:**

As mentioned above, we perceive that you cannot be bitter towards a person unless you first judge them, and that judgment will usually (always?) be infected with bitterness. Whenever we find bitterness, we usually (always?) find one or more judgments standing right next to it.

➤ **Ask your family, friends, and spouse to help:**

Our families, close friends, and spouses usually know what it feels like when we are judging them. They also usually know what it feels like to be with us when we are judging others. I am sure that my family and my close friends are familiar with the characteristic, unpleasant angry intensity I get when I am judging.

Charlotte recognizes it instantly, and she has helped me to identify when I am judging her or anyone else. If you are especially brave, ask your teenage children to help you identify when you are judging them.

➤ **"Judge not, that you be not judged":**

As Charlotte and I have been observing our judging behavior much more closely, we have come to the conclusion that one of our first responses to being judged is to judge the person who is judging us (start observing yourself, and see if this isn't true in your experience as well). I think some of this is just the dynamic described below of using judgment as a defense to protect ourselves from feeling hurt, vulnerable, and powerless — it feels terrible to be judged, and we can't make others stop judging us, so we judge them to protect ourselves from the hurt, vulnerability, and powerlessness.³⁵

³⁵ I have noticed that I feel especially powerless when I am judged for things I can't change, like being a white male, and I feel especially judgmental towards those who judge me for being a white male.

However, I think there also may be a separate spiritual/psychological phenomena that is activated. It's like a psychological and spiritual "knee-jerk" reflex — you tap my patellar tendon and I kick you, you judge me and I judge you.

I have always thought "Judge not that you be not judged" (**Matthew 7:1-2, Luke 6:37**) was a warning that if we judge others, the Lord will judge us. Now I wonder if this passage is simply describing the spiritual/psychological pattern in creation that if you judge others they will judge you in return.

2. **Bitterness**

Many have discovered that harbored anger/bitterness/unforgiveness is one of the most common blockages hindering the effectiveness of prayer for healing (physical or emotional). A lot of thought and writing has been focused on this subject. In this section we present several insights that are directly practical to removing bitterness as clutter.

➤ **Anger versus harbored anger:**

It is not wrong or sinful to be angry in the moment of being acted upon unjustly. It is the carrying of anger over time that becomes injurious to oneself, and sinful in that it usually then takes the form of judgments, bitterness, desire for revenge, or even hatred. Once anger has served its appropriate function of drawing attention to injustice that needs to be opposed, a wrong that needs to be addressed, or a wound that needs to be healed, it can and should be released.

➤ **Forgiveness, reconciliation, and restoration of trust:**

A common misunderstanding is that forgiveness is the same thing as reconciliation and the restoration of trust, and therefore if I forgive the person who has hurt me I must automatically trust and return to relationship with this person.

This misunderstanding predictably generates a host of objections with the general theme "It's not safe to forgive because ..." Our understanding is that forgiveness does not inherently or automatically include reconciliation or the restoration of trust.

Forgiveness does inherently include giving up judgments against the ones who hurt us. The one who offended me may be totally unrepentant — he may be just as prone to the same hurtful behavior as he used to be — so it wouldn't be wise for me to re-enter a business partnership with him, for instance. But I must still give up my self-righteous condemnation of his character, admitting that GOD alone can judge him justly, in order for forgiveness to be complete.

Forgiveness is something the victim can do, with GOD's Help, to free him or herself from bitterness, and requires no participation or cooperation from the offender.

Forgiveness on the part of the victim plus confession/apology and repentance on the part of the offender are the foundation upon which reconciliation is built.

Reconciliation plus changed behavior are the foundation upon which trust is built, and trust grows over time as changed behavior continues.

➤ **Forgiveness, Reconciliation, or Restoration of Trust:**

Forgiveness + Confession, Repentance, and possibly Restitution = *The Foundation of Reconciliation*

Reconciliation + Changed Behavior over time = *Restoration of Trust*

NOTE! This confusion about the meaning and implications of forgiveness, and the associated objections, are usually more than simple cognitive misunderstandings. Our experience is that these are usually guardian lies carried at a non-rational, experiential level. If this is the case, there will be some value in explaining the cognitive concepts, but the "misunderstandings" and objections will not move until they are identified as guardian lies and taken to Jesus.

It is important for the therapist/minister to understand these concepts so that you can look for and identify "It's not safe to forgive because ..." guardian lies more effectively.

**3. HOW do judgments and bitterness harm us?
WHY do we need to release them?**

➤ **Judgments harm our relationships:**

Charlotte and I have noticed tremendous benefit in our relationship as I have been releasing my judgments towards her. Within the first two weeks after the initial breakthrough, we noticed that certain issues of conflict that had been stuck for years were much easier to deal with and were moving forward to resolution. I realized that I had been judging her in these conflicts — my comments in discussing the disagreements would be tinged (or laced) with condemnation and self-righteousness — "You're stupid/selfish/lazy, etc., you deserve to be punished, and I'm better than you." Of course I would not speak these judgments out loud. I knew I shouldn't have these thoughts and feelings towards her, so I would use cognitive "self talk" to improve my internal attitude and then try to convince myself that I didn't really have these judgments against Charlotte.

Ironically, Charlotte was much more aware of my judgments towards her than I was, since she easily perceived them in my facial expressions, body language, voice tones, and overall attitude. The bad news was that stuffing my judgments towards Charlotte back in the closet with cognitive techniques and denial only put them away until the next time we were discussing the triggering conflict issue. The good news is that Jesus permanently removes them when I bring them into the light and ask for His help.

These issues of conflict with Charlotte were also some of the places where I had been unable to fully resolve bitterness. It was amazing (sarcasm intended) how my bitterness, condemnation, and self-righteousness triggered angry and defensive reactions in Charlotte. It truly is amazing how much easier it is to work together to come to productive resolution of disagreements when resentment, condemnation, and self-righteousness are removed.

Judgments hinder our efficacy as emotional healing facilitators: Judging those we minister to will trigger angry and defensive reactions from them, will impair our discernment, and will also give the enemy place and authority to interfere with the process. One of the best examples of this has been in my facilitating emotional healing for Charlotte.

My ability to facilitate, her ability to receive, and our ability to work together as a team have all improved. She has experienced several significant breakthroughs in her healing work (with myself as facilitator) as I have been confessing and releasing my judgments towards her. I have also noticed that it is easy for me to judge the people who have hurt our clients. When I have judgments towards those who have hurt the person receiving ministry, it will be very difficult for me to see, or help her address, any judgments she has against these same people.

Only GOD has the information and the wisdom to "do the math." As discussed above, judging/discerning that another person's choices/behaviors are hurtful and wrong is necessary and appropriate.

Judging the basic moral character of the person is a job we need to leave to the Lord. Our perception is that only the Lord can see the whole picture — only the Lord knows the person's intentions, wounds, what they have been given to work with, etc. Only the Lord has the wisdom to put this all together and "do the math" regarding the moral judgment of the person.

An experience which we and other emotional healing facilitators have observed — the Lord revealing "the rest of the story" — reinforces this point. A recent session provides an excellent example. The principal of David's grade school was a very toxic man, who had traumatized many children. In one memory, David was standing on the playground watching the principal beat his older brother, John, in front of all the other kids. John was hurt and humiliated, and David was powerless to do anything about it.

David felt intense bitterness, judgment, and desire for revenge towards the principal, and could remember making a vow to get revenge: "I'll remember, and I'll get you back — I'm smarter than you. You won't even know. I'll make you feel just like I do right now." David confessed and renounced this vow, and then prayed to release his bitterness towards the principal. David began crying as he finished the bitterness prayer, and reported: "I'm on the playground, I can see Jesus there ... The Lord is showing me his [the principal's] childhood — he was abused — he was being ground up by things he couldn't control.. Jesus is telling me that it doesn't make what the principal did right, but only He can deal with justice in this man's life .. Jesus is telling me that I don't need to take care of this."

The Lord seemed to clearly indicate:

- He knew "the rest of the story," which was a source of compassion towards the perpetrator.
- It was His job to weigh all the pieces and make judgment — only He is able to do this and we need to relinquish this role.

NOTE: In our experience, when people receiving ministry have this kind of encounter with Jesus, they always feel these two pieces are totally true and they have complete peace in releasing their offenders to the Lord's judgment and justice.

