# Origins and Techniques of Monarch Mind Control

**Monarch Programming is a method of mind control used by numerous organizations for covert purposes. It is a continuation of project MK-ULTRA, a mind-control program developed by the CIA, and tested on the military and civilians. The methods are astonishingly sadistic (its entire purpose is to traumatize the victim) and the expected results are horrifying: The creation of a mind-controlled slave who can be triggered at anytime to perform any action required by the handler. While mass media ignores this issue, over 2 million Americans have gone through the horrors of this program. This article looks at the origins of Monarch programming and some of its methods and symbolism.**



**NOTE: This article contains disturbing elements and might trigger Monarch survivors.**

Monarch programming is a mind-control technique comprising elements of Satanic Ritual Abuse (SRA) and Multiple Personality Disorder (MPD). It utilizes a combination of psychology, neuroscience and occult rituals to create within the slaves an alter persona that can be triggered and programmed by the handlers. Monarch slaves are used by several organizations connected with the world elite in fields such as the military, sex slavery and the entertainment industry. This article will look at the origins of Monarch programming, its techniques and its symbolism.

## Origins

Throughout the course of history, several accounts have been recorded describing rituals and practices resembling mind control. One of the earliest writings giving reference to the use of occultism to manipulate the mind can be found in the Egyptian Book of the Dead. It is a compilation of rituals, heavily studied by today's secret societies, which describes methods of torture and intimidation (to create trauma), the use of potions (drugs) and the casting of spells (hypnotism), ultimately resulting in the total enslavement of the initiate. Other events ascribed to black magic, sorcery and demon possession (where the victim is animated by an outside force) are also ancestors of Monarch programming.

It is, however, during the 20th century that mind control became a science in the modern sense of the term, where thousands of subjects have been systematically observed, documented and experimented on.

One of the first methodical studies on trauma-based mind control were conducted by Josef Mengele, a physician working in Nazi concentration camps. He initially gained notoriety for being one of the SS physicians who supervised the selection of arriving prisoners, determining who was to be killed and who was to become a forced labourer. However, he is mostly known for performing grisly human experiments on camp inmates, including children, for which Mengele was called the "Angel of Death".



**Joseph Mengele, 1935**

Mengele is infamous for his sordid human experiments on concentration camps prisoners, especially on twins. A part of his work that is rarely mentioned however, is his research on mind control. Much of his research in this field was confiscated by the Allies and is still classified to this day.
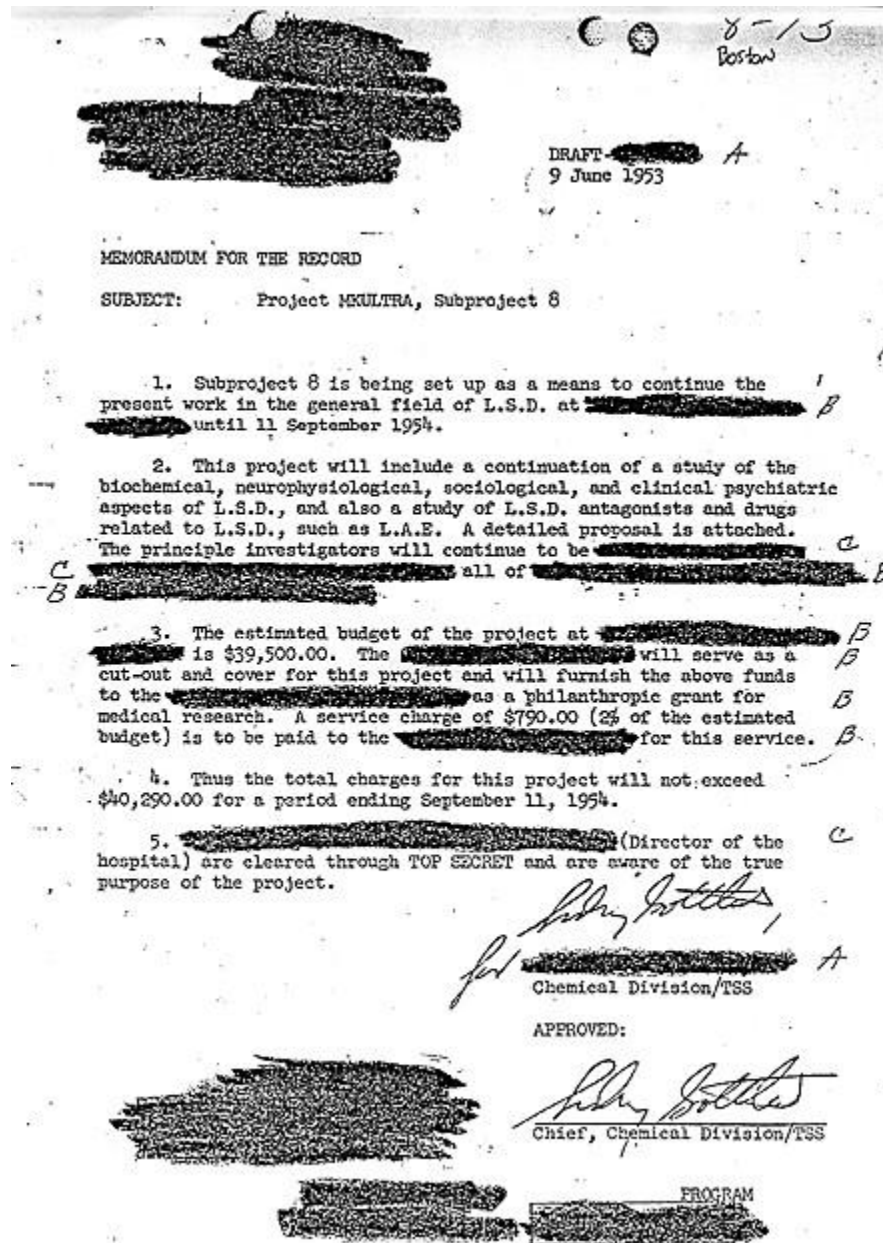
"DR. GREEN (Dr. Joseph Mengele): The most significant programmer, perhaps one could give him the title of the father of Monarch Programming was Joseph Mengele, an ex-Nazi Concentration Camp doctor. Thousands of Monarch mindcontrolled slaves in the U.S. had "Dr. Green" as their chief programmer. "[1]