➤ **Judging is inherently legalistic:**

The "authority" we invoke when we judge someone is the "law" which we determine that person has violated. Often we are not aware of our own subjective, emotional investment in condemning the person we've judged; rather, we're thinking that it's simply a matter of objective interpretation of the law.

And, in fact, we may be right about someone having done something wrong — perhaps that person really did commit adultery, for instance. The problem is that when we judge (sinful judgment), adding our self-righteous character condemnation to that assessment of wrong-doing, we put ourselves and our relationship to that person back in the realm of legalism rather than the realm of GOD's Grace.

And in the realm of legalism — where your acceptance is always dependent upon your performance — you can never rest, you can never measure up, and you can never stop measuring how well you and others are doing.

The enemy of our souls loves to seduce Christians into a mind-set of legalism because then we are vulnerable to his accusations and condemnation of us.

When we start throwing the rocks of sinful judgment at others the enemy has permission to throw his rocks of judgment and condemnation at us³⁶.

Even if you haven't committed adultery like that person you judged, you have sinned in other ways and the enemy knows about it. He will be more than happy to remind you of your sins, and he knows that you will believe his condemnation lies because you are choosing to play by the rules that your acceptance depends on your performance. It is possible to exercise discernment (good judgment), and even to bring correction to someone, without entering the realm of legalism. The key is being in a state of love, humility, and honesty about one's own pain and investment in the situation.

➤ **Judgments serve as a defense mechanism that "protects" us from feeling powerlessness, helplessness, and other painful emotions:**

Our perception is that the defense mechanism dynamics behind judgment are similar to the defense mechanism dynamics behind bitterness and vows. My own experience is that I only judge, experience bitterness, and make vows when others are harming me, I can't do anything about it, and it doesn't seem like there will be justice.

My perception is that:

- I don't judge, experience bitterness, or make vows towards those who are in a system where they receive the consequences for their choices and their choices do not affect me.
- I don't judge, experience bitterness, or make vows when somebody acts against me if I can protect myself from harm.
- I don't judge, experience bitterness, or make vows when somebody hurts me if I am truly convinced that justice will be done (regarding both victim and offender).

As with bitterness and vows, judgments "protect" us from feeling helplessness, powerlessness, and other painful emotions in the face of harm and injustice. When somebody else's selfishness, hatred, laziness, greed, deceit, etc. is coming against me, and I do not have the power to protect myself or to rectify the situation I have two choices:

- 1) I can stand straight in the clean pain of being harmed as a **powerless victim** — the pain of powerlessness, helplessness, and injustice and **turn to the Lord to help me** deal with the situation and for healing.

³⁶ See Matthew 6:12-15, Matthew 18:21-35, Mark 11:25, Luke 6:36-37, Romans 12:17-19.

- 2) I can judge the person. "You deserve punishment, and some day you will get it. I may not be able to _____, but at least I am better than you."

In my own subjective experience, judging the offender in this way functions much like bitterness and vows — it makes me feel less powerless, helpless, and vulnerable.

- I feel like I can do something about the situation, like I can fight.
- I feel like I am punishing them in some way by judging them, and that this will make them change.
- I feel like I have power in some way by deciding that I am better than they are.
- I feel like I can contribute to justice by judging them — I am "keeping score" and waiting until an opportunity arises for me to contribute my judgment as part of the justice process.

Note that it is always good to release judgments because, like bitterness and vows, judgments are an inherently sinful defense mechanism.

➤ **Judgments protect and anchor bitterness:**

Our perception is that judgment makes it harder to release bitterness. This has certainly been true in my own healing work — it has been much easier to release bitterness now that I am also dealing with these patterns and strongholds of judgment. Certain areas of bitterness that have always been especially resistant in the past are now starting to resolve. It makes intuitive sense that it would be difficult to release bitterness when judgments are still in place.

For example, does this sound like a tenable prayer? "Lord, I am bitter because Bob has hurt me and there is nothing I can do about it. He is selfish, dishonest, and lazy. He is morally deficient, he deserves to be punished, and I am better than him ... but please take this bitterness away."

➤ **Judgments block the Lord's Authority, and provide a place and authority for demonic spirits:**

Condemnation, self righteousness, idolatry to self protection, avoiding the appropriate clean pain, and taking the Lord's job as judge are all sinful choices that block the Lord's access/ authority to work in the jurisdiction of the judgment. Anything that blocks the Lord's access/ authority to work makes a place where the enemy has space and authority to work. The enemy can hinder healing, impair discernment, and cause confusion in the jurisdiction of the judgment.

➤ **Polarization of internal parts:**

Much like vows, judgments can cause and/or exacerbate polarization between internal parts. Polarized, adversarial internal systems are always problematic, and it is always beneficial to help these polarized internal systems reconcile so that all of the internal parts can work together towards healing instead of fearing and fighting each other. In our experience, judgments between internal parts are always present wherever we find polarized, adversarial internal parts relationships; and helping internal parts to release judgments against each other always helps to depolarize adversarial internal parts systems.

One of the most common scenarios in which internal polarization hinders healing is when angry, "hardworking" parts judge weak and wounded parts, making it even harder for the weak and wounded parts to come forward and be vulnerable.

For example, I have a child place in my mind that believes everything is my fault because I am a white middle class American, and that "they" will stop hating me if I can just fix it all. This part is a very hard worker, but he has a very big job ("fixing" Native American genocide, racism, poverty, and environmental destruction), and constantly struggles with feeling overwhelmed and hopeless. This hard working, angry, judgmental place in my heart has NO tolerance for weakness or woundedness.

Anybody (including my own internal parts³⁷) who is a "burden" instead of a worker triggers these miserable emotions of being overwhelmed and hopeless, and is therefore judged fiercely. Now, I have noticed that I am especially prone to make "unnecessary" mistakes when I am triggered so that "wounded child" thoughts and feelings are interfering with my usual adult faculties. "What's the matter with you!" I will rage at myself when this happens, "We can't afford this kind of stupidity and incompetence!" Needless to say, the wounded child internal parts that contributed to the mistake are not able to come forward for healing in this angry, judgmental atmosphere.

An especially illustrative example of internal judgments hindering the healing process occurs when I am doing my own emotional healing work. If I can't find some important piece of the target we are working on, and I stay stuck at this place long enough, my hardworking, angry, judgmental part eventually gets triggered. I will have the intense subjective perception that the child parts carrying the missing pieces are choosing not to cooperate because they are too weak and scared.

³⁷ We have noticed that we often have internal parts with the same sins and/or problems as other people that we judge, and that these internal parts are judged and hated just as harshly as the people that we judge for having these sins and/or problems.

The internal parts situation immediately polarizes, and I will often get the image of frightened children locked in the bathroom with myself raging outside the door. "Come out here and cooperate with this healing, you pathetic, weak, cowardly, little \$#%&'s. I don't care what you're afraid of — I'll make your feared outcomes look like a birthday party compared to what I'll do to you if you don't come out here and cooperate NOW!" You don't need a degree in psychiatry to know that judging and threatening won't help wounded child parts participate in a healing process that requires them to come forward and be vulnerable.

I am expecting that this problem will be completely resolved when my angry, judgmental part gets completely free of "I have to fix the world" lies, but in the mean time it has been very helpful for this angry, judgmental part to go through the prayers to release judgments.

I also wonder if all the judgments carried by this part are part of the reason I have not yet been able to fully resolve the lies it carries.

➤ **Unforgiveness is often linked to denial/refusal to accept what happened:**

While working on certain memories that had been "stuck" through several years of emotional healing work, I discovered that the reason these memories were stuck was that the internal child parts carrying the memories were "stuck" in the memories with the demand that the people who had hurt me fix it back then.

The internal child parts in the memories carried the guardian lies that I could fix the problem by using my unforgiveness "IOU" to force the people who had hurt me to "make it never happened." The child parts in these memories would not forgive the people who had hurt me because I was still trying to fight the reality that events had turned out the way they had and that there was nothing I could do about it. I was stuck, back in the memory, trying to hold onto a form of denial. I was trying to believe that by holding onto my unforgiveness "IOU" I could make the people who had hurt me "pay" in the present in some way that would make the old traumas "never happened."

I could feel that this was another way in which unforgiveness was functioning as a defense mechanism. I wouldn't feel powerless and helpless and vulnerable if I could hold onto the "IOUs" that gave me the power to make the offenders "fix it." I was trying to use unforgiveness, and the demand that those who had wounded me "fix it so that it never happened," to protect myself from the truth of what had happened and the truth that I was powerless and helpless to do anything about it.

Note that this inherently blocks healing because completing the unfinished processing tasks carried in the traumatic memories inherently requires fully connecting with the painful reality of the events including the truth that they happened and that I can't do anything about it.

- I can't make them "never happened,"
- I can't make anybody else make them "never happened," and accepting this reality is a necessary part of standing straight in the pain so that Jesus can help me work through the unresolved content.

The memories in question were quickly healed as soon as I realized where the healing process had been stuck, focused the guardian lies, received the Lord's truth to dispel the guardian lies, released my demand that the perpetrators "make it never happened," and completed the forgiveness process.

➤ **Judgments and bitterness/un forgiveness block the healing process:**

My own experience has been that healing work with a number of different traumatic memories, previously stuck for many months, started moving forward after I dealt with judgments that were infecting the wounds. We have several thoughts about the mechanisms by which judgments block the healing process:

➤ **Judgments energize and anchor guardian lies:**

Our perception is that judgments can block the healing process by energizing and anchoring guardian lies. This has certainly been the case with some of the "stuck" traumatic memories involving my father. When I was judging him he felt like an enemy, which gave more power to the guardian lies "It's not safe to let go of this," "It's not fair," "I won't be able to make him change," "I won't be able to defend myself," and "It's not safe for me to take responsibility for my stuff because then he won't take responsibility for his stuff and I'll get blamed for everything."

I had identified these guardian lies months earlier but I had not been able to get them to move. After releasing judgments, Dad was a wounded person doing his best to be a good father instead of an enemy I had to defend myself against. Releasing judgments towards Dad cut off a lot of the adversarial and fearful energy that anchored these guardian lies, making it possible to finally move them out of the way.

➤ **Judgments "protect" us from painful emotions:**

As discussed above, judgments function as a defense mechanism that helps us avoid pain by covering over helplessness, powerlessness, and other painful emotions. The defense mechanism function of judgments therefore prevents healing by preventing connection with the true painful emotions. This has certainly been the case with my judgments.

We have found powerlessness, helplessness, and other painful emotions hiding behind every judgment I have brought to the Lord, and the Lord has been able to move forward with healing the source of these painful emotions when I released the judgments that were blocking emotional connection.

➤ **Judgments anchor and protect bitterness:**

As discussed above, judgments can block the resolution of bitterness, and bitterness always hinders the healing process.

➤ **Judgments provide a place and authority for demonic spirits:**

As discussed above, judgments can provide a place and authority for demonic spirits, and demonic spirits will always hinder the healing process.

➤ **Judgments polarize internal parts:**

As discussed above, judgments can cause and/or exacerbate polarization between internal parts, and polarized, adversarial relationships between internal parts will always hinder the healing process.

➤ **Unforgiveness is often linked to denial/refusal to accept what happened:**

As discussed above, part of unforgiveness can be holding onto an "IOU" in an attempt to force the perpetrator to "make it never happened," and this will inherently block healing by reinforcing denial and hindering acceptance and emotional connection.

4. Comments regarding sample prayers for releasing judgments and bitterness.

➤ **More than one location:**

Like defenses, vows, other reactive sins, and demonic infection, judgments and bitterness can be carried in a number of different locations. The person receiving ministry can carry judgments and bitterness towards another person regarding several different memories and/or issues, and sometimes the person will deal with these different memories and/ or issues separately. The person receiving ministry will usually carry judgments and bitterness towards a number of different people, and the judgments and bitterness towards these different people will usually be addressed separately. Different pieces of the judgment and bitterness towards a given target can also be carried separately by different internal parts.

When evaluating whether prayers and commands have been effective, it is important to realize that resolving all the judgments and bitterness regarding a specific memory and/or issue, towards a given person, or carried by a given internal part is different than resolving judgments and bitterness in all locations . When checking to see whether the judgments and bitterness are gone it is important to check the specific target that has been addressed. See "General Introductory Comments Regarding Ministry Aids" for additional comments and discussion.

➤ **Local strongholds, demons, and curses:**

My sense is that there are sometimes spiritual strongholds, demonic spirits, and curses that are connected to/associated with the specific judgments and bitterness that are being addressed, and therefore lose their protection/anchor when the judgments and bitterness in question are resolved. In these situations it is easy and important to finish with commands to deal with the spiritual strongholds, demonic spirits, and curses that have just been exposed. I target the specific, local strongholds, demons, and spirits in question by including the local "address" in the commands.

For example, "In the Name of Jesus, we command that all spiritual strongholds connected to or associated with these judgments and bitterness towards Mary's father regarding his emotional absences be torn down now." See "General Introductory Comments ... " for additional comments.

➤ **Systemic patterns of judgmentalism and bitterness:**

We have also observed that, in addition to being carried in multiple, specific, local infections, judgmentalism and bitterness can also be carried as wide spread and deep seated systemic infections.

It is important to watch for systemic judgmentalism and bitterness because every "local infection" will be easier to deal with once systemic judgmentalism and bitterness have been addressed.

The first time someone deals with judgments and bitterness is a good time to check for widespread and deep-seated patterns behind the immediate situation, but sometimes the systemic judgmentalism and bitterness do not become apparent immediately. Look especially for systemic patterns if judgments and bitterness pop up over and over again. When you find systemic judgmentalism and bitterness, make sure to treat them with a full course of systemic "antibiotics."

Systemic means:

- 1) Working with the adult core self as opposed to working with internal parts.
- 2) Addressing the wide spread patterns of judgmentalism and bitterness as opposed to addressing specific, local judgments and bitterness. For example, "I confess these wide spread and deep seated patterns of judgmentalism and bitterness in my life," and "In the Name of Jesus, we command that all spiritual strongholds connected to or associated with these wide spread and deep seated patterns of judgmentalism and bitterness be torn down now."
- 3) Addressing any family tree/generational patterns.

"Full course of antibiotics" means:

- 1) Confessing judgmentalism and bitterness, renouncing judgmentalism and bitterness, asking the Lord for true repentance regarding judgmentalism and bitterness, and asking the Lord to free you from judgmentalism and bitterness.
- 2) Going through the prayers to address corresponding spiritual strongholds, demonic spirits, and curses.
- 3) Looking for others in the family tree with the same patterns of judgmentalism and bitterness, and then going through the prayers for generational sins, strongholds, spirits, and curses as appropriate.

See "General Introductory Comments ..." for additional comments.

➤ **Common problems:**

Comments especially relevant to problems that hinder releasing judgments and bitterness will be included here. See "General Introductory Comments Regarding Ministry Aids" for additional discussion of each of the common problems that can get in the way of releasing defenses/vows/judgments/self pity/other sins/etc.

1. Core lies getting triggered.

2. Guardian lies:

We almost always find guardian lies hindering the release of judgments and bitterness. As described above, guardian lies getting triggered contributed to my resistance to releasing judgments. One of the most common guardian lies hindering the release of judgments is: "These judgments give me power to make them change — if I let go of my judgments they will never change." Some of the most common guardian lies hindering the release of bitterness are: "It is not safe to let go of my anger," "My anger makes me strong," "I need my anger to protect myself," and "My anger protects me."

3. Vows:

Judgments can be protected by vows, such as: "I may not be able to stop him from beating me, but I will be better than him." Bitterness can be protected by vows such as "I will never forgive them for humiliating me" and "I will get them back some day."

4. Demonic interference:

Any demonic spirits associated with the judgment, condemnation, self righteousness, and bitterness in question will try to block the person and/or internal parts from participating in the prayer. As discussed in "Dealing with Demonic Interference/ Opposition during the session ... ," it is helpful to "focus the target" when dealing with demonic interference.

When I am dealing with possible demonic interference hindering release of judgments and bitterness I will address my commands to "all demonic spirits connected to or associated with these judgments, this condemnation, self-righteousness, and bitterness."

5. Avoidance of the whole truth:

The person receiving ministry needs to truly "see" how badly her wounders have hurt her before she can release judgments and bitterness towards them. She has to fully recognize, own, and feel what she's judgmental and bitter about before she can release the judgments and bitterness.

It will hinder release of judgments and bitterness if she is still avoiding the whole truth about how badly she has been hurt.