"Dr. Joseph Mengele of Auschwitz notoriety was the principle developer of the trauma-based Monarch Project and the CIA's MK Ultra mind control programs. Mengele and approximately 5,000 other high ranking Nazis were secretly moved into the United States and South America in the aftermath of World War II in an Operation designated Paperclip. The Nazis continued their

work in developing mind control and rocketry technologies in secret underground military bases. The only thing we were told about was the rocketry work with former Nazi star celebrities like Warner Von Braun. The killers, torturers, and mutilators of innocent human beings were kept discretely out of sight, but busy in U.S. underground military facilities which gradually became home to thousands upon thousands of kidnapped American children snatched off the streets (about one million per year) and placed into iron bar cages stacked from floor to ceiling as part of the 'training'. These children would be used to further refine and perfect Mengele's mind control technologies. Certain selected children (at least the ones who survived the 'training') would become future mind controlled slaves who could be used for thousands of different jobs ranging anywhere from sexual slavery to assassinations. A substantial portion of these children, who were considered expendable, were intentionally slaughtered in front of (and by) the other children in order to traumatize the selected trainee into total compliance and submission [2].

Mengele's research served as a basis for the covert, illegal CIA human research program named MK-ULTRA.

# MK-ULTRA



DRAFT A
9 June 1953

MEMORANDUM FOR THE RECORD

SUBJECT:       Project MKULTRA, Subproject 8

1.  Subproject 8 is being set up as a means to continue the present work in the general field of L.S.D. at ▓▓▓▓▓▓▓▓▓ until 11 September 1954.

2.  This project will include a continuation of a study of the biochemical, neurophysiological, sociological, and clinical psychiatric aspects of L.S.D., and also a study of L.S.D. antagonists and drugs related to L.S.D., such as L.A.E. A detailed proposal is attached. The principle investigators will continue to be ▓▓▓▓▓▓▓▓▓ ▓▓▓▓▓▓▓▓▓▓▓▓▓▓▓ all of ▓▓▓▓▓▓▓▓▓▓▓▓▓▓▓

3.  The estimated budget of the project at ▓▓▓▓▓▓▓▓▓ is $39,500.00. The ▓▓▓▓▓▓▓▓▓▓▓▓ will serve as a cut-out and cover for this project and will furnish the above funds to the ▓▓▓▓▓▓▓▓▓▓▓▓ as a philanthropic grant for medical research. A service charge of $790.00 (2% of the estimated budget) is to be paid to the ▓▓▓▓▓▓▓▓▓ for this service.