6. Internal parts that do not participate:

For complete resolution of the judgments and bitterness towards a given person regarding a specific issue/cluster of memories, any internal parts carrying the judgments and bitterness in question must be present, stay connected, and participate in the prayer.

It is ideal to identify and resolve these problems before going through the prayers and commands to address judgments and bitterness. Discuss the possibility that judgments and bitterness could be hindering the healing process, ask the person receiving ministry if she is sure she is ready to release the judgments and bitterness in question, and then check for any anger, uncertainty, or lack of internal unity. This usually picks up guardian lies and lies being triggered by the discussion, and often picks up internal parts that aren't ready to participate. See "General Introductory Comments Regarding Ministry Aids" for additional comments.

➤ **If it doesn't work:**

Our experience is that we still sometimes miss something, especially quiet vows and deeper traumatic memories that are carefully protected. It is easy to tell when you miss something because the judgments and bitterness will still be there when the person is done with the prayer. When this happens you can assume with a fairly high degree of confidence that one or more of the common problems just discussed is blocking the way.

Ask the Lord "What do you want (name of the person receiving ministry) to know about these judgments and this bitterness?" and then watch especially for the common problems discussed above.

Return to the sample prayers and commands when the blocking problems have been addressed. The Lord will always free a person from judgments and bitterness when the relevant traumatic memories are fully connected and all interference has been resolved.

➤ **Initial paragraphs of the sample prayer:**

When I first started using this prayer for releasing my own judgments and bitterness I always included the initial paragraphs. I found it especially important to talk about the specifics of the trauma, including the powerlessness and helplessness, until the judgments and bitterness in question felt emotionally connected. Now I usually use a much shorter version unless I am having difficulty with emotional connection.

Reduce or expand the reactive sin target words to facilitate connection: One of the most important goals for our sample prayers is to help the person receiving ministry to connect experientially/emotionally with the core concepts, and to stay connected throughout the prayer to stay emotionally connected to the meaning of the prayer as they go through it. Use fewer target words if a longer list is hindering emotional connection by becoming distracting or confusing (for example, just "judgments and bitterness").

Include additional target words if doing so seems to help make and maintain experiential/emotional connection (for example, "judgments, condemnation, self righteousness, harbored anger, bitterness, resentment, unforgiveness, hatred, and desire for revenge"). The same principle applies to whether or not to include the reactive sin target words at each point in the prayer. See "General Introductory Comments ... " for additional comments.

➤ **We cannot manufacture forgiveness or free ourselves from bitterness:**

As with repentance II, I have come to understand forgiveness as something GOD gives us, as opposed to something we can simply choose and/or manufacture in our own hearts.

- I believe that we need to be willing to release and forgive those who have hurt us,
- I believe that we have to clear out anything that is in the way of receiving the Lord's forgiveness towards those who have hurt us, and
- I believe we need to ask the Lord to give us His supernatural grace and forgiveness towards those who have hurt us.

However, after all this has been done we cannot change our own hearts and minds — we cannot make ourselves forgive someone — we cannot free ourselves from judgment, bitterness, and unforgiveness. I believe that ultimately forgiveness towards those who have hurt us is a gift from GOD.

The bad news is that the old understanding has never worked for me. I tried to "choose" to forgive those who hurt me, and after "choosing" forgiveness I tried to somehow manufacture forgiveness and free myself from judgment and bitterness. But it never worked very well.

Occasionally, by GOD's Grace, I actually included all of the necessary ingredients to receive forgiveness as a gift from the Lord, but most of the time I just tried to "hold by faith" that I had forgiven the person even though I didn't feel any different. I would try to "just believe" that I had forgiven them even though the same old judgment and bitterness would come forward the next time I encountered a trigger that re-activated the wound in question. I was chronically discouraged and confused by the experience that I had to keep forgiving the same person for the same thing over and over again.

The good news is that this new understanding seems to work extremely well. I have been using this new approach to shovel out judgment and bitterness associated with old wounds, and to receive forgiveness as a gift of grace from the Lord. The judgment and bitterness seem to stay gone, and the forgiveness seems to stay present.

➤ **These prayers usually work:**

Using this prayer to address my own judgments and bitterness has been one of the most amazing experiences of answered prayer I have ever had in my life. The tangible, subjective sense of judgment, condemnation, self-righteousness, and bitterness has resolved within 2 to 3 seconds almost 100% of the time. I don't always feel it leave, but then when I check I realize it is gone and I can't find it even if I try to stir it up. I would be very interested in hearing from others regarding their experiences with this sample prayer.

Sample Prayer for Releasing JUDGMENTS and BITTERNESS

Never assume the person is ready to release his judgments and bitterness towards the person(s) in question. Always ask "Are you sure you're ready to release your judgments and bitterness towards _____?"

If there is any anger, sense of uncertainty, or lack of internal unity look for guardian lies, core lies being triggered, and internal dissociated parts that are not ready to release the judgments.

It is important for the person receiving ministry to understand how we use judgments and bitterness to protect ourselves from painful emotions, and to understand why it is important to release them. If he/she does not already understand these principles it can be helpful for her to review the essay: "Judgments and Bitterness as Clutter That Hinders Prayer for Emotional Healing."

Sample PRAYER:

(The first paragraph can be omitted to conserve time if the person thoroughly understands the dynamics of judgments, is already emotionally connected, and is fully ready to release the judgments in question):

"Lord Jesus, I was deeply hurt when (describe the details of the situation, including the helplessness and powerlessness — talk about it until it feels emotionally connected). I have judgments and bitterness towards as a reaction to being wounded, as a reaction to being judged (include this if it fits), and as a way to protect myself from the painful emotions — especially from feelings of powerlessness and helplessness.

I _____ (describe your judgments and bitterness. For example "I hate him. I believe he is stupid, selfish, and cruel. There is no excuse for what he did, and he deserves to be punished. I believe that I would be better than him if I had his life, etc." Talk about it until it feels emotionally connected).

"I **do** want protection from situations where I am hurt, powerless, and helpless, but I don't want this judgment, condemnation, self-righteousness and bitterness towards to hinder my relationship with You or my healing, and I am ready to release and renounce this attempt to use judgment and bitterness to protect myself.

I ask for Your protection, and also for the discernment and grace to participate in Your plans for my care. I accept that You don't guarantee that I will never be hurt, powerless, and helpless, and I ask You for the grace and strength to be faithful to You in whatever You choose to allow. Help me to stand straight in my honest pain when I am hurt, powerless, and helpless.

"I confess this **judgment, condemnation, self righteousness, and bitterness** towards as sin. I confess that I don't have the right or ability to judge _____. I ask Your forgiveness for this judgment, condemnation, self-righteousness, and bitterness. I **renounce** this judgment, condemnation, self-righteousness, and bitterness. I am willing to forgive and release's sins against me. I acknowledge that I cannot change my own heart and mind. I ask You to give me true repentance I ask You to give me Your heart, Your mind, Your truth, and Your compassion, humility, and forgiveness towards regarding _____. Lord, I cannot free myself, but I am willing to be freed. I cooperate with Your desire to free me by consenting to Your work in my heart.

"I specifically release and renounce using this judgment, condemnation, self-righteousness, and bitterness to protect myself from painful emotions, especially powerlessness, and helplessness.

"Lord Jesus, I ask now that You would wash me with Your Blood, cleansing me and freeing me from all judgments, condemnation, self righteousness, and bitterness towards regarding _____."

Go back to the memories being addressed and try to stir up the judgments, condemnation, self-righteousness, and bitterness towards the person('s) in question. Often they will already be gone. If they are still present, stir them up and then look for Jesus' Presence, listen for His Voice, try to sense His Presence. Watch, follow, listen to whatever He does/says.

After a few moments, try to find the judgments, condemnation, self-righteousness, and bitterness.

If the judgments, bitterness, etc. are not gone, ask the Lord:

"What do you want (*name of the person receiving ministry*) to know about these judgments and about this condemnation, self righteousness, and bitterness?" and then watch especially for the common problems discussed above.

Return to the sample prayer when the blocking problems have been addressed.

The Lord will always remove judgments, condemnation, self-righteousness, and bitterness when the relevant traumatic memories are fully connected and all hindrances have been resolved.

If you feel led to do so, you can tear down spiritual strongholds (2 Cor. 10), deal with demonic spirits, and break curses:

"In the Name of Jesus, we command that all spiritual strongholds connected to or associated with my judgments, condemnation, self righteousness, and bitterness towards _____ regarding be torn down now."

"In the Name of Jesus we now command all demonic spirits connected to, or associated with, my judgments, condemnation, self righteousness, and bitterness towards _____ regarding _____ to go immediately and directly to the Feet of the True Lord Jesus Christ. You will go bound. You will not touch or harm anything or anyone on the way. You will never return and you will never send anything in your place. He will deal with you as He sees fit."

"In the Name of Jesus, we command that all curses in any way connected to or associated with my judgments, condemnation, self righteousness, and bitterness towards _____ regarding _____ be broken, nullified, and rendered powerless."

AMEN!

Sample Prayer for Releasing BITTERNESS

Never assume the person is ready or willing to be free. Always ask if he/she wants to be free from this anger, hate, resentment, etc. Ask again: "ARE YOU SURE?" If there is any sense of uncertainty or lack of internal unity regarding letting go of the bitterness, look for guardian lies, parts of the traumatic memory that are disconnected, related and/or deeper wounds with the same theme, and internal dissociated parts that are not ready to release the bitterness.

"Lord Jesus, (name the person(s) who hurt you) deeply hurt me when he/she/they _____ (describe what they did to hurt you). I am still very hurt and wounded, and I _____ (examples: am angry, hate them, resent them, want revenge, can 't/won 't forgive them).

"But I am tired of letting my _____ (anger, bitterness, resentment, hatred, unforgiveness, desire for revenge) interfere with my healing, interfere with my relationship with You, and _____ (can include other ways these affect your life).

"I now confess (harbored anger³⁸, bitterness, resentment, unforgiveness, hatred, desire for revenge) toward _____ regarding as sin. I ask Your forgiveness for these sins. I renounce these sins. I am willing to forgive and release 's sins against me. I acknowledge that I cannot change my own heart and mind, so I ask You to give me Your heart, Your mind,

Your truth, and Your compassion, humility, and forgiveness towards regarding _____. I cannot free myself, but I am willing to be freed. I cooperate with Your desire to free me by consenting to Your work in my heart.

"Lord Jesus, I ask now that You would wash me with Your Blood, cleansing me and freeing me from all harbored anger, bitterness, resentment, unforgiveness, hatred, and desire for revenge towards _____ regarding _____"

Go back to the memories being addressed and seek to stir up the anger, hatred, bitterness, resentment, unforgiveness, desire for revenge.

³⁸ It is not wrong or sinful to be angry in the moment of being acted upon unjustly. It is the carrying of anger over time that becomes injurious to oneself, and sinful in that it usually then takes the form of bitterness, desire for revenge, or even hatred. Once anger about a past event has served its function of drawing attention to a wound that needs healing, it can and should be released. See forthcoming article "On the Function of Anger" for more information.

Look for Jesus' presence, listen for His Voice, try to sense His Presence. Watch, follow, listen to whatever He does/says.

After a few moments, try to find the bitterness, hate, etc.

If the bitterness, hatred, etc. are not gone, ask the Lord

"What do you want (name of the person receiving ministry) to know about this (bitterness, resentment, unforgiveness, hatred, desire for revenge)?" and then watch especially for the common problems discussed above.

Return to the sample prayer when the blocking problems have been addressed. The Lord will always remove bitterness, hatred, etc. when the relevant traumatic memories are fully connected and all hindrances have been resolved.

If you feel lead to do so, you can tear down spiritual strongholds (2 Corinthians 10), deal with demonic spirits, and break curses.

"In the Name of Jesus, we command that all spiritual strongholds associated with or connected to harbored anger, bitterness, resentment, unforgiveness, hatred, and desire for revenge be torn down now."

"In the Name of Jesus we now command all spirits connected to or associated with my harbored anger, bitterness, resentment, unforgiveness, hatred, and desire for revenge towards _____ regarding _____ to go immediately and directly to the Feet of the True Lord Jesus Christ. You will go bound. You will not touch or harm anything or anyone on the way . You will never return and you will never send anything in your place. He will deal with you as He sees fit."

"In the Name of Jesus, we command that all curses in any way connected to or associated with my harbored anger, bitterness, resentment, unforgiveness, hatred, and desire for revenge towards _____ regarding _____ be broken, nullified, and rendered powerless."

AMEN!

Sample Prayer for Releasing JUDGMENTS

Never assume the person is ready to release his or her judgments towards the person(s) in question. Always ask "Are you sure you are ready to release your judgments towards _____?" If there is any anger, sense of uncertainty, or lack of internal unity, look for guardian lies, core lies being triggered, and internal dissociated parts that are not ready to release the judgments.

It is important for the person receiving ministry to understand the dynamics of judgments and to understand why it is important to release them. If they do not already understand these principles, it can be helpful for them to review the essay "Judgments as Clutter That Hinders Prayer for Emotional Healing."

Sample prayer to confess, renounce, and release judgments (the first paragraph can be omitted to conserve time if the person thoroughly understands the dynamics of judgments, is already emotionally connected, and is fully ready to release the judgments in question):

"Lord, I understand why I have judged. I was hurt when (describe the details of the situation, including the helplessness, and powerlessness — talk about it until it feels emotionally connected).

I judged as a way to protect myself from the painful emotions, and especially from feelings of powerlessness, and helplessness. I do want to avoid situations where I am hurt, powerless, helpless, and vulnerable, but I don't want this judgment, condemnation, and self-righteousness towards _____ to hinder my relationship with You or my healing, and I am ready to release and renounce this attempt to use judgment to protect myself.

I ask for Your protection, and also for the discernment and grace to participate in Your plans for my care. I accept that You don't guarantee that I will never be hurt, powerless, and helpless, and I ask You for the grace and strength to be faithful to You in whatever You choose to allow. Help me to stand straight in my honest pain when I am hurt, powerless, and helpless.

"I confess this judgment, condemnation, and self righteousnes towards _____ as sin. I confess that I don't have the right or ability to judge. I ask Your forgiveness for this judgment, condemnation, and self righteousnes.

I renounce this judgment, condemnation, and self-righteousness. I acknowledge that I cannot change my own heart and mind regarding _____. I ask You to give me true repentance — I ask You to give me Your heart, Your mind, Your truth, and your compassion and humility regarding _____.

Lord, I cannot free myself, but I am willing to be freed. I cooperate with Your desire to free me by consenting to Your work in my heart.

"I specifically release and renounce using judgment, condemnation, and self-righteousness towards _____ to protect myself from painful emotions, especially powerlessness and helplessness.

"Lord Jesus, I ask now that You would wash me with Your Blood, cleansing me and freeing me from all judgments, condemnation, and self-righteousness towards regarding _____ "

Go back to the memories being addressed and try to stir up the judgment, condemnation, and self-righteousness towards the person(s) in question. Often they will already be gone. If they are still present, stir them up and then look for Jesus' Presence, listen for His Voice, try to sense His Presence.

Watch, follow, listen to whatever He does/says.

After a few moments, try to find the judgments, condemnation, and self-righteousness.

If the judgments are not gone ask the Lord:

"What do you want (name of the person receiving ministry) to know about these judgments?" and then watch especially for the common problems discussed above.

Return to the sample prayer when the blocking problems have been addressed. The Lord will always remove judgments when the relevant traumatic memories are fully connected and all hindrances have been resolved.

If you feel led to do so, you can tear down spiritual strongholds (2 Cor.10), deal with demonic spirits, and break curses:

"In the Name of Jesus, we command that all spiritual strongholds connected to or associated with my judgments, condemnation, and self righteousnes towards _____ regarding _____ be torn down now."

"In the Name of Jesus we now command all demonic spirits attached to, or associated with, my judgments, condemnation, and self righteousnes towards _____ regarding _____ go immediately and directly to the Feet of the True Lord Jesus Christ. You will go bound. You will not touch or harm anything or anyone on the way. You will never return and you will never send anything in your place. He will deal with you as He sees fit."

"In the Name of Jesus, we command that all curses in any way connected to or associated with my judgments towards _____ regarding _____ be broken, nullified, and rendered powerless."

AMEN!