4.  Thus the total charges for this project will not exceed $40,290.00 for a period ending September 11, 1954.

5.  ▓▓▓▓▓▓▓▓▓▓▓▓▓▓▓ (Director of the hospital) are cleared through TOP SECRET and are aware of the true purpose of the project.

Chemical Division/TSS

APPROVED:

Chief, Chemical Division/TSS

PROGRAM

**Declassified MK-Ultra document**

Project MK-ULTRA ran from the early 1950s to at least the late 1960s, using American and Canadian citizens as its test subjects. The published evidence indicates that Project MK-ULTRA involved the use of many methodologies to manipulate individual mental states and alter brain functions, including the surreptitious administration of drugs and other chemicals, sensory deprivation, isolation, and verbal and physical abuse.

The most publicized experiments conducted by MK-ULTRA involved the administration of LSD on unwitting human subjects, including CIA employees, military personnel, doctors, other

government agents, prostitutes, mentally ill patients, and members of the general public, in order to study their reactions.

However, the scope of MK-ULTRA does not however stop. Experiments involving violent electroshocks, physical and mental torture and abuse were used in a systematic matter on many subjects, including children.



**Declassified picture of a young MK-ULTRA subject, 1961.**

Although the admitted goals of the projects were to develop torture and interrogation methods to use on the country's enemies, some historians asserted that the project aimed to create "Manchurian Candidates", programmed to perform various acts such as assassinations and other covert missions.

MK-ULTRA was brought to light by various commissions in the 1970s, including the Rockefeller Commission of 1975. Although it is claimed that the CIA stopped such experiments after these commissions, some whistle-blowers have come forth stating that the project simply went "underground" and Monarch Programming has become the classified successor of MK-ULTRA.

The most incriminating statement to date made by a government official as to the possible existence of Project MONARCH was extracted by Anton Chaitkin, a writer for the publication The New Federalist. When former CIA Director William Colby was asked directly, "What about monarch?" he replied angrily and ambiguously, "We stopped that between the late 1960s and the early 1970s." [3].

# Monarch Programming

Although there has never been any official admittance of the existence of Monarch programming, prominent researchers have documented the systematic use of trauma on subjects

for mind-control purposes. Some survivors, with the help of dedicated therapists, were able to "deprogram" themselves to then go on record and disclose the horrifying details of their ordeals.

Monarch slaves are mainly used by organizations to carry out operations using patsies trained to perform specific tasks, who do not question orders, who do not remember their actions and, if discovered, who automatically commit suicide. They are the perfect scapegoats for high-profile assassinations (see Sirhan Sirhan), the ideal candidates for prostitution, slavery and private movie productions. They are also the perfect puppet performers for the entertainment industry.

"What I can say is I now believe that ritual-abuse programming is widespread, is systematic, is very organized from highly esoteric information which is published no-where, has not been on any book or talk show, that we have found it all around this country and at least one foreign country.

People say, "What's the purpose of it?" My best guess is that the purpose of it is that they want an army of Manchurian Candidates, ten of thousands of mental robots who will do prostitution, do movies, smuggle narcotics, engage in international arms smuggling, all sorts of very lucrative things, and do their bidding and eventually the megalomaniacs at the top believe they'll create a Satanic Order that will rule the world". [4]

Monarch programmers cause intense trauma to subjects through the use of electroshock, torture, abuse and mind games in order to force them to dissociate from reality – a natural response in  some people when then are faced with unbearable pain. The subject's ability to dissociate is a major requirement and it is ,apparently, most readily found in children that come from families with multiple generations of abuse. Mental dissociation enables the handlers to create walled-off personas in the subject's psyche, which can then be programmed and triggered at will.

"Trauma-based mind control programming can be defined as systematic torture that blocks the victim's capacity for conscious processing (through pain, terror, drugs, illusion, sensory deprivation, sensory over-stimulation, oxygen deprivation, cold, heat, spinning, brain stimulation, and often, near-death), and then employs suggestion and/or classical and operant conditioning (consistent with well-established behavioral modification principles) to implant thoughts, directives, and perceptions in the unconscious mind, often in newly-formed trauma-induced dissociated identities, that force the victim to do, feel, think, or perceive things for the purposes of the programmer. The objective is for the victim to follow directives with no conscious awareness, including execution of acts in clear violation of the victim's moral principles, spiritual convictions, and volition.