“Suffering and Glory”

By T. Austin-Sparks

My Father! If it is possible, let this cup of suffering be taken away from Me. Yet I want Your will to be done, not Mine. (Matthew 26:39 NLT)

We must face the fact and we must seek help from GOD always to bear in mind that we are going to have a path of suffering if we are in fellowship with the Lord Jesus. There has to come a point when we sit down and do some calculating and come to a definite conclusion on this matter — that, although very often we may not be able to see that our suffering is because of our relationship to Him (the sufferings are so manifold and diverse, and very often they look as though they have no relationship at all with our Christian life) at the same time, whether we can discern it or not; the fact remains that the pathway of the child of GOD, of the fellow of Jesus Christ, is the pathway of suffering. I say, postponement or delay in settling that matter keeps us all the time in that state of hoping and waiting for it to be different, and, because the difference does not come, getting downcast and feeling that all is wrong and that the LORD is against us and all that sort of thing, thus giving all the ground that the enemy wants for destroying our testimony. The very first thing to remember when we take this cup is that while we are taking it as the cup of salvation, while we are remembering the atonement which is in the Blood, and all the wonderful redemption which is ours because of that Blood, the cup does also speak to us of fellowship with His suffering.

Yes, there is something which is going up to His praise and glory as Christ is being formed through the fires of adversity and suffering. It is fellowship with Him in His sufferings, after all, if it is bringing about more Christlikeness. So our first thing is to reckon with this and get it settled. What are you expecting, what are you waiting for, what are you concerned about, what are you pleading and praying for? If you are praying for full and final deliverance from adversity and suffering and difficulty and all that sort of thing, let me tell you your prayer will never be answered. Forms of suffering may change, but in some form or another we are going on to the end in a way of adversity. Satan is not going to become our friend while we are friends of Jesus Christ. The kingdom of Satan is not going to rally to our support while we belong to the kingdom which is opposed to his. Let us settle that. It will get us free, perhaps, from this entanglement.

A word³⁹ of ENCOURAGEMENT!

The Hebrew word TRUST:

"Trust in the LORD with all your heart ... know Him in all your ways" (Proverbs 3:5-6).

The Hebrew word for **trust** is "**bittachon**" (בִּטְחוֹן), from a root word (נָטַח) that means **"to lean upon," "to feel safe and secure."**

"Bittachon" describes emotional acceptance of the goodness of the LORD. Some of the teachers have said that while **emunah** (אֱמוּנָה), or "faith", represents a state of understanding (בִּינָה) that GOD is intimately involved in all the events of the universe, **bittachon** means **personally** trusting that the LORD is present in every situation for your good. Rabbi Bechaya put the distinction this way:

"Everyone who trusts has faith, but not everyone with faith trusts."

Bittachon is an intuitive awareness of the Personal Love of GOD for your life, coupled with complete trust that He cares for you (Romans 8:28). It is an expectation that the Love of GOD is "I-AM-always-with-you," too.

The Greek word ANXIETY:

Where it is written, **"cast all your anxiety on Him because He cares for you" (1 Peter 5:7)**, the word translated **"anxiety"** (μέριμνα) comes from a Greek verb (μερίζω) that means to be **fragmented or divided into parts and pieces**. We bring our brokenness to GOD — including even those distractions that tear us away from Him and that tend to make us inwardly fragmented — in order to receive GOD's Healing Care for us.

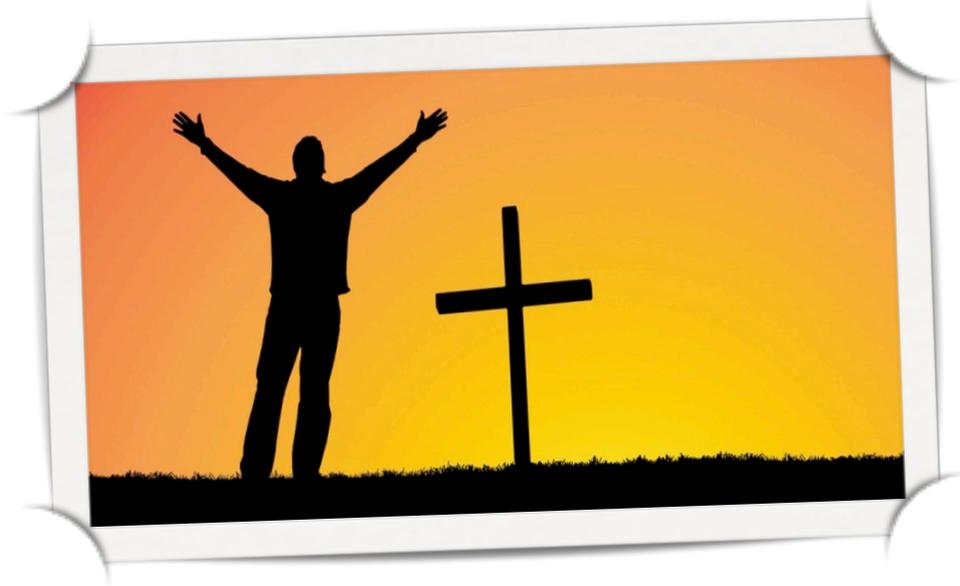
Therefore choose to regard your brokenness as an invitation to come before GOD for healing. Never let it keep you from coming to the LORD for help! We are not to be ignorant of satan and his devices ... despite our many sins, frailties, and even our own inner ambivalence, we know that GOD Alone makes us whole and He is the True Lover of our souls.

The Spirit always cries out for you come ... it is my prayer and hope that each of us will draw near to GOD for life.

May the LORD GOD heal you, body and soul ... may He ease your pain, increase your strength, and release you from all your fears.

³⁹ Taken from the Facebook page of <http://www.hebrew4christians.com/>

May blessing, love, joy, and true shalom surround you and fill you in the Love of Y'shua (Jesus) our Savior.



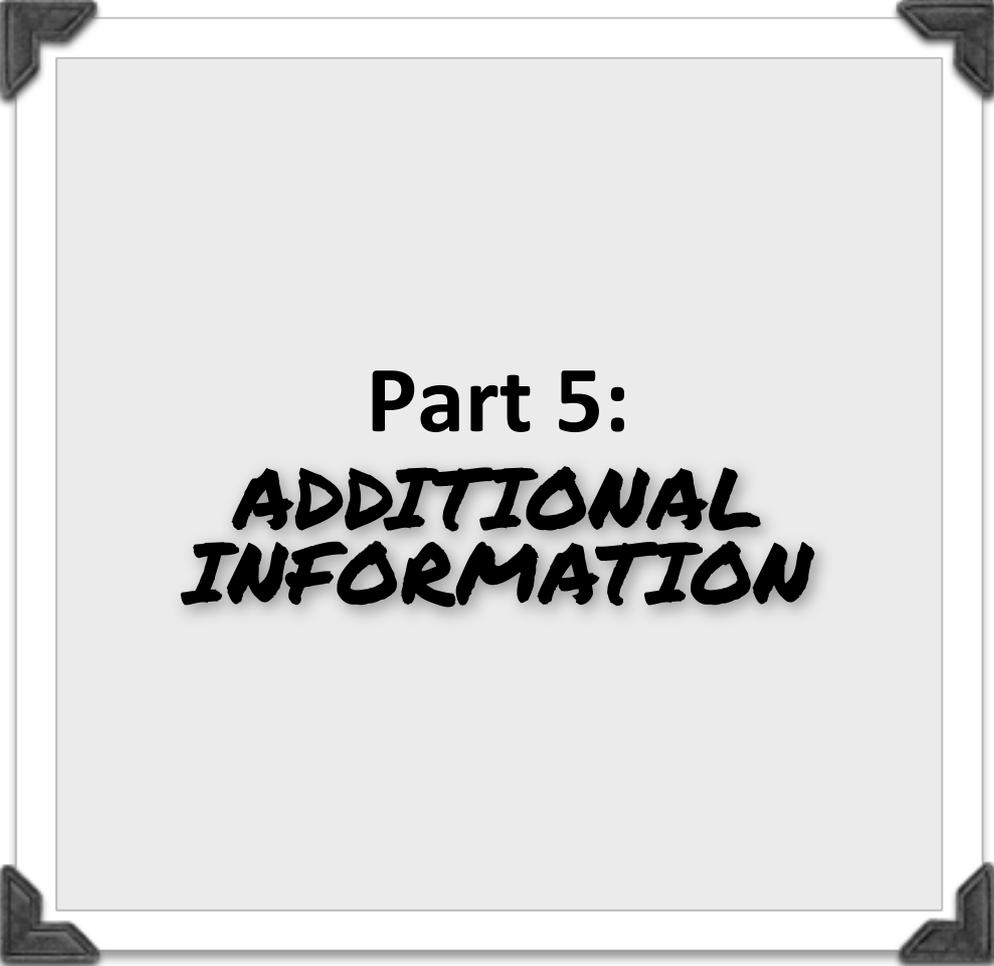
Doug Riggs's comments on 1 Peter 5:7 ...

Yes, good WORD! All this is true for all GOD's people — including those who in their core identity have deep dissociated trauma covered with dense amnesia. For this truth to enter into the innermost domains of a person's dissociated traumatic history, which is concealed by programming and dense amnesia, there will not be complete wholeness and freedom. Those who are Christians and have unresolved DID issues can agree with this truth in their Presenter identity — but this will have limited effect on that which remains hidden because of dense amnesia behind the Christian Presenter at the core of the person's fragmented identity.

I have a history of thirty years of working with hundreds of true Christians who have this tragic reality in their traumatic-conflicted history. There is no substitute for doing the DID work which involves the challenging work of reuniting a person's fragmented identity with the whole of the person GOD sees and knows them to be — encompassing spirit, soul, and body:

1 Thessalonians 5:23 *"23 And may the God of peace Himself sanctify you through and through [separate you from profane things, make you pure and wholly consecrated to God]; and may your spirit and soul and body be preserved sound and complete [and found] blameless at the coming of our Lord Jesus Christ (the Messiah)."*

Blessings,
Doug Riggs



Part 5:
**ADDITIONAL
INFORMATION**

Additional Information on Nazis AFTER WWII

Some generational European bloodline SRA survivors corroborate and report that Hitler was sacrificed and died in 1962. This reportedly represented the final preparations for the first generation conception and birth of a hybrid by satan himself that was the precursor for the A/C & F/P. These hybrids are not giants but represent the proto-type and template for homo-noeticus/homo-universalis or re-placement man of the trans-humanist-singularity agenda to bring about the final 'evolution' of mankind.

Doug

"Nazis Escape to Argentina" (21st Century Wire TV), Episodes 1-3:

- <http://www.youtube.com/watch?v=6NWIB3zNxU0>
- <http://www.youtube.com/watch?v=X1NuHKSIF48>
- <http://www.youtube.com/watch?v=AmRsvB4wXio>

Gerrard Williams: The Escape Of Adolf Hitler

Henrik Palmgren of Red ice radio interviews Gerrard Williams about his book: "Grey Wolf", about Adolf Hitler's escape from Berlin in April of 1945.

At Midnight on April 27th 1945 Adolf Hitler, Eva Braun, and her brother in-law SS General Hermann Fegelein slipped away from the hell of the Führerbunker through a secret tunnel in Hitler's personal quarters in the devastated Reich Chancellory to the Berlin Underground. They were replaced by doubles chosen by Reichsfuhrer Martin Bormann and his close associate SS-General Heinrich "Gestapo" Mueller. After five years of research, journalist, writer and film director Gerrard Williams, along with Military Historian Simon Dunstan, have finally pieced together the real story of the death of Adolf Hitler. Previously unpublished intensive field research in Argentina, including interviews with many eyewitness to his presence there, new findings that prove the "Hitler" skull fragments held by the Russians are actually that of a young woman, and previously unpublished scientific evidence proving Hitler had a double being used in public in Berlin as late as March 1945 make the story compelling. Gerrard joins us to discuss "Grey Wolf - The Escape of Adolf Hitler," one of the biggest confidence tricks in history.

<http://www.youtube.com/watch?v=XHulkmPMInE>

Grey Wolf: The Escape of Adolf Hitler

http://www.amazon.com/Grey-Wolf-Escape-Adolf-Hitler/dp/1402796196/ref=sr_1_1?s=books&ie=UTF8&qid=1381691835&sr=1-1&keywords=Grey+Wolf+-+The+Escape+of+Adolf+Hitler

The “Guardian Angel Michael” and GERMANY

Biblically, Arch Angel Michael is the guardian angel over Israel.

However, the Nazi’s believed that because the Jews crucified Y’shua (Jesus), they were no longer the people of GOD.

So the German nation then adopted “Michael” as their guardian angel. This is why Germany has statues of “Michael” at their monuments.

Additional Information on Nephilim and Fallen Angels

I have viewed both of these video documentaries and found them to be very informative, biblically sound and cutting edge in their content. Both videos contain information that I had not heard before. The theme of the history of satan's tampering and targeting the human genome and DNA is at the core of these two presentations in the context of these last days heralding the imminent return of Jesus Christ.

In recommending these documentaries I am not endorsing or promoting the presenters or their ministries. Special thanks to Steve Quayle for posting the video below on his web site.

Maranatha,
Doug Riggs

Nephilim: TRUE STORY of Satan, Fallen Angels, Giants, Aliens, Hybrids, Elongated Skulls & Nephilim

http://www.youtube.com/watch?v=1zz8_MxcnzY

Published on Aug 21, 2013

Nephilim: Origin of Genetic Evil, the Nephilim
NEPHILIM (FULL) DOCUMENTARY
Journey into the world of Fallen Angels, Satan, Shadow People, Aliens,
Demons, Anunnaki, Archons, Ancient Giants,
"Ancient Aliens" & Genetic Hybrids

DESCRIPTION: Nephilim: Origin of Genetic Evil takes a deep look at human genetics, elongated skulls, "Nephilim Skulls" ancient giants, "Nephilim giants" giant skulls (fragments) and Neanderthal skulls (genetically) — all this in an EASY walk through of precise Hebrew, Babylonian-Sumerian, Egyptian and Book of Enoch accounts of Nephilim / Annunaki, Ancient Alien / Demons, Fallen Angels, and even the father of all lies — satan. From the depths of the underworld and Lucifer (Luciferian) occult of Hell's gates, to the ancient pages of Biblical revelation and prophecy ... to the very words of prophecy from the lips of Jesus Christ Himself.

Nephilim: A journey from heaven to hell
And the genetic hybrids AND entities between.
— Nephilim by Trey Smith / GOD in a Nutshell project

Nephilim: the Nephilim documentary is a FULL in-depth EXAMINATION of Ancient Giants, Ancient Aliens, Fallen Angels, Anunnaki/Nephilim, Ancient Elongated Skulls and FULL details of Egyptian & Babylonian occult — sometimes called "Luciferian".

Nephilim (DEFINITION): The Nephilim (נַפְלִיִּם) were the offspring of the "sons of GOD" and the "daughters of men" in Genesis 6:4. The pre-flood/post flood, genetic hybrids of the ancient world. Ezekiel [32:27](#) "the fallen mighty (גְּבוּרִים) of the uncircumcised (Nephilim), which are gone down (יִרְדּוּ) to the grave (hell) with their weapons of war. These are but a few of the writings from the Bible, the Book of Enoch and cultures around the globe ... demons to some, genetic hybrids to more, fallen angels to others, and "underworld gods" to still more.

Some commentators on the Nephilim topic have included: Ancient Aliens Debunked, L A Marzulli, Steve Quayle, David Icke, Chris White (Ancient Aliens Debunked) & others.

Mike Hoggard: The Mother of All Secrets

http://www.youtube.com/watch?v=w_jk7ZCHNCg

Uploaded on Feb 11, 2012

Mike Hoggard shares information he discovered from the pages of the King James Bible about the most diabolical secret ever concealed by mankind. From Freemasonry to the New Age and UFO Movements, you will see what Satan has wanted to keep secret for thousands of years.

P.S. Mike Hoggard's reference to the temple being the bodies of Christian believers in 2 Thessalonians 2 is an application at best, but not the interpretation. There will be a third re-built temple in Jerusalem where the anti-christ will declare himself to be god (Daniel 9:27; 11:31;12:11 w/Matthew 24:15; Mark 13:14 w/ Revelation 11:1-2)

Doug Riggs

Mind-Control Technology

Today, technology is expanding and progressing by leaps and bounds! In recent years, there has been a focus on developing technology in the fields of Singularity and Transhumanism⁴⁰ — that is, the interfacing of technology with the human body/mind.