Installation of mind control programming relies on the victim's capacity to dissociate, which permits the creation of new walled-off personalities to "hold" and "hide" programming. Already dissociative children are prime "candidates" for programming". [5]

Monarch mind control is covertly used by various groups and organizations for various purposes. According to Fritz Springmeier, these groups are known as "The Network" and form the backbone of the New World Order.

**Origins of the Name**

Monarch mind control is named after the Monarch butterfly – an insect who begins its life as a worm (representing undeveloped potential) and, after a period of cocooning (programming) is

reborn as a beautiful butterflies (the Monarch slave). Some characteristics specific to the Monarch butterfly are also applicable to mind control.

"One of the primary reasons that the Monarch mind-control programming was named Monarch programming was because of the Monarch butterfly. The Monarch butterfly learns where it was born (its roots) and it passes this knowledge via genetics on to its offspring (from generation to generation). This was one of the key animals that tipped scientists off, that knowledge can be passed genetically. The Monarch program is based upon Illuminati and Nazi goals to create a Master race in part through genetics. If knowledge can be passed genetically (which it is), then it is important that parents be found that can pass the correct knowledge onto those victims selected for the Monarch mind control." [6]

"When a person is undergoing trauma induced by electroshock, a feeling of light-headedness is evidenced; as if one is floating or fluttering like a butterfly. There is also a symbolic representation pertaining to the transformation or metamorphosis of this beautiful insect: from a caterpillar to a cocoon (dormancy, inactivity), to a butterfly (new creation) which will return to its point of origin. Such is the migratory pattern that makes this species unique." [7]

**Method**

The victim/survivor is called a "slave" by the programmer/handler, who in turn is perceived as "master" or "god." About 75% are female, since they possess a higher tolerance for pain and tend to dissociate more easily than males. Monarch handlers seek the compartmentalization of their subject's psyche in multiple and separate alter personas using trauma to cause dissociation.

The following is a partial list of these forms of torture:

1. Abuse and torture

2. Confinement in boxes, cages, coffins, etc, or burial (often with an opening or air-tube for oxygen)

3. Restraint with ropes, chains, cuffs, etc.

4. Near-drowning

5. Extremes of heat and cold, including submersion in ice water and burning chemicals

6. Skinning (only top layers of the skin are removed in victims intended to survive)

7. Spinning

8. Blinding light

9. Electric shock

10. Forced ingestion of offensive body fluids and matter, such as blood, urine, feces, flesh, etc.

11. Hung in painful positions or upside down

12. Hunger and thirst

13. Sleep deprivation

14 Compression with weights and devices

15. Sensory deprivation

16. Drugs to create illusion, confusion, and amnesia, often given by injection or intravenously

17. Ingestion or intravenous toxic chemicals to create pain or illness, including chemotherapy agents

18. Limbs pulled or dislocated

19. Application of snakes, spiders, maggots, rats, and other animals to induce fear and disgust

20. Near-death experiences, commonly asphyxiation by choking or drowning, with immediate resuscitation

22. Forced to perform or witness abuse, torture and sacrifice of people and animals, usually with knives

23. Forced participation in slavery

24. Abuse to become pregnant; the fetus is then aborted for ritual use, or the baby is taken for sacrifice or enslavement

25. Spiritual abuse to cause victim to feel possessed, harassed, and controlled internally by spirits or demons

26. Desecration of Judeo-Christian beliefs and forms of worship; dedication to Satan or other deities

27. Abuse and illusion to convince victims that God is evil, such as convincing a child that God has abused her

28. Surgery to torture, experiment, or cause the perception of physical or spiritual bombs or implants

29. Harm or threats of harm to family, friends, loved ones, pets, and other victims, to force compliance

30. Use of illusion and virtual reality to confuse and create non-credible disclosure [8].

"The basis for the success of the Monarch mind-control programming is that different personalities or personality parts called alters can be created who do not know each other, but who can take the body at different times. The amnesia walls that are built by traumas, form a protective shield of secrecy that protects the abusers from being found out, and prevents the front personalities who hold the body much of the time to know how their System of alters is being used. The shield of secrecy allows cult members to live and work around other people and remain totally undetected. The front alters can be wonderful Christians, and the deeper alters can be the worst type of Satanic monster imaginable–a Dr. Jekyll/Mr. Hyde effect. A great deal is at stake in maintaining the secrecy of the intelligence agency or the occult group which is controlling the slave. The success rate of this type of programming is high but when it fails, the failures are discarded through death. Each trauma and torture serves a purpose. A great deal of experimentation and research went into finding out what can and can't be done. Charts were made showing how much torture a given body weight at a given age can handle without death." [9]

"Due to the severe trauma induced through ECT, abuse and other methods, the mind splits off into alternate personalities from the core. Formerly referred to as Multiple Personality Disorder, it is presently recognized as Dissociative Identity Disorder and is the basis for MONARCH

programming. Further conditioning of the victim's mind is enhanced through hypnotism, double-bind coercion, pleasure-pain reversals, food, water, sleep and sensory deprivation, along with various drugs which alter certain cerebral functions". [10]

Dissociation is thus achieved by traumatizing the subject, using systematic abuse and using terrifying occult rituals. Once a split in the core personality occurs, an "internal world" can be created and alter personas can be programmed using tools such as music, movies (especially Disney productions) and fairy tales. These visual and audio aids enhance the programming process using images, symbols, meanings and concepts. Created alters can then be accessed using trigger words or symbols programmed into the subject's psyche by the handler. Some of the most common internal images seen by mind control slaves are trees, Cabalistic Tree of life, infinity loops, ancient symbols and letters, spider webs, mirrors, glass shattering, masks, castles, mazes, demons, butterflies, hour glasses, clocks and robots. These symbols are commonly inserted in popular culture movies and videos for two reasons: to desensitize the majority of the population, using subliminals and neuro-linguistic programming and to deliberately construct specific triggers and keys for base programming of highly-impressionable MONARCH children. [11] Some of the movies used in Monarch programming include *The Wizard of Oz, Alice in Wonderland, Pinocchio* and *Sleeping Beauty* .
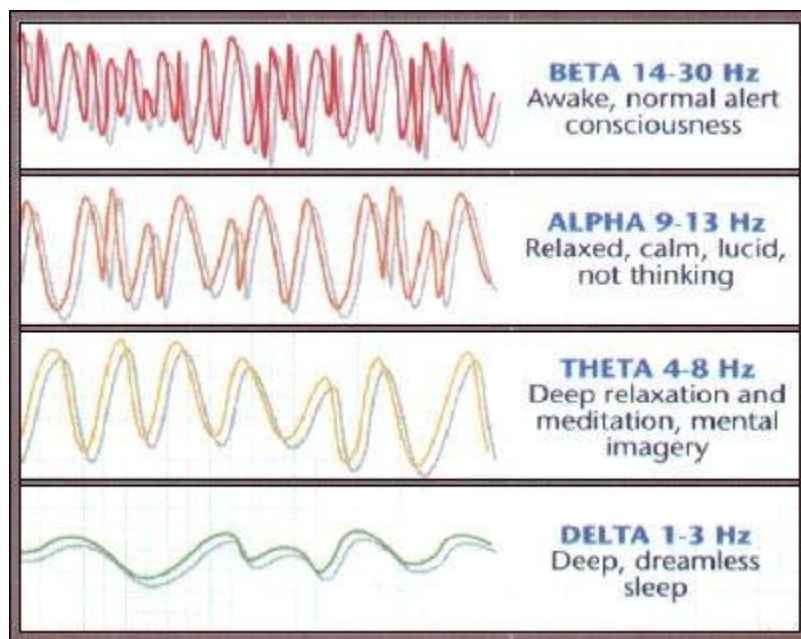


**The movie *The Wizard of Oz* is used by Monarch handlers to program their slaves. Symbols and meanings in the movie become triggers in the slave's mind enabling easy access to the slave's mind by the handler. In popular culture, veiled references to Monarch programming often use analogies to *The Wizard of Oz* and *Alice in Wonderland*.**

In each case, the slave is given a particular interpretation of the movie's storyline in order to enhance programming. For example, a slave watching *The Wizard of Oz* is taught that "somewhere over the rainbow" is the "happy place" dissociative trauma slaves must go to in order to escape the unbearable pain being inflicted upon them. Using the movie, programmers encourage slaves to go "over the rainbow" and dissociate, effectively separating their minds from their bodies.