In February 2014, DARPA⁴¹ released information that they are working on microchip/nano-technology to be implanted in soldiers brains. DARPA is promoting the development of this technology in the hopes of helping people suffering with Parkinson's disease — however, many are cautioning about such technologies, as they have mind-control abilities. There is also the worry of where such technologies will lead to ...

We must remember, such technology is only what is being allowed to be made known to the public ... many say the technology that is being released is actually twenty/thirty years behind what is really being used by the military-industrial complex/New World Order.

Doug's comments on this DARPA release were:

"Old technology, this is why it is now public information. What is currently in place is spirit-to-spirit, flesh-to-flesh (brain-to-brain) direct interface with EVERY SRA/DID person with satan, through a symbiotic incest proxy bond with hybrid offspring. These women in turn are bonded with men through incest and generational sin, to make up the global network or web of spiritual death:

Isaiah 25:7-8 "7 And He will destroy on this mountain the covering of the face that is cast over the heads of all peoples [in mourning], and the veil [of profound wretchedness] that is woven and spread over all nations. 8 He will swallow up death [in victory; He will abolish death forever]. And the Lord GOD will wipe away tears from all faces; and the reproach of His people He will take away from off all the earth; for the Lord has spoken it. [I Cor. 15:26, 54; II Tim. 1:10.]"

This is an informative video!

<http://www.youtube.com/watch?v=2ozTQpcB-9A>

⁴⁰ For more information on Singularity and Transhumanism, please see our "TODAY, As In The Days Of Noah?!" materials.

⁴¹ <http://www.geek.com/science/pentagon-wants-to-fit-soldiers-with-a-little-black-box-brain-implant-1584484/>

Resource Directory

(Updated by Kanaan Ministries June 2013)

Shield Of Faith | Karen Sackett

www.shieldofaith.org

TEL: 763-473-3845

PO Box 46051, Plymouth, MN 55446-0051

Karen Sackett writes and provides training from a prayer ministry perspective to bring healing to survivors of abuse, including severe ritual abuse. She stays abreast of current developments and work with all levels of survivors. Her website has a list of other resources and ministries listed. She has produced a lot of excellent renunciations, many listed on her website.

Restoration In Christ Ministries | Dr. Tom Hawkins

<http://www.rcm-usa.org/>

TEL: 540-249-9119

PO Box 479, Grottoes, VA 24441-0479

RCM is the ministry begun by the late Dr. Tom Hawkins, and continues to minister in the field of DID/SRA.

Watchman Ministries, Inc. | Pastors David and Raelene Thompson

www.watchmanmin.org.au

EMAIL: watchmanmin@kern.com.au

PO Box 279, Belair, South Australia 5052, Australia

Ellel Ministries International | Peter Horrobin

<http://www.ellelministries.org/>

We also highly recommend the book: "Sarah" by Sarah Shaw. For more information, please see <http://kanaanministries-eshop.org/en/other-resources/248-sarah-book.html>

Dr. James G. Friesen

<http://www.jamesgfriesen.com/>

We recommend Dr. Friesen's books on DID/SRA.

Pastor Doug Riggs

<http://dougriiggs.org/>

Additional Kanaan Resources

For additional study, we have several resources on DID/SRA:

- A New Approach To DID (Tom Hawkins)
- SCAT3 End-Time Battle Plans: DID/SRA
- Step-By-Step DID
- DID/SRA 5-DVD Series
- DID/SRA Prayer Book 1 (Petitions)
- DID/SRA Prayer Book 2 (Prayers of Renunciaiton)
- ABC's of DID (Summary for Pastors and Leaders)
- TODAY, As In The Days Of Noah (including the data discs)
- Doug Riggs Manual
- Advanced DID/SRA Training (March 2014)

Please be sure to have worked through our foundational series, ***"Journey2Freedom"***:

- J2F1 Man's Purpose And The Gifts Of The Spirit
- J2F2 Generational Blessings
- J2F3 Blessings And Curses Over Motherhood
- J2F4 Water/Spirit Baptism
- J2F5 Spying Out The Land
- J2F6 Dealing With The Giants
- J2F7 Uprooting Generational Heart-Attitudes And Roots
- J2F8 Childhood Pain, The Brain, And Arrested Development ... How Do We HEAL And Come To MATURITY?
- J2F9 Mother-Bonds, Deception, And The False Prophetic

As well as our follow-on series, ***"Journey2Wholeness"***, which covers:

- Healing from the curse of illegitimacy and shame.
- Understanding the mind-body-emotions connection.
- Dating, courtship, sexuality, and GOD's Plan for marriage.
- Trauma, childhood, and arrested development.
- Understanding the conscious and subconscious mind, and mind renewal ... healing from un-Godly lies/beliefs from childhood (Life Commandments).
- As well as understanding/dealing with anger, forgiveness, and grief.

The Priestly Blessing ...

Numbers 6:24-26

“²⁴ The LORD bless thee, and keep thee:
²⁵ The LORD make his face shine upon
thee, and be gracious unto thee: ²⁶ The
LORD lift up his countenance upon thee,
and give thee peace.”

The Priestly Blessing ...

Hebraic Translation⁴²

"YHVH will kneel before you presenting gifts, and He will guard you with a hedge of protection, YHVH will illuminate the wholeness of His Being toward you, bringing order, and He will provide you with love, sustenance, and friendship, YHVH will lift up the wholeness of His Being and look upon you, and He will set in place all you need to be whole and complete."

⁴² Translation by Jeff A. Benner, for more information, please see http://www.ancient-hebrew.org/12_blessing.html

The Priestly Blessing¹

יְבָרֶכְךָ יְהוָה וַיִּשְׁמְרֶךָ:

and may he guard you the LORD may he bless you

May the LORD² bless you³ and keep you⁴

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחַנְךָ:

and show you favor on you his face the LORD May he shine

May the LORD make His face⁵ shine⁶ upon you and be gracious⁷ to you

יִשָּׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שְׁלוֹם:

peace for you and establish on you his face the LORD may he lift up

May the LORD lift up⁸ his face to you and give you peace⁹

¹ This blessing is (ritually) recited (by the kohanim) during synagogue services during *Nesiat Kapayim* ("the Raising of the Hands"), though it is also recited over children on Friday night before the start of the Shabbat meal or as a bedtime blessing.

² The name *YHVH* (יהוה) represents God's attributes of love and mercy (מִדַּת הַרַחֲמִים), in contradistinction to the name *Elohim* (אֱלֹהִים), which represents God's attribute of justice and power as our Creator.

³ בְּרַכָּה (*b'rachah*). Jewish tradition considers this both material and spiritual prosperity. Pirkei Avot 3:15 says, "If there is no flour, there is no Torah," by which is meant that material benefits are intended to help you pursue study of Torah. The first occurrence of the word "blessing" in the Scriptures pertains to *pru urvu* (פְּרוּ וּרְבוּ), "be fruitful and multiply" (Gen. 1:22).

⁴ שָׁמַר (*shamar*): To guard, protect, heed, as in the exercise of diligent care. Only God has the power to secure the conferred blessing and keep it from turning sour or from fading away.

⁵ The word for "face" (פָּנִים) is plural with the 3rd person singular ending. It is considered metaphorical since God is incorporeal. The plural form is thought by some to indicate God's revealed and hidden attributes in creation.

⁶ The hiphil verb (יָאֵר) comes from the word "light" (אֹר), and is thought to refer to God's wisdom. "May God enlighten you" with His wisdom, i.e., the Divine Light that preceded the work of creation (Gen. 1:3).

⁷ May God grant you grace or favor (חֵן), i.e., to understand the "breadth and length and height and depth" of God's love (Eph. 3:18). Grace refers to the bestowal of an undeserved gift. The blessing is bestowed even though unearned or unmerited.

⁸ Since one's face is an indication of the heart's attitude, Rashi says that this means God will suppress His anger by "looking at you" (if God is angry at you, He "turns His face away" and refuses to admit your presence). The "lifting of face" also pictures God lifting you up as a father might lift up his child in joy. The "showing of face" indicates spiritual intimacy.

⁹ All of the other blessings are useless without the establishment of inner peace, and therefore it is the seal of the blessing. Shalom (שְׁלוֹם) is not simply the absence of strife, but a balance and harmony between the finite and infinite, the temporal and the eternal, the material and the spiritual realms. Shalom is a gift from Sar Shalom (שַׂר שְׁלוֹם), the Prince of Peace.