"As mentioned before, the hypnotist will find children easier to hypnotize if they know how to do it with small children. One method that is effective is to say to the small children, "Imagine you are watching a favorite television show." This is why the Disney movies and the other shows are so important to the programmers. They are the perfect hypnotic tool to get the child's mind to dissociate in the right direction. The programmers have been using movies since almost day one to help children learn the hypnotic scripts. For children they need to be part of the hypnotic process. If the hypnotist allows the child to make up his own imagery, the hypnotic suggestions will be stronger. Rather than telling the child the color of a dog, the programmer can ask the child. This is where the books and films shown the child assist in steering its mind in the right direction. If the hypnotist talks to a child, he must take extra precaution not to change the tone of his voice and to have smooth transitions. Most of the Disney films are used for programming purposes. Some of them are specifically designed for mind-control." [12]

**Levels of Monarch Programming**

The levels of Monarch Programming identify the slave's "functions" and are named after the Electroencephalography (EEG) brainwaves associated with them.



**Types of brain waves in EEG**

Monitoring brain waves through the scalp

Regarded as "general" or regular programming, **ALPHA** is within the base control personality. It characterized by extremely pronounced memory retention, along with substantially increased physical strength and visual acuity. Alpha programming is accomplished through deliberately subdividing the victims personality which, in essence, causes a left brain-right brain division, allowing for a programmed union of Left and Right through neuron pathway stimulation.

**BETA** is referred to as "sexual" programming (slaves). This programming eliminates all learned moral convictions and stimulates the primitive instinct, devoid of inhibitions. "Cat" alters may come out at this level. Known as Kitten programming, it is the most visible kind of programming as some female celebrities, models, actresses and singers have been subjected to this kind of programming. In popular culture, clothing with feline prints often denote Kitten programming.

**DELTA** is known as "killer" programming and was originally developed for training special agents or elite soldiers (i.e. Delta Force, First Earth Battalion, Mossad, etc.) in covert operations. Optimal adrenal output and controlled aggression is evident. Subjects are devoid of fear and very systematic in carrying out their assignment. Self-destruct or suicide instructions are layered in at this level.

**THETA** – Considered to the "psychic" programming. *Bloodliners* (those coming from multi-generational Satanic families) were determined to exhibit a greater propensity for having telepathic abilities than did non-bloodliners. Due to its evident limitations, however, various forms of electronic mind control systems were developed and introduced, namely, bio-medical human telemetry devices (brain implants), directed-energy lasers using microwaves and/or electromagnetics. It is reported these are used in conjunction with highly-advanced computers and sophisticated satellite tracking systems. [13]

# In Conclusion

It is difficult to remain objective when describing the horrors endured by Monarch slaves. The extreme violence, the abuse, the mental torture and sadistic games inflicted on victims by

"notable scientists" and high-level officials prove the existence of a true "dark side" in the powers that be. Despite the revelations, the documents and the whistle-blowers, a great majority of the population ignores, dismisses or avoids the issue altogether. Over two million Americans have been programmed by trauma mind-control since 1947 and the CIA publicly admitted its mind control projects in 1970. Movies such as *The Manchurian Candidate* have directly referred to the subject, even depicting actual techniques, such as electroshock, the use of trigger words and microchip implementation. Several public figures we see on our TV and movie screens are mind control slaves. Famous people such as **Candy Jones**, **Celia Imrie** and **Sirhan Sirhan** have gone on record and disclosed their mind control experiences…and yet the general public claims that it "cannot exist".

The research and funds invested in project Monarch do not however only apply to mind control slaves. Many of the programming techniques perfected in these experiments are applied on a mass scale through mass media. Mainstream news, movies, music videos, advertisements and television shows are conceived using the most advanced data on human behavior ever compiled. A lot of this comes from Monarch programming.

1. Fritz Springmeier, The Illuminati Formula to Create a Mind Control Slave

2. Ken Adachi, Mind Control the Ultimate Terror

3. Anton Chaitkin, "Franklin Witnesses Implicate FBI and U.S. Elites in Torture and Murder of Children", The New Federalist

4. D. Corydon Hammond, Ph.D.

5. Ellen P. Lacter, Ph.D., The Relationship Between Mind Control Programming and Ritual Abuse

6. Ibid.

7. Ron Patton, Project Monarch

8. Ellen P. Lacter, Ph.D., Kinds of Torture Endured in Ritual Abuse and Trauma-Based Mind Control

9. Springmeier, op. cit.

10. Patton, op. cit.

11. Ibid.

12. Springmeier, op. cit.

13. Patton, op. cit.